

UNIVERSITY OF MINNESOTA  
1987-88 WOMEN'S SWIMMING AND DIVING PROSPECTUS

QUICK FACTS:

LOCATION:	Minneapolis, Minn.
FOUNDED:	1851
ENROLLMENT:	45,000
NICKNAME:	Golden Gophers
COLORS:	Maroon and Gold
CONFERENCE:	Big Ten
PRESIDENT:	Kenneth Keller
ATHLETIC DIRECTOR:	Merrily Dean Baker (612) 624-4044
HEAD COACH:	Jean Freeman (612) 624-9311
ASSISTANT COACH:	Terry Nieszner (612) 624-6835
ASSISTANT COACH:	Tim Firsbrook (612) 624-6835
DIVING COACH:	Chris Gentz (612) 624-5874
ATHLETIC TRAINER:	Leah Wollenburg (612) 624-9573
SPORTS INFORMATION DIRECTOR:	Karen Smith (612) 624-3335
SWIMMING CONTACT:	Gerry Vuchetich (612) 624-3335
FACILITIES:	Cooke Hall Exhibition Pool -- six lanes, 25 yards 1 and 3 meter boards, seats 1000. Practice Pool, five lanes, 25 yards.
SWIMMING ADDRESS:	221 Cooke Hall 1900 University Avenue SE Minneapolis, Minn. 55455
LETTERWINNERS LOST:	Two (2)
LETTERWINNERS RETURNING:	Twenty-two (22)
CLASS BREAKDOWN:	Five (5) seniors, twelve (12) juniors, eight (8) sophomores, nine (9) freshman
COACH'S RECORD:	81-29-2 Minnesota and overall dual meet record 26-19-2 Big Ten dual meet record

SEASON OUTLOOK

The Gopher women's swimming and diving team is a respected power in the Big Ten conference, and despite any early predictions, Coach Jean Freeman expects to be in the hunt for the conference title for the fifth consecutive season.

"Our goal is to finish no lower than second place this year in the Big Ten Conference," says Freeman. Although last year's Minnesota team was ranked fourth by the Big Ten coaches in a pre-season poll, the Gophers placed second for the fourth straight year.

**LAST YEAR'S WET FACTS ...** The Gophers had a successful season, finishing with 6-3-2 overall and 3-2-2 Big Ten dual meet records. Coupled with the Gophers good showing at the Big Ten's, Minnesota placed 21st at the NCAA National Swimming and Diving Championships for the second year in a row.

At the Big Ten's, Minnesota won four events - the 100 breaststroke, the 400 freestyle relay and the 200 and 400 medley relays. Fifteen swimmers scored for the Gophers, and in the process set three Big Ten records, numerous meet and varsity records and qualified nine swimmers in 11 events for the NCAA's.

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## SEASON OUTLOOK Con't.

**RETURNING SWIMMERS ...** Minnesota returns six of its seven Big Ten champions from last year's squad. Sophomore Tami Grewenow has the ability to become a conference champion and surpass the marks set by departed senior Sue Roell in the 100 breaststroke (1987 Big Ten champion and NCAA All-American). Junior Amy Volna is stronger than in the past in the both the freestyle and butterfly events, although fellow junior Jeanne Simley is coming off a successful summer and will challenge her in the butterfly events.

The Gunard sisters, Ruth and Juli, are back and in top form. Junior Ruth is expected to be a key swimmer in the freestyle events while sophomore Juli is among the strongest backstrokers and individual medley swimmers on the squad.

Senior Nancy Swanum will be backstroking again this year after a summer of rehabilitation on her shoulder. Distance freestyler Jodi Schirmers took the summer off from swimming to attend school, but will be in top form for the season.

**STRONG RELAYS ...** Minnesota has always been a strong relay team competitor and this year will be no exception. Junior Diane Erstad will be back as part of the 800 free relay, as will sophomore Shannon Heringer in the 200 free relay and the 200 and 400 medley relays. The Gopher relays are bolstered by the strengths of junior Sanna Harkonen, Volna, senior Nancy Swanum, Ruth Gunard and Schirmers.

**NEWCOMERS TO THE SQUAD ...** Freeman was pleased with the incoming recruits, and stayed with her tradition of top in-state talent -- of the seven swimmers and two divers joining the Gophers this year, eight recruits are from Minnesota.

**THE 1987-88 SEASON ...** The Gophers start their season swimming against two Big Eight Conference Schools: Iowa State and Nebraska. The Cyclones are the guests of Minnesota, while the Gophers first road trip is to the highly competitive waters of the Cornhuskers.

The team will face all but three of the Big Ten schools in dual meets this season. Illinois travels to Cooke Hall Pool for a dual meet, while the Gophers will travel to the Indiana University-Purdue University-Indianapolis Natatorium to face Purdue, Iowa and Wisconsin in a multiple dual meet. Northwestern makes the trip to Minnesota this year in what should prove to be a close meet.

### 1986-87 SEASON RESULTS

Dual Record: 6-3-2      Big Ten: 3-2-2

<u>DATE</u>	<u>W/L</u>	<u>SCORE</u>	<u>OPPONENT</u>	<u>DATE</u>	<u>W/L</u>	<u>SCORE</u>	<u>OPPONENT</u>
11/14	W	62-51	Wisconsin	1/23	L	111.5-156.5	NEBRASKA
11/14	W	60-53	Illinois	1/30-31	L	62-67	PURDUE
11/14	W	80-31	Ohio State	1/30-31	TIE	64.5-64.5	WISCONSIN
11/15	2nd of 4 teams		Midwest Relays	2/7	TIE	134-134	IOWA
11/21-22	1st of 3 teams		Gillette Invi.	2/14	W	123-92	IOWA STATE
12/20	W	93-89	Hawaii (Honolulu)	2/26-28	2nd	496.5	Big 10 Cham
1/9-10	1st of 3 teams		GOLD COUNTRY INV.	3/19-21	21st	33	NCAA Champ.
1/18	L	50-63	Northwestern				
1/18	W	100-13	Notre Dame				

UNIVERSITY OF MINNESOTA  
1987-88 SWIMMING AND DIVING ROSTER

Head Coach: Jean Freeman  
Diving Coach: Chris Gentz

Assistant Coaches: Terry Niezner  
Tim Firstbrook

<u>NAME</u>	<u>CLASS</u>	<u>EVENT</u>	<u>HOMETOWN/HIGH SCHOOL</u>
Diane Almstrom *	Sr.	Breaststroke	Minneapolis, MN/Henry
Patricia Banks	Fr.	Butterfly/Free	Lake Elmo, MN/Lake Elmo
Jennifer Benkusky	Jr.	Butterfly/IM	Dunedin, FL/Dunedin
Mary Louise Brix	Jr.	Freestyle	St. Cloud, MN/Cathedral
Lisa Camillo *	Sr.	Butterfly/Free	Delavan, WI/Delavan-Darien
Jennifer Carpenter	Jr.	Diving	Grand Rapids, MN/Grand Rapids
Lisa Davis	Fr.	Diving	Austin, MN/Austin
Diane Erstad	Jr.	Free/Breast/IM	Bloomington, MN/Jefferson
Kelly Gallagher	Jr.	Freestyle	Minnetonka, MN/Hopkins
Tami Grewenow	So.	Breaststroke/Fly	Burnsville, MN/Burnsville
Juli Gunard	So.	Backstroke/IM	Roseville, MN/Alexander Ramsey
Ruth Gunard	Jr.	Freestyle	Roseville, MN/Alexander Ramsey
Sanna Harkonen	Jr.	Freestyle	Hyvinkaa, Finland/Sue Itsinrinne
Amy Hathaway	Jr.	Backstroke/IM	Portland, OR/Aloha
Shannon Heringer	So.	Freestyle/Fly	Beaverton, OR/Beaverton
Chris Hillman	Fr.	Freestyle/Fly	Eden Prairie, MN/Eden Prairie
Sara Lindner	Jr.	Free/Breaststroke	LaCrosse, WI/Logan
Kelly McClure	Sr.	Backstroke	Rapid City, SD/Stevens
Elaine Middleton	Fr.	Freestyle	LaCrosse, WI/Central
Anne Pringle	Fr.	Breaststroke	Monticello, MN/Monticello
Tara Rehder	So.	Backstroke/Free	Hastings, MN/Hastings
Darcy Reid	So.	Fly/Distance Free	Minnetonka, MN/Hopkins
Jodi Schirmers	Sr.	Freestyle	St. Cloud, MN/Tech
Kirsten Schwartz	Fr.	IM/Back/Fly/Breast	Burnsville, MN/Burnsville
Jeanne Simley	Jr.	Butterfly/Free	Plymouth, MN/Armstrong
Darcy Spielmann	Fr.	Diving	Minnetonka, MN/Hopkins
Julie Sullivan	Jr.	Diving	West St. Paul, MN/Sibley
Nancy Swanum	Sr.	Backstroke/IM	Burnsville, MN/Burnsville
Carol Thone	So.	Breaststroke/Fly	Minneapolis, MN/Washburn
Sara Touve	So.	Diving	Golden Valley, MN/Armstrong
Mary Ann Tranchilla	Fr.	Breaststroke	Burnsville, MN/Lakeville
DeAnne Twidwell	So.	Distance Free	Ranchos Palos Verde, CA/Palo Verdes
Kim Vogel	Fr.	Sprint Freestyle	Mound, MN/Mound-Westonka
Amy Volna *	Jr.	Free/Fly/IM	St. Anthony, MN/St. Anthony

\* Tri-captains

UNIVERSITY OF MINNESOTA SWIMMING/DIVING  
1987-88 SCHEDULE

OCTOBER

17 SAT. ALUMNI MEET 1:00 P.M.

NOVEMBER

6 FRI. IOWA STATE 6:00 P.M.  
 7 Sat. Nebraska/Colorado State (Lincoln, NE) 7:00 P.M.  
 13 FRI. ILLINOIS/WISCONSIN (CO-ED) 4:00 P.M.  
 14 SAT. MIDWEST RELAYS 12:00 NOON  
 20-21 Fri-Sat. Gillette Invitational (Gillette, WY)  
 22 SUN. MINNESOTA USS INVITATIONAL 10:00 A.M.

DECEMBER

5 SAT. INTRASQUAD MEET TBA

JANUARY

8 FRI. GOLD COUNTRY INVITATIONAL 6:00 P.M.  
 9 Sat. Michigan State (East Lansing, MI) 5:30 P.M.  
 10 Sun. Northern Michigan (Marquette, MI) 2:00 P.M.  
 16 SAT. NORTHWESTERN (CO-ED) 2:00 P.M.  
 22-23 Fri-Sat. Sioux Invitational (Grand Forks, ND)  
 29 FRI. MINNESOTA CHALLENGE 7:00 P.M.

FEBRUARY

5-6 Fri-Sat. Purdue/Wisconsin/Iowa (Co-ed) (Indianapolis, IN)  
 18-20 Thurs-Sat. Big Ten Championships (Indianapolis, IN)

MARCH

11-12 Fri-Sat. NCAA Zone Diving (Eastern Michigan)  
 13 SUN. MINNESOTA USS INVITATIONAL 10:00 A.M.  
 17-19 Thurs-Sat. NCAA Championships (Austin, TX)

ALL HOME MEETS IN CAPITAL/BOLD ARE AT COOKE POOL