

UNIVERSITY OF MINNESOTA
1988-89 WOMEN'S GYMNASTICS PROSPECTUS

QUICK FACTS:

LOCATION: Minneapolis, Minn.
FOUNDED: 1851
ENROLLMENT: 45,000
NICKNAME: Golden Gophers
COLORS: Maroon and Gold
CONFERENCE: Big Ten
PRESIDENT: Dr. Richard Sauer (interim)
ATHLETIC DIRECTOR: Chris Voelz (612) 624-4044
HEAD COACH: Katalin Deli (16th year) (612) 624-0514
ALMA MATER: Hungarian Univ. of Physical Education (1971)
CAREER RECORD: 230-132-2 (15 years at Minnesota)
ASSISTANT COACH: Gabor Deli (612) 624-0514
SPORTS INFORMATION DIRECTOR: Karen Smith (612) 624-3335
GYMNASTICS CONTACT: Dan Benson (612) 624-3335
HOME ARENA: Williams Arena (17,000)
1987-88 RESULTS: 15-15 Overall, Season Average Score -- 180.27
1st at Big Ten Championship -- 186.10
Regional Qualifying Score -- 183.08
5th at NCAA Central Regional Meet -- 181.80
RETURNING/LOST/NEWCOMERS: 10/1/2
CLASS BREAKDOWN: One (1) senior; Three (3) juniors; Six (6) sophomores; Two (2) freshmen.

TOP RETURNERS:

LISA WITTEW -- Junior...Eagan, MN/Rosemount High School...captain...tied for Big Ten all-around title in 1988 (38.10)...team MVP, All-Big Ten and Big Ten All-Academic...placed seventh all-around at NCAA Regionals (37.55)...competed at NCAA Nationals as at-large all-arounder...missed freshman season with knee injury, has three years eligibility remaining...won all-around in three meets last year.

MARIE ROETHLISBERGER -- Junior...Afton, MN/Marina High School (Calif.)...1988 co-Big Ten Gymnast of the Year, won honor outright as freshman...All-Big Ten, Big Ten All-Academic and GTE CoSIDA Academic All-American in 1988...was fourth in 1988 Big Ten all-around after winning title as freshman...1987 NCAA All-American on uneven bars...holds school all-around record (38.35)...qualified for 1988 NCAA Nationals but missed meet with injury.

CATHY ZOLKOWSKI -- Sophomore...Neenah, WI/Armstrong-Neenah High School...became all-arounder in third meet of 1987-88...averaged 36.22 in last three meets...floor exercise high of 9.55 tied the sixth best mark ever at Minnesota.

NEWCOMERS:

JENNIFER CHATFIELD -- Freshman...St. Cloud, MN/St. Cloud Tech High School...team MVP as sophomore and senior...placed sixth all-around at 1988 state meet...placed 12th all-around at 1988 High School Nationals.

GENA PALM -- Freshman...Osseo, MN/Osseo High School...Elite gymnast at Deli's Olympic Gymnastics Academy...competed at 1987 Elite Nationals...USGF Class I competitor at Munsinger Gym Center.

**UNIVERSITY OF MINNESOTA
1988-89 GYMNASTICS ROSTER**

Head Coach: Katalin Deli
Assistant Coach: Gabor Deli
Student Assistant Coach: Laura Hicks

<u>Name</u>	<u>Class/Yr</u>	<u>Height</u>	<u>Event</u>	<u>Hometown/High School</u>
Jennifer Chatfield	Fr.(1)	5-1	A-A	St. Cloud, MN/St. Cloud Tech
Ulrika Lindholm	So.(2)	5-4	A-A	Winnetka, IL/York Community
Kathy Ness (1)	So.(2)	5-3	A-A	Coon Rapids, MN/Coon Rapids
Julie Newman (2)	Jr.(3)	5-5	A-A	Lakeville, MN/Lakeville
Gena Palm	Fr.(1)	5-3	A-A	Osseo, MN/Osseo
Marie Roethlisberger (2)	Jr.(3)	5-0	A-A	Afton, MN/Marina (Calif.)
Bridget Thompson	So.(2)	5-0	A-A	Bloomington, MN/Jefferson
Linda Umhoefer (1)	Sr.(4)	5-2	A-A	Cedarburg, WI/West Bend East
Julie Winje	So.(2)	5-4	A-A	Minot, ND/Minot
Lisa Wittwer* (1)	Jr.(2)	5-4	A-A	Eagan, MN/Rosemount
Sara Zimmermann	So.(2)	5-6	A-A	St. Paul, MN/Minnehaha Academy
Cathy Zolkowski (1)	So.(2)	5-3	A-A	Neenah, WI/Armstrong-Neenah

* captain

(letters earned follow name)

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**UNIVERSITY OF MINNESOTA GYMNASTICS
1988-89 SCHEDULE**

JANUARY

8	FRI.	WINONA STATE	7:00 P.M.
13	Fri.	vs. UCLA	TBA
27	Fri.	vs. U of Alabama, U of Oklahoma	TBA

FEBRUARY

4	FRI.	MICHIGAN	7:00 P.M.
10	Fri.	vs. Shanicgo Invitational (Corvalis, OR)	
17	Fri.	vs. Florida Invitational (Gainesville, FL)	
26	SUN.	OHIO STATE	7:00 P.M.

MARCH

4	Fri.	vs. Wisconsin (Madison, WI)	7:00 p.m.
11	SAT.	UNIVERSITY OF PITTSBURGH	TBA
19-20	Sun-Mon.	Big Ten Championships (Iowa City, IA)	7:00 p.m.

APRIL

1	Fri.	NCAA Regionals (Tuscaloosa, AL)	7:00 p.m.
14-15	Fri-Sat.	NCAA Nationals (Athens, GA)	7:00 p.m.

ALL HOME MEETS IN CAPITAL/BOLD ARE AT WILLIAMS ARENA
All times local

1988-89 MINNESOTA WOMEN'S GYMNASTICS

ONWARD AND UPWARD-- It was only fitting after five straight top three finishes in the Big Ten meet that last season's Gopher women's gymnastics team won Minnesota's first-ever Big Ten title. The Gophers had begun the season with high expectations, but when two veteran gymnasts left the team before the season and injuries struck, nobody expected a championship.

Minnesota beat the odds, though, by scoring a school and conference meet record 186.10 as the young Gophers came of age by season's end.

With the loss of just one senior, a strong returning nucleus and greater depth, head coach Katalin Deli is optimistic and hoping to reach greater heights in 1989.

"I'd certainly like to repeat Big Tens," says Deli, "and although everything would have to happen just right, if we can avoid injuries and any traumatic circumstances, we have the potential to do very well at regionals and possibly advance to nationals."

WITTEW, ROETHLISBERGER LEAD RETURNERS -- There are twelve eligible gymnasts on this year's roster, including six returning letter winners. The Gophers have the luxury of two returning Big Ten all-around champions in junior Marie Roethlisberger and redshirt sophomore Lisa Wittwer. Roethlisberger won the Big Ten all-around title as a freshman in 1987 and finished fourth in 1988. Wittwer tied for the 1988 all-around title with a score of 38.10 after coming back from reconstructive knee surgery, which caused her to miss her entire freshman season.

Sophomore Cathy Zolkowski was one of the Gophers' most improved all-arounders over the course of last season and will likely be joined in the lineup by sophomore Ika Lindholm, a former member of the Finnish National team who was academically ineligible last year. Deli hopes Lindholm can offset the loss of 1987-88 co-captain Laura Hicks, a top all-arounder a year ago.

Sophomore Kathy Ness overcame a wrist injury last season to be a solid performer on the vault, balance beam and floor exercise. She finished in a tie for fifth in the Big Ten on the beam (9.20) during individual event competition at the conference meet. Deli is hoping Ness will be able to compete all-around this season. Junior Julie Newman competed on the vault, uneven bars and balance beam in 1987-88 and scored a career high 9.30 on the bars at the Big Ten meet. Deli expects the bars to be Newman's strong point again this season.

Junior Linda Umhoefer and sophomore Julie Winje each played key specialized roles in the Gophers late season success a year ago and will likely do the same this year. Pushing the regulars in practice and providing depth will be redshirt freshmen Sara Zimmermann and Bridget Thompson. Thompson will be trying to regain her form after missing all of last season with a leg injury.

NEWCOMERS-- Two freshman join the Gophers this year, Jennifer Chatfield and Gena Palm. Deli says Palm could make an impact right away as an all-arounder, while Chatfield has the potential to compete on the vault or floor exercise.

THE SCHEDULE-- The Gophers will open the season at home Jan. 8 with a dual meet against Winona State before closing the month on the road against national powers UCLA (Jan. 13) and Alabama (Jan. 27). Minnesota returns home to face Michigan in a dual meet Feb. 4 and will then participate in road invitationals Feb. 10 at Oregon State and Feb. 17 at Florida.

Perennial Big Ten power Ohio State visits Feb. 26 and the Gophers follow with another conference meet March 4 at Wisconsin. The home season concludes March 11 with a dual against Pittsburgh. The Big Ten Championships will be held March 19-20 at Iowa City, Iowa, followed by the NCAA Central Regional meet April 1 at the University of Alabama. The NCAA Nationals will be held April 14-15 at the University of Georgia.

UNIVERSITY OF MINNESOTA WOMEN'S GYMNASTICS SUMMARY 1987-88

FINAL

RECORD:	Overall 15-15	Dual 3-3	Invitationals 10-8	Home 3-1	Away 12-14						
DATE	OPPONENT	SCORE	MINN	MN V	OPP V	MN UB	OPP UB	MN BB	OPP BB	MN FX	OPP FX
1/16	BYU Inv.		174.00	45.10		42.45		42.40		44.05	
	Arizona	182.70			46.95		45.05		45.15		45.55
	Utah State	181.85			47.00		44.80		45.30		44.70
	Brigham Young	176.85			45.55		44.45		43.80		43.05
1/23	IOWA STATE	178.30	178.50	45.75	45.25	42.05	43.20	45.00	44.05	45.70	45.80
2/5	Florida	188.65	181.70	45.35	46.70	45.65	47.50	45.25	46.75	45.45	47.70
2/6	Red/White Inv.		177.30	44.80		45.15		41.25		46.10	
	Alabama	188.95			46.90		48.10		46.65		47.30
	Georgia	188.95			47.45		47.80		47.30		46.40
	Utah	186.85			46.90		46.55		46.75		46.65
	Wisconsin	180.15			44.55		45.65		44.45		45.50
2/14	WISCONSIN	179.50	179.35	44.50	44.35	45.00	44.30	43.50	45.90	46.35	44.95
2/19	Louisiana St.	184.45	179.55	45.55	46.60	44.90	46.40	44.85	46.95	44.25	44.50
2/27	Ohio State Inv.		179.60	45.95		42.75		46.00		44.90	
	Ohio State	183.60			46.95		44.95		45.80		45.90
	Pittsburgh	179.45			45.95		44.20		45.40		43.90
	Bowling Green	176.45			45.60		43.60		43.95		43.30
3/6	ILLINOIS ST.	173.30	183.25	45.75	44.00	45.75	41.60	45.50	44.20	46.30	43.50
3/11	CA-S B Invit.		177.35	45.70		42.15		44.80		44.70	
	CA-Santa Barb.	175.45			45.30		42.70		43.50		43.95
	Yale	175.95			45.25		43.55		42.65		44.50
3/24-25	Big Tens		186.10	46.45		46.60		46.75		46.30	
	Ohio State	182.50			46.90		46.20		43.55		45.85
	Mich. State	184.80			45.20		47.30		45.90		46.40
	Illinois	182.75			45.70		45.00		46.05		46.00
	Michigan	178.80			45.45		44.90		43.45		45.00
	Wisconsin	182.05			45.20		45.80		45.35		45.70
	Iowa	180.55			45.80		45.20		45.00		44.55
4/2	NEW MEXICO	180.05	184.75	46.55	44.65	46.05	44.50	46.35	44.65	45.80	46.25
4/9	Regionals		181.80	46.25		45.80		44.15		45.60	
	Raw Average		180.27	45.64		44.53		44.65		45.46	
	Regional Qualifying Score*: 183.08 (Best 5 scores including 2 home & 2 away)										
	National Qualifying Score: 182.23										

	HICKS	LINDHOLM	NESS	NEWMAN	ROETHLIS	THOMPS	UMHOE	WINJE	WITTWER	ZIMMER	ZOLKOWS
VAULT											
Season Best	9.40	--	9.10	8.80	9.60	--	8.90	9.05	9.50	--	9.40
Raw Average	9.16	--	8.89	8.49	9.42	--	8.78	9.05	9.26	--	8.96
BARS											
Season Best	9.35	--	--	9.30	9.85	--	8.65	9.05	9.75	--	9.00
Raw Average	8.92	--	--	8.51	9.51	--	7.93	8.43	9.13	--	8.28
BEAM											
Season Best	9.50	--	9.30	8.75	9.65	--	7.45	--	9.45	--	9.30
Raw Average	9.04	--	9.02	7.87	9.11	--	7.18	--	8.78	--	8.72
FLOOR											
Season Best	9.45	--	9.20	--	9.55	--	--	8.80	9.50	--	9.55
Raw Average	9.09	--	8.87	--	9.22	--	--	8.80	9.18	--	9.11
ALL-AROUND											
Season Best	37.30	--	--	--	38.05	--	--	--	38.10	--	36.30
Raw Average	36.23	--	--	--	37.21	--	--	--	36.37	--	35.08
Regional Average	36.96				37.68				37.33		35.75
National Average					37.39				37.48		