

SPORTSNEWS



FEBRUARY, 1991

VOLUME 2 NUMBER 10



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A Coaching
Legend**

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Bond Saving Smiles for Later



Walter Bond with the winning smile.

by Steve Peckham

Something is missing from Williams Arena this year.

Sure, things have changed a lot since the departure of Willie Burton, Richard Coffey, Melvin Newbern & Company. But there is an even more subtle difference in the "barn" in 1991. Its absence is virtually unnoticeable to the average fan, but painfully obvious to the Gopher fanatic.

Where in the world has Walter Bond's smile gone?

For three years Bond has run up and down the court with a grin from ear to ear. He'd smile after a Kevin Lynch three pointer, laugh after a Willie Burton dunk, and nicker after a Bob Martin blocked shot. But not this year.

"I think I've always been a 'nice guy' off the court, and it just kind of translated into a smile on the court," said the senior forward. "I guess with maturity you learn that when there's a job to do, you worry about that and nothing else. You save the smiles for later."

It is hard to blame the man for his new all-business mug. It's not as if he has had much

"I'm more than just a basketball player. I mean I absolutely love the game, but I can be successful without it. There's more to life than just making 12-foot jumpers."

— Walter Bond

to smile about this season.

During the second half of the season opener against Robert Morris, Nov. 25, Bond took a short jump shot and landed wrong. Later that night doctors would tell Walter he had suffered a stress fracture of the fifth metatarsal. Whatever that meant, it didn't sound good to Bond.

What it meant was surgery. What it meant was pain. What it meant was six weeks without basketball. What it meant was a new perspective for Walter Bond.

"For the first time in four years, basketball wasn't the major event in my life," explained Bond. "I learned a lot having to sit out, a lot about myself. I'm more than just a basketball player. I mean I absolutely love the game, but I can be successful without it. There's more to life than just making 12-foot jumpers."

The new Walter Bond began appearing long before the freak injury happened, though.

Since he arrived on the U of M campus four years ago, he has had a history of coming into camp at least slightly overweight. Not this season. Last fall, Bond reported for duty in the best shape of his life.

"My body structure is more like a football player than a basketball player," he said. "I don't think I eat any more than anyone else, I just have to work harder to get myself in condition."

And work harder he did. Bond began his training right after the NCAA Tournament last year. He worked out every day. Whether it was running, shooting, lifting weights, or a combination of all three, he was out there

daily, getting ready for his senior season.

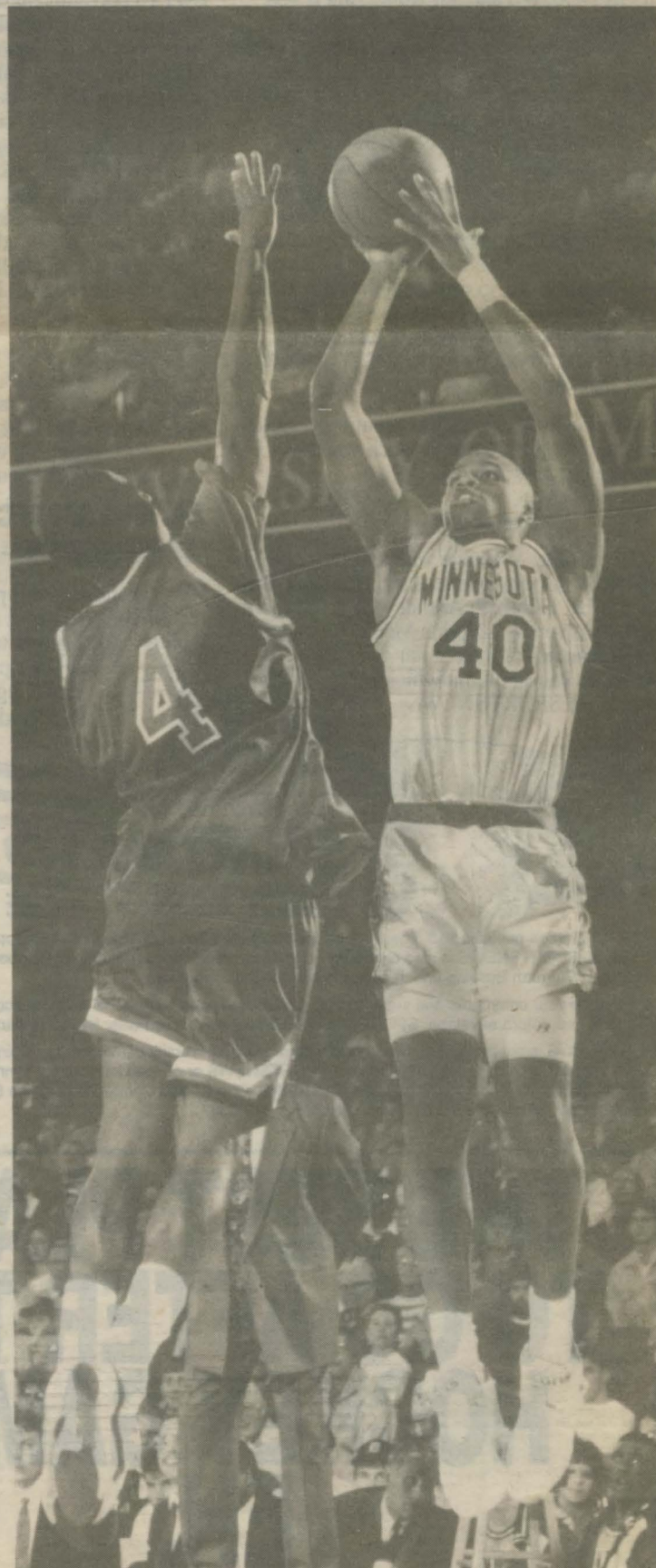
"Ever since I was in high school, sports have always come easy for me," said Bond. "But in the Big Ten, players have got great skills. I had to change my attitude. I did everything possible to get ready for this year."

Yes, this year is different for Walter Bond and it's different for the entire team. No longer can they count on a 30-point night from Willie Burton or a 15 rebound performance from Richard Coffey.

Bond came into the 1990-91 campaign ready to meet the challenge. His fifth metatarsal set him back a way, but not all the way.

"I've been an Indian for three years now," said the serious Bond. "Now it's my turn to be a chief. I've got to be more than just a role player this year. Last year I was counted on to come up with a key basket at key moments. This year it's my job to come up with big points all the time. I'm doing a better job leading on the court this year. We ARE getting better."

And so is Walter Bond. Smile or no smile.



Walter Bond with the winning shot.

SPORTSNEWS is made possible in part through the encouragement and support of SuperAmerica.

Letters

HOLTZ CAN'T BE A LITTLE PREGNANT

I read about the NCAA charges against the University of Minnesota. Smooth-talking Lou Holtz is trying to talk his way out of this. It's alleged that he made cash payments of \$950 to athletes. So what does Holtz do in response to these charges? He calls a press conference to talk his way out of the mess by saying he didn't pay Roselle Richardson \$200 but \$20, and acknowledged he paid \$250 to another player.

It was wrong to give \$20; it would be wrong to give \$2.

He must have known he was breaking the rules. It's either all or nothing in this business — like it or not. You can't be a little pregnant. Holtz should stay at Notre Dame!

Jerry Landman
Minneapolis

READER NEEDS ANSWERS TO RELIEVE PAIN

I saw your write-up on Aches & Pains in SPORTSNEWS and am wondering if you have any written data on muscle spasms caused by torn neck-shoulder ligaments? I'm in constant muscle pain due to a fall when I passed out and struck my head on the edge of my table. This happened years ago and because x-rays do not show torn ligaments I kept on working until I was forced to take time off for a month. Air conditioning, drafts, people touching by back area (in the pain area) brings me to tears immediately. I have high tolerance of pain which helps. I do a lot of humming, etc. to deal with the pain. I just completed several sessions in a U of M pain clinic (until I couldn't afford going any longer) plus the doctor couldn't pinpoint any new techniques for me.

I have found your articles I mentioned earlier also helpful and I keep in touch whenever I see or read new articles.

S.M.
S. Minneapolis

(editor's note: We have withheld the name of the writer for obvious reasons. Her letter was sent to Dr. Elizabeth Arendt who is the head of the University's Sports Medicine Institute and the author of the regular Aches & Pains column which appears in SPORTSNEWS).



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SID HARTMAN BLEW IT — A RARE OCCURRENCE

Sid Hartman, well-known sports columnist for the Minneapolis Star-Tribune, blew it when he predicted in his column that "the Gophers might have a hard time beating Northern Illinois tonight."

Here's what happened that evening before over 15,000 enthusiastic fans in Williams Arena: The Gophers defeated Northern Illinois 65-37 (see photo above), the first Minnesota team to hold an opponent under 40 points since 1981. The last Gopher opponent to score less than 37 points was Navy, a 68-35 loser in 1974. The Gophers forced 23 turnovers and limited Northern Illinois to four second-half baskets. The Huskies shot 26.8 percent (11 for 41) and didn't break into double figures until slightly over five minutes remained in the first half. The Gophers also shined on the boards, leading the Huskies 42-28.

Sid Hartman is respected in the sports community. He understands the business and he understands players' attitudes. He means well. Most of the time he's right!

Warren Johnson
South St. Paul, Minnesota

RAY KING APPRECIATES ARTICLE ON '37 NOTRE DAME- GOPHER CONTEST

Many thanks to your paper and Don Riley for the article on our loss to Notre Dame in 1937. Don is a great sports writer. I very much enjoy reading your paper.

Ray King
Rio Verde, Arizona

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Where are They Now?

A FOOTBALL GOPHER'S "ONE MOMENT IN TIME"

By Len Levine



Whitney Houston's popular song, "One Moment in Time," could have been written about Wayne "Tom" Teigen who played football for the Golden Gophers from 1960 through 1963. His career was

mediocre. In the days when players played both ways, offensive and defensive, Teigen was a rarity — a one-way defensive back. He saw very little action.

Late in the 1961 season in the pivotal game against Michigan, Teigen would meet his brush with destiny. The Gophers needed to defeat the mighty Wolverines if they were to repeat their success of the year before when they were Big Ten and National Champs. This was their chance to avenge their Rose Bowl loss to Washington.

Who was Teigen and why does he take a place in Gopher immortality?

Teigen was born and raised in Aberdeen, South Dakota, 300 miles from the Twin Cities, in the north central part of the state. His parents, Martin and Florence, limited his activities as a child because of his rheumatic fever. When he entered elementary school, he was not allowed to do any exercises. In junior high school he was left out of all contact sports. Finally, as a ninth grader, doctors gave Teigen the go-ahead to participate in sports.

He played three sports at Aberdeen Central High School. Teigen was a fullback and halfback in football, and eventually earned All-State honors. He played forward and center in basketball, and again was an All-State selection. He was a high jumper on the track team and established a state record in that event.

When he graduated in 1959, he was heavily recruited by top schools across the country, such as Nebraska, but chose the University of Minnesota because he says it was always his dream to attend the University. He was given a Williams Scholarship.

Because of the freshman ineligibility rule, he was "cannon fodder," he says, for the varsity and used primarily as a blocking dummy. As a sophomore in 1960, he made the travelling squad but saw such little playing time on this Big Ten and National Championship team that he didn't qualify for a varsity letter.

The following season started as the previous one left off. Teigen wasn't seeing much action backing up Sandy Stephens, the great All-American, at his defensive safety spot. The season was going well. The Gophers were hoping to again win the Big Ten title and again go to the Rose Bowl.

And so — the Michigan game! The Gophers were behind all day, unable to cope with the tackle option roll-out executed by halfback All-American, Ben McRae (who went on to star for the Chicago Bears). With less than 20 minutes remaining and Michigan leading by 20-15 and in possession of the ball on their own 9-yard line, a Gopher win appeared doubtful. The crowd was chanting "fumble, fumble" as Coach Murray Warmath looked over the reserves. He huddled with defensive



Wayne "Tom" Teigen, 1963

coach Bob Bossons. Bossons pointed to Teigen, who had gone home to Aberdeen for the pheasant hunting opener the week before because he didn't make the travelling squad, and motioned him to come forward and onto the field. On the Wolverines' first down the ball was handed to McRae. For some unexplainable reason, McRae, who should have stopped at the line of scrimmage and taken the down, running out the clock, attempted to gain yardage. Slashing across right tackle, about to head into the secondary, he was hit head-on with a bone-crushing tackle by Teigen. The ball popped loose and rolled back to the 5-yard line, where one of the Gophers' most devastating linebackers, Judge Dickson, jumped on the ball, covering it with his 215-pound frame on the 5-yard line. The Gophers had recovered the football! The crowd of 69,898 went wild.

Stephens tried three times to run it in, moving the ball down to the 1-foot line. The crowd became silent as the Gophers got

ready for their last chance to score. Dickson, who never lost yardage in his college career, got the call. He dove over for the touchdown. The roar that erupted in Memorial Stadium could have shattered windows in Ann Arbor. The conversion to Tom Hall made the final score 23-20. People were hugging each other and shouting in disbelief. The Gophers had won the game, and Wayne "Tom" Teigen was forever included in the record books. It was Teigen's "one moment in time."

The Gophers went on to the Rose Bowl — this time defeating U.C.L.A. 21-3. Teigen, who pinched a nerve in his neck during practice in Pasadena the week before, was unable to play in that game and most of the next season.

Teigen graduated in 1964 with a degree in civil engineering and enlisted in the Marines. He was a company commander (second lieutenant) for two years on active duty during the Vietnam War and was awarded the Bronze Star.



Wayne "Tom" Teigen, 1991

When he returned to the States after Vietnam, he joined a consulting engineering firm in Minneapolis. In 1971 he began working with his father in the family construction business in Aberdeen where he's been ever since.

Teigen and his wife, Pam, are the parents of two children: daughter, Kris, a first-year student in the University of Minnesota's School of Dentistry, and son, Scott, a freshman at the United States Air Force Academy in Colorado Springs.

Looking back, Teigen says he was lucky that his doctors allowed him to participate in sports. "The lessons I learned from my sports I've applied so many ways in my life. It's a tough world out there; competing in sports helped prepare me for the competition I face every day in the construction business. In life, as in sports, a person must know how to beat the competition." He says just like sports preparation, he spends hours reading and analyzing what needs to be done so he can do it better than the next guy. Teigen recommends sports for everyone. "Life is no easy thing. It requires a lot of hard work. It doesn't come free. Nothing does. Just like the Michigan game, a person needs to be prepared and ready when the call comes."

Teigen says his moment in time — that one tackle — opened all kinds of doors for him in the business world.

Teigen Construction Company operates in the five-state Midwest area and does primarily concrete paving and asphalt recycling. His company, working in close cooperation with the Federal Highway Administration, has done extensive research on the reuse of asphalt, and he says soon he hopes to announce a program that will revolutionize the highway construction industry as a result of his new recycling methods.

Len Levine earned three varsity letters as a member of the Gopher track team and established several records, one of which (the 60-yard dash) stood for 17 years. He was the silver medal winner in the 1960 Big Ten 300-yard dash championship. Levine was President of the "M" Club in 1989.

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Gopher Tales

By Steve Peckham, Managing Editor

Student Football Tix Reduced

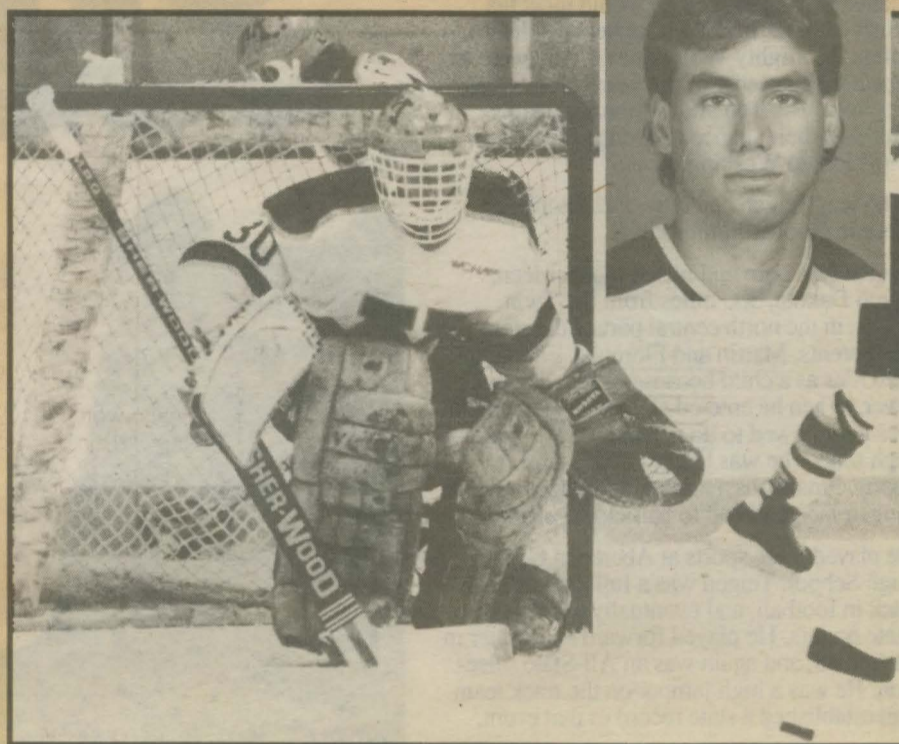
Gopher football ticket prices will be reduced to 1986 prices for U of M students next season. The athletic department which feels the program can be improved with student support, has rolled student season ticket prices back to \$36.

The University's popular Family Section promotion will be continued in 1991, giving families of four the opportunity to watch a football game for \$32 (specified games).

Group discounts on Gopher Football tickets will also be available this fall. Groups of 25 to 99 will receive a \$2 discount off a \$17 ticket and groups of 100 or more will receive a \$4 discount.

Call the Gopher Ticket Office at (612) 624-8080 for more information. Gopher opponents in the dome this season will include Montana, Pittsburgh, Purdue, Michigan, Ohio State and Wisconsin.

↓ Jeff Stolp



CLIP & SAVE

1991 Gopher Basketball Schedule

February 10	Illinois.....	3 p.m.
February 14	at Iowa.....	8:30 p.m.
February 16	at Purdue.....	2 p.m.
February 25	Michigan St.....	8:30 p.m.
February 28	Northwestern.....	7 p.m.
March 3	at Michigan.....	3 p.m.
March 7	at Indiana.....	7 p.m.
March 9	Wisconsin.....	1 p.m.

1991 Gopher Hockey Home Schedule

February 22-23	North Dakota.....	7:05 p.m.
March 1	WCHA 1st Round-game 1.....	7:05 p.m.
March 2	WCHA 1st Round-game 2.....	7:05 p.m.
March 3	WCHA 1st Round-game 3.....	7:05 p.m.
(on Season Ticket Package)		
March 10-11	WCHA Tournament	
	St. Paul Civic Center	
(not on season ticket package)		
March 28 - 30	NCAA Championship	
	St. Paul Civic Center	
(not on season ticket package)		

1991 Gopher Track & Field Schedule

Indoor Track & Field (U of M Field House)

February 9	@Iowa State Invitational.....	10:30 a.m.
February 22-23	Big Ten Championships.....	4:30 p.m./11:45 a.m.
(@West Lafayette, IN)		
March 8-9	NCAA Championships.....	TBA
(@Indianapolis, IN)		

Outdoor Track & Field (Bierman Track & Field Stadium)

March 23	@Texas w/ Indiana.....	TBA
March 30	@Auburn w/Ball State,	
	Middle Tennessee.....	1:00 p.m.
April 5-6	Texas Relays.....	9:00/11:00 a.m.
(@Austin, TX)		
April 13	@Nebraska Invitational.....	10:00 a.m.
April 26-27	Drake Relays.....	9:00/8:45 a.m.
(@Des Moines, IA)		
May 4	Minnesota Invitational.....	10:00 a.m.
May 11	Minnesota	
	Last Chance.....	1:00 p.m.
May 18-19	Big Ten	
	Championships....	4:30 p.m./11:45 a.m.
(@Columbus, OH)		
May 29-June 1	NCAA Championships...TBA	
(@Eugene, OR)		

After the Game

By Gary Hiebert (OliverTowne)

As the maitre d' said: "We're kind of a sleeper back here."

Tucked into the back of the main lobby of the Holiday Inn Metrodome at Seven Corners, the Grill Room is a welcome refuge some nights from the glitz and noise out on the circle in places like Grandma's, Dudley Riggs, Sgt. Preston's and Bullwinkle's.

It is snug and cozy in a contemporary style, with soft lights and candles on the table, a perfect place to dine instead of eat and where you and your table mates can hear each other.

We wound up there on one of the coldest nights of winter on our way to a play and not a sporting event. But a lot of the people around us were en-route to Williams Arena.

The Grill Room menu is right down the line on beef, fish, seafood and chicken, but what they do with the ingredients makes a difference.

We decided to order a caesar salad in lieu of the regular dinner salad and the wait person suggested we order only one salad and she'd divide it for us on two plates.

Lucky she did. Even then each portion was huge and very much like caesar, in fact one of the better caesars I've eaten recently and I eat them almost everywhere they are offered.

The lettuce was crisp and not soggy from the dressing, which was tangy and garlicky, with the right parmesan touches and pepper.

So far so good.

The young lady brought us a basket of warm poppy seed rolls.

The main event for me was rainbow trout, sauteed with shrimp and crabmeat, with a side of al dente vegetables and a big baked potato. The trout was huge and boned and the topping perfect.

My wife picked the grilled salmon served with dill sauce. Another very nicely handled piece of work. As a matter of fact, there was such a large portion, she took part of it home and it provided a second meal.

Dessert was a work of art--strawberries zabaglione--fresh strawberries with zabaglione and black raspberry sauce.

Looking over the menu, I could have ordered a 20-ounce porterhouse, a New York strip, prime rib, swordfish, grilled stuffed pork chops and two unusual poultry entrees--chicken Dijon (grilled chicken breast with

Continued on page

Answer the following three SPORTSNEWS Trivia questions correctly and be eligible to win a \$25 gift certificate from SuperAmerica and two tickets to a Gopher basketball game. Winner's name will be drawn from among all correct respondents and announced in a coming issue. Good Luck!



The SPORTSNEWS staff congratulates Jon Barron of Thief River Falls, our latest Trivia winner!

1. In 1950, this "stone face" was drafted by the Minneapolis Lakers. Who is this Minnesota legend?
2. What Gopher basketball coach holds the record for best career winning percentage?
3. Who led the Gopher hockey team in scoring last season?

The Q's and A's last time were:

1. What Gopher hockey goalie made 2,639 saves from 1976-1979? Answer: Steve Janaszak
2. In the 1962-63 season, this Gopher became the only defenseman to win a WCHA scoring title with 9 goals and 23 assists. Who is this local celebrity? Answer: Lou Nanne
3. In 1973, five Gopher basketball players were drafted by NBA teams. Name one of them. Answer: Jim Brewer, Ron Behagen, Clyde Turner, Dave Winfield or Corky Taylor

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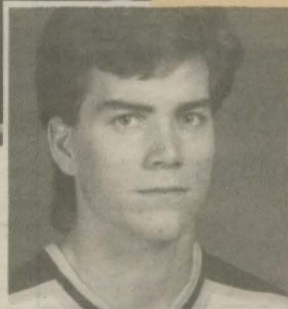
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Putt'n 'em in and Kick'n 'em Out

Among the more pleasant surprises this year for the Gopher hockey team has been Larry Olimb's offensive punch and Jeff Stolp's knack in the net.

Warroad, Minn. native Larry Olimb continues to be a force as he leads the Gophers in scoring and ranks among the top players in the league for game-winning goals. The All-American and Hobey Baker award candidate will finish his academic eligibility next season, but don't expect Olimb to leave Minnesota anytime soon. The North Stars got a steal when they drafted him in the 10th round, back in 1987.

Another junior, Jeff Stolp, is having a fantastic year in the goal for the Gophers. Originally from Nashwauk, Minn., Stolp leads the WCHA in conference games so far in 1991. After a somewhat disappointing sophomore year, Minnesota has turned to Stolp for big games this year and he has answered the call.



Caputo Comes to the Forefront

When John Roethlisberger spent the beginning of the Gopher gymnastics season on the shelf with an injury this year, head coach Fred Roethlisberger turned to his senior leader for support.

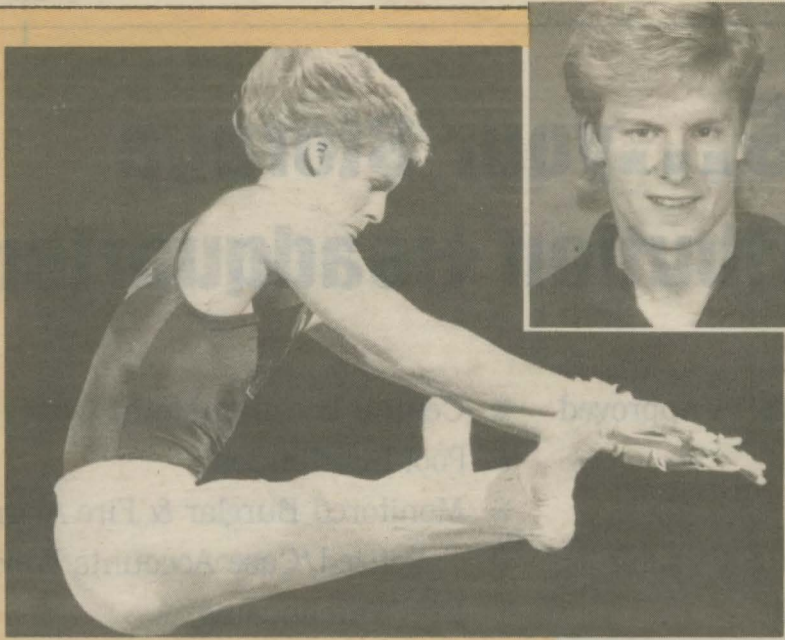
Florida native Jay Caputo has stepped forward this season to lead the Gophers to a more than respectable start.

Caputo won the All-Around competition and junior Leif Carlson from Bloomington, Minn. came in second as the Gophers squeaked by Michigan in the season opener last month. Caputo then paced Minnesota again the following weekend in Chicago, coming in sixth in the All-Around at the Windy City Invitational.

John Roethlisberger returned to action at the Chicago meet scoring a 9.0 on the pommel horse.

Look for Caputo and Roethlisberger to make a run at NCAA individual championships later next spring.

← Larry Olimb



← Left: Leif Carlson

↓ Below: Jay Caputo



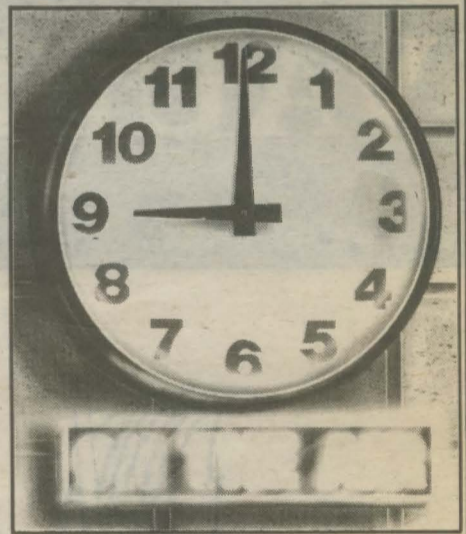
Before he decides on his starting lineup...



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Aches and Pains

By Elizabeth A. Arendt, M.D.,
 Director
 University of Minnesota
 Sports Medicine Institute

Q Will I increase my chances of injury if I run in cold weather?



A The answer to the question is, no, not necessarily. However, there are several factors that one must keep in mind if electing to be a cold weather outdoor runner: 1.) The muscle tendon unit is more stiff in cold weather. One can liken this to taffy, or the oil in a car. When one raises the body temperature even one degree Fahrenheit, the elasticity of the muscle tendon unit is increased. Therefore, it is imperative that one stay warm while running, particularly in regards to the lower extremity. One can often tolerate more coldness on the legs, as long as the torso stays warm. This is not a good practice, as overuse injuries frequently occur in the muscle tendon unit of the legs. 2.) Outdoor running is usually harder on the shock absorber mechanisms of your leg. Usually, if there is a clean area to run on, it is the sidewalks or streets, and therefore, one is doing all running on cement. Certainly one increases the chances of an overuse injury by running on a hard surface, such as cement. Streets are asphalt on cement, so this is not much different 3.) The last consideration is that one is forced to change his or her style of running, when running on slippery surfaces. This doesn't relate to cold weather, as much as it relates to the addition of snow, sleet or ice on the surface upon which you are running. When one runs on a surface that may be slippery, the runner naturally shortens the gait and lands more flat-footed, in an effort to have a sturdier base to decrease the possibility of slippage. The running style changes and this change frequently increases the shock absorber of the foot-lower leg complex. One cannot help this when running on a slippery surface, and frequently can lead to new injuries or aches and pains in the muscle tendon units in the leg or foot.

Therefore, if you have been an outdoor runner and have never experienced any problems, I would certainly continue to enjoy running through our colder weather. However, I strongly discourage someone going back to running after an injury if one has to start in outdoor weather conditions such as the ones we currently have. It is better to run on a reasonable surface indoors, if that can be found.

The vast majority of recreational runners are fair weather runners. So, for those of you waiting for some more open running roads, cheer up! Spring is right around the corner!

If you have sports medicine related questions, please send them to:
Aches and Pains
 c/o Dr. Arendt, SPORTSNEWS
 386 N. Wabasha Street, Suite 830
 St. Paul, MN 55102

AFTER THE GAME from page 4

shaved ham, cheese and Dijon cream sauce) and chicken parmigiana (chicken breast grilled with parmesan cheese, prosciutto ham, covered with cheese and marinara sauce).

Shrimp comes jumbo or stuffed.

And of course there is the "In" thing these days--Fajitas, warm tortillas served with chicken, beef or a blend of both. Alongside comes the lettuce, tomatoes, cheese, onions, peppers, sour cream and salsa.

Grill prices are medium to moderate. Two people can get by for under \$25 plus whatever they drink.

We marked the Grill Room down for an encore.

Gary Hiebert, better known as Oliver Towne, was employed by the St. Paul Dispatch-Pioneer Press newspaper for 47 years. During that time he wrote the "Oliver Towne" column (for 34 years) and the restaurant reviews (15 years). He has also authored five books.

Remember When

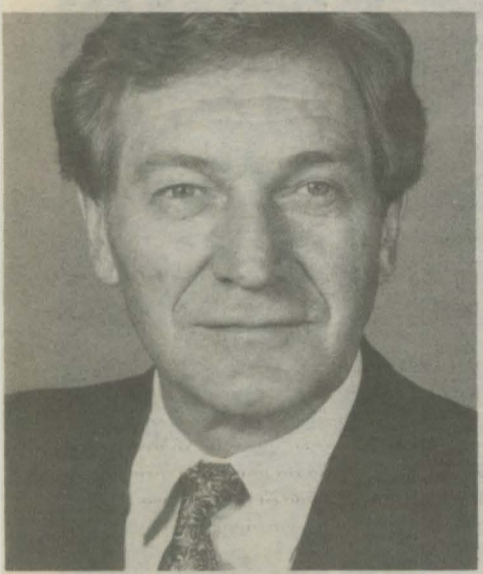
By Don Riley

Quick now, who's the nicest, quietest, most dedicated man on the University of Minnesota coaching staff?



Who's the most modest, hard-working, under-rated loyalist at the same school?

No contest, students. Mention Roy Griak and you've got the whole package.



Roy Griak, Head Track Coach

This is all kind of an enigma, if you follow me. First of all, nice guys don't last. Secondly, they are usually unappreciated and if they happen to be struggling, well . . . nice fodder for the coaching kill machine.

Yet, in a tumultuous profession where loyalties are considered banal and where hard work often is merely prelude to the pink slip if the record isn't spectacular, Griak is fully understood. He's also accepted by peers and authorities as the only man for the job.

He's been there for 30 years as a track coach. Granted, this may not be a high-pressure, high-profile position—unless you are intensely into the job, and bring on the heat by yourself. But in Griak's case, the guy has worked wonders in the shadows of the big time sports, using over the years out-moded facilities and rare recruiting gifts just to keep his head above water.

Track in Minnesota? How about bikini contests in Flin Flon? Or a pepper concession in Death Valley? Or bra sales in Bali?

"Yes," the quiet thoughtful Griak responds. "Selling track at Minnesota has not been easy. But we've been blessed with some competitors who have believed and who have had work ethics that have kept us in the running. And now, well, things are really in an upswing. The new indoor facilities, a

Griak Sees Light at Tunnel's End

new spirit of dedication by everyone. Well, the light at the end of the tunnel can be seen."

Griak is the kind of coach that all long-range programs should be entrusted to. He'll stay on the trail like a hungry bloodhound. If resistance is how you judge the best, Griak is at the head of the profession.

Other nationally renowned track programs have eyeballed him. He's been offered a couple of jobs at outstanding schools, but he will never mention it in his conversation. "Just say I'm happy at the U. I've always been, even in the tough days."

Oh, there have been moments of glory. His 1969-70 crew were Big Ten champs and he's turned out the amazing total of 32 All-American cinder men. And he's inspired 44 Big Ten individual champs and his cross country teams have recorded a dazzling 158-37 figure in dual meets and . . . Well, just say he's turned a sow's hide into a coronation gown for the queen. This guy could coach skiing in Arabia or mountain climbing in North Dakota.

"I guess you just have to believe," Roy says. One thing he doesn't believe is that headlines and shouting matches and boasting develop winners. He believes that winning is affiliated with encouragement, inspiration and perspiration.

Forget the Maroon and Gold struggles, they love his style all over the world. He's been an Olympic Festival meet director, assistant manager to two Olympic squads and head manager for the U.S. team at The World Games. He also stopped off at St. Louis Park High long enough to win two state titles.

He could float an armada with his credentials. But he wears them instead with humility and quiet patience that seem to say, "Some day my Gopher teams will reflect my values." Indeed they will.

While the major track machines like USC and UCLA and Tennessee and Villanova and Arkansas were loaded up with foreign performers over the years, Griak plugged along with the high-jumpers and hurdlers and pole-vaulters from White Bear Lake and Richfield and St. Louis Park and the other local bastions, places that turned out workers and not necessarily enormously gifted combatants.

Now however, wondrous athletes like Tim Arinze of Nigeria and Kirk Dyer of California and Craig Collier of Washington and Martin Erikson of Sweden and Sean

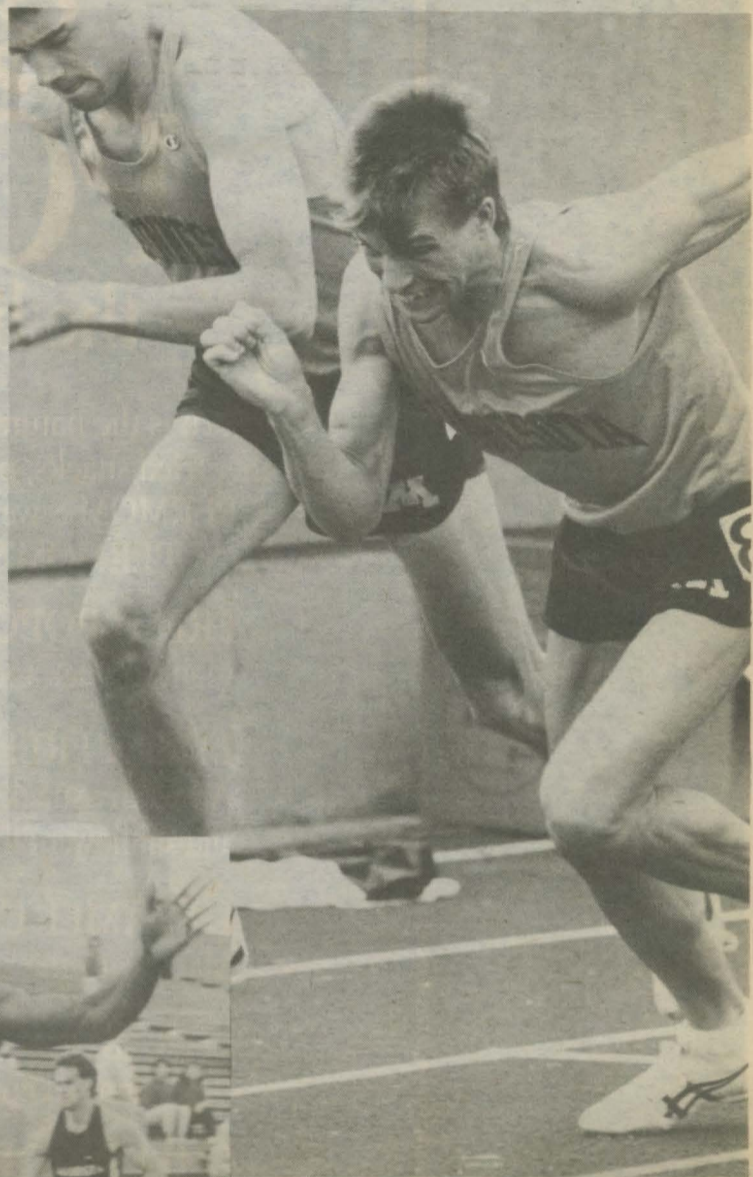
Fitzgerald of Canada are landing on Griak's roster.

By accident? Of course not.

"Top grade facilities and fine young assistant coaches who are excellent recruiters and just the plain old work ethic. Like, would you believe, Don, we send out 2,500 letters a year to prospective recruits?"

No, I can't imagine that, but then again, Griak is a master at the unspectacular. He's what the fraternity calls a digger.

"Selling Minnesota as a Track spa isn't that easy," Griak admits. "But our overall educational excellence and our new facilities and our spirit is con-



Tim Arinze, left, and Sean Fitzgerald, above, are two of Minnesota's "stars in the making" that may finally give Griak the national title he deserves.

"What a spectacle, what a life-long thrill. I've always wanted to put Minnesota in that position again. Now? Maybe."

Roy's a native of Duluth and perhaps in the chills and hills of the port city he became ingrained with his willingness to endure and go the step uphill with the wind in his face. At least now he's leveled off and the wind is at his back. It couldn't have happened to a more wondrous gentleman.

Don Riley is a 45 year veteran of the St. Paul Pioneer Press-Dispatch Sports Department. He is well known in sports circles across America for his knowledge and ability. Riley is a former daily columnist who now writes a Sunday column in the St. Paul Pioneer Press. He is the author of four best selling books and is highly sought after on the speaking circuit.

tagious. We've got four or five young people now who just might be gunning for national titles one of these days. And winning an NCAA title is not just a dream. It's within reach as we continue to draw some of the best from around the world."

Geeze, Roy, an NCAA title? I covered the last one the Gophers won under the legendary Jim Kelly.

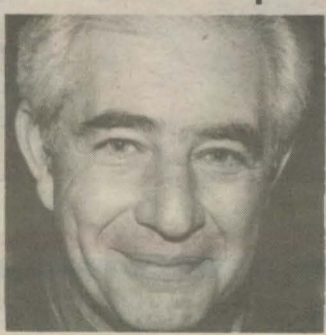
"And I was there, watching," Roy grins.

Fan in the Stands

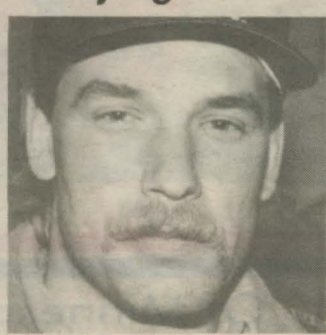
How Do You Feel About The Gophers Playing Basketball In Williams Arena?



Ken Fischman
Minneapolis
I love Williams Arena. I think the Minnesota basketball team should always play right here. The arena does need a little improvement and remodeling and a little more convenient parking would help. Overall, this is the place for Gopher basketball.



Al Levitt
Edina
I'm a traditionalist. I don't want the Gophers playing basketball anywhere else besides Williams Arena. This is a wonderful place. Gopher basketball belongs on campus.



Paul Snyder
Bloomington
The Gophers should stay right here. It's a great building. The atmosphere can't be beat. The Gophers should stay on campus.



Roberta Smith
Minneapolis
It doesn't make any difference to me. I don't even like the Gophers. My favorite teams are Michigan and Iowa. The stadium here is o.k., but like I said it doesn't make any difference to me because I didn't come here to watch the game. I take tickets and then I go home.



Jenny Klein
Shakopee
It's nice here. I like the fans and all the atmosphere. I like sitting right near the court. It makes it very exciting. I've got no complaints with the team playing here. I'll continue to go to a lot of games this season.



Rebecca Hardy
Richfield
I like basketball played right here on campus. I'm not thrilled about this arena. It's old and well, it's just not the best. There aren't enough women's restrooms and the seating is tight and uncomfortable.



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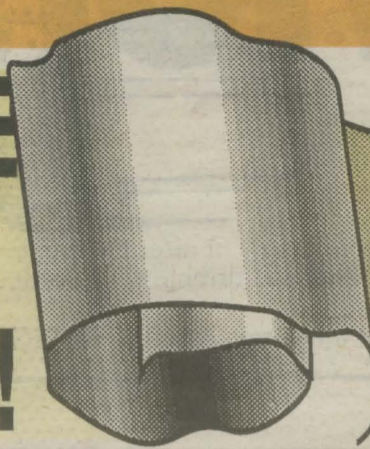
SPORTSNEWS



MARCH, 1991

VOLUME 2 NUMBER 11

INSIDE
THIS
ISSUE!



- ✓ East/West Shrine Game Memories
- ✓ Tone Up Your Stomach
- ✓ Gopher Dies at Age of 48
- ✓ Fans Love Woog's "Minnesota Boys" Policy
- ✓ Track Team May be One of Griak's Best

Play



and win Free prizes!
SEE PAGE 5

The Working Man's Hero

Metcalf shaping character of future Gopher teams



Rob Metcalf

By Steve Peckham

The two Gopher basketball seasons prior to this one were filled with glamour and anticipation of national tournaments. Minnesota was virtually unbeatable in Williams Arena. They were giant-killers on the road. It was the perfect setting for heroes to be born and nurtured.

They stepped into the limelight, one after another: Melvin Newbern, Jim Shikenjanski, Willie Burton and of course, Richard Coffey.

Coffey, perhaps more than any other player from those two teams, was embraced wholeheartedly by the people of Minnesota. Here was an "Ah Shucks" ex-paratrooper who was often seen after a Twins baseball game, eating hot dogs and apple pie in his Chevrolet.

Translation: He was THE all-american kid. Clem Haskins has a different environment in

which to raise heroes this season. The majority of his talent and experience are now playing pro ball. Victories are as hard to come by at home as they are on the road.

But even in hard times, real heroes find a way to shine. Rob Metcalf, as unlikely as it seemed a year or two ago, has become the working man's hero of Williams Arena.

After two seasons on the "mop-up" team, where he scored a basket every couple of games, Metcalf has become an instrumental and inspirational part of Clem's ball club.

"It really feels great to finally be making a more tangible contribution to the team," said Metcalf. "I guess if you keep working hard, day in and day out, good things do happen to you."

Thanks to Metcalf, good things happened to the Gophers the first time they met the Iowa Hawkeyes this season. The Port Edwards, Wis. native scored a career high 17 points leading his teammates to an important win.

"So many people never get a chance to show what they can do," said the senior quad-captain. "I did and I'm thankful for that."

After transferring here from the University of Virginia because he wasn't happy with the limited playing time he was receiving, he found himself at the end of the bench, once again watching the game he loved to play.

"I liked Virginia and I got to see some great ACC gyms while I was there, but I was just getting so frustrated not playing," he explained. "It got to the point where the frustration was affecting everything, including my grades. I needed to be closer to home. I have absolutely no regrets about coming here."

The next two seasons had to be bitter sweet for Metcalf. While he was part of a team that went to consecutive NCAA tournaments, he had still not realized the expectations he had put on himself.

Among Clem Haskins' artillery of memorable quotes, is one he uses over and over:



Rob Metcalf has captured the fancy of Gopher fans with his work ethic.
Photo by Wendall Vandersluis

"Eighty-Five percent of the people in this room will die with potential."

Somewhere along the line, Rob Metcalf reached his potential, talent-wise, but kept on fighting. Day in and day out, he worked.

The same fans who had to check their programs in 1988, when the number 31 was announced as a substitution, now cheer when Metcalf makes an appearance.

"I think all four seniors, Kevin Lynch, Walter Bond, Mario Green and myself, have tried to take on more of a leadership role this season," said Metcalf. "The fans in Williams Arena have been just great. I'll do anything to get them into the game. Whether it's diving for a loose ball or waving to them for support, this crowd is what makes basketball a great game."

"It's been real frustrating this year, because we lost four starters, which really made up 60

percent of our scoring and 60 percent of our rebounding. I think this team is really just going through some growing pains. I just want to leave the young guys with a real work ethic and appreciation for intense basketball that I was given."

Rob Metcalf will never sign a million dollar contract to play pro basketball. And his name won't go down in Gopher history books as a leading scorer or rebounder. But the intensity and desire he is instilling in McDonald, Carter, Nzigamasabo and the rest of Clem's kids, will live on long after this working man's hero has faded from memory.

SPORTSNEWS is made possible in part through the encouragement and support of SuperAmerica.

Bet You Didn't Know



By
Barry Dreayer

"Dreayer gets the ball, down by two with not much time left. He dribbles to the corner...5...4...3...2...1...he shoots the three...BUZZZZZZZ...It's good!...Gophers win...the place goes wild..."

Fantasies like this one are played out repeatedly by hoopsters in every driveway and playground. The "hero" pretends that he shoots the winning basket at the buzzer in front of an adoring home crowd. But is he really doing it right?

In other words, what role does the horn play in determining whether a last-second shot counts? This is a question that confuses many basketball spectators, so let's clear it up once and for all.

In the college game, the buzzer is the important factor. According to NCAA rules, the sounding of the horn determines when a half or overtime period ends. As long as the ball leaves a shooter's hands before the horn blares, it qualifies as a legal shot attempt.

The 45-second shot clock has the same guidelines. If the clock shows "00" but the

horn hasn't yet sounded, time has not officially expired.

In the NBA, each period ends when the clock shows :00.0. The buzzer is merely an audio signal to alert players, coaches, officials and fans that the quarter is indeed over. The red light mounted behind each basket also comes on when the horn sounds. This provides a visual aid for everyone involved.

The NBA 24-second shot clock has similar rules. If a player releases the ball just after the clock shows "00" but a split-second before the horn sounds, a successful basket is disallowed.

Can someone explain to me why there is a difference between the NCAA and NBA interpretation of the priority of the clock versus the horn? Wouldn't it make sense for the rules committees of both organizations to eliminate these irritating differences?

When a youngster wants to play the role of a college player shooting that last-second game-winning basket, he should be sure to add a zero to the countdown to make the shot even more dramatic: "5...4...3... 2...1...0...he shoots...BUZZZZZZ...SWISH!"

(Barry Dreayer is the president and founder of TeachMeSports, an Atlanta-based company that conducts seminars on how to be an informed spectator of basketball, football and baseball. For more information call (800) 726-3442).

Letters

MINNESOTA GOPHER HOCKEY IS ULTIMATE SPECTATOR SPORT

I've never written a letter to a paper before although I've been tempted on occasion. The other night, my son and I attended a Minnesota hockey game and we were thoroughly satisfied. The playing was superb and the fan involvement was unbelievable. The people were cheering and it was contagious. I quickly fell in line with the other fans. By the game's end my son and I were cheering loudly and using our hands to participate in the cheers.

I also appreciated the brand of hockey the Gophers played. I want to compliment the Minnesota coach, Doug Woog. His players were aggressive, but not dirty. This set a good example for my young son. Minnesota hockey is the ultimate spectator sport.

Roberta Erickson
Minneapolis

CALEDONIA FAN SUPPORTS GOPHERS

We like the Gophers down here in Caledonia. Add two more subscriptions for SPORTSNEWS and send them here. Great paper. Keep it up.

Carl Fruechte
Caledonia

NCAA CHARGES AGAINST U OF M ARE LUDICROUS

With the exception of the charges related to former administrator Luther Darville in the University of Minnesota's 2-1/2 year athletic program investigation, the recently issued allegations by the NCAA are completely ludicrous.

In this over-regulated society of ours, all too often

it seems people are only concerned with how much blood they can squeeze from another. Judging from the results of the investigation, the NCAA was only able to obtain a few drops from the University's athletic program.

When all was said and done, the total dollar value of the infractions only approximated \$5000, an immaterial amount when considering the amount of money the NCAA must have spent trying to unearth such gargantuan violations. None of the offenses were committed in an effort to unjustly gain a competitive edge over another university. And in a time where the play of collegiate athletes translates into substantial revenues and school recognition, a player who receives funds necessary to purchase a plane ticket for a funeral is hardly guilty of receiving an unethical or unreasonable payment given the circumstances.

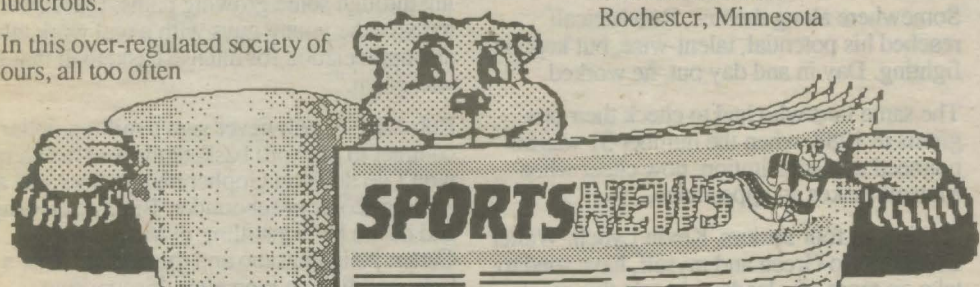
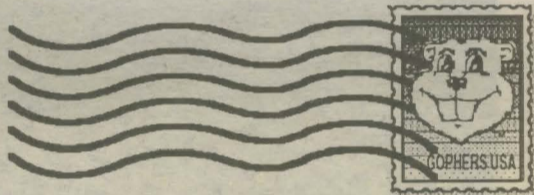
John Hakes
Burnsville

PROVIDE GOPHER ATHLETES WITH CLASSES OF INTEREST

I recently watched ESPN, when Michigan was one of the teams playing football. I learned that 18 of the Michigan players were either taking General Studies courses or Sports Management.

The University of Minnesota needs to also provide courses such as these for our athletes. This will help them get through school and graduate. One of our big selling points here is that there are jobs available after sports is done. Graduating in a field of interest would open up many possibilities.

Charlie Chambers
Rochester, Minnesota



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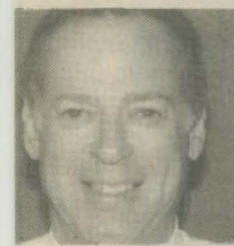
KEMPS.
IT'S THE COWS.



Where are They Now?

Wendy Anderson: Mr. Minnesota

by Len Levine



The year was 1956 and I was a freshman member of the Gopher track team. One day at the end of practice I bumped into Wendy Anderson, the great St. Paul Johnson High School, Gopher

and Olympic hockey player walking through the locker room. He had just finished a skating workout. We took a few minutes to talk.

It wasn't until 14 years later that we visited again — this time shortly after he was elected Governor of Minnesota. Wendy Anderson is the epitome of a Minnesota legend — he is a real life example of the American success story.

That story began on the East Side of St. Paul in 1934 when Wendy, one of three sons was born. There was nothing pretentious about the Andersons. They were hardworking people with an eighth grade education. Their first language was Swedish. Ted worked in the Armour's South St. Paul packing house plant. They considered education the highest priority for their sons. They knew it was the way in which one could succeed. They also knew it was as important to maintain a good physical condition and encouraged their sons to compete in sports.

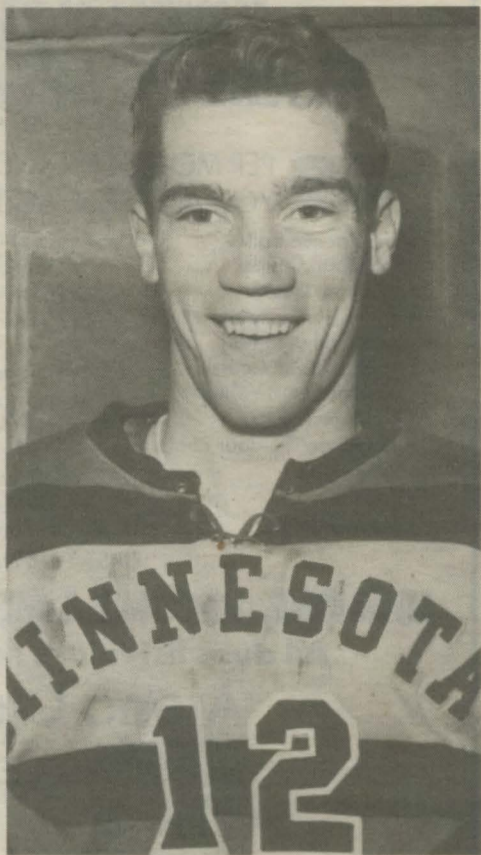
Wendy Anderson began to skate at the age of eight while attending Farnsworth Elementary School. He says he never played on inside ice in a hockey uniform until he got to Johnson High School. As a sophomore he tried out for the Rube Gustafson coached varsity team but didn't make it.

He tried again the following year, this time making the team as a defenseman. That year Anderson won the City Title. They also repeated as City Champs the next year.

Anderson was named to the All-City team with years at defense. As a 16-year old senior in 1950 he was second in scoring in the City Conference — quite an accomplishment when you consider that he had the mumps and missed two games!

He'll be eternally grateful, he says, to Doc Tomnes, the University's hockey coach at the time, who asked him to play for the Gophers. While sitting out his first year because of the freshman ineligibility rule, Anderson worked to improve his skating and worked hard on his study skills.

As a sophomore in 1951, the hockey team, then coached by John Mariucci, had a 13-13 record. Anderson was beginning to get recognized. In the next season (1952-53) the Gophers won the WCHA Conference title and went to the NCAA finals, losing to Michigan early in the competition.



"The friends I made at the University in athletics and on campus are my closest friends today. I have a great love, admiration, and affection for the University of Minnesota. It gave me more than an education — it gave me opportunity."

—Wendy Anderson

In the 1953-54 season, the Gophers repeated as WCHA champions and again went to the NCAA finals, this time losing in sudden-death overtime to RPI.

Anderson started every game in both his junior and senior years. He graduated with a B.A. degree in history in 1954 and then enlisted in the Army, where he stayed the next two years, splitting his time between Fort Benning, Georgia, Fort Riley, Kansas, and Fort Banks in Boston. As an infantry officer, he played on three consecutive U.S. world hockey teams, including the U.S. Olympic

team that won the silver medal in Cortina, Italy.

After being honorably discharged he returned to the University in the fall of 1957 to attend law school and continued his skating and playing in city leagues.

In 1957 he was again selected to compete for the United States in the world championship which was to be held in Moscow. The trip to Moscow was cancelled when the Soviet army invaded Hungary and America broke cultural relations with the U.S.S.R.

The American team was sent instead to play in Europe, and Anderson says one of the highlights of his hockey career came on that trip when the Americans defeated the Swedish national team that went on to win the world crown.

FROM HOCKEY TO POLITICS

Anderson was elected to the Minnesota House of Representatives from his East Side neighborhood in 1958 at the age of 25 while in his second year at law school. He was re-elected in 1960. Two years later he was elected to the State Senate and re-elected in 1966. In 1968 he was selected by then Vice President Hubert Humphrey to be the State Chairman for his presidential campaign. From 1960 to 1970 he was also a practicing attorney in St. Paul.

In 1970, Anderson, at the age of 37, was elected Governor of Minnesota. Four years later he was re-elected with one of the largest pluralities ever in a statewide election. He carried all 87 counties, a record which still stands. As Governor he'll best be remembered for the "Minnesota Miracle," his major revamping of the state's educational system. In December of 1976, then United States Senator Walter Mondale became Vice President and Anderson took his place in the United States Senate. He was defeated by Rudy Boschwitz two years later.

Anderson is an active partner in the Minneapolis law firm of Larkin-Hoffman. He also has served as a member of the University's Board of Regents since 1985.

At age 56, Anderson appears fit and trim. He continues to exercise vigorously, and skates every Sunday with many former hockey teammates. He also plays golf and tennis regularly, bicycles long distances, and jogs several days each week.

In 1987 and again in 1990 Anderson and his old Gopher hockey buddies who played against the Swedes in the 1957 world championship, travelled to Sweden and again played



Wendy Anderson before the NCAA Championship game in 1954.

against their counterparts from the two Swedish teams.

Over both years the veteran Gophers have compiled a 2-2-2 record. Next April the rubber match will be played when the Swedes come to the Twin Cities.

Anderson is the father of three children: Beth, in her final year as a pre-med student at the University of Minnesota; Brett, a junior and communications major at the University of Minnesota; and Amy, a recent college graduate in economics, now working in the Twin Cities.

Just mention the University of Minnesota, and Anderson beams with pride. He calls the University the most important institution in the State of Minnesota. "The wisest decision I ever made was to attend the University of Minnesota, and fortunately for me they had an open enrollment policy at both the undergraduate level and law school, because my academic preparation would have prevented




Left: Wendy as a member of the U.S. Olympic Team. Above: The former Governor and Senator in his Minneapolis law office, 1991.

me from being so welcomed today. The friends I made at the University in athletics and on campus are my closest friends today. I have a great love, admiration, and affection for the University of Minnesota. It gave me more than an education — it gave me opportunity."

Len Levine earned three varsity letters as a member of the Gopher track team and established several records, one of which (the 60-yard dash) stood for 17 years. He was the silver medal winner in the 1960 Big Ten 300-yard dash championship. Levine was President of the "M" Club in 1989.



 CLIP & SAVE


1991 Gopher Basketball Schedule

February 25	Michigan St.....	8:30 p.m.
February 28	Northwestern.....	7 p.m.
March 3	at Michigan.....	3 p.m.
March 7	at Indiana.....	7 p.m.
March 9	Wisconsin.....	1 p.m.

1991 Gopher Hockey Home Schedule

March 1	WCHA 1st Round-game 1.....	7:05 p.m.
March 2	WCHA 1st Round-game 2.....	7:05 p.m.
March 3	WCHA 1st Round-game 3.....	7:05 p.m.
	(on Season Ticket Package)	
March 10-11	WCHA Tournament St. Paul Civic Center (not on season ticket package)	
March 28 - 30	NCAA Championship St. Paul Civic Center (not on season ticket package)	

1991 Gopher Track & Field Schedule

Indoor Track & Field (U of M Field House)

March 8-9	NCAA Championships.....	TBA
	@(Indianapolis, IN)	

Outdoor Track & Field (Bierman Track & Field Stadium)

March 23	@Texas w/ Indiana.....	TBA
March 30	@Auburn w/Ball State, Middle Tennessee.....	1:00 p.m.
April 5-6	Texas Relays.....	9:00/11:00 a.m.
	(@Austin, TX)	
April 13	@Nebraska Invitational.....	10:00 a.m.
April 26-27	Drake Relays.....	9:00/8:45 a.m.
	(@Des Moines, IA)	
May 4	Minnesota Invitational.....	10:00 a.m.
May 11	Minnesota Last Chance.....	1:00 p.m.
May 18-19	Big Ten Championships.....	4:30 p.m./11:45 a.m.
	(@Columbus, OH)	
May 29-June 1	NCAA Championships...TBA	
	(@Eugene, OR)	

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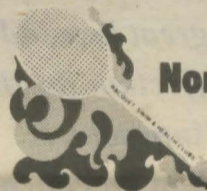
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After the Game

By Gary Hiebert (OliverTowne)



No tablecloths cover the formica tops. The silverware is wrapped inside the napkins. The bland colored walls are sparsely hung with modern art. Tiny candles inside holders flicker against the soft lighting. There is no schmaltz.

But the food is strictly white table cloth-on-the-plush.

I'll get to that. Got to set the scene.

This is FAEGRE'S at North Fifth Street and First Avenue North in the eye of the Downtown Minneapolis entertainment world.

And on a Saturday night after a Gopher game, the best thing we did was book early and stash the car in the free-for-Faegre customers lot.

The next best thing we did was get a table along the window side because the best show at Faegre's is the passing pedestrian parade and the cityscape across the street on the corners.

Our wait person apologized for the lack of live entertainment. He needn't have.

It was all there, outside, and inside as the artists, writers, advertising and power structure Yuppies began to arrive from the game, then some family reunion types.

But the very best thing we did was eat there.

Start with the Caesar salad, which may be among the top four in the Twin Cities. At least some magazine says so. I don't argue.

It had character. It had flavor. The dressing, the anchovy, the garlic, the ground black pepper, the garlic scented croutons, the big, romaine lettuce leaves.

And you mop it all up with sour dough bread slices, served warm, crusty on the outside and chewy on the inside, just like they do in San Francisco.

Then there was the soup--the lightly curried chicken apple. It was another creative winner. Never had anything like that before. Going to have it again, though.

Going to ask for my main course again, too--roast leg of lamb stuffed with rosemary and lemon. Sliced on the bias in healthy portion, roasted just right-crisp on the outside and pink and tender on the inside.

My wife opted for the smoked pork loin with figs and marsala wine sauce. Lightly smoked, not over done and you cut it with a fork. Terrific flavor.



Gopher Tales

By Steve Peckham, Managing Editor



Mark Lacy ↑

Lacy Looking Like a Leader

Junior weight man Mark Lacy is positioning himself to be one of the Big Ten's most fierce competitors in the shot put and discus events this season.

The Oak Brook, Ill. native led a 1-2-3 Gopher finish in the shot put at a triangular meet last month in Cedar Falls, Iowa. Lacy won the event with a heave of 58'-11 1/4", a personal and NCAA provisional qualifying-best mark.

Lacy came to the University from Downers Grove North High School in Illinois where he was a standout in football and wrestling, in addition to track and field. Mark is an applied economics major in the College of Agriculture.

Right behind Lacy in the sweep at Cedar Falls were Chad Goldstein (St. Louis Park, Minn.) and Chris Brinkworth (Bloomington, Minn.).

Roy Griak may have one of his strongest teams ever heading into the spring outdoor season.

Morgan Continues To Shine

The man on a mission, Marty Morgan, continued his winning ways this month upping his season record to a perfect 26-0 (at press time).

Morgan has stated publicly that his goal is to become an NCAA national champion. He has come close in the past, but this appears to be Morgan's year.

His coaches have called him "devastating." The description is hardly an exaggeration. Morgan again went undefeated in three matches at a non-conference invitational at Oklahoma State, home of the NCAA team champion Cowboys.

Marty and the rest of the Gophers seem to be peaking at the right time, just days before they enter the Big Ten Conference and NCAA Championships in March.

Marty Morgan ⇒



Good For You, Gutey

Head Football Coach John Gutekunst went out and signed 20 top high school seniors last month, including one of the best quarterbacks, and probably THE best punter, in the country.

"So what?" the feeble-minded would-be fan might ask. "Lou Holtz gets the best players in the country every year. What's the big deal?"

The big deal is that while he is recruiting, Lou Holtz doesn't have to deal with an NCAA investigation that has lasted longer than, and been equally nauseating as, the disco craze of the 70s.

Gutekunst stuck it out last season when various media types were calling for his scalp.

But he didn't stop there. He took a look at his own strengths and took over the defense. Now he's got an extended contract and 20 more bodies to rebuild the Gophers into a bowl-bound machine.

← John Gutekunst

How do I know?
I had a sample.
You get some aldente vegetables with all this.
And also with the grilled venison chop or the grilled salmon and seared rainbow trout with garlic-chive-lime butter. The Iowa beef ribeye comes with those vegetables and arugula lettuce, marsala and tomato concasse.
Don't skip dessert and if you like chocolate cheesecake, try it. It's to diet for.
Prices? Well, they're not like formica top table fast food places.
But neither is the food.

Gary Hiebert, better known as Oliver Towne, was employed by the St. Paul Dispatch-Pioneer Press newspaper for 47 years. During that time he wrote the "Oliver Towne" column (for 34 years) and the restaurant reviews (15 years). He has also authored five books.

Answer the following three SPORTSNEWS Trivia questions correctly and be eligible to win a \$25 gift certificate from SuperAmerica and two tickets to a Gopher basketball game. Winner's name will be drawn from among all correct respondents and announced in a coming issue. Good Luck!

SPORTSNEWS TRIVIA

The SPORTSNEWS staff congratulates Ann Lundquist of St. Louis Park, our latest Trivia winner!

The Q's and A's last time were:

1. Where was Golden Gopher godfather, John Mariucci born?
2. Who did the Gophers lose to in the NCAA Hockey Championship Game last season?
3. What is basketball walk-on Chris Clark's father's name? Hint: The elder Clark was a star point guard for the Gophers in the mid-60s.

1. In 1950, this "stone face" was drafted by the Minneapolis Lakers. Who is this Minnesota legend? Answer: Bud Grant
2. What Gopher basketball coach holds the record for best career winning percentage? Answer: Bill Musselman
3. Who led the Gopher hockey team in scoring last season? Answer: Peter Hankinson

Mail to:
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Aches and Pains

By Elizabeth A. Arendt, M.D.,
 Director
 University of Minnesota
 Sports Medicine Institute



Q I received two questions that were related to sit-ups. One related to the correct way to do sit-ups and the second was related to a good exercise to tone up stomach muscles.

A Sit-ups are a good way to tone stomach muscles, although this will not necessarily take off weight from your stomach. When weight is lost, it is lost throughout the body in an orderly and systematic fashion. The weight in the stomach region is frequently the last to go, as it is one of our "storage areas" for excess fat. Increasing muscle tone will improve the ability to hold the stomach in, giving the appearance of a leaner profile. Additionally, it may counteract some of the negative effects that a heavy belly may have on low back pain, and I have discussed this in one of my previous columns. Therefore, tone up your stomach muscles if you have a flabby belly, but don't expect this to take off poundage in that location.

There are two ways to work on abdominal muscle toning. One way works upper abdominals and one way works lower abdominals, both of which are important to tone up. Lower abdominal muscles can be exercised by lying on the floor, and elevating your legs until they are vertical to the floor. If this is too difficult for you, then you should elevate them to whatever degree you are capable. Since beginning at floor level is very difficult, it may be easier to rest your legs on an object or support, so that they can "get a head start", going from 45 degrees to the vertical position. This tones up both lower abdominals and upper abdominals. After this exercise is performed, the more traditional sit-up which tones up primarily upper abdominals, should follow. If the sit-up is done first, the upper abdominals may fatigue and quit before the lower abdominals are adequately strengthened. The best way to do a sit-up is to lie on the floor with your knees bent, feet flat on the floor. You should raise your neck and shoulders off the ground. If you do this without twisting, you will work your mid abdominal muscles best. If you do a "crunch", i.e., taking the right elbow and touching it to the left knee and vice versa, you work more of your right and left oblique (side) muscles, respectively. It is important not to grab your head. When you use your head to lift up your body, you frequently fatigue in your abdominal muscles and start to use your arms to pull up your neck and shoulder region. This can cause not only some arm problems, but most specifically, neck and upper back discomfort.

If this particular exercise bothers your low back, you can do this with a small cushion under the small of your back and your feet elevated on a wall or small chair. All you need to do is lift up your head and shoulder regions in an effort to affect a good contraction in the upper abdominal muscles.

I hope this helps.

If you have sports medicine related questions, please send them to:
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Remember When

Gopher Grid Heroes Topped All-Stars

by Don Riley



Ed Widseth

These days of struggles, how easy it is to forget the grandeur that Minnesota football addition.

For instance, how many of you Gopher buffs have any notion that there have been more Gophers in the East-West All-Star Shrine Game battles in San Francisco than any other school?

Hang onto your easy chair. The Gopher grid program has produced 57 stars at last count, the majority of whom have gone on to professional careers.

Yes, you loyalists. The Gophers have turned out more college grid stars for the Shrine Game than any other school, including Michigan, Notre Dame and all of the California outfits.

Want some more good lore to stuff in a letter to your out-of-state relatives? How about the fact that on the Shrine Game All-Star rosters which included the first 40 games, no less than three Gophers are listed on the East squad as having been among the legendary best.



Bronko Nagurski

No less than two tackles, Bronko Nagurski and Ed Widseth, grab accolades along with ferocious center and linebacker Clayton Tonnemaker.

And here's where the chuckle comes in, if you are into a little gloating.

The mighty Nag never even played tackle in the game! Coach Andy Kerr was short on fullbacks in the 1930 clash and moved Nagurski to the backfield. He responded with 32 yards, an average of 4.6 yards per carry and made half a dozen tackles from the secondary.

In fact, Nagurski was so brutally effective that nobody even complained when he was erroneously put on the All-Star listing as a tackle.

was Minnesota muscles as if the performers were trying to tell the world that Minnesota quarries and timber lands and wheat fields produce rock gut guys; the kind you want when the bluest of chips are stacked highest.

Early on, the underdog West squads seemed to have the edge, mainly because they were playing over their heads before home fans. Later the East would go on a roll. Today the game is considered a toss up since long ago it has proven that good men come from all over the country. No one section has a lock on talent.

"You made lasting friendships," Widseth recalls. "I still keep in touch with some of those All-Stars from the mid-thirties."

It didn't hurt Gopher hopes that Bernie Bierman joined Colgate's Andy Kerr on the East sidelines for over a decade. Bierman enjoyed the game as much as the players.

The stern disciplinarian chuckled after one decisive win where Johnny Lujack did everything, but steal the Golden Gate bridge. "Lujack made me a great T-formation coach today. In fact, anyone could coach the T with Johnny at quarterback."

One writer said of Nagurski: "If you witness 10,000 more games in your life, you will never again see such strength." Another said of Pug Lund: "The man has such balance and drive." Another praised Tonnemaker as, "a man who seemed to be everywhere." Another called Widseth, "the best combination of sheer raw strength and quickness I have ever seen."

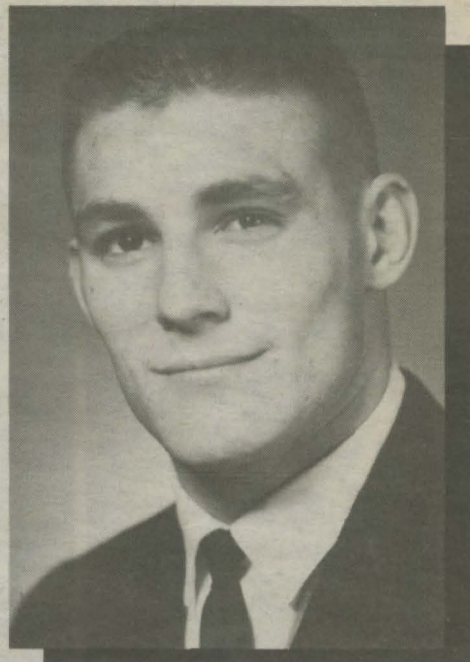
The 50,000 fans in the West, found out why Minnesota was throttling grid enemies in the thirties and forties. "The Gophers turn out superb athletes and under Bierman's guidance, it is easy to see why they manhandle so many," one columnist wrote.

"But it's those visits to the children's hospital that make it all so important," Widseth points out. "Those little tykes make you their heroes. They count on you and you don't want to let them down."

Minnesota never has. Big in numbers, big in performance.

Yes, it's easy to forget in days of trials and struggles just how potent the Gopher program was. Let those case histories of greatness in the East-West clash spur on a drive to recapture the pinnacle.

Don Riley is a 45 year veteran of the St. Paul Pioneer Press-Dispatch Sports Department. He is well known in sports circles across America for his knowledge and cutting wit. Riley is a former daily columnist who now writes a Sunday column in the St. Paul Pioneer Press. He is the author of four best selling books and is highly sought after on the speaking circuit.



Myron Rognlie, 1943 - 1991

GOPHER ROSE BOWL END MYRON ROGNLIE DIES AT 48

Myron D. Rognlie, 48, who played left end on the Golden Gopher football team in the 1961 Rose Bowl died recently of an apparent heart attack.

He was a star high school athlete at Minneapolis Washburn where he won a state wrestling championship in 1960 and played end in the ninth annual American Legion all-star high school football game in August 1960.

Rognlie, a 23-year member of the Minneapolis Police Department, was an investigator in the internal affairs division at the time of his death. He handled complaints on sworn officers and civilian police employees.

On October 17, 1979, he and other Minneapolis police officers responded to a call that a man in a pickup truck was firing a shotgun. As Rognlie stepped from his squad car he was hit in the face, neck and chest. In spite of his wounds, Rognlie shot back and maintained radio contact with other police officers. The sniper was killed by police. Rognlie received a valor award, the second-highest honor in the Police Department.

Judge Dickson, who played on that Rose Bowl team with Rognlie said he was "extremely likable. A very personable, quiet person who you could always count on to get the job done. He was totally dependable."

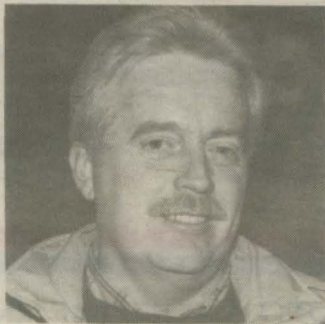
Rognlie is survived by his wife Connie; his daughter Kristin and his son Chad; his parents Donald and Helen; a brother Jack, and a sister Donna.

Fan in the Stands

HOW DO YOU FEEL ABOUT THE POLICY OF RECRUITING ONLY MINNESOTA ATHLETES FOR THE GOPHER HOCKEY TEAM?



Matt Travers
St. Paul
I feel it's good to recruit Minnesotans because it's a showcase for our talent. It shows off what we have to offer because our pro sports aren't showing what we can do.



Dan Magnuson
Stillwater
I think it's great. We should only stay in the state. We have so much talent that we could support two or three more colleges.



Esther Magnuson
Stillwater
I feel we should stay right here in Minnesota. We have a lot of good players right here in our high school tournaments and we get a lot of good players out of there.



Cliff Amundson
Apple Valley
I agree with Doug Woog. It's Minnesota dollars. Our kids should get the choice first. There are plenty of good Minnesota hockey players to go around and we should get our share of the good ones.



Lori Rykkeli
Andover
I don't know a lot about hockey, but I think it would be great if my son would have the opportunity to play with the Gophers some day. If they're only picking from Minnesota, then that's great.



Brien Johnson
White Bear Lake
I think it's a great program and I admire Mr. Woog for doing that. It's something that's unique in the country and something we should be proud of here in Minnesota.

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VOLUME 2 NUMBER 12

SPORTSNEWS

MARCH, 1991

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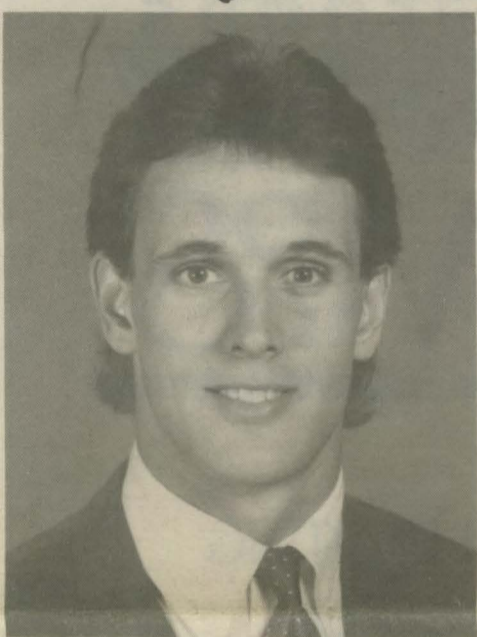
- A Gopher football great who coached the Badgers in the Rose Bowl
- Gopher Baseball Hurlers Heating Up
- A Lebanese restaurant with a great seafood Menu
- Sore knees and use of the Stairmaster
- Gopher hockey coach Woog who is irked with the NCAA
- The surprising rules in basketball throw-ins
- What fans like best about going to a Gopher basketball game

Play

SPORTSNEWS TRIVIA

and win Free prizes!
SEE PAGE 4

A Fond Farewell



Hometown favorite Kevin Lynch

By Steve Peckham

Kevin Lynch will play his last basketball game in Williams Arena March 9. Barring a major surprise by the Timberwolves in the NBA draft this summer, the Saturday afternoon game against Wisconsin may be the last time Lynch ever calls a Twin Cities basketball court "home."

Not since another Kevin came down from the Iron Range to play for Jim Dutcher, has a Minnesota son's basketball career been followed with such interest (with the possible exception of Randy Bruer).

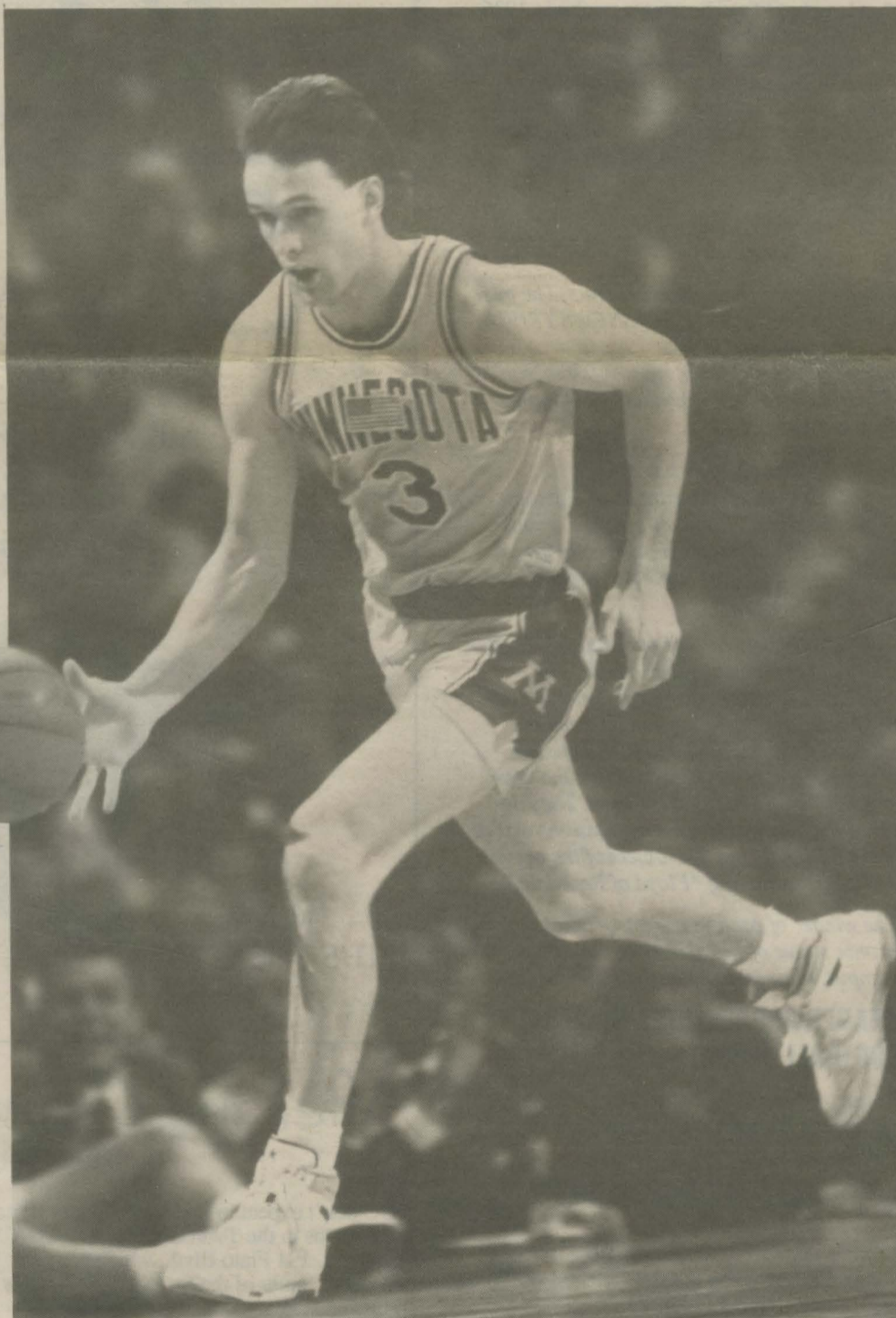
That fact is something even Lynch, whose name is synonymous with humility, admits he takes pride in accomplishing.

"It's been a long time since a Minnesota guy has come here, got a chance to start and play on a winning team," said Lynch. "I've done that and been successful. I'd like to be remembered as a Minnesota kid who did well. I hope it proves that Minnesota guys can play well at this level."

Playing well is a typical Lynch understatement.

In 1986 and 1987, Kevin captured the attention of every college coach in the country leading his Bloomington Jefferson teammates to back-to-back Minnesota Class AA Championships.

He could have gone anywhere. Indiana, Ohio State, East coast, West coast . . . In Lynch's senior year in high school, the



From his years at Bloomington Jefferson to his glory days with the Gophers, Minnesotans have followed Lynch's career with great expectations and enormous pride.

"It's been a long time since a Minnesota guy has come here, got a chance to start and play on a winning team. I've done that and been successful. I'd like to be remembered as a Minnesota kid who did well. I hope it proves that Minnesota guys can play well at this level."

—Kevin Lynch

Lynch has already put his speech-communication scholastic emphasis to work, interning two summers for Mona Meyer & McGrath, the area's largest public relations firm.

Number 3 has done more than educate himself, though. After consecutive post-season success stories, Lynch's senior year has turned out to be a rebuilding project. He has taken it upon himself to pass on as much of his wisdom as possible to his younger teammates, especially Arriel McDonald, the future leader of the Gophers.

Said Lynch: "This is his team next year. He's got to get ready for a lot of pressure. I'm just trying to instill as much confidence in him as I can, and let some of my experience rub off on him."

"Inconsistent play is just a part of growing as a player. I was the same way. It's really strange. You've got the ability to go out and do things, but it just takes the experience of going through 50 games to be able to perform every night at the Big Ten level. All players go through it. I'm trying to give him as much as I can this year, because next year, he's running the show."

Kevin Lynch knows he has been fortunate to be part of the Cinderella stories of 1989 and 1990. He knows he has been lucky to play with players like Willie Burton and coaches like Clem Haskins. But ending a collegiate career as a basketball tutor hardly seems fair.

"After you go to one tournament, you feel like you have to go the next year," Lynch explained. "After the second year you feel you need to go just one more time. I think you really get greedy. We're not going this year, and that's more than a little hard to accept. I guess that's all part of the game, though."

Striving for perfection when perfection is unattainable is a quality common among great athletes. Educating future generations where experience is lacking is a quality common among great teachers. Kevin Lynch is both of these. He will not soon be forgotten by any teammate or fan.

Gophers record was 9-19. The program was in disarray after the infamous Madison incident cleared out all upperclassmen along with their coach. Minnesota wasn't exactly "the" place to go to build a star-studded basketball career.

But unlike many athletes today, Lynch closed his eyes and pictured life after basketball, before making an impulse decision.

"Coming here is probably one of the best decisions I've ever made," he said. "My name is known a little bit around here, and after basketball that may help me get a job."

SPORTSNEWS is made possible in part through the encouragement and support of SuperAmerica.

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WOOG IRKED WITH NCAA RULE

Gopher Hockey Coach Doug Woog is irked with the NCAA and very concerned about how recent rule changes will affect the sport of hockey. Under the changes, hockey scholarships are cut from 20 to 18, the number of games reduced from 38 to 34, and the number of full-time assistants cut to one plus a graduate assistant.

"I remember the way it was 20 years ago and have felt good watching the sport grow. It's very discouraging. Just like that—we're classified a non-revenue

Gopher Hockey Coach, Doug Woog

sport. It's like taking a giant step backwards," said Woog. He added, "Their actions are just not realistic. With the number of games we play and the number of kids that are participating, something's going to give. In the end it will be the kids who will get hurt. And cutting the scholarships just doesn't make sense. People forget that kids can't work on outside jobs when they get even partial aid during the school year. It really restricts their financial ability to get along in this very social environment that we all live in. We expect them to have a normal social life, stay in school,

and be like everyone else, but the fact is they're not treated like everyone else. Somehow we'll manage here. Because of these new rulings we'll lose 40 percent of our staff. I wonder how well the NCAA executives or any other business would function with virtually half of their staff eliminated? I hope they reconsider and take a second look at what they've done to hockey."

Letters

GUTEKUNST SHOULD BE PROUD

Football coach John Gutekunst should be proud of the job he has done at Minnesota. He took over the reins from Lou Holtz—and that was not an easy task. Holtz came with a lot of hype and pizzazz.

In Gutekunst, what you see is what you get. He's as solid as the Rock of Gibraltar. Who else could have done such an excellent job of recruiting with the NCAA cloud hanging over their head?

Just look at the number of great football athletes Minnesota signed that were actively sought after by other teams. A defensive back from Florida that almost every southern school was chasing and a running back from Pittsburg who was an all-state selection.

In Minnesota we got Craig Wachholz, an end from Mayer Lutheran and Matt Reem, a defensive end from Concordia Academy. Both of these athletes were recruited hard by Nebraska, Iowa, etc. I also must mention that Mike Chalberg of Forest Lake, a kicker, signed with Gutekunst and he was sought by more than two dozen big time schools.

Congratulations John Gutekunst. I don't know who else could have done it.

Tony Ryan
West St. Paul

GUTEKUNST IS OUTSTANDING RECRUITER

I've always wondered what it takes to be a top football college recruiter and I think I know after observing John Gutekunst the past few years. He's decent and honest and understands the game. He puts the athletes first and if I were a parent of a prospective athlete I'd respect Coach Gutekunst for that.

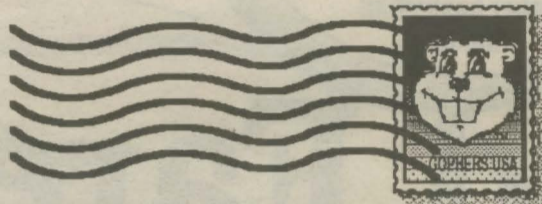
This year the Gophers did very well in recruiting. I saw by Sid Hartman's column that the Gophers got every player they went after except one.

This has to be some kind of national record. When you consider the cloud that's been hanging over the Minnesota program I think Gutekunst's achievement is nothing short of miraculous.

Pete Jackson
White Bear Lake

READER CATCHES ERROR IN TRIVIA CONTEST

Your answer to question two on page four of the November issue of SPORTSNEWS



needs clarification. You state that Floyd of Rosedale has been around for 83 seasons. Iowa and Minnesota may have been playing that long but Floyd became a trophy in 1936 not 1906. In order to ease the tension over a Minnesota game at Iowa, Governor Floyd B. Olson of Minnesota bet a prize Minnesota hog with the Governor of Iowa. Minnesota won the game. A bronze statue was made of the hog and has been a trophy since then. Floyd B. Olson was Governor from 1931-1936.

John J. Maloney
Minneapolis

Editor's note: The writer is correct. The mis-cue appeared in the SPORTSNEWS TRIVIA contest. Jim Noonan of St. Paul figured it out anyway. He won a \$25 gift certificate from SuperAmerica and two tickets to a Gopher football game

In the December, 1989 issue of SPORTSNEWS, staff writer Mark Levine wrote the story, "Football's Most Famous Pig And It's Purpose". He correctly traced the history of "Floyd" and the Gopher-Hawkeye rivalry.

"The rivalry between the two states goes back a long time, especially in football...The Gophers and the Hawkeyes first met in 1891. By the mid 1930s the tension between the schools' fans was high and their behavior was getting ugly. It got so bad that the governors of both states got involved. They decided the best way to ease the tensions was to make a friendly bet. The object of the bet was a championship hog "Floyd of Rosedale."

The winner of each year's game takes the bronze statue of Floyd back to their respective campus. Minnesota leads the series 52-28-2.

READER APPRECIATES NAMES ON FOOTBALL JERSEYS

I want to thank Coach Gutekunst or Rick Bay for putting the names back on their football jerseys.

It was a big mistake when they were taken off.

I like to know who the players are. Thanks, Gutekunst and Rick, and good luck next season!

Roger Marshall
Minneapolis



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After the Game

By Gary Hiebert (OliverTowne)

YOU don't expect to find one of the best seafood menus in the Twin Cities at AWADA'S restaurant, 191 Plato Blvd., which is smack dab in the center of the St. Paul's Riverview Industrial Park.

I mean there is the long family tradition of Lebanese cooking and one sort of expects to find a solid beef and chicken and ribs selection.

And there is.

One also expects that when the sun goes over the yardarm in all of the offices and business firms in the park, a goodly group of employees at all levels will move into the cocktail lounge area at Awada's for the Happy Hour.

And they do.

Awada's is, in fact, more like the Industrial Park's club.

On dining out occasions, they move into one

of the two dining rooms and discover that the cooking staff may have added a whole new list of seafood and fish items written on the blackboard.

So you dutifully read the regular menu that Donna, the powerhouse hostess of 19 years, has handed you.

And there are the regulars—the steaks, the prime rib, the pork ribs, the broiled baby beef liver, the broasted chicken and then you begin to find the shrimp and lobster combined with prime rib or steak.

Then the lady waiting on your table begins to recite the seafood specials you saw on the board.

Continued on page 4

Where are They Now?

Milt Bruhn: Famous As A Badger But Will Always Be A Gopher

By Len Levine



I recently visited with Milt and Helen Bruhn in their Madison, Wisconsin, home.

For those too young to remember, Milt Bruhn, 78, was one of America's greatest college football coaches. While he's hampered by malfunctioning kidneys (he undergoes three hours of dialysis three times a week and uses a walker to get around because of a recent blood vessel operation in his leg) his spirits are high and he's looking forward to gardening and playing golf next year.

Bruhn grew up in St. Bonifacius, Minnesota. He graduated from Mound Consolidated High School, about five miles from his home. As a high schooler he competed in all sports — baseball, basketball, football, and track. One day, while working in his father's blacksmith shop as a high school senior, he was repairing a hand plow when a man came into the shop and asked directions to Minneapolis, 25 miles away. Bruhn lifted the plow toward Minneapolis and says, "You should have seen the look on Crisler's face (Fritz Crisler, the University of Minnesota's football coach at the time). I still believe if I had pointed my finger and not the plow, I would still be a blacksmith!" Crisler took it from there. And not long after (1931) Bruhn enrolled at the University.

He played baseball (catcher) and football (guard). In 1932 Crisler became the football coach at the University of Michigan and was replaced by Bernie Bierman, who was the football coach at Tulane University.

In Bruhn's first year the Gophers lost two games and went undefeated the following two seasons, winning the national championship in 1934.

He was named to the All-Big Ten team in both his junior and senior years. He graduated in 1936 with degrees in agriculture and physical education.

Bruhn then signed a contract to play baseball in the St. Louis Cardinals' organization. But that changed when he became the football line coach at Amherst College. He also coached freshman baseball and basketball, and was the hockey coach for one season. In 1943, when Amherst dropped the football

program, the University of Minnesota hired him as its end coach.

In 1944 he became line coach at Franklin and Marshall College in Lancaster, Pennsylvania. He was also the head varsity baseball and basketball coach.

He next joined the staff of legendary football coach, Ivy Williamson, who was the head football coach at Lafayette College in Easton, Pennsylvania. In 1949 Williamson was named the head football coach at the University of Wisconsin, and he took Bruhn with him to be his line coach. In 1956 Williamson became Athletic Director, and he appointed Bruhn to be the Badgers' head coach. In his eleven seasons he had two Big Ten champion teams (1959 and 1962) and went to the Rose Bowl in 1960 and 1963.

In 1966 he retired as the football coach

but stayed in their Athletic Department for the next three years. He then took a position in the Education Department as the director of the Nielson Tennis Stadium until 1978 when he retired.

Looking back he says the 14-7 upset win over highly-rated Pittsburgh in 1934 was his greatest game as a player, and calls Ron Vanderkelen, Pat Richter, and Alan Ameche among the best players he ever coached.

Bruhn was recognized in coaching circles as a master of the game. In the 1960's he was a trustee of the American Football Coaches Association.

His outstanding reputation as a coach nationally brought him into contact with many prominent people. He visited with President

Richard Nixon at two Rose Bowl games and was invited to his San Clemente, California, home. Once he teamed with former President Gerald Ford in a handball game.

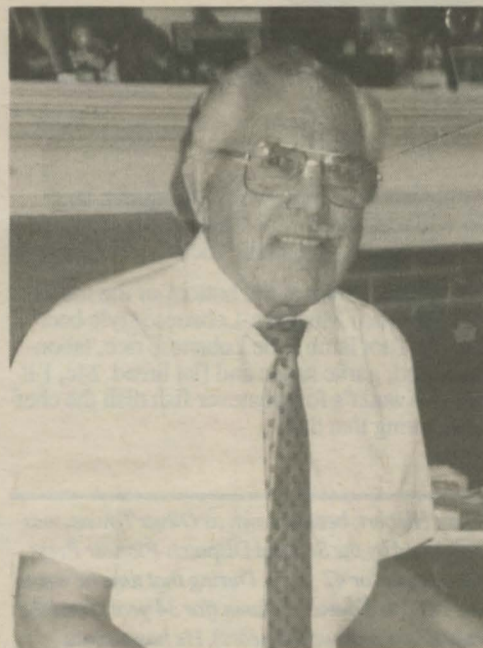
He was the guest of comedian Don Rickles in Las Vegas and met with General Douglas MacArthur. Vince Lombardi, the legendary Green Bay Packers' coach, opened his playbook to Bruhn and had him at early-season practice sessions to learn the Packers' system.

Bruhn says he has no regrets with the course his life has taken. "It's been great being married to Helen for the past 52 years (she was his high school sweetheart), and we've got two great children (Pete, a captain with Delta Airlines who flew 100 missions over North Vietnam 20 years ago, and Mary Anne Gilbert, who lives in El Paso, Texas, with her husband).

Bruhn considers Murray Warmath, former Gophers' head coach, and Jerry Burns, former

It was rough when we played Minnesota because they were always wondering if I gave it my all.

—Milt Bruhn



Milt Bruhn, 1991



Milt Bruhn, 1956

head coach at the University of Iowa and now head coach of the Minnesota Vikings, as two of his closest friends.

Bruhn chuckles when he recalls the way Wisconsin sports writers continually questioned his loyalty to the University of Wisconsin because of his Minnesota roots in the Twin Cities. "It was rough when we played Minnesota because they were always wondering if I gave it my all. That, of course, was foolish. Minnesota is a great place, but I was totally dedicated to winning at Wisconsin. It was and still is one of America's greatest schools."

"But I still like to keep track of what's happening back in Minnesota," Bruhn said, and surprised me when he reached to a coffee table on his right and lifted up a pile of newspaper clippings. He said, "Here's how I keep abreast of the sports in Minnesota," and showed me a stack of Sid Hartman columns which are sent to him by friends in Minneapolis.

Best of luck and good health to Milt Bruhn, a native Minnesotan who has made untold contributions to thousands of young men in the world of sports.

Len Levine earned three varsity letters as a member of the Gopher track team and established several records, one of which (the 60-yard dash) stood for 17 years. He was the silver medal winner in the 1960 Big Ten 300-yard dash championship. Levine was President of the "M" Club in 1989.

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1991 Gopher Outdoor Track & Field Schedule

Bierman Track & Field Stadium

March 23	@Texas w/ Indiana.....	TBA
March 30	@Auburn w/Ball State, Middle Tennessee.....	1:00 p.m.
April 5-6	Texas Relays.....	9:00/11:00 a.m. (@Austin, TX)
April 13	@Nebraska Invitational	10:00 a.m.
April 26-27	Drake Relays.....	9:00/8:45 a.m. (@Des Moines, IA)
May 4	Minnesota Invitational	10:00 a.m.
May 11	Minnesota Last Chance	1:00 p.m.
May 18-19	Big Ten Championships....	4:30 p.m./11:45 a.m. (@Columbus, OH)
May 29-June 1	NCAA Championships...	TBA (@Eugene, OR)

1991 Gopher Swimming & Diving

Mar. 15-16	NCAA Diving Zone Qualifying	TBA
Mar. 28-30	NCAA Championships	TBA
Apr. 3-7	USS Senior Nationals	TBA
Apr. 16-20	US Diving National Championships	TBA

1991 NCAA Championships

March 14 - 16	1991 NCAA Wrestling Championship @ Jowa City, Jowa
March 28 - 30	1991 NCAA Hockey Championship St. Paul Civic Center (not on season ticket package)

AFTER THE GAME from page 2

I pick the stuffed trout. My wife chooses the broiled salmon.

We have passed up the orange roughly and the walleye pike and the various shrimps.

The basket of warm, crunchy garlic toast is on the table, then come the fresh sourdough rolls and salad and then the main affair.

Mine is a whole trout baked and stuffed and the meat is falling off the skin and the seasoning is just right; no calories added to a sauce or anything like that. The trout doesn't need it—it's that fresh and sweet and as good as any I've had.

My wife says that same thing about her salmon.

That salmon tasted as if it had just leaped out

of the water. Listen, we're sitting in a land-locked restaurant which everybody claims is a beef heaven and ethnic focus.

Maybe so. Down at the bottom of the menu is the Laham Mishwee-Lebanese style beef kabobs (not lamb), the Lebanese rice, tabouleh salad, garlic sauce and flat bread. Me, I'll go to Awada's for whatever fish dish the chef is favoring that day.

Gary Hiebert, better known as Oliver Towne, was employed by the St. Paul Dispatch-Pioneer Press newspaper for 47 years. During that time he wrote the "Oliver Towne" column (for 34 years) and the restaurant reviews (15 years). He has also authored five books.

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NCAA HOLDS OVER MAJOR ACADEMIC ISSUES

At the recent NCAA convention in Nashville, Tennessee, the NCAA began a major effort at reform but failed to tackle a variety of academic issues. NCAA officials say that academic matters will top the agenda at next year's meeting in Anaheim, California.

One academic proposal which was acted on will toughen standards for college athletes,

making them complete half their requirements toward a degree before their fourth year in school.

Also expected to be acted on next year is the rule requiring Division I schools to graduate 50% of their athletes and requiring athletes to post minimum grade point averages at the end of each academic year, from 1.6 as a freshman to 1.9 as a senior.

Answer the following three SPORTSNEWS Trivia questions correctly and be eligible to win a \$25 gift certificate from SuperAmerica and two tickets to a Gopher football game. The winner's name will be drawn from among all correct respondents and announced in a coming issue. Good Luck!

1. What former Gopher made his first appearance in Major League Baseball's All-Star Game last season?
2. What former Gopher is known as "the accident prone gymnast" because of freak accidents that occurred during competition?
3. Who was the Gophers first opponent in last year's NCAA basketball tournament?

Mail to:
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SPORTSNEWS TRIVIA

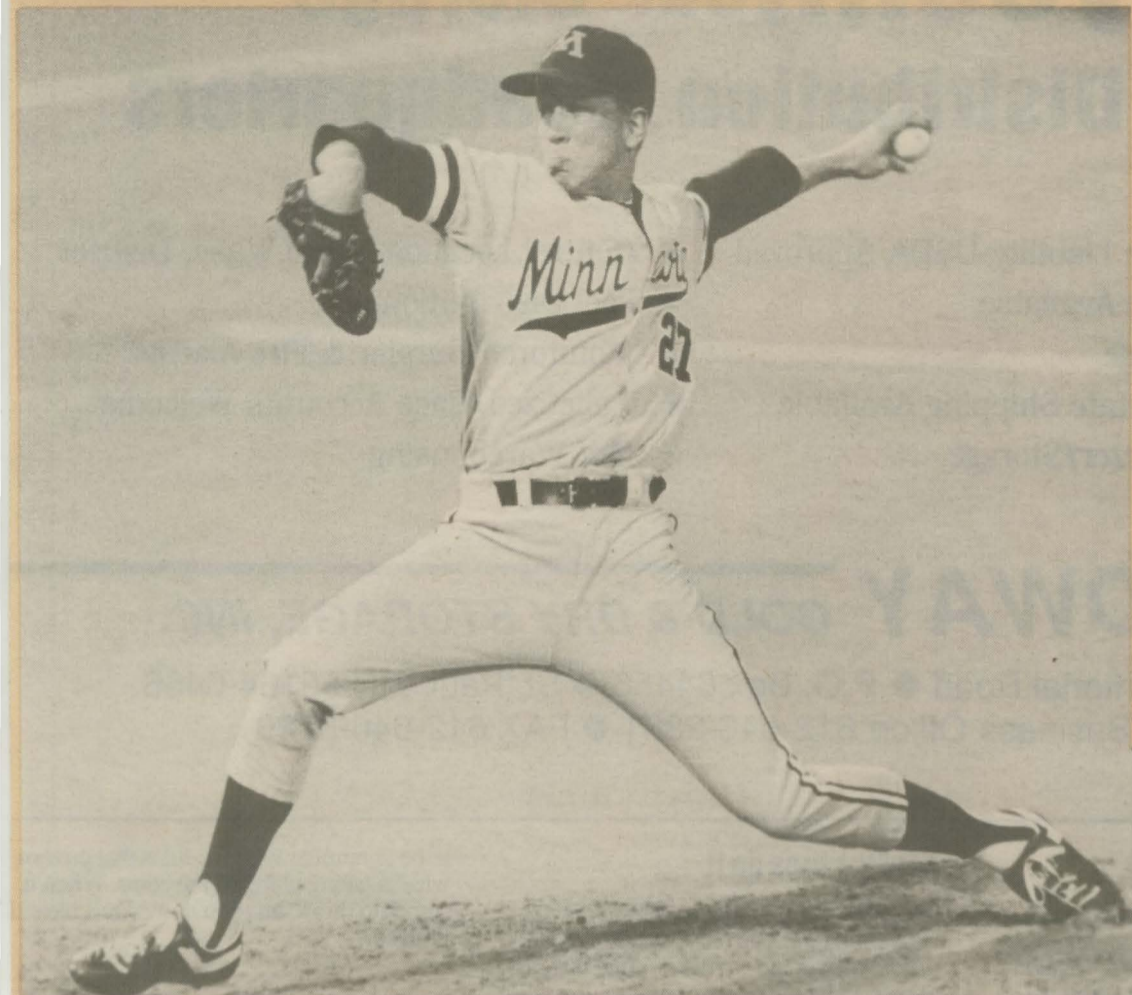
The SPORTSNEWS staff
congratulates
Shawn Denni
of Hutchinson,
our latest Trivia winner!

The Q's and A's last time were:

1. Where was Golden Gopher godfather, John Mariucci born? Answer: Eveleth, Minn.
2. Who did the Gophers lose to in the NCAA Hockey Championship Game last season? Answer: Wisconsin
3. What is basketball walk-on Chris Clark's father's name? Hint: The elder Clark was a star point guard for the Gophers in the mid-60s. Answer: Archie Clark

Young Guns Heating Up

The University of Minnesota led the Big Ten in pitching last year and returns almost every talented arm in 1991. The nine junior and sophomore hurlers, all with Big Ten game experience, will be making life tough for opposing batters this season. Here's a quick preview of three of Minnesota's stars in the making:



← 27 — John Lowrey
 Bats: Left
 Throws: Left
 6-3, 195 lbs.
 Junior Shepherdstown, W.V.

Notes: Lowrey is expected to be the ace of the Gopher starting rotation in '91. A year ago he pitched 82 innings on route to a 7-4 record. The West Virginia native has good baseball instincts which helped him win the Gopher staff's strikeout title last year posting 62 K's. Head coach John Anderson says Lowrey can throw three pitches for strikes: The fastball, change-up and breaking ball. The junior will be called upon for most big games this season.

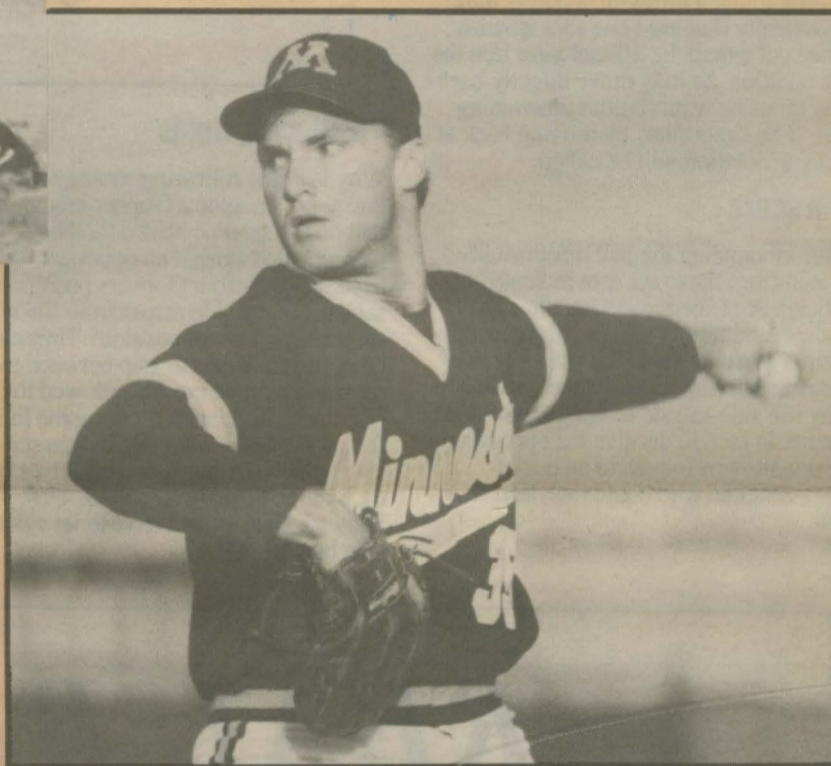
↓ 35 — Brent Davis
 Bats: Left
 Throws: Left
 5-11, 180 lbs.
 Junior Minnetonka, Minn.

Notes: Davis will make up one half of the bull pen veteran combo along with J.T. Gilbert. He posted a sparkling 11-0 record for the summer Gophers several months ago and looks to be a key leader for Minnesota. Davis comes from a fine Trevor Browne High School program where he batted .362 with 12 homeruns his senior year, while posting an 11-2 record. He will be the main middle relief man for Coach Anderson in 1991.



← 23 — Dave Anderson
 Bats: Right
 Throws: Left
 6-3, 185 lbs.
 Junior Barrington, Ill.

Notes: Anderson can throw the smoke and has a variety of pitches, but is looking to improve his control in 1991. He had 21 strikeouts in 1990 and 14 in 1989. Anderson led his American Legion team to the Illinois state titles in 1986 and 1988. He posted a 38-3 prep record at Barrington High School, which also produced former Gopher Dan Wilson. If Anderson can gain consistency, look for him to be the surprise of the year.



Fan in the Stands

WHAT DO YOU LIKE BEST ABOUT GOING TO A MEN'S GOPHER BASKETBALL GAME?



Mark Gooley
 Minneapolis
 I'm a hoop fan. I like the competition I see out there. There's also a lot of excitement and enthusiasm here. It makes being here a good time.



Jim Althoff
 Cannon Falls
 I like being here. There's a great tradition here and you can feel the excitement in the air. I like the atmosphere. It's fun being here.



Steve Foler
 Shoreview
 There's a great feeling here. This arena is one of the nicest in America for atmosphere and the crowds are exciting. The Gophers have a great record here and it makes a person feel good to be cheering them on.



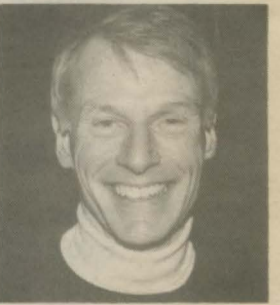
Sharron Steinfeldt
 Hopkins
 I enjoy the winning tradition and the excitement of the crowd. I'm a Minnesota alumni with many good experiences from my days here at the University of Minnesota. I like to come to as many games as I can because the Gophers provide very good sports entertainment.



Eddie Twait
 Maplewood
 I come to most games. I really like it because the team puts out their best, the crowd is into it with noise and the people are really having fun. It's a great place to be.



Jay Hill
 Minneapolis
 I like the action of the games. I like the cheering and the crowd's yelling. I like this season's basketball team.



Don Brown
 Minnetonka
 I'm an "M" man and proud of all Gopher teams. I've been a fan of the Gopher basketball team for many years and really like Clem Haskins, the team and the excitement.

Bet You Didn't Know



by
Barry Dreayer

A THROW-IN

The opposing team just scored. A Gopher player then tosses the ball in from under the basket. Before the ball leaves his hand his foot touches the end line. Is this an automatic violation? Not necessarily. As long as his foot did not go beyond the line, he is OK.

This is one of a number of surprising rules related to the throw-in. What about some others?

Good news for high leapers

When attempting a throw-in, a player may jump vertically if at least one foot remains over the spot where the official gave him the ball. In addition, he may move directly backward as far as he wants before inbounding the ball. If he "gets cute" by moving back at an angle, a violation will be called.

After a score

A player inbounding the ball must usually throw it in from the exact spot indicated by the official. An exception exists after an opponent scores a basket or a free throw resulting from a personal foul. The player is then not restricted to a spot behind the end line. He may run side-to-side looking for an open teammate. In fact, to deceive the opposition, he is even allowed to pass to an out-of-bounds teammate who could then inbound the ball.

Positioning rights

Why isn't the following strategy used on a throw-in? Imagine a Gopher inbounding the ball on the sideline after a traveling violation was whistled against an opponent. Why not have the other four Gophers position themselves side-by-side across from the inbounder, screening off the opposition? They can, but if an opponent wants to step between two of those players, he must be allowed to do so (similar to the situation during the lining up for a jump ball.) Many times you see offensive teammates position themselves behind each other during an inbounds play. That is allowed. They do not have to let a defender step between them.

How the pros do it

The NBA rules for throw-ins are not exactly the same. The most widely-known difference pertains to the pro rule that disallows an inbounds pass from midcourt or frontcourt to be caught by a teammate in his backcourt. The NCAA does permit such a pass.

The NBA also forbids a player inbounding the ball from "leaving the playing surface." This means that he cannot step too far back from the court and must remain on the wooden portion of the floor.

When watching basketball, it is frustrating

to be unfamiliar with the rules that govern what is taking place on the court. When it comes to throw-ins, you now won't have that problem.

Barry Dreayer is the president and founder of TeachMeSports, an Atlanta-based company that conducts seminars on how to be an informed spectator of basketball, football and baseball. For more information call (800) 726-3442.

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6:00 P.M. UCLA vs. Stanford

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1:15 P.M. MINNESOTA vs. Stanford
5:00 P.M. UCLA vs. Notre Dame

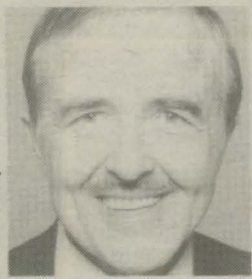


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Remember When

by Don Riley



ie mail and calls pour , proving that Gopher orts cover the aterfront.

om John B. in Nashville: "I was thrilled ading about the Gopher boxing program af- the war. Did it really draw huge crowds? ere the Gophers really that good? Where d they get the talent, and would boxing be a od investment for colleges today?"

iley's retort: The show was outstanding, ainly because the Twin Cities had a whale a Golden Glove amateur program which orked hand-in-hand with the U swat team. ie crowds ranged from 3,000 to 12,000 for e Wisconsin feuds. Although amateur box- g safety stats are solid, I don't think the col- giate academia will ever bring back the sin show. It served its purpose in an era

Aches and Pains

By Elizabeth A. Arendt, M.D.,
Director
University of Minnesota
Sports Medicine Institute

I always thought the Stairmaster was for strengthening my knees. Is there a connection between the use of the Stairmaster and the soreness in my knees?

The Stairmaster is the new kid on the block in aerobic & strength conditioning. It is immensely popular, and variations on the original theme also exist in the Stairstepper, the Stepclimber, and others.

Let me prefix my statements by saying that we do not have good research to date to analyze what forces the kneecap withstands from these machines. So in part we must go on what we know from other activities, and from clinical experience.

So, what's good about them? They are an excellent way to get cardiac conditioning. They are great at taxing the quadriceps muscle to the limit and thus strengthening the "knee".

What's the problem? The type of Stairmaster that is like a revolving escalator can be quite hard on the kneecap joint, especially on the models where the height of the "step" can't be controlled. We know that the kneecap is subjected to significant forces (up to 3 times body weight) when stairclimbing, with forces increasing as the height of the step increases. If you already have some cartilage changes underneath the kneecap, as most of us do, then this activity can cause more soreness.

The model where you don't take your foot off the stair (one pushes against a pedal, sort of like stand up biking), is probably kinder to the kneecap joint. Negative features are that you can "cheat" one leg and have a stronger leg do more of the work. The torque or pressure against the pad cannot be varied separate from the speed, thereby giving the sense of increasing torque as the pedal pump slows down.

The most important thing to remember is that any exercise has to be done in moderation, with due regard to tempered increases in pace, intensity, and duration of the activity.

If you have sports medicine related questions, please send them to:
Aches and Pains
c/o Dr. Arendt, SPORTSNEWS
386 N. Wabasha Street, Suite 830
St. Paul, MN 55102

Riley's Readers Speak Their Minds

when boxing was big on everyone's minds and lips.

From Jim C. of Minneapolis: "Come now, Riley, every writer has certain memories that stand out. How about the greatest runs of running games by Gopher backs that you've covered. Don't be bashful."

Riley's retort: I'll never forget Paul Giel's criss-cross territorial discovery romp against Purdue when he gained 35 yards by way of San Antonio. I always thought Bill Daley's super human performance against the Iowa Hawkeyes was a once in a lifetime display. Bob McNamara's irrepressible romps against Iowa in Memorial Stadium were items to remember forever. And the day my dad took me to see Bruce Smith slice and dice Tommy Harmon and Michigan made an indelible mark. Not a bad backfield either— Smith, Giel, McNamara and Daley. They'd punch holes in the China wall.

From Ron G. of Maplewood: "Your SPORTSNEWS paper is great! Maybe you can set me straight. Somebody told me the late great John Mariucci thought about trying grid great Bobby Bell as a goal-tender. Was it a joke?"

Riley's retort: Absolutely not. John knew Bobby played quarterback in football, was agile and dexterous. He figured anyone weighing 235-pounds would cover most of the goal. He put the pads on Bobby and the the story goes that he told the Gophers to fire away. After ten minutes of seeing hot rubber bounce off him from all directions, Bobby told Maroosh: "I'd rather let runners bounce off me. They're not so fast and I can see them a lot better."

From Tommy K: "Notice the pictures of Gopher greats in the dome? Makes me feel very proud. Any other school have as many big time heroes?"

Riley's retort: Well, Michigan and Notre Dame and Ohio State are impressive and ditto Southern Cal and maybe a dozen others. But I can think of no school with more big time immortals in football, hockey, basketball and baseball than the Gophers. Most schools settle for a couple All-Americans in grid or three or four major league baseball stars. The Gophers have turned out legends from all sides.

From Nancy D. of Wayzata: "How do you rate the Gopher Rouser with other big time fight songs? I think it is unique and quite possibly one of the best."

Riley's retort: I love it. Just wish I'd hear it played more often after a few more touchdowns. There was a time when every prep school in the state coveted the tune.

From George H. of Mahtomedi: "I was amazed to see in your column about Gopher cagers beating DePaul and Kentucky in super upsets. Why haven't more U cagers besides Kevin McHale and a few others gone on to pro greatness also is Ozzie Cowles still alive?"

Riley's retort: For the most part, Gopher upsets were the residue of team performance more than exceptional individuals. But Whitey Skoog and Ed Kalafat and Swede Carlson and Tony Jaros and some others made names in the pros. But remember the lure wasn't what it is today with starting salaries in the \$4,000 range. A job as a bank teller might have had a better future. As for Ozzie,

he's alive and well and dapper as ever and is living in Texas. Oh yes, last time I looked, he still had on his bow tie and red suspenders.

From Margie H. of St. Paul: "Love the stories on the old-timers. Why doesn't the U push its history more? We have more to shout about than most schools."

Riley's retort: If Miami of Florida had our heroes it would build a museum. We have taken the past for granted in most cases. If most schools had five national grid titles in their showcases, they'd be holding torch light parades for three decades.

From Dan M. of Rochester: "When has any school ever produced the All-Stars in baseball like Minnesota which had three starting in an All-Star game recently? Take into consideration our weather and our school has been amazing."

Riley's retort: Of course it has. In the last two decades it has turned out a dozen young men who have played professional baseball with some success and others like Paul Molitor and Dave Winfield have become household names. It is as coach John Anderson says a tribute more to the fire and drive of our young men than our weather.

From Jonathan C. of Duluth: "Still can't believe U of M won the NCAA track meet. It had to be the largest upset in Gopher history."

Riley's retort: I was there and I still don't believe it.

Kevin McHale (below) is sure to go down as one of the greatest Minnesotans to ever play the game.



Don Riley is a 45 year veteran of the St. Paul Pioneer Press-Dispatch Sports Department. He is well known in sports circles across America for his knowledge and cutting wit. Riley is a former daily columnist who now writes a Sunday column in the St. Paul Pioneer Press. He is the author of four best selling books and is highly sought after on the speaking circuit.



Sure, Bobby Bell was a great athlete. But could he skate? Inquiring fans want to know.

Before he decides on his starting lineup...



Clem Haskins reads
SPORTSNEWS



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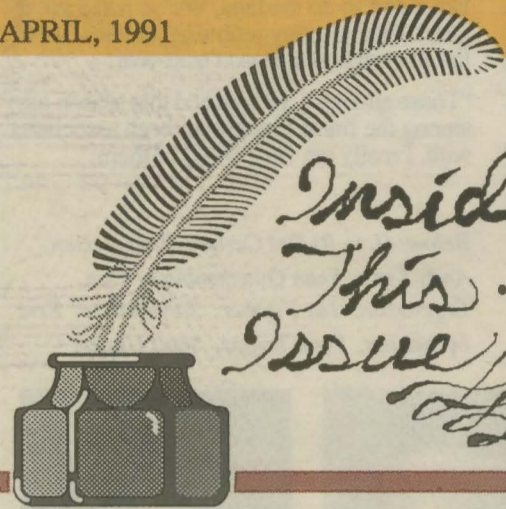
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SPORTSNEWS



APRIL, 1991

VOLUME 2 NUMBER 13



*Inside
This
Issue*

- A legendary sportscaster who ruled the Twin Cities airwaves for 30 years
- Coach Dennis Dale and his record setting Gopher swimmers
- A nationally recognized education expert who got his start on local tennis courts
- Fans in the stands speak up about the home of Gopher hockey
- A local family restaurant that's still going strong
- Mark Davy and his record of achievement
- The trials and tribulations of the 45-second shot clock operator

Play

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and win Free prizes!

SEE PAGE 4

The Bright Side Of 1990-91

By Steve Peckham

How many times during the 1990-91 Gopher basketball season did you find yourself saying "What if ...?"

What if Walter Bond's weight would have been shifted ever so slightly, so the fifth metatarsal in his right foot would have held up after he took a jump shot in the first game of the season?

What if the Illinois player Robby Metcalf fouled in the second game of the Big Ten season, would have missed?

What if Clem Haskins wouldn't have had to leave his players in the middle of a crucial week, to take the stand in San Diego to defend against NCAA allegations of misconduct?

What if the "referees" the Big Ten hired to officiate Minnesota's second meeting with Ohio State had been coherent enough to make at least one correct call out of three in the final minutes of the Gophers' best performance of the year?

You can keep playing the what if game at home. It's a great way to test for high blood pressure.

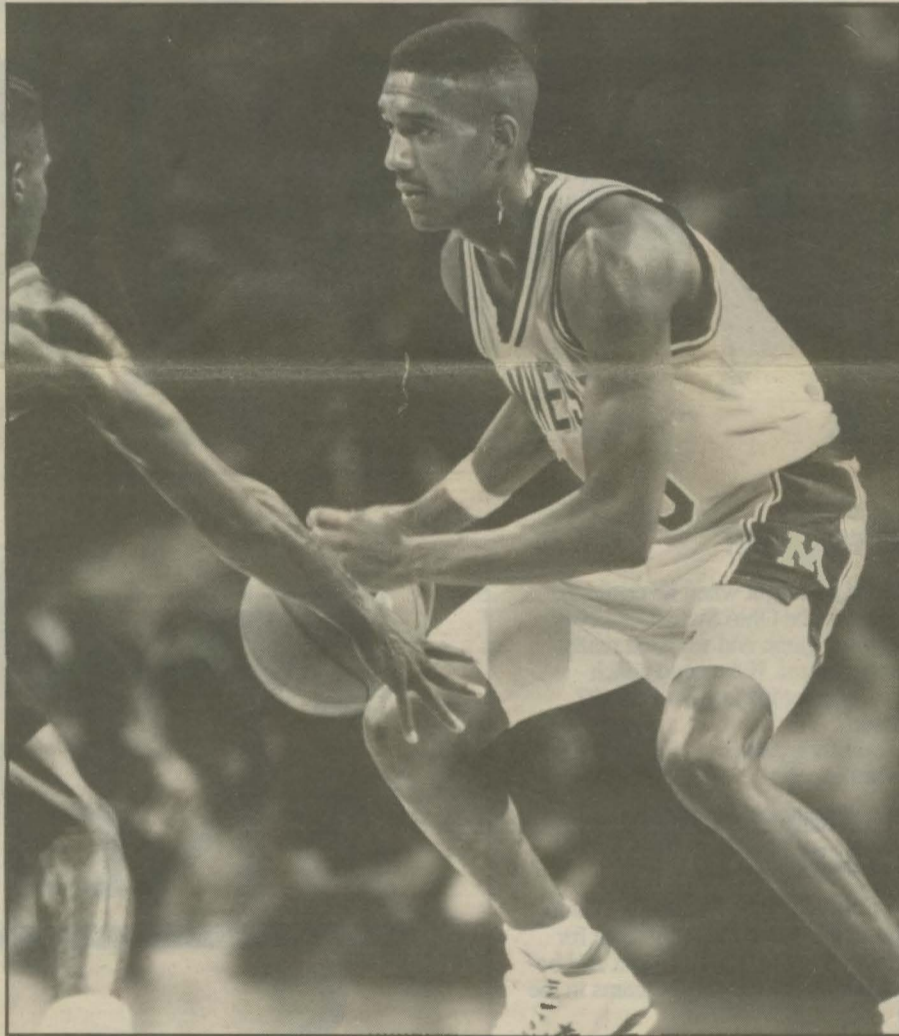
After being spoiled silly by back-to-back fairy tale seasons ending in post-season fireworks, we were slapped in the face this year by the open hand of reality: Clem the Gem's 1990-91 Gophers were a rebuilding project. As bad as we wanted to deny it, you can't lose a Willie Burton, a Richard Coffey, a Jim Shikenjanski, a Melvin Nerbern and a Connell Lewis, and expect the Sweet Sixteen.

You can't lose 64 percent of your scoring and 61 percent of your rebounding, and expect a winning year.

As Gopher fans around the state lick their wounds in front of the TV as they watch Ohio State battle in the NCAA Tournament, they can take heart that there was a bright side to 1990-91.

Actually, there were many bright sides to the 12-16 season:

1.) After hearing about Arriel McDonald for 18 months, we got to see him play. More importantly, Arriel got a heavy dose of



Arriel McDonald (Left) added some much needed playing time to his arsenal, while Clem Haskins (Right) added a few grey hairs watching his young Gophers struggle through their growing pains.



experience against Big Ten point guards, under the tutoring of Kevin Lynch. He made a few brilliant plays and a lot of not-so-brilliant plays this season. With a year of on-the-job-training under his belt, that ratio should be inverted about, 12 months from now.

2.) This year's media guide said Randy Carter "will look to make an impact as a rookie in 1990-91." When the true freshman from Memphis, Tenn. hit the Williams Arena floor this winter, he nearly made a

crater. Carter won a starting spot on Haskins' roster early on and didn't look back. He needs to mature, but experts and non-experts around the state have already started comparing him to Willie Burton.

3.) Out of Africa and into Mound-Westonka High School came Ernest Nzigamasabo in 1987 to pursue an education and a better way of life. The Bujumbura, Burundi transfer student seemed to grow up before our eyes in Williams Arena this season. As the year wore on, Ernest became more comfortable, confident and competent in the front lines for the Gophers.

4.) Robby Metcalf went from being the forgotten man to a home crowd favorite this year. After minimal playing time in his first two seasons after transferring from Virginia, Metcalf was a key player in '91, diving for loose balls, charging the crowd for second half rallies, and instilling a winning attitude in his younger teammates.

5.) We all got to watch our home town boy, Kevin Lynch one last time. After four years of high school and four years of college,

Lynch may have played his last "home game" in Minnesota. But he treated us to three point bombs and alley-oop dunks in his farewell tour. More important, he was a leader, and set an example of the ideal student-athlete for the underclassmen he leaves behind.

There were other bright sides as well. Nate Tubbs solidified his reputation as one of the league's best defensive players. Sophomore Dana Jackson showed amazing potential at key moments of the season. Townsend Orr, Jon Laster and Chad Kolander wowed coaches in practice in their red-shirt season.

Yes, progress was made in this painful 12-16 campaign. Experience was gained, players were evaluated. Truth is, after looking at the bright side of 1990-91, the only real tragedy is that we have to wait another six months to start all over again.

MEN'S INTERCOLLEGIATE ATHLETICS
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GOPHER SWIMMERS HAVE BEST SEASON EVER

Ten Swimmers Qualify For NCAA Meet

Gopher swimmers are preparing for the NCAA Championships next week in Austin, Texas after completing their finest season in the school's history.

The Gophers, coached by Dennis Dale, one of America's leading swimming instructors, finished the dual meet season with eight consecutive wins and a national ranking of 13th out of 150 Division I. swimming teams.

In the Big Ten Championship Meet held in Indianapolis the Gophers finished second and scored a record number of points—573—surpassing last year's record of 433.

Dale, in his 6th season, has called a "true leader and skillful master of the sport" by "M" Club president Bud Erickson, a former Gopher swim star and swimming coach.

Gophers who starred in the Big Ten Meet were:

Junior Del Cerney, Staples, Minnesota, Big Ten Champ in the 50 freestyle; Sophomore Paul Nelsen, Lincoln, Nebraska, Big Ten Champ in the 200 Individual Medley; the 400 Medley Relay team which won the Big Ten Championship (Freshman Andy Kurtz, Coon Rapids, Paul Nelsen, junior Sean Quackenbush, Rochester, Minnesota and Del Cerney).

Quackenbush also won Big Ten titles in both the 100 and 200 Butterfly races. All of the swimmers who were Big Ten finishers qualified for the NCAA Meet. They will be joined



in Austin, Texas with freshman Can Ergenekan, Portland, Oregon (Butterfly), junior Jay Fischer, Hutchinson, Minnesota (Sprint Relay), sophomore Steve Busse, Cincinnati, Ohio (Sprint Relay), freshman Eric Jorgensen, Rochester, Minnesota (Sprint Relay), junior Scott Tripps, Seattle, Wash. (Backstroke), senior Scott Upper, Pompano

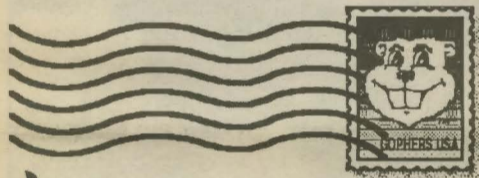
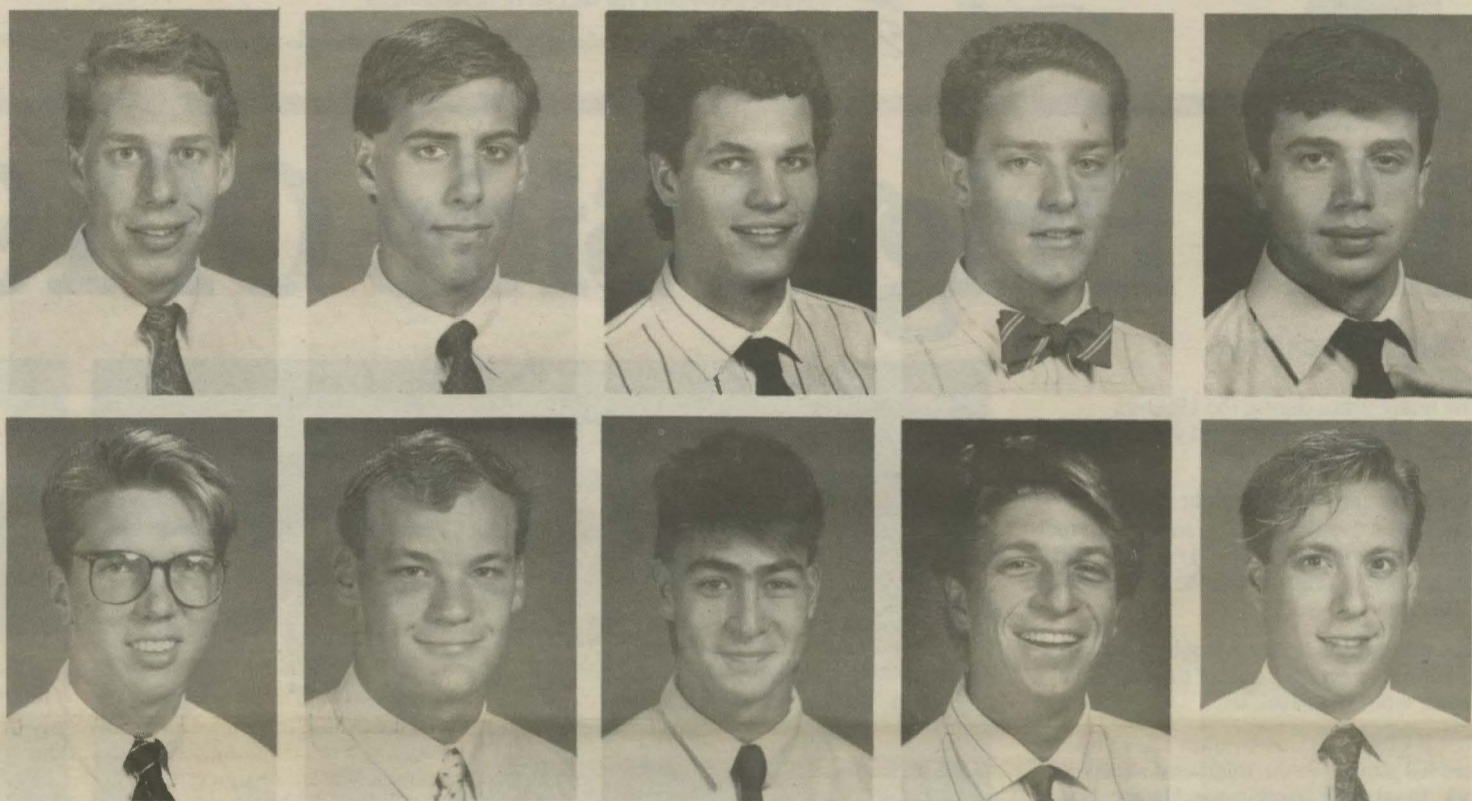
Beach, Florida (Diving).

"This has been a great season with only one senior (Scott Upper)" said Dale. "I knew we were good from the start and we continued to improve with each meet. It's been quite an achievement to win eight straight dual meets. Our goal is to now finish in the top

fifteen in the country. I can't say enough about our new swimming facility (The University Aquatic Center). It's just fabulous. It helps our training tremendously. It makes for very fast meets and practices. The athletes like it and so do the fans. We've had a great year. With so many returning athletes I look for an even better season next year.

"These athletes I've coached this season are among the finest I have ever been associated with. I really am very proud of them."

Below: (L to R) Del Cerney, Paul Nelsen, Andy Kurtz, Sean Quackenbush, Can Ergenekan, Jay Fischer, Steve Busse, Eric Jorgensen, Scott Tripps, Scott Upper.



Letters

HOCKEY GREAT PAULSEN THANKS SPORTSNEWS

Thank you for writing the article about me in the February SPORTSNEWS. A number of people have expressed surprise about my athletic activity at the University of Minnesota.

I appreciate your efforts in promoting Minnesota. A special thank you.
Harold Paulsen
Mankato

WENDY ANDERSON SHOULD NOT BE FORGOTTEN

Hats off to your paper for remembering Wendy Anderson in your last issue. Your article, "Wendy Anderson: Mr. Minnesota" is right on the money. Wendy was truly a great example of a home-grown product. He was raised by hard-working parents who instilled the interest of education and athletics in their sons. Wendy was a great Governor and if he had more time in Washington D.C., he could have been a great U.S. Senator. He served in office like he played hockey. He was hard-working, dedicated, honest and always proud to be a Minnesotan. Wendy Anderson should not be forgotten. Your paper did a good job of remembering him.

Jerry Goldman
Minneapolis

HASKINS WAS RIGHT

Clem Haskins was right when he criticized the officiating in the Ohio State basketball game. I saw that game and we were really given poor treatment. If the head coach doesn't speak up for his team, who will? Arnie Carlson?

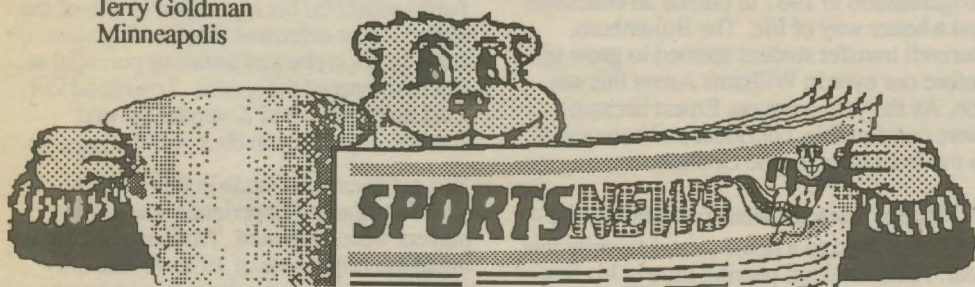
Todd Jorgenson
Minneapolis

GOPHER SWIMMERS AMONG NATION'S BEST

Congratulations to Coach Dennis Dale and his Minnesota Gopher swimming team for finishing second in the Big Ten Meet and being ranked among the top fifteen teams in the nation.

I watched the Gophers in swimming competition in the new Aquatic Center and I can hardly believe I'm in the state of Minnesota. Just a few years ago we had a second rate facility but a hard-working coach and team. Today we still have that same terrific coach and with the new facility there's no telling how far Dale's teams will go.

Ronald Martin
St. Paul



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Where are They Now?

Luck of Being a Lefty Led Lieberman to Tennis

By Len Levine

"Athletics are extremely important as a contribution to the stability and unity of this country. It has often led the way to a better social climate and contributed a great deal to the quality of opportunity. Playing in sports has given people of all races and creeds a reason to come together."

—Louis Lieberman



Louis Lieberman was a well-known tailor who owned his own clothing store at 442 Jackson Street in St. Paul for much of the first half of this century. He used to tell his friends he hoped one or all of his sons, Jess, Myron, and Wally, might one day join him in the business. Jess and Wally did. Wally first than Jess.

Myron took another turn. It should have come as no surprise to Lieberman because Myron was very athletic, aggressively competitive, and a person with an intense desire to learn. Myron says rather than push him into the clothing business, his parents encouraged him to pursue his other interests. His mother, Sarah, recognized that he enjoyed playing sandlot baseball and bought him a left-handed catcher's glove.

The Lieberman family lived near St. Paul's Dunning Field which was adjacent to the old Central High School, and almost every day after school Myron would go to watch the different athletic contests being played. One day, while watching a tennis match, someone gave him a tennis racket. He was told because he was left-handed, tennis might be the sport he could excel in. It was that gift and that observation that changed the course of his life.

His tennis career then began, and what a career it's been! In 1935 as a Central High School sophomore, he won the State High School Singles Tennis title. The next year he

won the Regional crown, and as a senior, he captured the Northwest Interscholastic Singles Championship, defeating players from Minnesota, North and South Dakota. In the three years he was on the tennis team, Central lost only one point!

Lieberman also played basketball and made All-Conference his senior year. He was awarded the Alvin G. Herman Cup, which was given to a graduating senior for excellence in academics and extracurricular activities.

In 1937 he enrolled at the University of Minnesota. He made the freshman tennis team, but had to sit out the first year because of a freshman ineligibility rule. The following three years he starred on both the Gophers' singles and doubles teams and was credited with leading the Gophers to a Big Ten win in 1940, winning three varsity letters.

After graduating from the University he continued on there and obtained a B.S. degree in law at Minnesota.

During World War II, from October 24, 1942, to January 31, 1946, he was in the Army-Air Force and was stationed in Australia, Biak, an island off New Guinea, New Guinea, the Phillipines and Japan. While in Japan he worked in the Civil Intelligence Section for the War Department.



Pictured recently in Washington D.C. is Carole Levine, an elementary school teacher in St. Paul and Myron Lieberman. Levine is holding Lieberman's book, "Privatization and Educational Choice," which is being sold in several countries around the world. Lieberman is holding one of his many tennis trophies, this one from the Seniors Championship he recently won in New York City.

In the fall of 1947 he got a job teaching social studies at Humboldt High School on St. Paul's West Side. He continued on with his education at the University, pursuing an education degree. When he got that degree, he became a teaching assistant at the University of Illinois, where he continued his education, earning a Master's Degree in 1950 and a Ph.D. in 1952. In 1953 he taught in the School of Education at the University of Oklahoma. From there he went to teaching posts at Yeshiva University in New York, the University of Southern California, the University of Pennsylvania, and Ohio University.

For the past 20 years he has written books on labor negotiations and has been a labor negotiator for school boards across the country. In fact, ask anyone actively involved in education circles and they will tell you that Lieberman is considered an expert in educational philosophy and classroom teaching. He's testified before state and federal governmental bodies on numerous occasions, is a frequent speaker and lecturer on education matters and has authored three books in the past five years. He has also been used as an "expert witness" in many court cases, and is a consultant for a variety of Canadian educational agencies.

Lieberman has just finished an appointment as a visiting scholar in the Social Philosophy and Policy Center at Bowling Green University.

At age 71 Lieberman remains very active

physically. He still plays tournament tennis regularly and is training to enter the National 70's Tennis Tournament this year.

Lieberman, who has lived in Washington, D. C. the past two years, says he can't get enough information about Gopher sports. He calls getting his 50-year "M" pin last year as one of his proudest accomplishments and enjoys telling about his drive to New Orleans to watch the Gophers in the Sweet Sixteen last year when they beat Syracuse and almost defeated Georgia Tech.

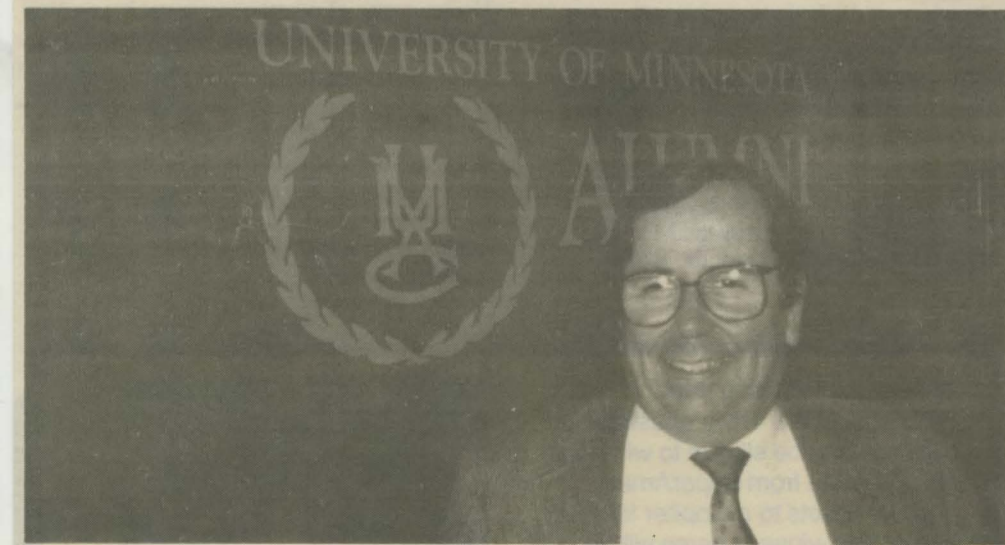
It's refreshing to hear Lieberman extol the benefits of college students participating in sports. "Athletics are extremely important as a contribution to the stability and unity of this country. It has often led the way to a better social climate and contributed a great deal to the quality of opportunity. Playing in sports has given people of all races and creeds a reason to come together."

Lieberman is the father of four children.

Len Levine earned three varsity letters as a member of the Gopher track team and established several records, one of which (the 60-yard dash) stood for 17 years. He was the silver medal winner in the 1960 Big Ten 300-yard dash championship. Levine was President of the "M" Club in 1989.

DAVY MAKES THINGS HAPPEN

By Len Levine



Mark Davy

"M" Club Latest Success Story

Mark Davy is successful. He knows how to make things happen! He's had a career marked with achievement. His latest success story is the University of Minnesota "M" Club where he serves as the Executive Director to the 25-member Board of Directors.

"There's something very special about being an "M" man," Davy told me over lunch last week. "I know that everyone who's earned their varsity letter had to pay a personal price of some kind. Once awarded the "M" it's a lifetime thing. It can never be taken away and the Club is an exclusive organization built on achievement, hard work, dedication, loyalty, and commitment. It's the heart of the golden tradition that the University of Minnesota is all about."

Davy is a life-long Minnesotan. He grew up in St. Louis Park, where he graduated from Benilde High School and then from Mankato State University with a degree in business ad-

ministration. After graduation he worked for Proctor and Gamble, Pangburn Candy Company, Fine and Associates, and in 1982 joined the staff of the University's Nursing, Pharmacy and Public Health Department as Director of Development. It was in this capacity that his fundraising talent was noticed. He was credited with single-handedly securing a \$3 million gift.

Shortly after that, he was recruited by the University of Minnesota's Athletic Department, whose budget was (and still is) solely dependent on outside fundraising. His first assignment was Director of the Champions Fund which Lou Holtz initiated as a way to pay for the indoor football practice facility. Davy was so successful in getting gifts from past "M" men that he was asked to develop other special funds, such as the Murray Warmath and Bernie Bierman Funds.

Again Davy was very successful, and he

Continued on page 5

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The University of Minnesota Athletic Department is holding all the cards, and they're giving them away.

Fans of any age can collect and trade Gopher Baseball cards at home games this season. The cards feature a color photo of Minnesota baseballers on the front, and statistics and notes about that player on the back. Every card also sports an anti-drug message targeted to our Gophers of the future.

The last two home games of the season, all wheelers and dealers are welcome to come to Siebert Field one last time to trade their doubles and triples in an effort to complete the set.

Baseball card distribution dates are listed below.

GOPHER BASEBALL CARD DISTRIBUTION 1991

DATE	OPPONENT	CARD
March 1	Kansas	Brian Hartmann Siebert Field
March 2	Kansas	Steve Calvert Siebert Field
March 3	Kansas	Greg Johnson Siebert Field
March 27	St. Cloud State	Pat True Mark Merila

DATE	OPPONENT	CARD
March 29	Stanford vs. Notre Dame Minnesota vs. UCLA	Brent Gates
March 30	Minnesota vs. Notre Dame UCLA vs. Stanford	John Kopfer
March 31	Minnesota vs. Stanford UCLA vs. Notre Dame	Ryan Lefebvre
April 10	Mankato State	Charlie Nelson
April 19	Ohio State	Joe Wallraf
April 20	Ohio State	Jeff Monson
April 21	Ohio State	Chris Lawler
April 24	Iowa	Tom Doyle Jeff Schmidt
April 25	St. Thomas	Eric Slagle Keith Krenke
April 27	Illinois	J.T. Gilbert
April 28	Illinois	Scott Bakkum
April 30	Northern Iowa	Brent Davis
May 2	St. Olaf	Eric Porter David Anderson
May 8	Iowa State	George Behr Bill Mobilia
May 10	Michigan	John Lowery
May 11	Michigan	Card Swap
May 12	Michigan	Card Swap

DAVY from page 3

was inundated with offers from the private sector. Fundraising is a real specialty, and it takes a special talent that Davy obviously has. Several offers came his way. He seriously considered leaving the University.

When Rick Bay became the new Gopher Athletic Director, he showed his ability for recognizing talent and convinced Davy to join his new administration. It was a smart move. For the next 1-1/2 years while Bay was successfully establishing himself in his new position, developing a sound and well-managed organization, Davy was by his side developing a new external relations component for the Athletic Department.

In 1989, when Davy and Bay agreed that Bay's administration was firmly in place, Davy set out on his own and established Mark Davy and Associates, an Edina firm specializing in fundraising for hospitals, churches, schools, and many other non-profit organizations.

The "M" Club, which for many years was really a social type organization, began to change in the early 1980's, becoming more service oriented. It assumed an active role in supporting Men's Athletic Department functions and its teams, particularly assisting those in the non-revenue sports.

When the Board decided to hire its first Executive Director eleven months ago, Davy was the logical choice and was the unanimous choice. Virtually from Davy's first day changes began to occur. A survey of all "M" men was undertaken which eventually developed into the first "M" Directory in 16 years. The Board then developed a mission statement, expanded the scope and direction of the Board and the entire "M" Club. Davy now has begun to develop out-of-state satellite clubs.

Tim Oliver, a track letterman of the 70s and a Minneapolis lawyer/real estate developer and Board member, said "Davy has brought a local perspective to Rick Bay's new team in a way that helped bridge the gap between administrations in a very difficult period. He's a person with energy and vision, and really has made a difference in the University's sports program."

Another Gopher star, football great and millionaire Pinky McNamara, says this about Davy: "He has a special talent that is not found in many people. He's a great networker and people person. He knows how to move through the system and get things done."

Davy and his wife, Joan, are the parents of two children, Maureen, 20, and Michael, 12, and live in Eden Prairie. Another child, 17-year old daughter, Anne, died of a brain tumor in January.

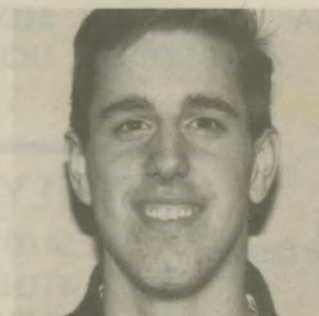
Congratulations, Mark Davy, on a successful career. The "M" Club and the Gopher sports program are proud to have you as a part of its team!

Fan in the Stands

HOW DO YOU FEEL ABOUT GOPHER HOCKEY BEING PLAYED ON CAMPUS IN MARIUCCI ARENA?



Carol Ellson Champlin
I think it would be better if the Gophers played hockey in a larger and newer facility.



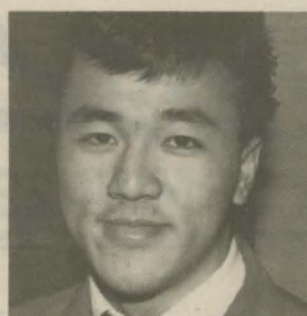
Michael Becker Minneapolis
I don't come to hockey games very often but I like them played here. This is where I think they should be. It's a part of the campus.



Kendra (last name withheld) Fridley
I honestly believe that college sports should always stay on campus. I'm a firm believer in that. I also believe that we need a new arena here to improve the seating and the ability to see the game.



Toni (last name withheld) Minnetonka
I think hockey should stay on campus. That's where all the school spirit is and they should be where the students are.



Huan Nguyen Golden Valley
Playing on campus is the right place for it because all the students don't have to go so far to see a game.



Paul Gulbrandsen Minneapolis
I like the campus arena, however, it's too small an arena for this kind of hockey team to play in. I like the concept of moving across the street to a whole new 10,000 seat facility. I'm in sales here in Gopher items, and I make more money when there are more people.

Aches and Pains

By Elizabeth A. Arendt, M.D.,
Director
University of Minnesota
Sports Medicine Institute



Q I am a 34 year old female who has been long distance running for the past four years. Since I began running, my menstrual cycles have been irregular, and I have not had a period at all in the last year.

Is there a health reason for me to be worried about not having my periods?

B.J.
Maplewood

A What you are describing is a syndrome that has been commonly called exercise amenorrhea. What that means is that there is absent or irregular menses (periods) in a woman who had been previously regular. Menstrual irregularities have been associated with women who exercise regularly. The reason for this change certainly is related to hormones, but what factors are causing the change in hormonal signals is speculative. No one factor has been singularly found to be the reason for a change in the menstrual cycle. It appears that training pattern, caloric intake and nutritional profile, and how one's body reacts to stress, are all possible factors in the change. The reason the menstrual cycle stops is frequently the lack of estrogen stimulus on the uterus. This has important ramifications for your bones, as it has now been clearly shown that women

who lack regular estrogen stimulus to their bones lose bone stock. What this means in layman's terms is that this problem is resulting in weaker bones, similar to osteoporosis in older women. This appears to be associated with increased fracture risk, resulting in increased probability of stress fractures in these athletic runners. Whether this causes or increases osteoporosis later in life is not known, but one should be concerned about this.

Therefore, in conclusion: 1) exercise amenorrhea is a real problem, and it can result in loss

of bone stock in developing girls as well as mature women; 2) this problem is not singularly caused by any one identifiable factor. The exact mechanism is likely multifactorial, i.e., a number of factors playing together; 3) it is imperative for the long term health of the woman's skeletal system to seek appropriate medical counseling when the menstrual cycle is interrupted. This can be obtained from your family practice or primary care physician as well as from your gynecologist.

If you have sports medicine related questions, please send them to:

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Remember When

Rollie Johnson Spoke, and People Listened

By Don Riley



doubt if Rich Little could imitate Rollie Johnson's voice. Some have described it as an echo from the Grand Canyon. I used to think he called me from the Holland Tunnel.

When I was starting out in the media biz over 46 years ago, I was always fascinated by (1) Rollie's voice and (2) the authority with which he delivered his observations. He didn't just theorize. He analyzed. He didn't just tell you why a play didn't work. He told you what should have been called.

What I didn't know about at the time was his expertise. Not until I covered the St. Paul preps did the principal at Monroe High and I meet the esteemed sports scholar Prof Norton, did I realize the knowledge of Johnson, particularly in football which was his true love.

Rollie coached us to a St. Paul city championship the first year we became a regular high school," Norton told me. "Nobody could impart the game to the kids like Rollie. Nobody knows more about the sport of football."

Of course we all know that Rollie went on to become the frank and at times caustic sports-caster for WCCO that we all heard for over 40 years. If it was fishing, he knew first hand the best holes at 5 a.m. In football, he had all the answers and questions that got to the very dots of the element.

In baseball and hockey, he made superb observations. In boxing he was on the inside and prided himself in his supper club operation with former ring figure Max Winter and Ernie Liegel.

His "Rollie's Radio Toom" next to the 620 Club on Hennepin Avenue, was a natural gathering place for local and national celebrities. "I never got rich on it," Rollie told me the other day at lunch. "But I made some wonderful connections and met some tremendous people."

I know. I met Jack Dempsey in Rollie's bistro.

At lunch, the articulate and quick-minded Rollie was still as opinionated and decisive as ever. The 87 years have been good to him.

"Of course, Gopher football was my favorite beat," he pointed out. "In fact, the biggest thrill I ever got in sports was the day that coach Bernie Bierman was cautioning his players about saying too much to the press and sports writers."

"Then he told them, according to friends who were there, that 'You can say what you want to Rollie Johnson. He's one news person that knows this game and will never hurt you.'"

Of course. Rollie could whittle down arrogance and pepper the pseudo sophisticate, but he never maligned or tarnished a man's reputation.

I remember a panel show I had with Rollie and I was castigating a couple of pro wrestlers as being phony athletes. Rollie cautioned me later on, "Don, these guys are just earning a living like the next guy. I don't think we need to embarrass them in public." That was Rollie. Tough as a croc's nose on the outside; sensitive to the frailties of human nature on the inside.

The conversation turned to a story, the complete facts, that I have never heard before. But I knew Rollie would have the inside tale. Rollie had the answer.

"Yes, it was my idea to hire ex-Gopher star Bud Wilkinson away from the Oklahoma coaching ranks and make a television anchor man out of him. I had heard while I was running the news department at WCCO, that Bud was tiring of the long career at Oklahoma and might be ready to start a new career. He had done everything possible to turn the Sooners into grid powers."

"Well, I called Bud and he was interested. He flew in and we tried him out in a private session at WCCO. The guy was just spectacular. He couldn't have been any better reading and interpreting the news in front of a camera if he

had been doing it all his life.

"Well, I made him an offer. He went home to think about it. At the time, it was worth a lot of money. Bud was excited. I didn't hear from him for four or five days and then I called. He really sounded down. He said that he and his attorneys had been going over his contract, there was no way of breaking it without a legal battle. Bud said he loved Oklahoma too much to get into a court mess. He had to say no."

"Naturally, I was distressed. But guess what happened? I hired an unknown named Dave Moore to do the job. Could I have gotten any luckier?"

Rollie being a former coach always empathized with the man at the helm. He loved the discipline and stoney drive of Bernie Bierman.

"No man ever got a team more ready."

He was very close to Murry Warmath and a fishing partner as well.

"Some people thought Murry was too conservative. But look what he did. He took the Gophers to two Rose Bowl games and won most of the big battles he set out to win."

He's a lovable, loyal guy. I thought day in and day out he did as well with Gopher material as any coach in the country could have. He is all man. An honorable guy and he was the first to lure in talented athletes from around the country and make them aware of the Gopher program."

I knew Norm Van Brocklin and Rollie were very close. The stormy Dutchman made friends and enemies while leading the Vikes.

"But he was one of those one-in-a-lifetime characters," Rollie enthused. "He was a creative genius. He didn't like details. But his imagination was tremendous. On good days the Vikes showed us things we never saw before. And Norm loved children and family. You only have to see how he treated his adopted children to know what kind of a real man he was inside."

How about John Gutekunst? Can the Gophers regain their prestige?

"Gutey has a terrific challenge to lure the specialists that key the game these days. If he can ever get over the NCAA cloud and keep playing tough defense until the program attracts some top specialists, the Gophers will be OK. Changing coaching isn't the answer. Players are the answers."

As usual, when Rollie speaks, people listen. As usual, he makes sense.

Don Riley is a 45 year veteran of the St. Paul Pioneer Press-Dispatch Sports Department. He is well known in sports circles across America for his knowledge and cutting wit. Riley is a former daily columnist who now writes a Sunday column in the St. Paul Pioneer Press. He is the author of four best selling books and is highly sought after on the speaking circuit.

Bet You Didn't Know

By Barry Dreayer



One of the toughest jobs in college basketball belongs to the 45-second shot clock operator. He must be able to react immediately to the fast-paced action of the game, or it could become chaos for everyone. Also, he has to instinctively know the rules pertaining to the shot clock. Here's why.

Imagine a player inbound the ball with two seconds left on the shot clock. The ball deflects off a teammate, and after about three seconds of rolling around, is picked up by another teammate. He immediately shoots a successful three-pointer. Does the basket count?

Under college rules, the basket would be allowed. The shot clock does not start during an inbounds play until the ball is controlled by a player. This is different from the NBA rule which states that the shot clock starts on an inbounds play when the ball touches any player. (The rules for both NBA and college hoops indicate that on a throw-in, the game clock starts when the ball touches any player.)

The following is another situation when a shot clock operator must be keenly alert. Assume that there are three seconds left on the shot clock when a defender knocks the ball out of bounds. The opposing team is given not three, but five seconds to shoot once they gain possession of the ball inbounds from the throw-in. This was also the NBA rule until recently, when they decided to reward the defensive team by not resetting the shot clock to five seconds on inbound plays. I would like to see the NCAA follow suit.

One more example illustrates the difficult job of a shot clock operator. If a shot is blocked but recovered by the offensive team, the operator must be sure to reset the shot clock to 45. If the deflected field goal attempt goes out of bounds, then the unexpired time (or five seconds as discussed above) remains on the clock. So if a shot is blocked near the sideline or baseline, the shot clock operator must react instantly to the official's "in bounds/out of bounds" call.

The job of the shot clock operator is not an easy one. This person must be quick, attentive and knowledgeable about the college game. It is also a disadvantage for a college shot clock operator to be a fan of professional basketball because of the critical differences between college and NBA rules.

Barry Dreayer is the president and founder of TeachMeSports, an Atlanta-based company that conducts seminars on how to be an informed spectator of basketball, football and baseball. For more information call (800) 726-3442.

Pre-Season All-American



Brent Gates

Gopher shortstop Brent Gates has been receiving a lot of attention so far in 1991, and for good reason. Gates is the money man Coach John Anderson will turn to this season for offensive production and defensive leadership. Named a pre-season All-American by both *Baseball America* and *Collegiate Baseball*, the crafty shortstop was involved in 54 double plays last year while carrying a hefty .366 batting average. His impressive glove and bat were good enough to earn him

a spot on the 1990 second team All-Big Ten team behind Iowa's All-American Tim Costo. Coach Anderson on Gates: "In my opinion, Brent will be the top shortstop in the conference. He is a very versatile and gifted athlete. He will be the big-play person in our lineup. He will be the guy we will count on to drive the runs in for us. He has the potential to be one of the premier shortstops in the country, both offensively and defensively."

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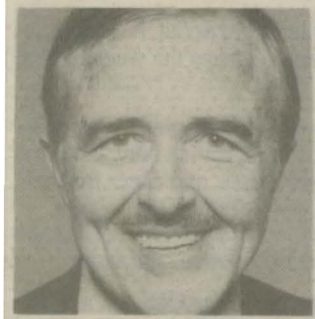
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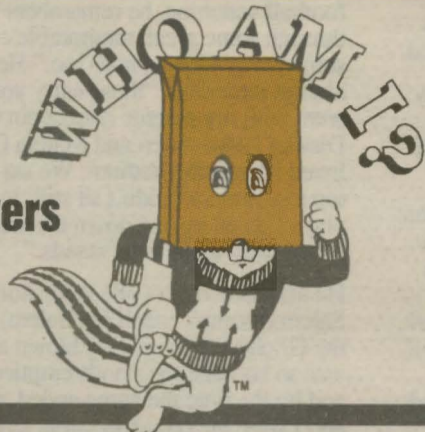
APRIL, 1991

VOLUME 2

NUMBER 14



**Don Riley:
Should
College Players
be Paid?
See Page 7**



**Play
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"Who Am I?" and
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See Pages 4 & 5**



Winning With Minnesota Pride

Doug Woog, Head Hockey Coach

By Steve Peckham

As human beings, it is our nature to have a gross distaste for losing something. Be it a poor round of golf against your least favorite neighbor, or the Monday morning routine of losing the car keys, we absolutely hate losing anything.

While most of us can explain it away as human nature, Minnesota Gopher Hockey Coach Doug Woog's reaction to losing is a bit more odd than the rest of ours.

Fact is, losing is a completely foreign idea to Woog.

A trip down memory lane to his playing days might help shed light on the sensitive subject.

The year was 1966. John Mariucci's final season as head coach of the Gophers. It was also the final season for Doug Woog.

The senior captain had been an All-American the season before, and was returning to play in the first round of the NCAA Playoffs after being sidelined the week before with an infected elbow. The Gophers had dropped a series to Michigan Tech in Woog's absence.

But things were looking up. Captain Woog was back and Minnesota had handled North Dakota with relative ease that year. The season series was 4-1 in favor of the men of gold.

Then that strange phenomenon reared its ugly head. The Gophers lost in Grand Forks that night, 4-7, sending the Sioux on to Denver and Woog and his teammates back home to Minneapolis, for good.

"We went up there knowing we could handle them again," the senior captain tried to explain to a local reporter as he scratched his head. "So, what happened? We lost . . . we fell apart. I don't know what happened, but we quit playing hockey and lost to a team we should have beaten. What a heckuva way to end the season!"

Enough about poor Doug's inability to accept

"Minnesota boys are the greatest. And our fans continue to motivate them to achieve the most from their ability."

Minnesota's Pride on Ice is more than just a phrase: It's a feeling."

—Doug Woog

losing. It has made the man a brilliant coach and the Gophers one of the winningest teams in college hockey over the past five or six years.

Woog was named Most Valuable Player some time after that fateful March third evening in 1966. The honor was the first of many the South St. Paul native would receive.

After graduating from Minnesota (with honors) in 1967 with a B.S. degree in Education, he played for the U.S. National Team.

In 1968, Woog's focus shifted from playing to teaching and coaching. His new career began at Hopkins West Junior High School where he taught geography and coached football and hockey.

He moved back to his roots in South St. Paul later that year, where he became head soccer coach and an assistant coach for hockey and baseball. Woog's soccer teams won six conference championships and



Doug Woog in his playing days.

were runners up for the state championship twice.

In 1971, Woog dove back into hockey full time. He took a coaching position with the St. Paul Vulcans and the Minnesota Junior Stars, who he directed to two U.S. Junior National titles. He was selected to coach the West Team in the U.S. Olympic Festival in 1978. His team left Colorado Springs wearing gold medals.

After the medal, he again returned to South St. Paul as the new head coach. The Packers won two conference championships and went to the state tournament four times during his reign there.

On June 12, 1985, Woog brought his winning ways to a University rich in winning tra-

dition. The former Gopher captain, was now the head coach of the most famous hockey school in the country.

During his tenure here, winning and Minnesota pride have been foremost in players' minds as well as his own.

Minnesota doesn't recruit out-of-state talent. In fact, you won't find a non-Minnesotan on the roster. It's an arrogant philosophy, but a winning one.

"Minnesota boys are the greatest," said Woog. "And our fans continue to motivate them to achieve the most from their ability. Minnesota's Pride on Ice is more than just a phrase: It's a feeling."

Woog has grown confident in his role with Minnesota. But there was a time, as there is in everyone's life, when there was uncertainty about the future.

After the loss to North Dakota in 1966, Woog was asked about his future.

"I really don't know. I'm majoring in geography and education and I'd like to teach, or go into sales. Maybe I'll try public relations. I just don't know."

"Play pro hockey? Yes, I'd like that if I got the right offer. I'm on the negotiating list of the Chicago Black Hawks. But, so far, no one has contacted me."

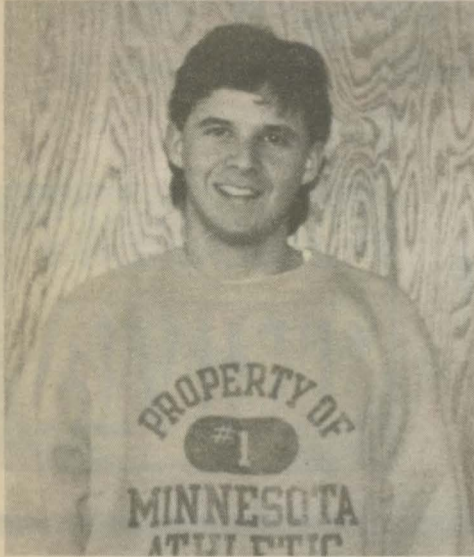
Now, can you picture this Minnesotan in a Chicago uniform? There are some things that just don't make sense.

Like the game of golf, or the sock that disintegrates in the laundry . . . or the idea of Doug Woog ever accepting losing to Maine this year in the playoffs.

Some things just don't add up. Some things never will.

SPORTSNEWS is made possible in part through the encouragement and support of SuperAmerica.

St. Louis Park Fan Attends 100th Straight Home Gopher Football Game



Bobby Oleisky

Bobby Oleisky of St. Louis Park, Minnesota, is the consummate Gopher sports fan. From the time he was eight years old and in the third grade, he's been at every home Gopher football game without a miss! When the Gophers played Iowa last November 24, Oleisky was in the stands cheering the Gophers on to victory. It was the 100th straight home game he's attended.

Oleisky, 23, graduated from the University in American Studies and Criminology in 1989 and currently is a second-year law student at Hamline University.

At 5' 11" and 145 pounds, Oleisky considers himself in good physical condition and an athlete through-and-through. He says he's been interested in sports since he was at Aquila Elementary School in St. Louis Park, where he began playing basketball, football, and baseball. He continued playing those sports in the city's park and rec league, and was a member of the St. Louis Park High School's tennis team. When he graduated high school in 1985, he began playing base-

ball in the Minneapolis Park Board League and participated in the University of Minnesota's intramural softball and football programs. He will again play intramural baseball at Hamline this spring.

Looking back on the past 16 years of home football watching, he remembers "sitting through some great, memorable contests, and some pretty lousy games too." He says he'll always remember "those early years when I went with my parents (Hennepin County District Judge Allen and Marcia Oleisky). I loved Memorial Stadium. We sat in the very top row and I wouldn't sit still. In between plays I'd run up and down the stairs, usually on my way to the food stands."

He also remembers one game during the Salem (football coach Joe Salem) years when the Gophers were getting blown away. "It was so bad that the stands emptied out early and by the time the game ended, my parents and I were the only spectators left in the entire upper deck".

Oleisky, who has always been involved in a variety of activities, says everything is second when it comes to watching a Gopher football game. As a University of Minnesota student, his Saturday night fraternity (Sigma Alpha Mu) parties had to wait until the Gopher football games at the Metrodome were over.

When he was an Eagle Scout, he would never go on camping trips the weekends of a Gopher home game.

Oleisky says his "ultimate goal" is to go to Pasadena, California, for the New Year's Day Rose Bowl Classic and cheer for the Gophers. (He was born in 1966 — four years after the Gophers defeated UCLA 21-3 in their last Rose Bowl appearance).

Congratulations to Bobby Oleisky, a true Golden Gopher booster. Your dedication and fan loyalty has meant a lot to the University's athletic program.

After the Game

By Gary Hiebert (Oliver Towne)



I can't remember the exact year my wife and I made our first trip to the COACHMAN at N. Dale and Maryland in St. Paul. It must have been at least 20 years. Russ Boudin opened it. Had a thing about an old English pub, a coaching inn on the road out of London someplace long ago. Warm woods, carpeting, snug and comfortable on a cold winter's night with a blizzard howling outside.

Prints of old English drinking and eating scenes on the walls.

And out of the kitchen came huge slabs of prime beef, steaks, lobster, walleyed pike, shrimp, pan fried spring chicken, lots of hot, garlic toast.

That was how Russ wanted it and that's how it's been ever since. Russ is gone now and Charley Godbout, who continued the tradition for 17 or more years, has given way to several familiar names in restaurant circles—Vern Landreville and his wife, Cindy, who ran it until last June when Wayne Belisle and "Shorty" Urban acquired control.

Odd that most of its history, the British Coachman has been run by Frenchmen.

C'est la vie!

At each change of management, the long time customers have worried that things would change, like the prime rib sandwich special on Friday noons for the senior citizens who like a big meal at noon.

Or the decor, or the size of the steaks or maybe take the famed au gratin potatoes off the menu or the hot garlic toast.

They just worried it wasn't going to be the same old place they loved and had used as their club for years.

They all worried for naught. Nothing has changed for the less and some for the better.

Gary Hiebert, better known as Oliver Towne, was employed by the St. Paul Dispatch-Pioneer Press newspaper for 47 years. During that time he wrote the "Oliver Towne" column (for 34 years) and the restaurant reviews (15 years). He has also authored five books.

Letters



ARTICLE WILL ACCOMPANY REPORT CARD

Your article "Warm-up, stretching and cool down" which appeared in the November, 1990 issue of SPORTSNEWS is excellent. When I send our next physical fitness report cards home I will attach a copy of the article to each card for the students and the parents. I really think they could use this information and would appreciate it!

I enjoy your paper and keep up the good work.

George Kreutzer
Scottsdale, Arizona
Pueblo Elementary School

ENJOY A WALK IN MINNESOTA

Everywhere I walk in Minnesota I meet new and old friends. It is important to walk. The only way to lose weight is to have a good walk. We are told not to eat this or that and to walk. I was told to go from 179 pounds down to 162 in just seven months. It takes the life out of you and puts another one in to you. But a person has got to learn how to walk many miles and that takes time because you can't treat your body like a machine. Enjoy the outdoors. Mother nature really made it with her own hands.

Robert F. Driscoll
Litchfield, Minnesota

SPORTS SUCCESS MEANS ACADEMIC SUCCESS

I just watched Duke win the NCAA Basketball Championship and it was very clear that the goodwill the basketball team generated across the country helps the school in every possible way. Imagine what that win will do for fund raising? When people—alumni—feel good about their state and school they are more apt to give and give generously. That's how a school really makes it into the big leagues.

All those professors who have complained about college sports for years should finally take note. Winning sports teams means academic success.

Brian Helgeson
Minneapolis

FINAL FOUR IN 1992 WILL BE WINNER

We'll be hosting the Final Four next year in the Metrodome. It will be a winner. The basketball fans will be in heaven and so will the downtown merchants. Thanks to Harvey McKay, Governor Perpich, Billy Bye, Rick Bay and the hundreds of others who pushed so hard for this event to take place in Minneapolis.

Myron Morrow
Minneapolis



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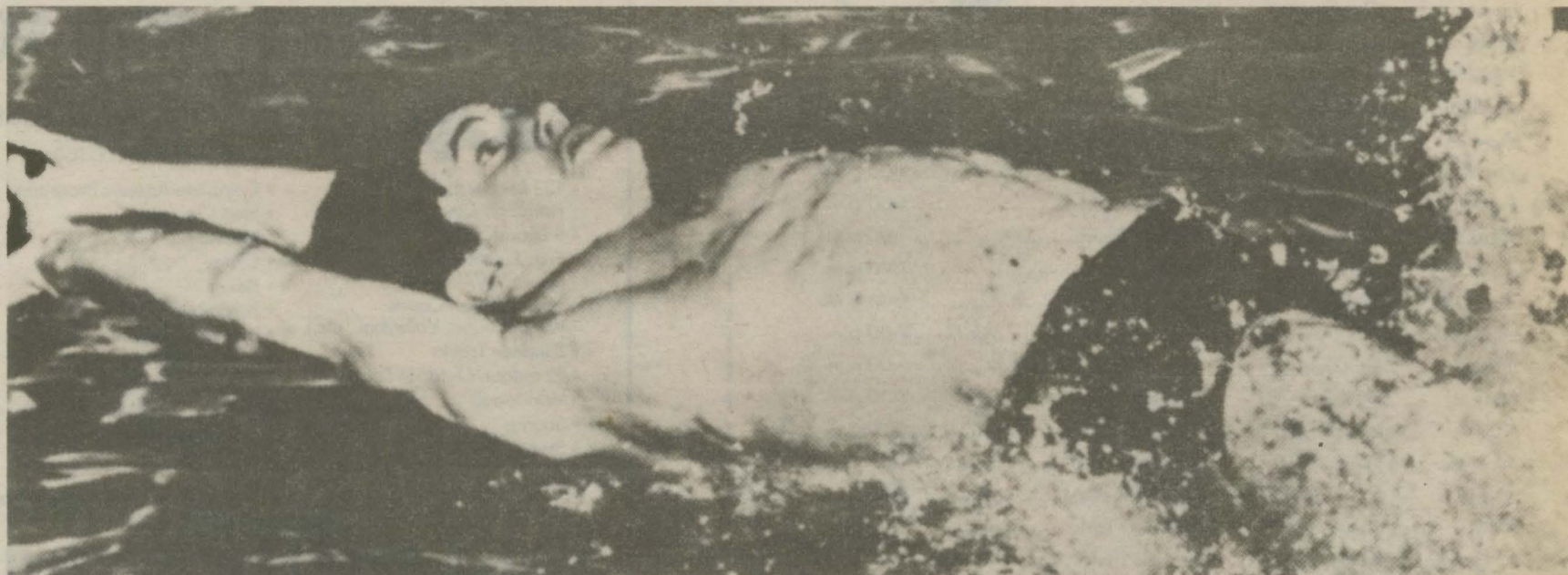
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Where are They Now?

Former Gopher Swim Star Dives Into Business Success

By Len Levine



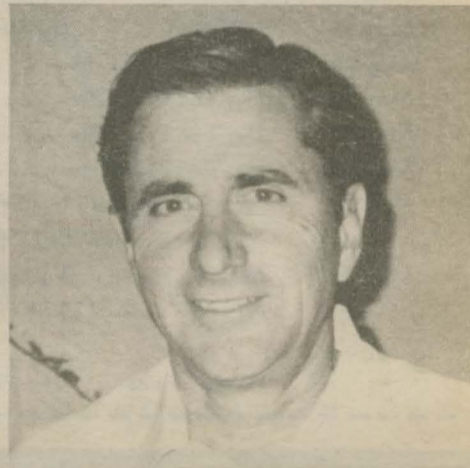
Bill Carney's early years in sports were like so many of ours — get involved, play as many different kinds as there are available, make friends, and have fun. That's really what participation in sports should be about. Carney is a good example of that. Growing up in Minneapolis, he says he played every sport on the neighborhood playgrounds. About the time he was a junior in high school he began to focus on track and swimming, and when the family moved to Duluth and he started at Duluth Central High School, he says running and swimming were what he was all about. He was a long-distance runner on the cross country team and carried that over to track as a miler. As a backstroker (and captain) on the swim-

ming team his senior year, he finished second in the State meet.

As he matured, swimming became his sport. In the fall of 1957 he enrolled at the University of Minnesota and tried out for the swimming team. He did well, but the freshman ineligibility rule kept him out of Big Ten varsity competition. He says the freshman rule actually helped him get his studies under control and as a sophomore, with his confidence built up in both his swimming and academics, he showed steady improvement as a swimmer. Carney lettered the next three years and was a standout in the individual medley, backstroke, and free-style relay. He was the team's captain his senior year.



Bill Carney, 1962



Bill Carney, 1991

Carney graduated in 1962 with a degree in mechanical engineering and went to work for the Trane Company in La Crosse, Wisconsin. After a short training program he was sent to New York City, where he sold heating and air conditioning equipment.

In 1971 he returned to the Twin Cities and worked for the Ingersoll and Rand Company, selling heavy equipment. He stayed for ten years.

In 1981 he became a consulting engineer with the Charles T. Main Company in Boston, concentrating on the design of hydro and fossil-fired electric generating plants.

He moved to Phoenix in 1984 and began his own remodeling and construction business, which has been called one of the area's most successful businesses of its kind.

Carney hasn't changed in looks from the time I knew him at the University. His hair

is still naturally black, he says he's in as good a condition (he regularly climbs up Camelback Mountain's 1500 feet in one hour or less) as he was in the 1960's. "Do you still swim?" I asked him. Without hesitation he answered, "whenever I have the chance."

Carney is the father of two sons: Christopher, a college student in Taiwan, and Michael, a student at Texas Tech in Lubbock, Texas.

Len Levine earned three varsity letters as a member of the Gopher track team and established several records, one of which (the 60-yard dash) stood for 17 years. He was the silver medal winner in the 1960 Big Ten 300-yard dash championship. Levine was President of the "M" Club in 1989.



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'91 Gopher Baseball Schedule

CLIP & SAVE



Date	Opponent	Location	Time
April 16	No. Iowa	Cedar Falls, IA	3:00 p.m.
April 17	Iowa	Jowa City, IA	1:00 p.m.
April 19	Ohio St.	Siebert Field	7:00 p.m.
April 20	Ohio St.	Siebert Field	4:00 p.m.
April 21	Ohio St.	Siebert Field	1:00 p.m.
April 24	Iowa	Siebert Field	1:00 p.m.
April 25	St. Thomas	Siebert Field	1:00 p.m.
April 27	Illinois	Siebert Field	7:00 p.m.
April 28	Illinois	Siebert Field	1:00 p.m.
April 30	No. Iowa	Siebert Field	7:00 p.m.
May 1	St. Cloud St.	St. Cloud, MN	6:00 p.m.
May 2	St. Olaf	Siebert Field	7:00 p.m.
May 4	Wisconsin	Madison, WJ	1:00 p.m.
May 5	Wisconsin	Madison, WJ	1:00 p.m.
May 7	Mankato St.	Madison, MN	6:00 p.m.
May 8	Iowa St.	Siebert Field	5:00 p.m.
May 10	Michigan	Siebert Field	7:00 p.m.
May 11	Michigan	Siebert Field	4:00 p.m.
May 12	Michigan	Siebert Field	1:00 p.m.
May 16	Big Ten Play Offs	TBA	
May 17	Big Ten Play Offs	TBA	
May 18	Big Ten Play Offs	TBA	
May 19	Big Ten Play Offs	TBA	
May 23	NCAA Reginal Play Offs	TBA	
May 24	NCAA Reginal Play Offs	TBA	
May 25	NCAA Reginal Play Offs	TBA	
May 26	NCAA Reginal Plays Off	TBA	
May 31	College World Series	Omaha, NE	TBA

Bet You Didn't Know

by Barry Dreyer



There is a section in the 1991 NCAA rule book that contains a number of hypothetical situations complete with the official ruling in each case. Many of these are interesting and enlightening to college basketball fans. Here are some highlights:

Look Out, Ref

A player dribbles and tries to pass the ball to a teammate, but it strikes an official instead. The player then picks up the loose ball, dribbles a few times and sinks a 15-footer. Does the basket count?

Ruling: No. Because the ball made contact with an official, the passer would not be able to retrieve it unless another player had also touched it. Otherwise, it is treated as a second dribble by the passer and he would be guilty of a double-dribble violation. So move out of the way, Mr. Official.

Can You Touch This?

The Gophers scored a basket, and the opposing team is ready to throw the ball in. A Gopher player is pressuring the inbound pass. The "inbounder" gets fancy and passes the ball to a teammate who is also standing behind the end line (a rare, but legal play). The Gopher defender deflects this pass. Is this allowed?

Ruling: No. A technical foul is whistled for touching a ball that is still out-of-bounds. Good defense is encouraged but in this case he needs to suppress his normal instinct.

Look Out for the Press Pass

After an opponent's basket, a team inbound the ball and is met by a pressing defense. Nine seconds elapse before a length-of-the-court pass (airborne for an additional two seconds) is thrown to an open teammate for an easy layup. Does it count?

Ruling: No. The 10-second violation will be called. The ball is considered to still be in the

backcourt while "in flight" to the front court until it touches either a player or the court. The count is continued even after the ball passes through the "plane" of the midcourt line.

Given the Runaround

A screen is set near the end line for an offensive player. He runs out of bounds underneath the basket and appears in bounds on the other side. He then receives a pass and makes the baseline jumper. Are the points allowed?

Ruling: No. A technical foul would be called on the player for going out of bounds for an unauthorized reason. This prevents players from hiding near the court and then popping onto it to receive a pass and make a shot.

oops...

At the beginning of a game, a confused player gathers a loose ball from the opening tap and shoots at the wrong basket. He is fouled and the ball goes in. What happens?

Ruling: The basket does not count. The play had ended when the foul occurred. A shot attempt at an opponent's bucket is not considered a try for goal, and therefore, the shot is disallowed. The fouled player is entitled to free throws if his team is in the bonus or his team takes it out of bounds if the penalty does not yet apply. This play is also guaranteed to be shown on every sportscast that evening.

Next time you are watching a televised college basketball game, a commercial, "You Make the Call", might appear. If so, get ready to come out on top if they address one of the above situations.

(Barry Dreyer is the president and founder of TeachMeSports, an Atlanta-based company that conducts seminars on how to be an informed spectator of basketball, football and baseball. For more information call (800) 726-3442.)

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Answer the following three SPORTSNEWS Trivia questions correctly and be eligible to win a \$25 gift certificate from SuperAmerica and two tickets to a Gopher football game. The winner's name will be drawn from among all correct respondents and announced in a coming issue. Good Luck!

1. How many senior pitchers are on this year's Gopher baseball team?
2. What Gopher had a higher batting average than Dan Wilson last year?
3. Who was the last Gopher hockey All-American? Hint: The year was 1988.

Mail to:
SPORTSNEWS Trivia
386 N. Wabasha Street
Suite 830
St. Paul, MN 55102

The
SPORTSNEWS
staff
congratulates
Tom Chambers
of Winona,
our latest Trivia
winner!

The Q's and A's last time were:

1. When is the last time the Gopher basketball team won the Big Ten championship? Answer: 1982
2. What current Gopher baseball player holds Minnesota single-season records for Most At Bats, Most Hits and Most Doubles? Answer: Brent Gates
3. What former Gopher hurler and current California Angel, holds the single-season record for most strikeouts? Answer: Dave Winfield

Morgan Caps Off Perfect Season

By Chris Monter

Gopher senior **Marty Morgan** capped off a 39-0 season with a win in the 177 pound weight class at the NCAA Wrestling Championship. Morgan, who was a runner-up last year, defeated Iowa's Matt Johnson 17-7 to become the first Gopher national champion since Pat Neu in 1977.

Morgan and four other Gophers, who lost in the quarterfinals, helped the team accumulate 39 points, good enough for an eighth place finish. Last year, the Gophers finished tenth overall. Iowa won the team title with 157 points and had two individual champions and four runners-up.

Dave Zuniga 134 pound senior (2-4 this season) finished in seventh place and earned All-American honors for the second consecutive year. He finished runner-up last year. This year he was slowed by eligibility problems and a knee injury. He lost to the eventual champion Iowa's Tom Brands 12-6.

Damon Johnson 142 pound redshirt freshman (19-7-4) lost to Iowa's Troy Steiner 3-2 in the quarterfinals.

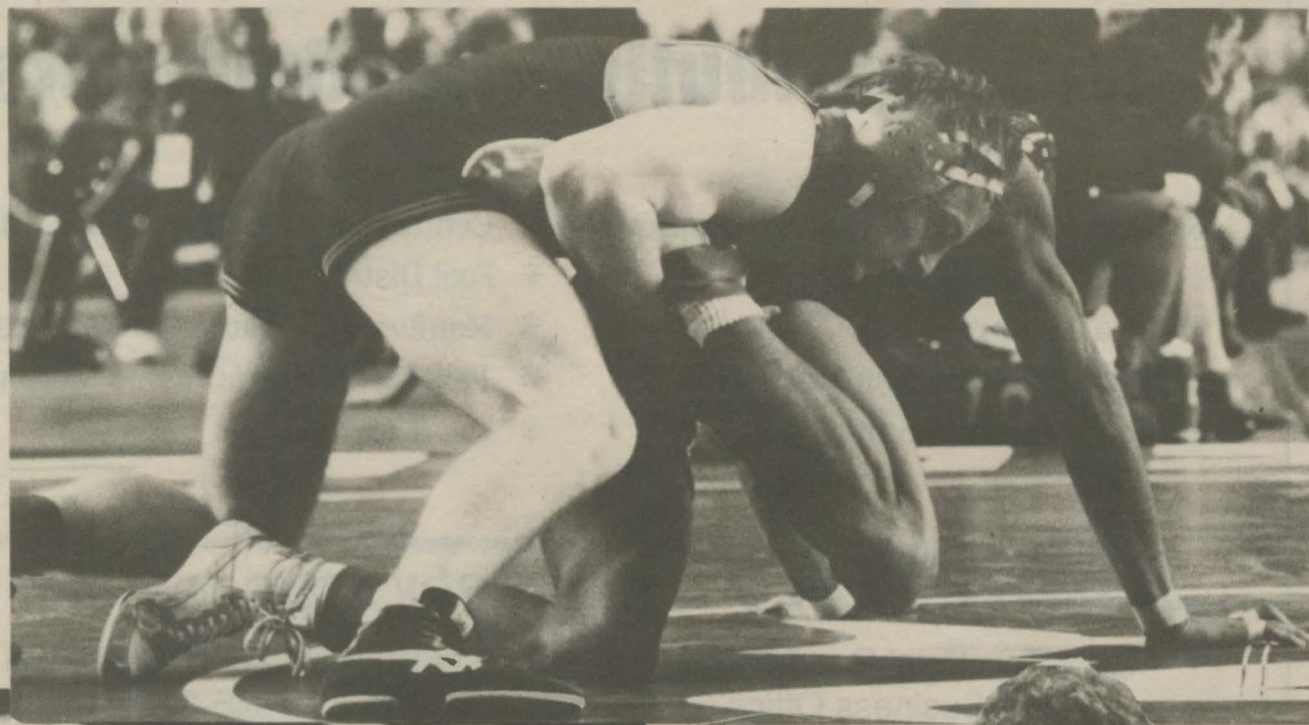
Sophomore **Willy Short** (27-9-1) lost to Gary Steffensmeier of Northern Iowa 4-2 in the 150 pound class. Wisconsin's Matt Demaray won the 150 pound title. Demaray is from Apple Valley.

Sophomore **Mike Marzetta** (21-10) lost on a technical fall 20-5 to Iowa's Tom Ryan at the 158 pound class.

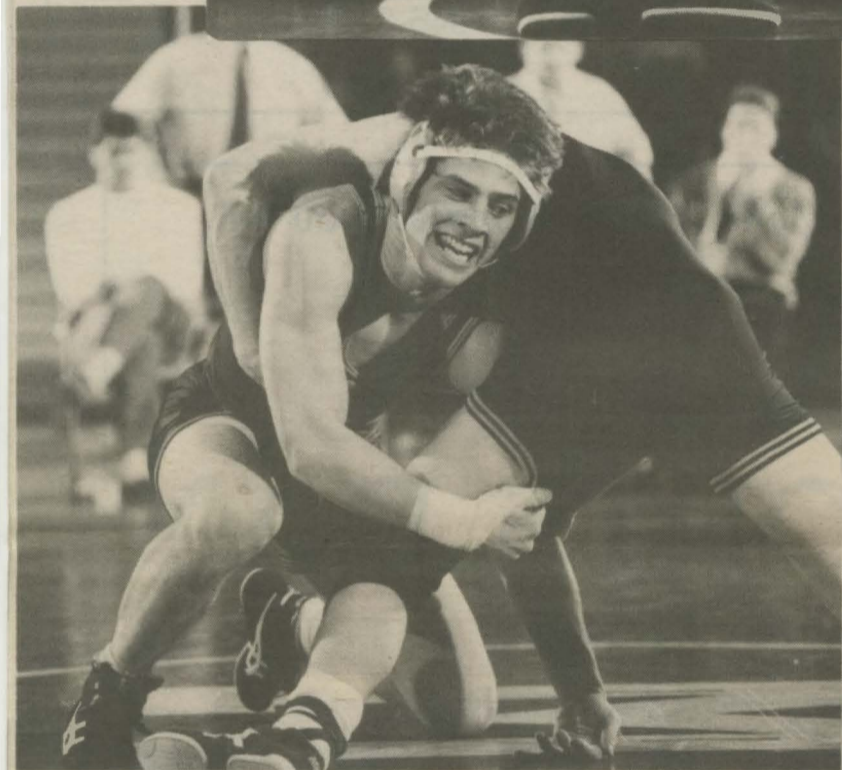
Morgan became the second three time All-American for the Gophers. Larry Silverberg was the first in 1974-76. This was actually

Morgan's second college championship. He won the NCAA Division II championship as a freshman at North Dakota State before transferring to the University of Minnesota.

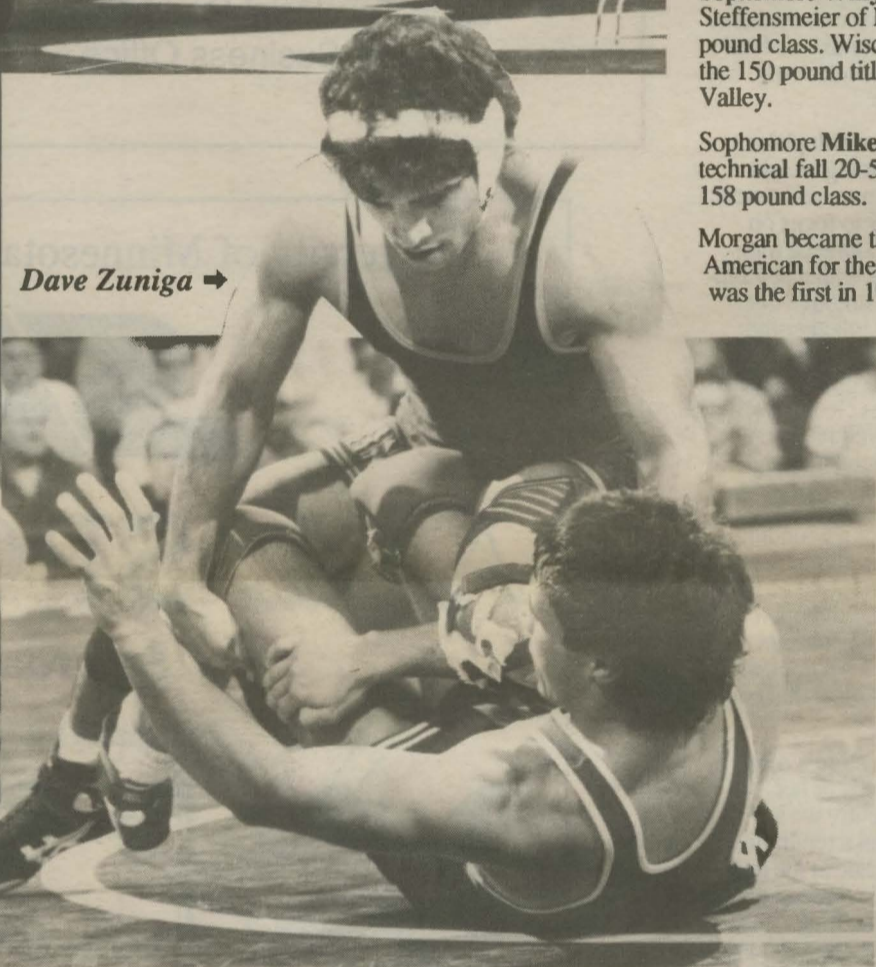
Morgan, who had the number one ranking all season, is working on a new goal with his brothers, John and Gordy, who were former Gopher wrestlers. They hope to be the first set of three brothers to make the Olympic team. John and Gordy are the number one ranked wrestlers at their weight class in the country. Marty said that he plans to move up to 198 pounds to compete in the Greco Roman competition.



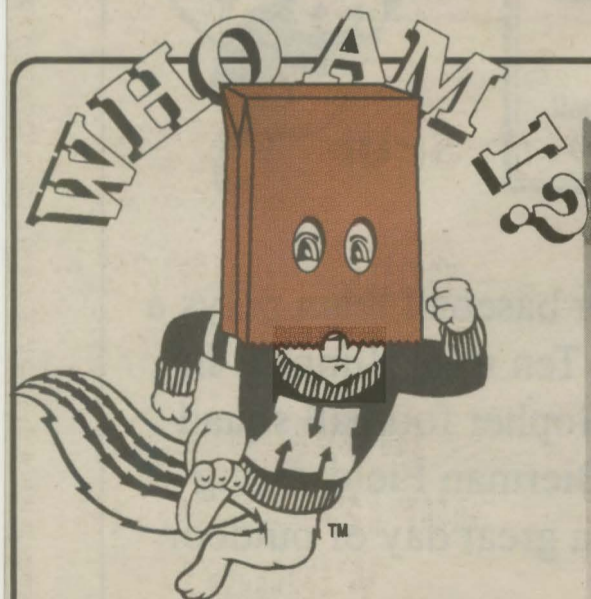
Marty Morgan →



Willy Short ↑



Dave Zuniga →



And What Part Did I Play In The Golden Gopher Tradition?

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One correct answer will be selected randomly from among all those sent to SPORTSNEWS. The winner will receive a \$25.00 gift certificate from SUPERAMERICA.



1960 Photo

I attended high school at Summit, South Dakota. I was on the University of Minnesota Cross Country and Track teams. I lettered in cross country in 1950 and 1951 and as a distance runner on the track team I earned my "M" in 1951 and 1952. My speciality was the mile run. In 1952 I graduated from the University with a B.S. degree and then coached for three years at Watertown, S.D. My next stop was at the University of Minnesota where I assisted Jim Kelly.



1960 Photo

I came to the University of Minnesota in 1954 when Murray Warmath asked me to join his staff as the line coach. I became acquainted with Coach Warmath when he was my line coach in 1946-47 at the University of Tennessee. I was named to many Southeastern Conference All Star football teams. After graduation I played with the New York Yankees. Before joining the Gopher coaching staff I was an assistant coach at Washington and Lee, Maryland and Mississippi State.

Aches and Pains

By Elizabeth A. Arendt, M.D.,
Director
University of Minnesota
Sports Medicine Institute

Q I have a 13-year-old son who is into heavy weight lifting. I am afraid that this is not good for youngsters. What are your thoughts?



A This is a very difficult question. Certainly the potential of injury in people who are not yet through their growing period has come to light in recent years. This is a field of sports medicine that is continuing to be investigated, no hard data is available. However, the following guidelines are felt appropriate:

1. Children with open growth plates should refrain from doing weight training where maximum resistance is the goal. It is better to focus on light weight repetition, i.e., endurance training, rather than heavy weights with a few repetitions, i.e., power training. Although one would need an x-ray to verify whether the growth plates are open, growth plates close within a year of the time that a girl first menstruates, with a boy's growth plates closing within three to five years after he develops secondary sexual characteristics (facial hair and voice changes).

2. Endurance training for a pounding sport, i.e., marathon running, is generally felt to be unfavorable for those with developing bones and open growth plates. This is due to the constant pounding on the growth plates. Their effect on developing bones is unknown at this point in time.

3. The weakest link in a child's musculoskeletal system are his or her growth plates. Frequently we see apophysitis rather than a tendinitis. An "apophysitis" is a growth plate at the end where a tendon inserts. We see these at the end of the achilles tendon in the foot, either end of the patella tendon in the knee, where the muscles of the leg insert into the pelvis. These can undergo irritation with repetitive activities.

4. A general guideline is to make sure that team play is appropriate to body size as well as abilities. It is wise to check out the equipment used by the teams, and the coach's knowledge of that sport and its injury potential.

In general, individual and team sports are a healthy way for the child to mature, both physically and mentally. I hope the above offers some guidelines for safe sports activities for your youngsters.

If you have sports medicine related questions, please send them to:

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(Minnesota vs. Illinois)



On Saturday, April 27 the Golden Gopher baseball team plays a doubleheader at Siebert Field versus Big Ten rival Illinois. In between these games, the 1991 Golden Gopher football squad will play an outdoor spring game at the Bierman Field. Bring your family and friends and come enjoy a great day of outdoor Golden Gopher football and baseball!

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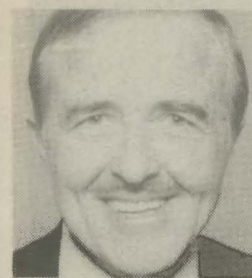
Tickets are \$4.00 at the gate, or stop by any participating SuperAmerica location in the 7-county metro area and get a coupon redeemable for FREE ADMISSION.

For more information, call the Gopher Ticket Office at (612) 624-8080.

Remember When

Players Could Find Small Change

By Don Riley



he was interviewed at a sport show in the Twin Cities 40 years ago.

Dapper Wes Fesler had just become the new head coach, succeeding Bernie Bierman. On his first television appearance, Fesler turned to his new

Wayne Robinson

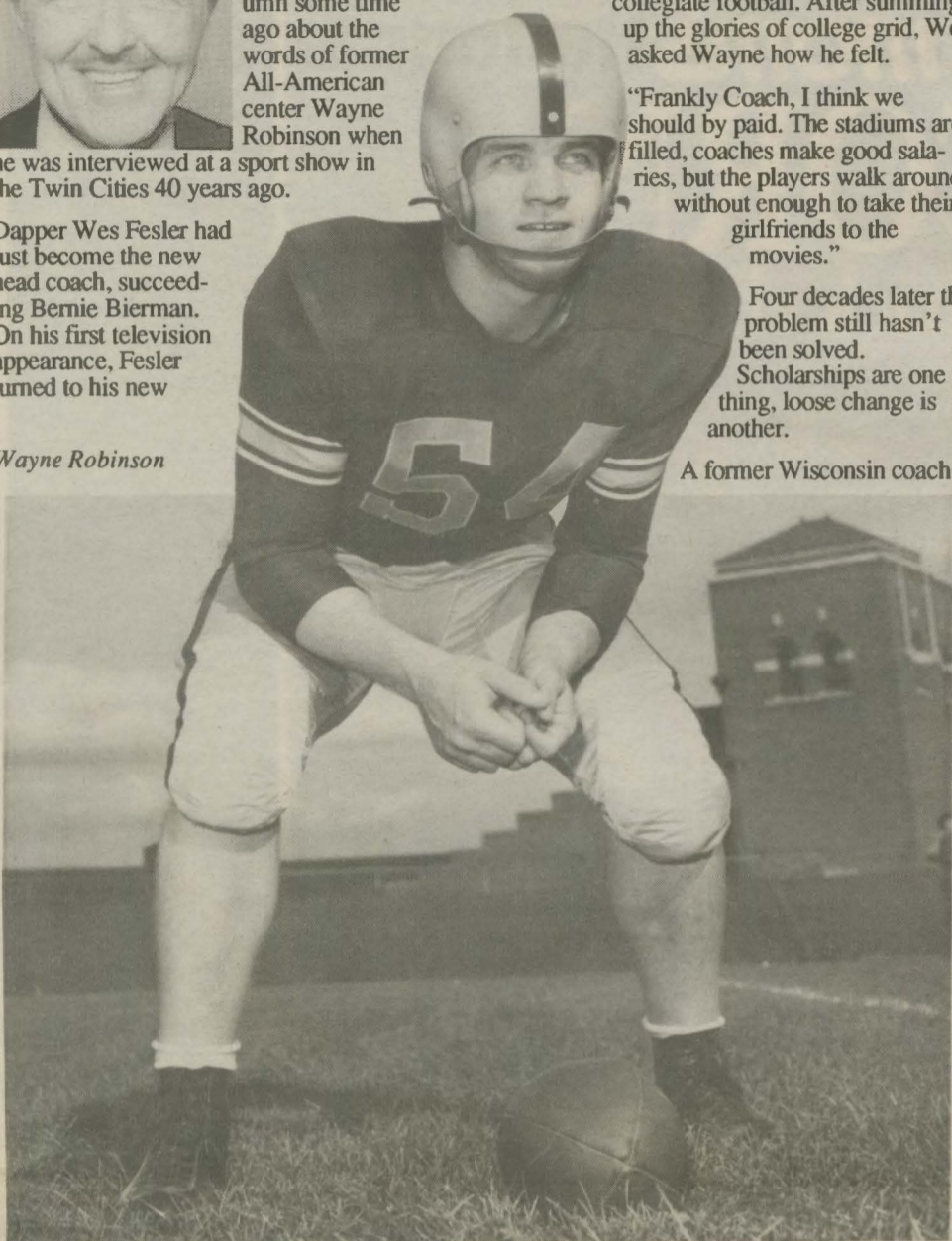
I had written a column some time ago about the words of former All-American center Wayne Robinson when

Gopher captain, and extolled the virtues of collegiate football. After summing up the glories of college grid, Wes asked Wayne how he felt.

"Frankly Coach, I think we should be paid. The stadiums are filled, coaches make good salaries, but the players walk around without enough to take their girlfriends to the movies."

Four decades later the problem still hasn't been solved. Scholarships are one thing, loose change is another.

A former Wisconsin coach



told me recently, "The kids who make the difference generally come from low income homes. They need more than books and pencils and computer instruction; they need a little money to make them feel worthwhile. There's nothing worse than being a big star, but not having enough in your pocket to buy the morning newspaper."

OK, so how did the players survive for all these years?

"It was relatively simple for so many years before the NCAA rule book grew to a 20 pounder, six inches deep," said ex-Gopher legend and former inspirational coach, Butch Nash. "I used to vehemently speak against the spending money for athletes. Now, I'm not so sure. Let me give you an example of what sticks in my mind.

"Back, oh maybe ten years or more, when I was still coaching at the U, I ran into a footballer who confided to me that he had absolutely no money for a meal. Like anyone else, I loaned him 20 bucks. He was so thankful. Two weeks later, he paid me back every penny.

"I certainly didn't feel I had done any harm. Here was a hungry kid who needed a meal. If I was guilty of a crime, so be it."

It was so simple until the last decade of investigations, so many of them chicken feed variety. For years the Gophers as well as players all over the country, got a few shekels to jingle in their pockets by selling tickets to avid alumni. If the team was a real winner, certainly the buyer was elated to contribute a few pounds over the printed price.

"We all did it," a former Notre Dame player from the Twin Cities told me. "We had a designated seller who collected tickets we didn't use and he would batter the alumni. It was a done deal for all the teams. It was a way of getting a little spending money and certainly there wasn't anything wrong with the transactions."

That is until the NCAA included the petty gifts along with the transgressions of some schools who thought their halfbacks and pass catchers should be driving new convertibles and staying in private apartments. Certainly it got to be a system that spawned abuses and corruption.

As one west coast star one said publicly, "I really don't know if I'll be able to afford to play in the pros." That was over three decades ago, so it's easy to understand the sophisticated under-table maneuvering that eventually brought down the wrath of the NCAA.

But peddling tickets seemed so innocent. I used to give a ride to players who sold a few dozen over the season to a used car lot manager on Lake Street. Another sold his to an insurance company president. Nobody was coerced. The Gopher fan who wanted good seats was delighted to see his coin in the hands of a player he admired. He understood the athletes' plight.

Then there were the odd jobs. One bank president told me he had three players on his payroll. They work four or five spare hours a week. Some worked in grocery stores. Some delivered merchandise on truck routes. Others shook hands and did public relations for breweries. Others were floor salesmen. The money wasn't great, but it gave the athlete that modicum of independence everyone needs.

But the scrutiny of the NCAA and the long practice hours and the advent of comprehensive film viewing have virtually destroyed any extra time in which an athlete can earn outside money. If he takes coin from any realm he automatically becomes a felon in the eyes of collegiate police policies.

There's another point:

In the good old days the salaries of college grid coaches ranged from \$5,000 to \$20,000.



Gopher Football Coach, Wes Fesler

Today, the average stipend of the major college coach is right at the \$100,000 mark plus another \$100,000 for public appearances, media shows and columns. One Big Ten coach, it is estimated, earns \$500,000 from outside sources, including the sale of concessions all over the state.

This is major business, baby, but the player has been left in limbo.

A restaurant owner I knew in a major Big Ten town had the answer 30 years ago. He let the players and their girlfriends and family eat at his establishment and merely sign the tab. Nobody abused the situation he told me. It gave the players a feeling of pride. All was fine until the NCAA deemed this deal a slush fund.

Today it is a sin to give a player a call for a ride across campus in the rain. It's wrong to loan him five bucks to call his mother. It's a disaster if an alumni takes the kid to his country club.

Is it any wonder the old timers shake their heads and say it was better for the athlete in the old days?

Not much. But a little.

Don Riley is a 45 year veteran of the St. Paul Pioneer Press-Dispatch Sports Department. He is well known in sports circles across America for his knowledge and cutting wit. Riley is a former daily columnist who now writes a Sunday column in the St. Paul Pioneer Press. He is the author of four best selling books and is highly sought after on the speaking circuit.

Before he decides on his starting lineup...



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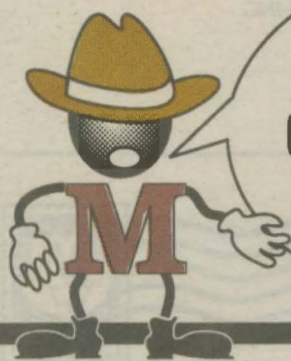
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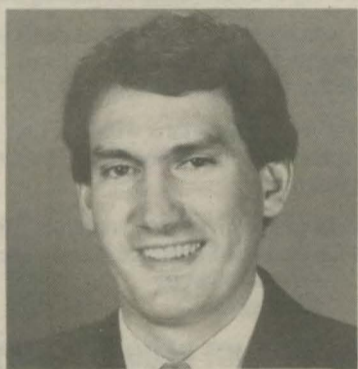
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"M" - Men Speak Out On Gopher Sports See Page 5



Play SPORTSNEWS "Trivia" & "Who Am I?" and Win Free Prizes! See Page 4



John Anderson, Baseball Coach

By Steve Peckham

There was a time when head coaches were blindly trusted and loyally feared. Today we live in a society where the occupation of head coaching is a mind-boggling profession.

About five months ago North Stars Coach Bob Gainey was being publicly criticized for his non-emotional style of coaching. Today he is being hailed for keeping the emotions of his young players in check and leading them on an impressive playoff run.

An odd vocation indeed.

Can you think of a professional sports team in the Twin Cities whose coaching succession has garnered a winning tradition, year in and year out? Don't scratch your head too long. There isn't one.

There is a college sports team in town, however, that holds a rich tradition in both coaching and winning: The University of Minnesota Baseball Team.

Since 1951, the Gophers have had only one losing season. Since 1934, they've tallied only three sub-500 years. Now that's a winning tradition.

The past five Gopher head coaches have had career winning percentages that would make any program in the country jealous:

Frank McCormick, 1931-1941, .602 winning percentage; Dave MacMillan, 1942-1947, .663 winning percentage; Dick Siebert, 1948-1978, .676 winning percentage; George Thomas, 1979-1981, .688 winning percentage; John Anderson, 1982-present, .669 winning percentage.

Great coaches churning out great players.

The names of Gopher alumni read like a who's who of college baseball:

Walseth, McCartan, Winfield, Molitor, Steinbach, Olson, Wilson, Raabe, Gates.

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Gopher baseball continues to churn out top players, winning seasons

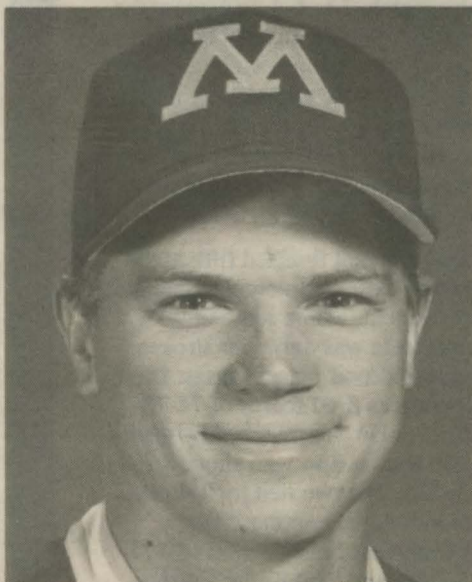


Above: Anderson is one of the best "teaching" coaches in the Big Ten

To most Minnesota fans, Gopher baseball began with Dick Siebert. The "Chief" led Minnesota to five College World Series appearances. He was a legend in his own time and continues to have an influence on the game today, through the players and people he touched when he was alive.

Perhaps the one individual who Siebert touched the most was John Anderson. Anderson came down from the Iron Range in the 70s to play baseball for the Chief. As fate would have it, the young pitching prospect threw his arm out before coming close to reaching his potential.

But Anderson's love for the sport didn't leave as quickly as his physical ability to play it. He became a student manager for the team allowing him to watch, listen and learn how Siebert managed his squad. Upon graduation,



John Kopfer

Anderson took a graduate assistant position under his mentor.

When the legend passed on in 1979, Siebert's former assistant, George Thomas became head coach, bringing Anderson up as his right hand man. He later became head coach himself in 1981.

The rest has been golden history for the Gophers. In his rookie season as head honcho of the team, he led Minnesota to the Big Ten title and a berth in the NCAA Tournament.

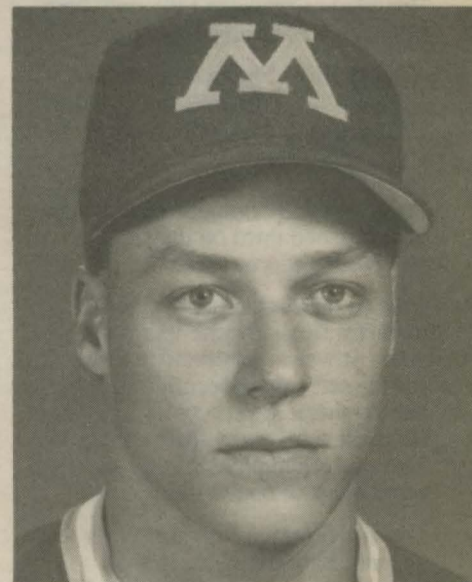
Since then he has added two more conference championships and three more NCAA appearances making an impressive record to say the least.

His talented 1991 squad looks to add a lot of "W's" to that impressive record. Seniors John Kopfer and Jeff Monson co-captain this squad. Both are experienced leaders and superb athletes, near the top of the team batting average charts so far this season.

Kopfer is an outfielder from Oconomowoc, Wis. who led the Gophers summer league last year with 16 home runs.

Monson also has power and is a durable player. The first baseman from Bloomington has played in every game but one in the past two seasons. Anderson calls him the classic overachiever who hates to lose. Guess it takes one to know one.

The names change every three or four years. This year it's the Kopfer's and Monson's and Gates' and Bakkum's and Davis'. The names may change, but the tradition remains the same. Solid coaching, winning seasons.



Jeff Monson

SPORTSNEWS is made possible in part through the encouragement and support of SuperAmerica.



Comeback Kid Crowned King

After sitting out of competition much of the year because of injury, sophomore gymnast John Roethlisberger has come back to reach the pinnacle of collegiate gymnastics.

The Afton, Minn. native won the individual all-around competition at the NCAA Championships at University Park, Penn. last month. Roethlisberger, who had a serious ankle injury early in the season, edged out UCLA's Scott Keswick with a score of 115.450. The same two gymnasts tied for the parallel bars championships posting identical scores of 9.75.

Roethlisberger's title marks the first NCAA individual champion for head coach and close family member (father) Fred Roethlisberger. It is also the University's first NCAA individual champion since Kenneth Bartlett won the rings championship in 1953.

Young John finished seventh on the floor exercise and fifth on the still rings.

Seniors Go Out in Style

Roethlisberger wasn't the only hero this month in Pennsylvania.

Seniors Mike Farina (Mundelein, Ill.) and Jay Caputo (Longwood, Fla.) finished the Gopher careers in style by finishing 14th (110.900) and 15th (110.775) respectively in the all-around competition. Farina also finished third on the parallel bars with a score of 9.70.

Minnesota missed qualifying for the team finals by one-tenth of a point. It was a heartbreaking loss for the second consecutive year for the Gophers. A year ago, Minnesota missed winning the National Championships by the same margin: one-tenth of a point.

The University's Roethlisberger, Caputo, Farina and Carlson all were named to the gymnastics 1991 All-America team.

Hockey Gophers Sign Two More

Doug Woog reinforced his "Minnesota Boys Only" reputation last month by signing two more natives to national letters of intent.

Brandon Steege, a 5'8", 180-pound forward from Richfield High

School will wear the maroon and gold next year. Steege will rejoin Richfield linemate from this season, Darby Hendrickson, who has signed earlier. The two Spartans played key roles on route to leading Richfield to the Minnesota State High School Hockey Tournament consolation title this season.

The Gophers also signed 6'2", 180-pound defenseman John O'Connell out of Apple Valley High School. O'Connell was touted as one of the top defensemen in the Lake Conference this season.

Gopher Notes

After dropping a disheartening 5-4 match with Iowa, the men's tennis team returned to winning form last month beating Michigan and Michigan State in the same weekend. The Gophers' Brian Uihlein and Adam Krafft won the #2 doubles match, 7-6, 6-4, to capture the victory over Michigan. The next day Minnesota horsecollared Michigan State winning eight of nine matches. Senior captain Kevin Werwie improved his season record to 28-8 after defeating his Spartan opponent, 6-1, 6-1.

The golf team finished fifth at the recent Firestone Intercollegiate golf tournament, with a score of 906. Minnesota was only four strokes behind second-place Kansas. Dave Carothers fired scores of 74-75-76=225. He was matched by teammate Rick Kuhn who shot 74-78-73=225. The two tied for 17th in the individual rankings. Terry O'Loughlin finished 33rd (77-77-75=229) and Paul Keller finished 41st (76-80-75=231).

John Gutekunst's football team finished spring drills with a bang at the annual Spring Game. Notables from spring drills are running back Antonio Carter and receiver Lewis Garrison.

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Letters



RICK BAY BROUGHT ORDER TO U SPORTS PROGRAM

With the fast pace of life today it is easy to forget the chaos that enveloped the men's athletic program at the University of Minnesota just a few years ago. A lot has changed since that time. Rick Bay deserves a lot of the credit for bringing stability to a shaky program. Bay has a special knack for management and I've watched him both in person and listened to him on the radio and television and I am convinced he lets the athletes know what he expects of them.

Another Rick Bay achievement that has almost gone unnoticed is his direction for the Final Four tournaments which were held in Minneapolis this year and are scheduled again for next year. A sign of a successful administrator is one who can do his business in such a way that people hardly notice. That's Rick Bay.

Ralph Creeden
Minneapolis

WENDY ANDERSON MAKES STATE A BETTER PLACE

Your article in the March (number 11) issue of Sportsnews highlights the life and career of Wendy Anderson. It is a great article which points out how a person who comes from humble beginnings can rise to greatness by applying himself and sticking to it.

Anderson was one of the all time great hockey stars to come out of Minnesota. He was determined to make the Olympic team, and he did. He wanted to serve his community, and he did, first as a state legislator, then Governor, then U.S. Senator and now member of the Board of Regents.

Wendy really has left a mark on the state and its people. We're better off because of him and we are deeply grateful for his sacrifice and commitment.

J. O'Leary
Minneapolis

HASKINS SHOULD BE GIVEN A LIFE CONTRACT

Clem Haskins should be given a life contract. I know many people think such a thing is unheard of in college sports but just look what he has accomplished. He took a program that was lower than just about any program anywhere



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and he began a successful rebuilding effort.

I like watching the way Haskins deals with his players. He is like a father to them. That's not all that bad in this society today.

And for those sports fans who feel that winning is the most important thing, Haskins has done that too.

Clem should be given a life contract. He's good for the U of M and the entire state.
Frenchy Marcus
Minneapolis

WOOG'S POLICY IS GOOD POLICY

Doug Woog's policy of recruiting only Minnesota hockey players is a good policy. Why should we have to go to Canada or Wisconsin? It's the right thing to do and his record proves it.

Tom Page
Rochester

CHANGE HOCKEY RULES TO EXPAND SCHEDULE

I hope Rick Bay can convince the other Big Ten athletic directors and coaches to allow each team to play each other three times rather than four. This will allow for more versatility in scheduling.

Todd Andreason
Brainerd

STOP POLITICAL SQUABBLING

The state of Minnesota has become big league. It's hard to believe we are or will be the home of the Super Bowl, Final Four, Sports Festival, the Special Olympics and the U.S. Open.

When former Governor Rudy Perpich took the lead and made a promise that he would commit \$500,000 for both the Final Four and Super Bowl. I remember he had bipartisan support in the legislature and from the community.

Now it looks like some politicians want to make political headlines with Perpich gone. It would be a big mistake to renege on this commitment.

These sports events do so much to give our area national recognition. I can't think of another such event.

Gregory Hill
Edina

Where are They Now?

PERSISTENCE PAID OFF FOR GOPHER DISCUS THROWER

By Len Levine



Ray and Lillian Nurkka were quiet, hard-working people who owned a small general store in rural Nashwauk, Minnesota. They encouraged their two sons, Glen and Gene, who attended

Greenway High School 18 miles away, to participate in sports because it was a way to develop both body and mind.

Ray, now deceased, was very athletic in his youth, playing many sports. He was a semi-pro hockey star in Duluth in the late 1920s and was a well-known baseball and hockey coach for many youth league teams. Both Glen and Gene took their parents' advice. Glen competed in football, track, basketball, and wrestling, and Gene played football and wrestled. When Glen was a senior in 1953, he starred in football, playing tackle and defensive end and was the wrestling runner-up in the regional championship. That same year he played in the prestigious Pillsbury All-Star football game.

He enrolled at the University of Minnesota after graduation and made the freshman football, wrestling, and track teams.

It was in wrestling that the course of his life changed. As a heavyweight wrestling at 215 pounds, he was paired against 260-pound Norm Sixta in an inner-squad practice match. He says he went into that match determined to do well, but the 45-pound difference was too much, and Nurkka was seriously injured.

"Sixta literally separated my chest from one end to the other," said Nurkka, tearing ligaments across his chest. His wrestling career

"Sports prepares one for what life is all about. I'm glad I competed in high school, and my days at the University of Minnesota were days that I'll always remember".

-Glen Nurkka

was finished. There was so much damage in the chest area that he wasn't able to play football the following spring, and his track career was also ended.

The next year he joined the track team as a discus thrower. The competition was stiff. He was hardly noticed, throwing behind Gopher greats Dale Yonkey, Byrl Thompson, and Gerry Helgeson, three of the best discus throwers in the school's history. Although, competing in the shadow of these greats, Nurkka was not to be deterred. He was determined to succeed. He kept at it and finally in his senior year he made a mark, finishing 5th in the Big 10. Yonke and Nurkka finished 1-2 in every dual meet that season.

After graduating in 1957 with a degree in education, Nurkka taught social studies and was the football coach at Grove City High School near Litchfield, west of Minneapolis. The following year he was the head football coach at Nucla High School in Nucla, Colorado. Over the next five years his teams won two conference titles and was a finalist in the state championship.

In 1962 he started graduate school and began selling insurance part-time for Lutheran Brotherhood. That part-time job soon became full-time, and Nurkka left graduate school to open a Lutheran Brotherhood office in Denver, Colorado,

where he stayed for the next three years. He then moved to Scottsdale, Arizona, to head up the company's office and has stayed there ever since. Last year Nurkka's agency ranked seventh in sales among the more than 70 sales agencies in the nationwide Lutheran Brotherhood organization.

Nurkka remains physically fit and continues to throw the discus. He's won the discus title the past five years in Senior Olympic competition and qualified in March in the Arizona State meet. He says he'll compete again this year in the National Olympic meet in the 55-59 age category.

As a Gopher, Nurkka's best throw was 154 feet. He's now consistently hitting the 125-foot mark.

Nurkka and his wife, Sandra, are the parents of three children, all who live in Phoenix: Hal, a high school basketball and baseball star who plays baseball at Vanderbilt University on a scholarship; Rick, a high school baseball and football standout; and daughter, Stacia, who's been a star athlete in the Special Olympics for the past several years. She won the bowling crown the past two years for her Arizona team.



Glen Nurkka, 1991

"Playing sports and keeping in there when it didn't look that good for me has been a lesson that I've followed in my life," said Nurkka. "I believe it's even rubbed off on my kids. Sports prepares one for what life is all about. I'm glad I competed in high school, and my days at the University of Minnesota were days that I'll always remember".

Len Levine earned three varsity letters as a member of the Gopher track team and established several records, one of which (the 60-yard dash) stood for 17 years. He was the silver medal winner in the 1960 Big Ten 300-yard dash championship. Levine was President of the "M" Club in 1989.



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'91 Gopher Baseball Schedule

CLIP & SAVE



Date	Opponent	Location	Time
May 7	Mankato St.	Madison, MN	6:00 p.m.
May 8	Jowa St.	Siebert Field	5:00 p.m.
May 10	Michigan	Siebert Field	7:00 p.m.
May 11	Michigan	Siebert Field	4:00 p.m.
May 12	Michigan	Siebert Field	1:00 p.m.
May 16	Big Ten Play Offs		TBA
May 17	Big Ten Play Offs		TBA
May 18	Big Ten Play Offs		TBA
May 19	Big Ten Play Offs		TBA
May 23	NCAA Regional Play Offs		TBA
May 24	NCAA Regional Play Offs		TBA
May 25	NCAA Regional Play Offs		TBA
May 26	NCAA Regional Play Offs		TBA
May 31	College World Series	Omaha, NE	TBA

Answer the following three SPORTSNEWS Trivia questions correctly and be eligible to win a \$25 gift certificate from SuperAmerica and two tickets to a Gopher football game. The winner's name will be drawn from among all correct respondents and announced in a coming issue. Good Luck!



The SPORTSNEWS staff congratulates Jim O'Brien of St. Paul, our latest Trivia winner!

- When was the last time the Gopher baseball team won the Big Ten Championship?
- What two current Gopher tennis players were named All-Big Ten in 1990.
- What two Gophers have won NCAA individual titles this year?

Mail to:
SPORTSNEWS Trivia
386 N. Wabasha Street
Suite 830
St. Paul, MN 55102

The Q's and A's last time were:

- How many senior pitchers are on this year's Gopher baseball team? Answer: None
- What Gopher had a higher batting average than Dan Wilson last year? Answer: Brent Gates
- Who was the last Gopher hockey All-American? Hint: The year was 1988. Answer: Peter Hankinson

Bet You Didn't Know In Basketball—Good Defense Pays Off

by Barry Dreyer



Imagine this familiar scene in a neighborhood pickup game. A player drives to the hoop, collides with a defender and misses the shot. The shooter calls the foul, the defender calls charging and the offensive

player responds with, "No way...you weren't stationary."

Is this always the criterion for determining whether a foul is charging (on the offense) or blocking (a defensive foul)? If the defender is not perfectly still, should a blocking call always be called when there is significant contact?

Not necessarily. The NCAA emphasizes that officials should recognize the "principle of verticality." In other words, blocking SHOULD NOT automatically be the call if a defender leaves the ground and then makes contact with a driving offensive player.

For this principle to apply, the defender must have had both feet on the floor facing the driving offensive player. The defender is entitled to that space, not only on the floor, but vertically up toward the ceiling. He is then permitted to jump straight up or raise his arms in his "vertical space," and any resulting contact should not be his fault.

In the past, officials have been guilty of over-protecting offensive players in this situation,

and the NCAA is aware of that. So in their 1991 Rule Book, they included a section that stresses a defender's right to jump or extend his arms in his vertical plane. They mention that it is better to have a "no call," than instinctively charge a defender with the foul who has abided by the principle of verticality.

When does this principle not apply? Consider the case of a point guard who penetrates the defense and leaps into the air. A defender subsequently moves into his path, raises his arms and makes contact with the airborne player. Even though the defender followed all the rules of verticality, he is guilty of the blocking foul. Once a player is "in flight," a defender is not allowed to position himself so that contact cannot be avoided by the soaring offensive player.

Good defense does pay off (as evidenced by Stacey Augmon of the Running Rebels of UNLV) and these players should not be penalized when they work hard and do their jobs well.

Barry Dreyer is the president and founder of TeachMeSports, an Atlanta-based company that conducts seminars on how to be an informed spectator of basketball, football and baseball. For more information call (800) 726-3442.

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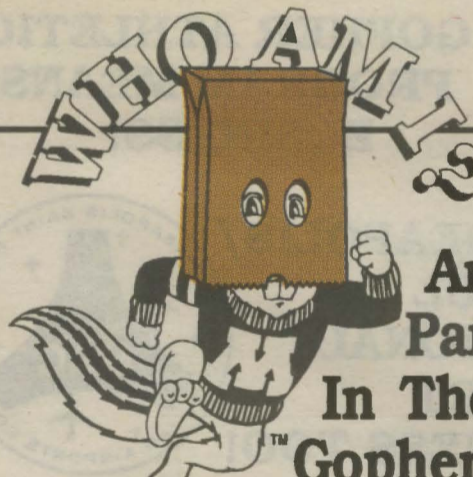
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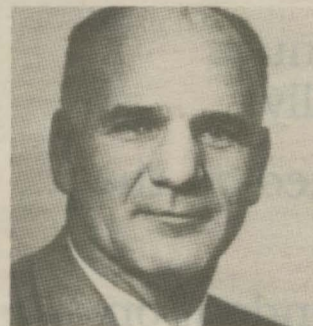
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And What Part Did I Play In The Golden Gopher Tradition?



1960 photo

I was the Gopher head hockey coach for many years. I always was proud of being an "M" man and won three letters each in hockey and football in 1937-1940. I was a starting end on the championship football teams of 1937-1938, and an All-American defenseman on Minnesota's undefeated National AAU hockey championship team of 1940. I played five seasons with the Chicago Blackhawks.



1960 photo

I was the head gymnastics coach and professor in Physical education at the University of Minnesota. 1960 marked my 30th year on the University athletic staff. During that time I coached the Gophers to six Big Ten team championships and thirty two Conference and six NCAA individual champions. My all time dual meet win record at Minnesota through 1960 was 75 per cent plus. From 1944 to 1946 I served as the head of the physical conditioning program for the U.S. Army Medical Department.

Send correct answers to:
SPORTSNEWS "TRADITION," 386 N. Wabasha St., St. Paul, Minnesota 55102

One correct answer will be selected randomly from among all those sent to SPORTSNEWS. The winner will receive a \$25.00 gift certificate from SUPERAMERICA.

After the Game

By Gary Hiebert (Oliver Towne)



AFTER THE GAME

by Gary Hiebert (Oliver Towne)

A couple of weeks ago my wife and I exchanged a panorama of Lake Superior as seen from Duluth's Pick Wick restaurant for a view of Lake St. Croix from a window-side table in Clyde's Supper Club in Bayport, which bills itself as the Cape Cod of the Midwest.

There is some merit to the claim.

Since we did our thing all in one afternoon from the Twin Ports to Bayport—our reaction to the setting was an enthusiastic endorsement of eating at Clyde's, preferably at a window-side table, looking out on the boats that pass by.

It was a bit of contrast from the huge ore carriers which went to and fro our Pick Wick vista, but our general feeling was that you can have great scenes and also food in both places.

Since the Pick Wick is a bit far for a pre or post-Gopher game repast (if you ever get there flip a coin between the prime rib and lake trout)—I will dwell on Clyde's.

I will dwell on the superb and courteous service, on the hot rolls baked in cups served with honey butter and the salad of greens, artichokes, Mandarin oranges and a zippy dressing.

I will dwell on the roast Long Island duck, which was that night's special and a good change from all the fish I had eaten on the North Shore—lake trout twice, smoked and fresh white fish each once and a seafood platter of pike, shrimp, stuffed crab legs and scallops, eaten at the Pick Wick, Grandma's, the Radisson's Top of the Harbor and Betty's Pies north of Two Harbors.

The duck at Clyde's was overwhelming in portion and roasted just to keep the skin crisp, but not fatty and done enough so that the meat came off the bones easily.

My wife will dwell on the same thing, which she ordered and half of which she took home for an encore dinner.

I will dwell, too, on the au gratin potatoes, which you will have to try to understand when I say they are about the best I have ever eaten.

As you sit there, in the two-light in the flickering candle light on your table, it may be well to reflect on how Clyde's got here several years ago.

Once this spit of land was Crocus Park, with a pavilion dance hall. The floor of which was built on springs so that dancing the fox trot, Charleston and Lindy had a lot of bounce. The park was also the Washington county fairgrounds and a picnic grounds.

Eventually the pavilion became the St. Croix Yacht Club and then a weed patch, out of which evolved the place called Clyde's.

So much for flickering candlelight.

I have, in the past, eaten the charbroiled salmon at Clyde's and on another occasion the honey mustard chicken breast, all of which passed muster with pluses.

As a matter of fact, many diners at Clyde's lean toward the seafood and fish items (halibut, walleye pike, salmon, lobster, broiled shrimp with garlic, herbs and drawn butter) merely because the atmosphere seems to call for finny critters.

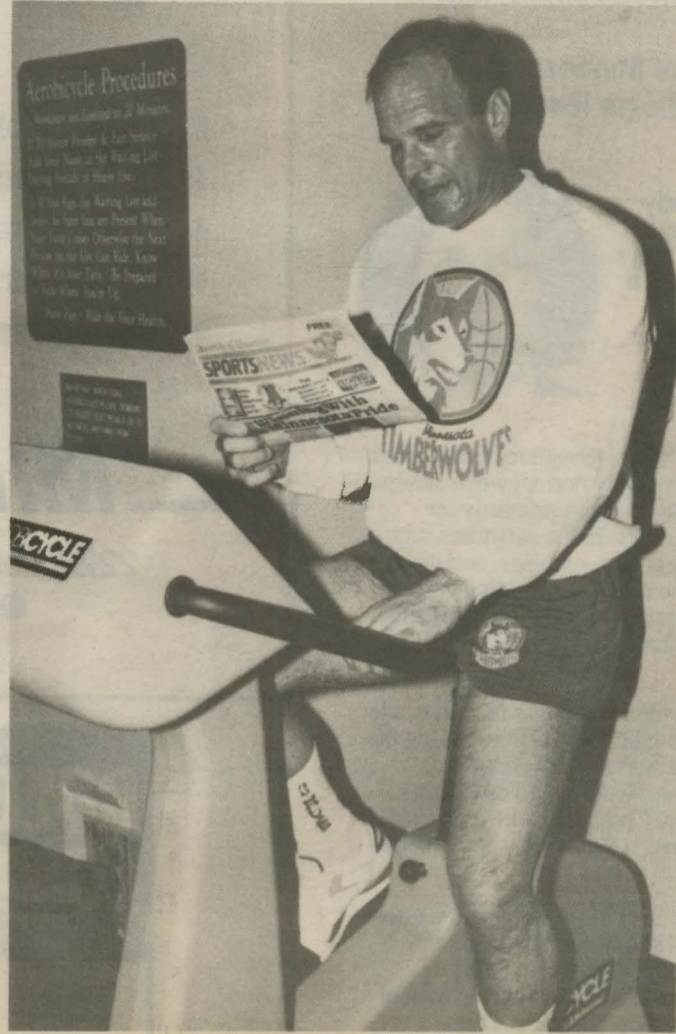
And a friend of mine leans into the seafood Alfredo.

I mean you're out on the jetty in a marina setting with lakeside residential complex and it all seems nautical and nice.

Clyde's prices, by the way, are at low tide.

Gary Hiebert, better known as Oliver Towne, was employed by the St. Paul Dispatch-Pioneer Press newspaper for 47 years. During that time he wrote the "Oliver Towne" column (for 34 years) and the restaurant reviews (15 years). He has also authored five books.

When He Wants To Learn The Inside Story About Gopher Sports...



Bob Stein reads SPORTSNEWS

Bob Stein was a University of Minnesota All-American defensive end and star linebacker for the Kansas City Chiefs. Today he is the president and chief executive officer of the Minnesota Timberwolves. Stein is pictured reading SPORTSNEWS while working out at the Arena Club in downtown Minneapolis.

Fan in the Stands

WHAT DOES AN "M" MAN THINK OF THE CURRENT GOPHER SPORTS PROGRAM?



TIM OLIVER
Track and Cross Country—lettered, 1972-'73-'74-'75
I'm pleased. We're one of the few universities that still maintains a full, overall program. We're fortunate we haven't had to make cut backs in non-revenue sports like other schools have had to do. There are always areas you can improve upon. The three major sports of basketball, football and hockey seem to carry the news but even in those, two out of three have done exceptionally well and one is up and coming. So, overall I think we're doing a good job.



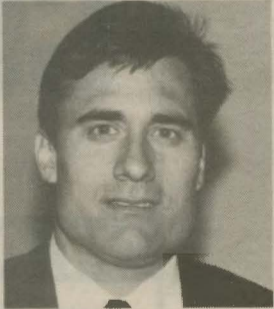
PETER JOCKETTY
Hockey—lettered, 1970
Overall my impressions are that the University's sports program is in great shape because of the dedicated coaching staff they've got. I'm very impressed with people like John Gutekunst, Fred Roethlisberger, Clem Haskins, Doug Woog, etc. who put a lot of emphasis on getting kids in there who are going to be student athletes, not just athletes, and working very hard to get the graduation rates up—and they've been successful. I'm very happy with the overall situation.



DON ROSEN
Football—lettered, 1963-'64-'65
I think the last two years have the most positive I've seen in the last ten or fifteen years. I give credit for this to our getting Rick Bay, President Hasselmo, John Gutekunst and some positive results in the program as a whole. With championships and more kids graduating I think the program has really been up.



SAXE ROBERTS
Baseball—lettered, 1958-'59
Considering how much times have changed over the last twenty to thirty years, things have gotten much more difficult from a recruiting standpoint in the area of being competitive in the athletic marketplace. I know it takes a while for things to jell with a new athletic administration. I think things are heading in the right direction for the University's athletic program.



JOHN KELLY
Football—lettered, 1981-'82-'83-'84
I think the overall program is in real good hands. The leadership is real strong in all of the sports. There are some great coaches. Looking at the overall record we're at the top of the conference.



BILL DAVIS
Basketball and Baseball—lettered, 1961-'62-'63-'64
I believe the program is very good. Unfortunately, the emphasis is always on the major revenue sports, but I think the program from top to bottom, including the non-revenue, is good as evidenced by how we finish overall in comparison with the other schools in the Big Ten. The basketball program the last few years has been very strong getting into the NAAs, the hockey team is always competitive. Football, of course is the one which is the most visible and I believe that John Gutekunst is on the right track and given the tools to be competitive, the football program will also be right up there on top with everyone else.



CARL ELLER
Football—lettered, 1961-'62-'63
I think the current program is outstanding. I'm relieved as I'm sure they are to have all of these NCAA sanctions behind them. They can now make some definite plans for the future and build up their athletic teams by getting new recruits. The future looks great.

Aches and Pains

By Elizabeth A. Arendt, M.D.,
Director
University of Minnesota
Sports Medicine Institute

Q I recently hurt my knee. Xrays were taken and were normal. The doctor requested a study called MRI. How does this help?



A Plain Xrays, though routinely taken, are frequently normal when assessing a knee injury primarily see BONE. Soft tissue structures such as the ligaments, cartilage, and meniscus do not show up. These soft tissue structures are the primary concerns of the doctor when a patient comes in with an acute knee injury.

In trying to decide what might be torn inside a knee, much can be learned from asking the patient about how the injury happened, whether the knee swelled, and other facts about the injury. Combined with a physical exam of the knee, a diagnosis can frequently be made.

If the doctor is unsure and wants more information, special diagnostic tests can be ordered. A Magnetic Resonance Imaging (MRI) study is the best test today to look at the soft tissues about the knee. This is a very sophisticated test wherein large magnets are used to look at the individual cells inside the tissues themselves. A magnet is used to spin the electrons in the tissue, and a type of Xray screen picks up the signals and records a picture. Normal vs. injured tissue give a different picture.

The advantages of this kind of test include: 1) it is very accurate for injuries around the knee, the accuracy of the test is about 95%; 2) it does not use radiation, and therefore is quite safe; 3) it is non-invasive (there are no needles or tubes that need to enter the body). It has largely replaced other kinds of studies such as arthrograms or CAT scans for looking at injured knees. Disadvantages include: 1) cost, an MRI for the knee is \$800-1000; 2) the test is rather long, usually 30-45 minutes, the length of the test and the confinement of the tube one lays in is hard for some, especially for people who are claustrophobic. Both the cost of the MRI and the length of the test are likely to decrease as technology improves. Overall, it is a remarkable diagnostic test and is widely used today to aide in the diagnosis and treatment of knee injuries.

If you have sports medicine related questions, please send them to:

Aches and Pains
c/o Dr. Arendt,
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386 N. Wabasha Street,
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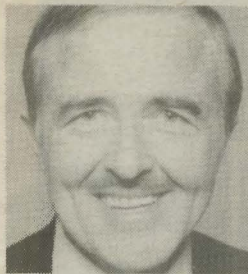
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Remember When

Glen Sonmor Still A Man of Action

By Don Riley



One thing, Gopher hockey legend John Mariucci used to say about Glen Sonmor that I never forgot: "Glen's a fighter and he's always in the middle of the action. But the guy's more than a fierce competitor; he's smart. Maybe the most intelligent hockey man I've ever been around."

The Old Roman knew well. He could judge character by the way a man hung a sentence or looked in your eye. "If Glen can control himself, there's no goal he can't reach. He knows hockey and he knows men."

The Sonmor of today is 60-years-old, battle hardened, a man who has lost a lot and gained a lot. Once a magnificent hockey rogue, he has been through the confetti of success and fires of hell and lived to tell.

There are still hockey people around to call him that "one-eyed SOB of the ice." Ferocious at times. Contemptible of the mundane. And there are those whose lives he has virtually saved from the brink of disaster. They call him their savior.

No middle stand with Sonmor. Ask him a controversial question and the ground under his opinion shakes. Put him in a trouble shooting spot and he returns a greenback to the penny. All man. A block wide in dimensions and foresight; a veritable pool of hockey history and theories and as Maroosh said, "one of the most intelligent species to grace the hockey corridor in modern annals."

"I guess I was a little different, a hockey player who really wanted to go to school," Glen recalls. "For some reason when it wasn't popular for a pro hockey man to attend college, I always yearned for knowledge."

You may have forgotten, but Glen graduated from Minnesota with a sizzling 3.6 grade point average, about an A-minus on the charts. He's also got a Masters degree and is one of a rare few to coach two Big Ten teams, Ohio State and of course, Minnesota, when he moved into the void created by Mariucci's shift to the pro North Stars.

"I loved the Gophers," Glen thinks back. "They taught me the quality of college players. They proved you could go to school and still play magnificent hockey. Players like goalie Murry McLaughlin and Mark Antonovich proved to be the great caliber the Gophers could attract. We went to the finals one year in the NCAA and battled for the top a couple of more times and I loved every second."

Sonmor, who lost an eye playing with Cleveland, has done it all since coming out of



Glen Sonmor, Hockey Coach

Hamilton, Ontario. He coached the St. Catherine's junior power, and the famed Springfield team of Eddie Shore's ownership. Of course, he built the Fighting Saints of the World Hockey League before moving to coach and handle personnel for the North Stars.

He's logged good time in Birmingham in the World League, once was an eyelash from running a proposed new Florida team in Lauderdale (a lot of his clothes are still in a hotel down there) and now is scouting in the Philadelphia Flyers organization.

"I was the original guy who moved from the penthouse to the outhouse," he muses as he looks back on a stormy career. "I had one of the 20 or so great jobs in the world—coaching a major league hockey team. But as I look back I always had a battle with alcohol. It probably cost me dearly and I really don't know how I survived through so many heavy drinking episodes. But I loved hockey so much I'd come back to my senses between binges and do a good job. But the disease finally put me on my knees, thank God."

Thank God. So do so many others who found hope and encouragement from Glen when he became a vital force in the counseling of so many other Twin Cities alcoholics. Typical of his inspirational ways and force of his brilliant personality is the fact that Glen opened one AA club which has gone from four members to 110 under his direction and spiritual insight.

Oh yes, Glen was a fighter. He learned from Shore, the most infamous of hockey 'protectors' that if you are ever intimidated on ice the word will spread and your career is over. Nobody I have talked to ever can remember

Sonmor backing up from a hockey duel or ever having lost one. Cleveland executive Jim Hendy once told me, "Sonmor would fight a dozen bobcats and I might bet on him. A very determined man."

But Glen who got Harry Neale into coaching at Ohio State and later hired him with the Saints, is the Jim Madden of Canadian hockey television.

It was Sonmor who once played for the old Minneapolis Millers under Mariucci in the United States League, who knew that the Twin Cities liked rugged hockey. He discovered the famed fighting Carlson brothers around whom the movie "Slap Shot" was filmed.

It was Sonmor who first secured the super-salaried athletes for Minnesota, inking Shaky Walton to a Saints contract for over \$250,000. That was by far more than Harmon Killebrew was making at the time.

He also put together in St. Paul, such stars as Davy Keon and Rick Smith and revived Ted Hampson's career. He talked the pros into believing that Gophers like Antonovich and Paul Holmgren and Billy Butters could be factors in the pro ranks.

Unlike many Canadian natives, Sonmor loved the United States players. Where nationalistic pressures kept out Americans for years, Sonmor basked in the abilities of Minnesota youngsters. "They play with heart and soul and brains. What more can you ask?" he wanted to know.

His days in St. Paul with the Saints were etched with champagne and unpaid hamburgers. "It was a wild roller coaster ride of giant proportions," he recalls. "We put as many as 18,000 into the Civic Center, but the league was shaky and we suffered from some unpredictable leadership." Like five presidents in less than six years.

It has been said of Sonmor that he could get on the phone and within a day's time, assemble a credible pro hockey team. That's why forces in the newly proposed Global Hockey League are waiting on his doorstep.

"Nobody knows more hockey or more players or what it takes to make a hero," Global franchise owner Pat O'Halloran says. "He has to fit into any hockey scheme in the Twin Cities."

Sonmor looks back on his days sometimes with relish, sometimes with pain. But always with a flaming emotion over the ice. He is pained when the North Stars draw poorly or

lose badly. He doesn't work for them now, but he will always be a Twin Cities loyalist at heart.

He exudes enthusiasm over Doug Woog's Gophers.

"The man knows how to teach and handle young people. Nobody does it better."

He can still laugh with Neale over the myriad satire of the Fighting Saints, including the times he carried around petty cash in envelopes in a black leather bag trying to entice the players into performing without salaries for just another week or two.

"I've had the tough times, like two divorces. I've had the glory years with the Gophers and Stars and Saints. I've had the joys and the sadness of giving an eye to the game. But I've lived. You can bet I've lived. No regrets."

And Maroosh would say Glen is smart enough to know that most men would have given a fortune to have been at his side for just a few of those incredible winters.



Sonmor's mentor, John Mariucci

Don Riley is a 45 year veteran of the St. Paul Pioneer Press-Dispatch Sports Department. He is well known in sports circles across America for his knowledge and cutting wit. Riley is a former daily columnist who now writes a Sunday column in the St. Paul Pioneer Press. He is the author of four best selling books and is highly sought after on the speaking circuit.

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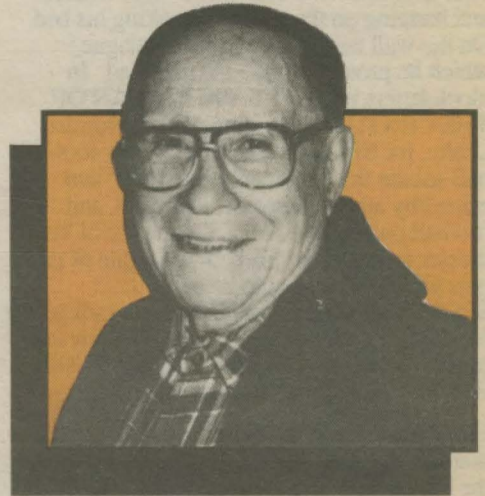
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See Page 6



Cal Sabatini...
Another Great
from the
Range
See Page 3



Gopher "Fan of the Century" Dies at 90

By Len Levine

Working with SPORTSNEWS the past two years has provided me many unforgettable moments. I've interviewed some of the greatest sports stars in University of Minnesota history and have shared their stories with you.

One interview I'll never forget was with Dr. Howard Leahy, the "world's oldest Gopher."

I first met Leahy at the annual "M" Club dinner where first-year letter winners are inducted into the "M" Club. That was in 1989, the year I was the "M" Club president and master of ceremonies for the evening's event. During the course of the evening, I recognized 50-year letter winners, members of the Board of Regents, Gopher coaches, Athletic Department staff, and one special person — Howard Leahy, who was 87 years old at the time and was the oldest living "M" man, earning his first of three varsity letters in 1922. He slowly rose and was greeted with enthusiastic applause. As he stood beaming, I announced that Doc Leahy hadn't missed an "M" dinner since the first one was held in 1927.

After the program ended, I walked out into the banquet hall of the Radisson University Hotel, where Leahy and I visited for almost-20 minutes. He asked me to call him sometime and we would just "talk things over".

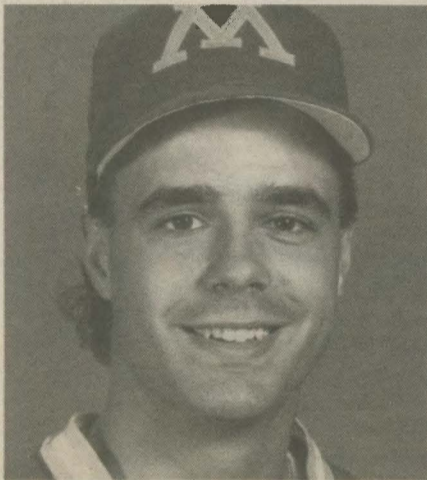
Almost a year went by, and one day I was looking through my notes and realized I had never called Leahy. It was in May that I went to the phone and called. Leahy remembered me, and we spoke briefly about the Gophers' basketball and hockey teams. I told him I was to be the emcee for the "M" Club dinner again and wondered whether he would be attending that year's dinner. If he could get a ride, he said he'd be there.

But in either case, he asked me to visit him in his Arden Hills home, and if I could come to visit, could I come on Mother's Day because it was one of his loneliest days since his wife, Verna, became confined to a nursing home, suffering extensive memory loss. "She was my college sweetheart and it hurts me to see her, and then to leave and come home to my home with all these memories".

I drove out to his home on Mother's Day, and when I knocked on the front door, I was greeted by a small, bespectacled cheery man in a plaid shirt who said, "Welcome, Levine. I'm Doc Leahy".

Continued on page 2

The Best Ever? Gates' Success Raises Question of All-Time Best Gopher



Brent Gates has alot to smile about.

By Steve Peckham

Darrell Thompson became a Minnesota gridiron legend during his four years at the University. Willie Burton provided enough thrilling moments to last us all a lifetime. Marty Morgan wrestled his way to an NCAA title and Maroon and Gold immortality.

Each of these gifted athletes will go down in history as being one of his sport's best.

But when was the last time an athlete came along that raised the question: Is he the best ever? A young man named Brent Gates is raising a lot of eyebrows and that very question this spring. Could shortstop Brent Gates actually be the best Gopher baseball player ever?

"It's really just an honor to be mentioned as a possibility for something like that," said the 21-year-old Grandville, Mich. native. "If you look at some of the baseball alumni here, it reads like an All-Star game roster. Steinbach, Molitor, Winfield, McIntosh. All those guys are tremendous baseball players."

Tremendous players indeed. Steinbach, Molitor, Winfield, McIntosh . . . and Gates.

Only a junior, Gates is on pace to break quite a handful of Gopher career records. Barring disaster in the final weeks of the season, he will break the career batting average record of .375 held by current Oakland A, Terry Steinbach and current Atlanta Brave, Greg Olson. Gates has been hovering around the .430 to .440 range all season.

He is also on his way to setting new career records for RBIs, total bases and total hits. In 2-3/4 years, he has already set a new career record for doubles and new single season



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records for most at bats, most total bases and most hits.

Young Mr. Gates, you see, is the essence of a natural hitter. Listen for a moment to a natural hitter describing his craft.

"A natural hitter is someone who has mastered the fundamentals. You reach a point where you walk up to the batter's box, not thinking about anything. You're just reacting to the pitcher and the ball. Hitting the baseball is 99 percent mental. You're just trying to see the ball. When you're hitting well, the thing looks like a beach ball. When you're not, it looks more like a golf ball.

"I don't try to guess what the pitcher is going to throw. I'm just up there reacting. If it's outside, I hit it to left field. If it's down the middle, I hit it to center. If it's inside, I try to pull it. It's really all pretty basic."

No, Mr. Gates, hitting a little white ball going 90 miles per hour is not at all basic. To you, it's natural.

"Gator's" story begins just over three years ago. Coming out of Grandville High School, he was one of the most sought after ballplayers in the country. While Michigan State was a mere hour away from his family's home, Minnesota was Brent's instant choice after his first visit here.

"The first person I talked to was Rob (Assistant coach Rob Fornasiero)," explained Gates. "We didn't talk baseball at all. It was almost like he became an instant best friend.

"It was such an easy decision. The coaches here care more about the players than the team's record. Minnesota plays the toughest teams in the country every year. If the coaches wanted to, they could lighten the schedule and win 50 games every season. But that's not what John Anderson and his staff are all about. I've really grown up here. I owe a lot of that to this Gopher team. I've got no regrets at all."

OK, so the kid has got a great attitude. But the best ever? Winfield could hit the cover off the ball. And the Steinbach brothers were amazing.

"I don't know who the best Gopher ever is," said the pre-season All-American. "A guy with that title would have to be a hard worker, be solid at all phases of the game, and really understand the team concept of this sport. Every guy on this team wants only one thing: to win the Big Ten title."

While numbers are fun to compare, the only real way to judge Gates' place among all the great Gophers is to come out to Siebert Field. Not once, but for three or four games. You'll see the same thing each game. A consistent, solid, team-oriented baseball player.

If all goes well, he will become the first Golden Gopher to bat over .400 since Terry Steinbach batted .402 in 1982. Gates is in the .430s remember?

The best Gopher ballplayer ever?
Hhhhhmmmmmm.

SPORTSNEWS is made possible in part through the encouragement and support of SuperAmerica.

FAN OF THE CENTURY from page 1

He gave me a tour of his comfortable home which overlooks one of the northern chain of lakes, and then whispered, "Come into my bedroom. It's like my office." As we walked into his bedroom, a room which now was his office/sanctuary, he gave me a tour.

With pride he pointed to letters from University of Minnesota Athletic Directors Paul Giel and Rick Bay which were framed and hanging on the wall overlooking his bed. On the wall facing his bed was a plaque which he proudly pointed to and read. In block letters it said, "ST. PAUL'S FAN OF THE CENTURY, presented to Dr. Howard Leahy for 65 loyal years as a Gopher football season ticket holder, 1920-1985" and signed by athletic director, Paul Giel, and football coach, Lou Holtz. On the top of his dresser to the left of his bed was a pile of papers which turned out to be every SPORTSNEWS ever published. He took a few in his hands, and we discussed a few lead stories — one on Carl Eller, another on Billy Bye, and another on Bronco Nagurski.

He then went into his closet and took out a maroon and gold sweater with an "M" over the left pocket. The sweater, which was obviously well worn, and an "M" cap, put him in the mood, he said, for the interview.

Over the next two hours he told me about his Gopher wrestling career as a 127-pound featherweight and how the 1924 team, which he captained, took second place in the Big Ten. He poked me on the arm and emphasized how he was only 5' 5" tall and a "feath-



"Fan of the Century" plaque which was proudly displayed in Doc Leahy's home.

erweight" but was never pinned and never put on his back in 24 varsity matches.

Leahy, who practiced dentistry on St. Paul's West Seventh Street for 55 years before retiring completely in 1981, was proud to tell me that to that date he had attended 397 home football games, missing only one — in the early 1920's because of a toothache. He said had he known that he would have accumulated such a record of attendance he "probably would have dragged myself to the game in pain".

Leahy went on to tell me about the first game he saw in 1916 played at old Northrop Field when the Gophers defeated Iowa 67-0; how he never missed a game during the "heydays" of the 1920's and 30's; how he was captivated by the running of Red Grange, the Galloping Ghost, when he and his Illinois team defeated Minnesota 20-7 in 1924. He ticked off names like Tonnemaker, Smith, Giel, Stephens, the McNamaras and more. He boasted how he was not a "fair weather" fan. He said he stuck it out in the lean years and never booed or walked out early in those disasters of the 1980's, such as the 47-0 loss to Ohio State and the drubbing by Nebraska, 84-14.

Leahy died in his home on March 15 of this year. He had been in failing health the past six months since he suffered a heart attack.

He was a person with a contagious, vibrant personality and extremely sharp memory who was very quick-witted. He had an infectious smile. He set a good example for all elderly people with his high energy level and his active mind. He just wouldn't get old, his son, Kevin, said. He even played handball at the St. Paul Athletic Club until last summer.

But above everything he put the University of Minnesota's Golden Gophers first. His blood surely must have been maroon and gold. He loved the Gophers so much he was unabashedly proud to tell anyone who'd listen about anything connected with the Gopher sports program.

I will long remember the interview on that Mother's Day and the way Leahy looked in that well-worn "M" sweater and cap. I'll never forget how he carefully described the way he felt when he received his first letter. He said, "I suddenly became ten feet tall. Honest to God, getting that letter meant the world to me. It gave me confidence. It changed my whole life."

Doc Leahy is what Golden Gopher tradition is all about. He touched a lot of lives and made a difference. He'll be missed.



Dr. Howard Leahy, 1901-1991

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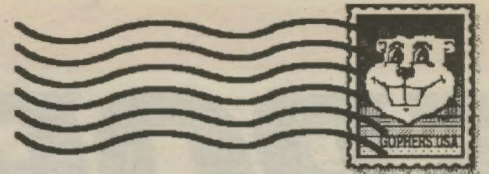
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Letters



READER WANTS MORE SATURDAY SPORTS DAYS

I attended the baseball and football games at Bierman Field a couple of weeks ago and really liked what I saw. The fresh air made me feel invigorated. The people cheering for the Minnesota teams were refreshing. It was fun. We should have more days like that one.

Howard Touchman
Wayzata

M MEN SUPPORT CURRENT PROGRAM

I read the comments in the last "Fan in the Stands" and am gratified to see the M-Club supports the efforts of Rick Bay and the athletic department.

I compliment your newspaper's staff for getting such a cross section of athletes to speak their mind. When the former athletes support the program, it is clear that the fans, in general, are supportive. I would like to see more comments by former letter winners.

Ralph Cohen
Minneapolis

BASEBALL FAN REMEMBERS SIEBERT

I've been a baseball fan and have followed the Minnesota Gophers since I was a small boy growing up in north Minneapolis. It is a real pleasure to watch the Gophers play under the lights. I can't help but think Dick Siebert would be very proud to see the way John Anderson has taken the program he built. I knew Siebert. He would also be happy and proud to see the Minnesota team playing under lights and giving everyone the chance to see the team play.

Dave Myers
Anoka

KEEP IT IN MINNESOTA

Doug Woog's policy of keeping Minnesota athletes as his first and only picks is one that we all support. Why shouldn't it be that way? We have the brightest and the best right here. Hats off—sticks high—to our own Doug Woog. He's a product of Minnesota and someday there will be another one like him coaching the Gophers.

Paula Riley
St. Cloud



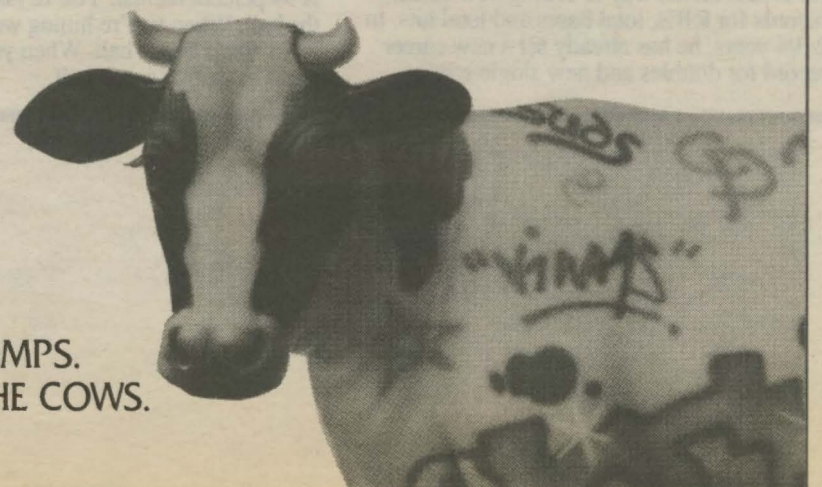
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Where are They Now?

CAL SABATINI: A Determined, Tough Competitor

By Len Levine



There are many legendary Gopher basketball greats who have come from Minnesota's Iron Range. Just mention the names of Kevin McHale, Dick Garmaker, Bill Simonovich, and

Gopher followers will tell stories how they captivated fans for years, leading the Gophers to great victories. Put them together and Minnesota would have some All-Star team!

One Gopher star athlete who should be included on such an All-Star Iron Range Gopher team is Cal Sabatini. He'll be remembered as one of Coach John Kundla's most-determined competitors. Sid Hartman once wrote about Sabatini: "When he sees the opportunity to score, it would take quite an effort by the opposing team to stop him. His determination is so high that he'll do whatever is necessary to get the ball down the court to score a basket. He's one tough competitor."

Sabatini grew up in Hibbing. His father, Arthur "Cal" (who worked for St. Louis County and died in 1987) was active in Iron Range sports for many years. He was the statistician for the Iron Range Conference in both hockey and basketball. His mother, Celia, now retired and still living in Hibbing, worked in retail sales.

Sabatini went through the Hibbing public school system and says he played whatever sports were offered in both school and the neighborhood recreation league. He began playing his first organized sports in sixth grade and participated in basketball, football, and track in junior and senior high school. As a Hibbing Blue Jacket, he played guard on the basketball team, quarterbacked the football squad, was an infielder in baseball, and a sprinter on the track team.

As a sophomore, his baseball team won the state consolation title, playing in the first high school championship tournament in the old Metropolitan Stadium. He made the All-State basketball team in his junior (1957) and senior (1958) years. In 1957 Hibbing won the State Consolation basketball title, the year Roosevelt won the championship. In 1958 the Missabi Daily News named Sabatini the "Athlete of the Year" for all of Northern Minnesota.

He was recruited by many schools — both large and small — but his life-long dream was to play basketball for the University of Minnesota. When then Gopher basketball coach Ozzie Cowles offered him a basketball scholarship, Sabatini dreams came true and he immediately accepted.

During his first season of eligibility (1959-60), Sabatini played part of the time but says it was a memorable year. It was the first year of the great Ron Johnson and new coach, John Kundla. The Gophers finished fourth in the Big Ten that season, and again the following year. With a few points reversed the Gophers could have finished as Big Ten champs. Sabatini played a big part in the team's success.

Kundla said of this team, "It was a team built on courage and determination. They wouldn't be denied." No better example of the team and the part Sabatini played is a look at the season opener against the nation's number two ranked Bradley Braves. The Gophers were getting bashed throughout the first half. Twice the Braves got out to eighteen point leads. They had a 37-19 lead late in the first half. Kundla looked over the bench and called on Sabatini, his 6'0" guard.

Sabatini pumped in eight quick points and took charge of the faltering Gophers. At the half the Gophers and Sabatini were on the move. The score was 37-31.

The second half it was a different game. Sabatini was joined by Bob Griggas who each had scored ten points. Dick Erickson and Jerry Butler each hit a basket getting the Gophers even with fifteen minutes to play. With 11:55 remaining, Sabatini,

"When he sees the opportunity to score, it would take quite an effort by the opposing team to stop him. His determination is so high that he'll do whatever is necessary to get the ball down the court to score a basket. He's one tough competitor."

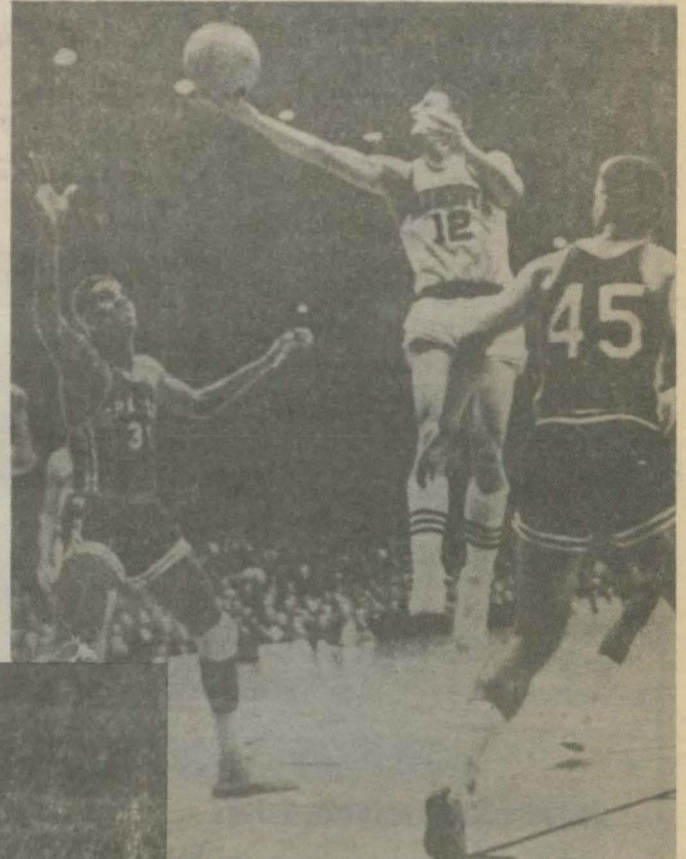
-Sid Hartman

Griggas, and rookie Tom McGrann brought the Gophers to a 50-50 tie. Then Sabatini fired his final shot "heard round Williams Arena"— a pair of driving layup baskets and the Gophers had a 54-50 lead. The Arena was rocking. The deafening noise could be heard all the way to the Bradley team's home in Peoria, Illinois. Both teams traded points and it was again tied 56 all. Then it was 58-58. The Gophers might have won the game when Grow connected in the final minute, but was called for double dribbling. Bradley slipped by with a 62-58 win. Sabatini led Minnesota's scoring with fifteen points.

The following year, 1961-62, Sabatini was elected captain. The Gophers finished 9-6 in the Big Ten.

After his basketball eligibility was finished, Sabatini joined the sales team of envelope magnate, Harvey Mackay. For the next four years he was consistently one of Mackay's top sales representatives, working exclusively in the Twin Cities area. In 1967 he went to work for the Continental Bank of Chicago, selling credit card programs to small banks across the state of Indiana. In

Right: Cal Sabatini (12) drives in for a layup in the 1960-61 season opener against Bradley, the nation's number two ranked team.



Left: Cal Sabatini scores the game's first points as the Gophers walloped Michigan State 89-70. It was the highest point production under Coach John Kundla. The Gophers were also rugged and aggressive on the boards pulling down 39 as compared to 17 for Michigan State. The Gophers biggest lead during the first half was 22 points and 26 points in the second half.

Sabatini says he'll always remember his playing years as a Gopher. "Those were great basketball years in the Big Ten Conference. We were the best conference in the country. Ohio State was virtually unbeatable and that helped the caliber of play."

Sabatini says he will always have a special place in his heart for the University of Minnesota. "It was the place I made long lasting friendships with people like Norm Grow (his roommate and 6'5" teammate who until last year was the boy's high school basketball all time scoring leader). I had many great, unforgettable sports opportunities, like playing in the Los Angeles Classic the same year the Gopher football team played in the Rose Bowl."

Sabatini and his wife, Kim (Grussendorf), live in Duluth. She is in cosmetic sales. Cal is the father of sons Cal of Houston, Texas, Dominic of San Mateo, California, Tony of San Pedro, California, and daughter, Cara, or San Mateo.



Left: Sabatini, on his way to a lay up shot bangs into Indiana's Jim Rayl (22) and comes crashing down on his head. He was momentarily stunned but remained in the game. The Gophers won the game 66-58.

Right: Cal and Kim Sabatini pictured at a recent Italian-American Club dinner held at Spirit Mountain Ski Resort in Duluth.



1971 he returned to Hibbing and became sports editor of the Hibbing Daily Tribune. Five years later he became sports director of two Duluth television stations — WDIO and KBJR. In 1985 he began working for Duluth's Spirit Mountain Ski Resort in customer relations and marketing.

Sabatini says he's in "excellent" physical condition and plays basketball twice a week at the Boys and Girls Club in Duluth. He enjoys playing racquetball and plays whenever he has the chance, and has become an avid bocce ball player (he has a court in his yard), playing one night each week in a West Duluth bocce ball league.

Len Levine earned three varsity letters as a member of the Gopher track team and established several records, one of which (the 60-yard dash) stood for 17 years. He was the silver medal winner in the 1960 Big Ten 300-yard dash championship. Levine was President of the "M" Club in 1989.



Chris Murrell leaped into the history books at the Drake Relays last month.

Gophers Shine at Drake Relays

Back in 1986, Ron Backes heaved the shot put farther than anyone else at the Drake Relays. Backes was the last Gopher to win a title at Drake until Chris Murrell came along.

Murrell, just a sophomore, won the high jump title when he cleared 7 feet 1 inch. Murrell barely missed on his final attempt at 7-3. He becomes the first Gopher to win the Drake high jump since Thomas Stuart won the event in 1967 with a leap of 6-8.

The Gopher sprint medley relay team also made a big splash with a runner-up finish in the finals. The team consisting of Kirk Dyer, Tim Arinze, Norris Williams and Steve Scarince set a new Minnesota record with a time of 3:21.13. Williams ran a 400 meter split of 47.2 and Scarince finished it off with a 1:51.4 800 split.

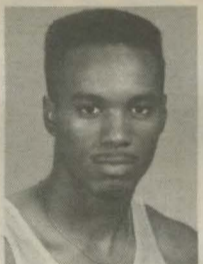
Now that's movin'.



↑ Kirk Dyer



↑ Tim Arinze



↑ Norris Williams



↑ Steve Scarince

Golf Team Closing In on NCAA's

What a month. The Gophers' Terry O'Loughlin shoots a 2-overpar 73 to finish with 214 and second place at the Spartan Invitational in East Lansing, Mich. His teammates follow suit with keen performances landing the squad in first place. The next weekend O'Loughlin paces the team again. This time Minnesota finishes in fifth place at the 17-team Wolverine Invitational in Ann Arbor.

"Terry O'Loughlin and Rick Kuhn have just been playing some super golf for us," said Golf Coach John Means. "Now we've beat every team in the Big Ten at least once except for Ohio State. We're still on the bubble for the NCAA's, but those performances really helped us out."

Coach John Means' team has quietly rebuilt itself into a top contender. The Gophers have finished in the top 10 in nine of the last 11 tournaments.

Barring disaster in the Big Ten Championships, the squad should advance to the NCAA Tournament.

↓ Kevin Werwie



Anthony Cruz ↑



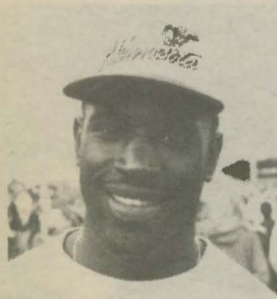
Tennis Team Wins Regular Season Title

Thanks to a solid effort against Wisconsin, spearheaded by seniors Kevin Werwie and Anthony Cruz, the Gopher Tennis Team clinched the regular season Big Ten Title.

Wervie and Cruz won their doubles match against the Badgers in straight sets, all but securing the title.

The next day, Minnesota trounced visiting Northwestern 5-1 in the singles competition to seal their fate as conference champions. Singles winners included #1, Kevin Werwie, #3, Anthony Cruz, #4 Rick Naumoff, #5 Paul Pridmore and #6 Adam Krafft.

Fan in the Stands HOW DO YOU THINK THE FOOTBALL GOPHERS WILL DO THIS FALL?



Frank Jackson
Detroit, Michigan
I just finished playing for the Gophers (free safety). These guys look good. They're getting a head start from last year. They know what they're doing a little bit more. They're building. It should be a pretty good season.



Mick Tingelhoff
Prior Lake
I feel like I did last year. I'm definitely a backer of the Gophers and I'm strong for John Gutekunst and his staff. The Gophers look good today and I think they'll do real well.



Frank Tienan
St. Paul
I definitely look forward to the Gopher season this fall. I think they have a lot of fine young prospects developing. It's a little disappointing not to have post season play. I think we can point ahead another year and really come up with a fine football team.



Dr. Sandy Latts
(U of M Professor)
St. Paul
I'm looking forward to having a good season. I have a student on the team in one of my classes and he says they are really going to have a much better team this year than they've had in the past. He also says they'll have a tough schedule but he really thinks they can go quite a ways. My wife and I are looking forward to renewing our tickets and looking forward to an exciting and enjoyable season of football.



Sid Hartman
Minneapolis
I look for the Gophers to be six and five. I think they're a year away from being a real Big Ten Conference championship team. Last year's freshman squad was a real sleeper. Not the one this year but last year. They red shirted a lot of those kids and I think those kids will be ready to play in a year and they'll help this team maybe come close to winning a Big Ten championship. Not this year but next.



Denise Copher
Detroit, Michigan
I think the Gophers will be very good this season. I had to work last year and didn't get to see them play but from what I heard and read I feel they are better prepared this year. I think the Gophers are going to surprise a lot of people. They're a good team.



Scott Doely
Lauderdale, Minn.
I think the Gophers are going to do very well. Just based on what I've seen today I think they're going to do well—they look pretty good. They seem ready. They have good speed and seem to have it together early. Fleetwood looks good and I think he'll lead the team to a winning season.

After the Game

By Gary Hiebert (Oliver Towne)

Funky bars and grills abound in Minnesota. There's Grandma's in Duluth and Minneapolis, the Mad Capper in Stillwater, Zack's by the Tracks in Winona, Sgt. Preston's, Pracna on Main and Glueck's, also in Minneapolis-to name a handful of them.

But the funkiest of all has got to be D.B. Searle's at 18 S. Fifth Avenue in Downtown St. Cloud.

This is the Granddaddy of Funk, or schmalz if you prefer.

It is in a 105-year-old four-story building, built by a gent named Dolson Bush Searle, allegedly a Civil War veteran and Stearns county legal beagle.

All four floors-well, three floors and a mezzanine-are solid restaurants with bars.

We were dispatched by the hostess to the third floor level, a quiet place, just as funky as all the other floors.

The second floor is usually reserved for special parties, which rate white tablecloths. It was filled.

Our floor and the mezzanine boasted place mats and candles and a wait person that added charm and homey feeling to the entire adventure. She had studied in Italy and was finishing at St. Cloud State University.

She whipped out long menus that cover virtually every thing ever cooked-soups, potato peels, cheese planks, spicy wings, chicken salads, Searle's super sampler of zucchini strips, cheese planks, spicy wings with cucumber and Italian spicy sauce, pita pizza, broccoli, cauliflower and mushrooms lightly breaded

served with Hollandaise sauce.

Six kinds of burgers; ten varied salads, popovers stuffed with meats veggies; pork ribs, mesquite broiled salmon, the "Ultimate" platter of ribs, chicken fingers and shrimp; giant broiled shrimp in cajun sauce; five varieties of steaks and that night prime rib was the special.

With our Alaskan salmon and jumbo cajun shrimp came a neat Caesar salad, a loaf of hot, fresh bread.

And all the time we ate, we were treated to the best show in town that night—a parade of high school couples, all gussied up in formals and black tie, stopping in to dine on the way to the Prom.

One young man bought his date a bouquet of roses which were set on the table before they arrived.

Of course, every night won't be Prom night when you go, but be sure there will be some other performance just as much fun.

And it's always pleasant when you get the bill. No cover charge for all the action.



Gary Hiebert, better known as Oliver Towne, was employed by the St. Paul Dispatch-Pioneer Press newspaper for 47 years. During that time he wrote the "Oliver Towne" column (for 34 years) and the restaurant reviews (15 years). He has also authored five books.



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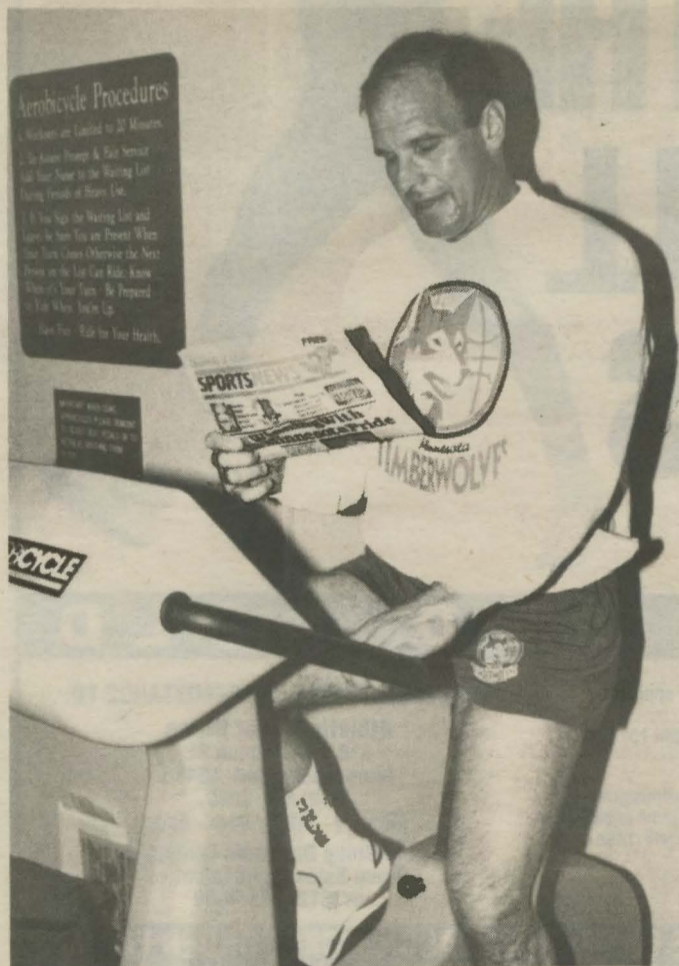


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Bob Stein reads SPORTSNEWS

Bob Stein was a University of Minnesota All-American defensive end and star linebacker for the Kansas City Chiefs. Today he is the president and chief executive officer of the Minnesota Timberwolves. Stein is pictured reading SPORTSNEWS while working out at the Arena Club in downtown Minneapolis.

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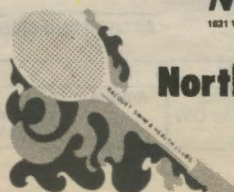
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And What Part Did I Play In The Golden Gopher Tradition?

I grew up in Detroit Lakes, Minnesota and have always been a University of Minnesota sports fan. I played football and wrestled while attending the University and lettered in both sports. I went on to become the Gopher wrestling coach and freshman football coach. I was also on the staff of the Physical Education department. My wrestling teams won many Big Ten championships.



1960 photo

I grew up in Superior, Wisconsin but always had an interest in attending the University of Minnesota. I won basketball letters at Minnesota in 1952-53-54 and was appointed to the Gopher coaching staff in 1956 after completing a tour of duty with the Navy. I am a graduate of the College of Education and was an assistant basketball coach and athletic scholarship coordinator.



1960 photo

Send correct answers to:

SPORTSNEWS "TRADITION", 386 N. Wabasha St., St. Paul, Minnesota 55102

One correct answer will be selected randomly from among all those sent to SPORTSNEWS. The winner will receive a \$25.00 gift certificate from SUPERAMERICA.

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Answer the following three SPORTSNEWS Trivia questions correctly and be eligible to win a \$25 gift certificate from SuperAmerica and two tickets to a Gopher football game. The winner's name will be drawn from among all correct respondents and announced in a coming issue. Good Luck!

The SPORTSNEWS staff congratulates Terri Schneider of Brooklyn Center, our latest Trivia winner!

1. What current North Star is a Gopher and U.S. Olympic Team Alum?
2. What current Gopher has a higher career batting average than Paul Molitor did when he was here?
3. Who was "The Chief?"

The Q's and A's last time were:

1. When was the last time the Gopher baseball team won the Big Ten Championship? Answer: 1988
2. What two current Gopher tennis players were named All-Big Ten in 1990. Answer: Kevin Werwie and Brian Uihlein
3. What two Gophers have won NCAA individual titles this year? Answer: John Roethlisberger, gymnastics; Marty Morgan, wrestling.

Mail to:

SPORTSNEWS Trivia
386 N. Wabasha Street
Suite 1040
St. Paul, MN 55102

Aches and Pains

By Elizabeth A. Arendt, M.D.,
Director
University of Minnesota
Sports Medicine Institute

Q I had surgery several years ago and was told that my cartilage was removed. Now my doctor tells me that my cartilage is wearing out. What does he mean by this?



A In the knee there are two forms of cartilage. When a lay person refers to his or her "cartilage being removed," he or she is really referring to the meniscus. The meniscus is a C-shaped structure found inside the knee. We have two menisci in each knee, one on the inside and one on the outside. They are primarily shock absorbers of the knee, with secondary functions of lubrication and stability. They are attached to the capsule of the knee, and are placed between the thigh bone and the leg bone.

There are two types of tears of the menisci. One is an acute tear, where the meniscus can tear and move a fragment of its substance into the knee and cause problems with getting full range of motion. This is frequently referred to as a "locked knee." This is frequently an acute, sudden injury in a young person.

A second type of tear is a degenerative meniscus tear, which is more of a wear and tear injury. It does not have to have an injury associated with it. It frequently involves something as simple as getting up from a chair. It occurs frequently in people in the fourth decade of life, or older.

In addition to the shock absorbers in our knees, we also have cartilage in our knees. Cartilage lines our bones like the shiny end of a chicken bone. It could be likened to the tread on a tire. One does not "take out the cartilage," but rather wears it down. When one wears away the cartilage on the bone, i.e., the tread on a tire, one has bone rubbing bone, or, again, a bald tire. This bone rubbing on bone is frank arthritis.

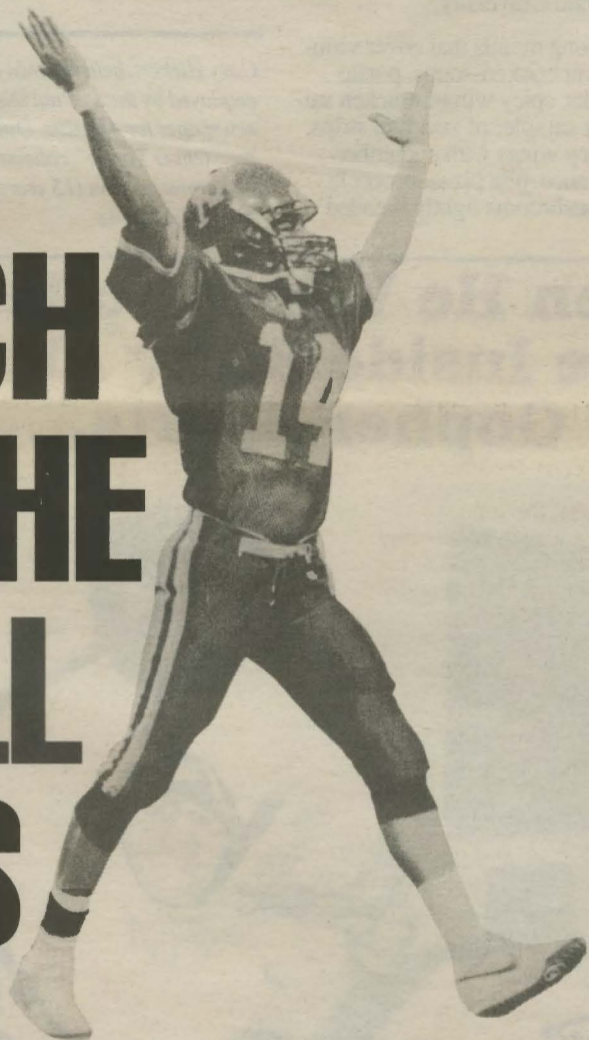
Therefore, in conclusion, our knee has two sources of protection against bone rubbing on bone. The first is the menisci or the shock absorbers of the knee. The second is the cartilage, which lines the end of the leg and thigh bones, coating the end of the bones. It is only when the menisci and the cartilage wears down completely, that our knee is faced with severe arthritis.

If you have sports medicine related questions, please send them to:

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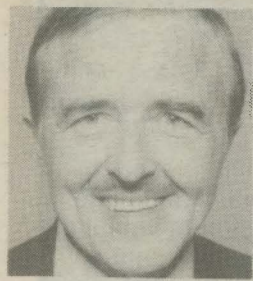
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Remember When "M" Club Heroes Earned \$85 Million



By Don Riley

We've always lauded the comradery, tradition and pride of the University of Minnesota "M" Club.

Now let's get practical. There isn't a school in the country whose athletes have earned more distinction in all major sports than the proud Gophers.

And let's get even more basic. Over the years, nearly 200 of our corps have moved from collegiate to professional sports ranks and have earned in excess of \$85 Million!

I'm not bragging about the amount of cold, hard cash. I am using this figure only as a factual reflection of just how spectacular the performance of our "M" Club brethren really are.

Frankly, I doubt if any school from sea to sea can match that figure of earning power. And if it were multiplied by today's skyrocketing figures, this number would be in excess of \$150 million.

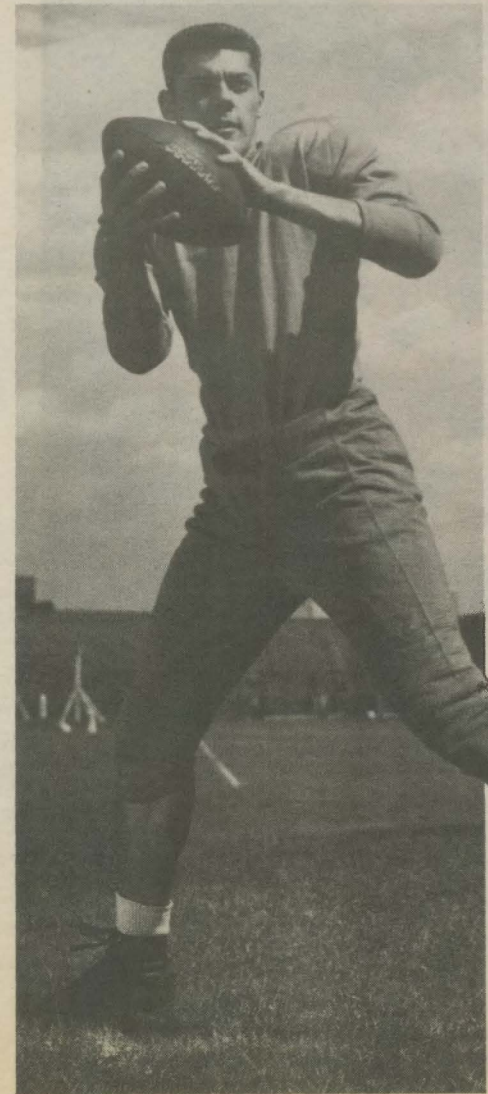
No university, from Southern Cal to Michigan to Notre Dame to Penn State, can surmount those figures.

But more important, absolutely no program has turned out the skilled craftsmen in four major sports like the "M" Club litany of excellence.

Consider, nearly 100 have become professional footballers. But the Gophers have also produced tons of class hockey flesh, an array of basketballers, and baseballers like AllStar millionaires Dave Winfield, Paul Molitor and Terry Steinbach.

In hockey, of course, the John Mariucci influence was so consuming and inspiring that he was a beacon for aspiring hockey players and became the mentor for this whole region with his dedication to American players. No "M" Club man ever did more to spearhead an entire profession than the "Old Roman."

Right: Archie Clark always kept the opposition guessing. Below: Bud Grant with the biggest smile of his entire life.



Right: Gopher hockey star, Mike Antonovich. Below: Coaching legend, Herb Brooks.



And his legions continue to grow with nearly a dozen "M" Men making major professional contributions. The likes of Neal Broten, Russ Anderson, Mike Antonovich, Rob Stauber and Herb Brooks not only made America aware of the great natural ice resource, but proved that this country had as much raw material in the rugged sport as any domain in the land. If it was nurtured and polished it could be a match for Canadian guile and cunning. Thanks Maroosh.

Today the parade continues. They are just waiting for Darrell Thompson to develop into another Paul Horning in Green Bay football circles. The Vikings are elated with the likes of hammering center Chris Thome. Pro basketball can hardly wait to get its hands on Kevin Lynch. In baseball, shortstop Brent Gates appears a certainty to become a mega star in the majors. The list is unending.

Baseball coach John



Above: Sugar Ray Williams turned on Gopher crowds in the 70s.

Anderson explains the Gopher Gold Rush quite easily: "Whether they are home grown or come to the U from afar, they seem to become the kind of young people who admire work ethic, the good old nose-to-the-ground fundamentals that eventually makes for success.

"Pro scouts love our Gopher work ethic in all sports. They know when they get a good Gopher talent, that talent will keep working, keep hustling and usually be a strong disciple of discipline. Our school has to be proud of its mark on professional sports."

So as the "M" Club celebrates another year of growing strength and achievement, let's contemplate just how good we really are.

Here's a family which indeed knows how to bring home the bacon.

Throw in the likes of Patty Berg and Tom Lehman and Howie Johnson and you have a galaxy of heroes with tremendous earning power. Today, for instance, Patty Berg would have a chance to earn \$15-20 million.

No institution can remotely match the variety of talent the Gophers have supplied the pay-for-play ranks.

You can make a valid argument that Bronko Nagurski was the pillar of professional football—right along with Red Grange and Jim Thorpe. Bronko never earned more than \$5,800 a year, but by today's inflated standards that would be a healthy \$80-150,000 salary.

You think of Minnesota and you think of football. Backing that assumption of gridiron proficiency is the fact that no other school ever had four men come out of a single season, and within three years become established all-stars.

You are right on target if you mention Leo Nomellini, Bud Grant, Clayton Tonnemaker and Gordy Soltau. Throw in Wayne Robinson, a shad later and you perhaps have the most impressive quintet from one school who ever trod onto the grid at the same time. Eat those onions, Michigan!

But while the nation will accept Gopher football graduates as bonafide national phenoms, it has a more difficult time understanding the amazing feats of baseballers and basketeers.

How is it that a land known for bigger, slower, more powerful short-seasoned behemoths, can also turn out the likes of Mark Olberding and Kevin McHale in basketball? Or draw such eventual professionals as Archie Clark, Mychal Thompson, Randy Bruer, Trent Tucker, Sugar Ray Williams, Lou Hudson and on and on.

They not only found a school, but a home and a bond that tied them together and taught them

"M" Club philosophy: It's not where you are from, but how you work at it that makes for success on all fronts.

Below: Dave Winfield left his immortal mark on Siebert Field.



Don Riley is a 45 year veteran of the St. Paul Pioneer Press-Dispatch Sports Department. He is well known in sports circles across America for his knowledge and cutting wit. Riley is a former daily columnist who now writes a Sunday column in the St. Paul Pioneer Press. He is the author of four best selling books and is highly sought after on the speaking circuit.

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**GPA Shows Dramatic Increase
14 Athletes Get Straight A's**

SPORTSNEWS

July, 1991

VOLUME 2 / NUMBER 17

Uof M Athletes' Graduation Rate Tops General Student Body

Bay and Donahue Given Credit for Success

By Jim Mulrooney

To accurately measure the success of the Men's Intercollegiate Athletic program at the University of Minnesota (U of M), don't rely solely on won-loss statistics. So cautions Rick Bay, director of the program.

"Academics and athletics are the keys. To properly evaluate the success of our program, it is necessary to look at the performance of team members in both of these areas," Bay says.

He stresses that the mission of Men's Intercollegiate Athletics at the U of M is twofold. First, it must provide student-athletes with the opportunity for intercollegiate sports competition. Second, and equally important, it must do everything possible to assist young men in earning their college degrees.

"Coaches have the greatest influence on how well student-athletes perform academically," Bay contends. For that reason, a criti-

"It's exciting that men who are so committed to their athletic pursuits have also achieved such a high degree of excellence in their academic work."

—Dr. Elayne Donahue

cal component of his annual evaluation of Gopher coaches concerns the ability of coaches to help athletes pursue their academic degrees.

A review of U of M academic achievement records confirms Bay's belief that, "We're headed in the right direction." And the numbers may surprise some people.

Forty-two percent of male student-athletes who entered the University of Minnesota in the fall of 1984 graduated within six years. That compares with a 36.5% graduation rate for the general U of M-Twin Cities student

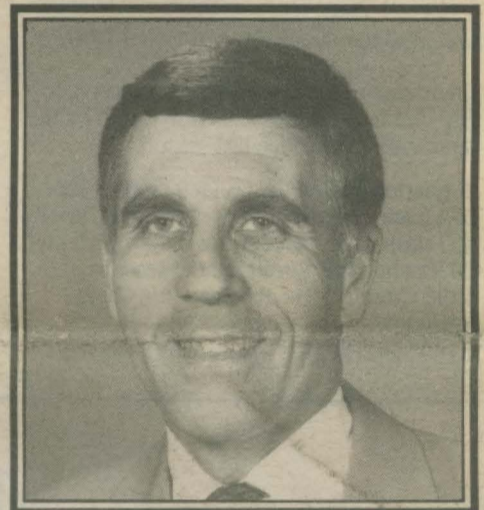
Continued on page 7

"We have a very demanding public. I always remember the comment someone made that your followers want you to be Harvard during the week and Oklahoma on the weekend."

—Rick Bay



Dr. Elayne Donahue



Rick Bay

SCHOLAR-ATHLETES HONORED



Scott Upper, Diving



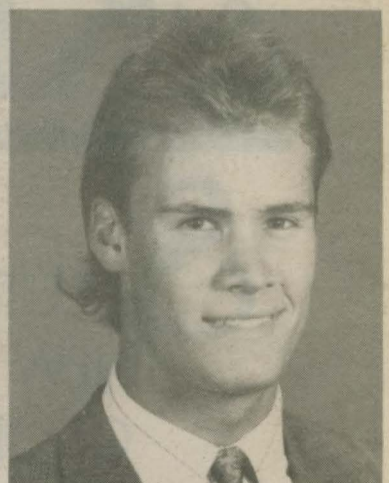
Derek Howatt, Swimming



Chris Schmid, Track



Joel Staats, Football



Scott Schaffner, Football

Eighty-nine University of Minnesota male student-athletes were among those honored at the annual Scholar-Athlete Awards Reception held recently in Minneapolis.

To be recognized as a scholar-athlete, Golden Gopher team members must have a cumula-

tive GPA of 3.0 or better. Men named as the top five scholar-athlete award recipients for 1990-91 were: senior Scott Upper (Pompano Beach, FL), juniors Derek Howatt (St. Paul, MN), Chris Schmid (White Bear Lake, MN), Joel Staats (Winona, MN), and Scott Schaffner (West Chester, OH).

Upper, a psychology major who has recorded a 3.64 GPA, was selected to the Academic All-Big Ten Team. He collected All-American honors this past season for the Golden Gophers by finishing seventh on the three-meter board at the NCAA Championships. At the Big Ten Championships, Upper finished second on the three-meter board and third on the one-meter board to help pace the Golden Gopher swimming & diving team to its second straight runner-up finish.

An aerospace engineering major in the Institute of Technology with a 3.91 GPA, Howatt joined Upper on the Academic All-Big Ten swimming & diving team. In the pool, he turned in a fine season, placing third in the 100 breaststroke and fifth in the 200 breaststroke with personal-best times of 59.26 and 2:13.33 respectively at the Gopher Invitational.

Schmid, who finished 44th at the Big Ten Cross Country Championships hosted by the University of Minnesota last fall, is a chemical engineering major in the Institute of Technology with a 3.78 GPA. Honored on the Academic All-Big Ten cross country team, he is also a member of the Golden Gopher track & field squad.

Staats, a business administration major in the Carlson School of Management with a 3.74 GPA, was a member of the Academic All-Big Ten football team. On the gridiron, the

Continued on page 2

MEN'S INTERCOLLEGIATE ATHLETICS
516 - 15th Ave. S.E.
Minneapolis, MN 55455

SPORTSNEWS is made possible in part through the encouragement and support of SuperAmerica.

SCHOLAR-ATHLETES from page 1



Joel Staats, Gopher linebacker and business administration major, recorded a 3.74 GPA.

linebacker earned honorable mention All-Big Ten honors after finishing fourth on the team with 89 tackles last season.

A quarterback on the Golden Gopher football team, Schaffner has completed 256 of 467 passes (55 percent) for 3,204 yards and 20 touchdowns through three seasons in Golden Country. He also has six rushing touchdowns. In the classroom, the Academic All-Big Ten selection has regis-



Scott Schaffner, U of M quarterback and business administration major, registered a 3.66 GPA.

tered a 3.66 GPA as a business administration major in the Carlson School of Management.

"It's exciting that men who are so committed to their athletic pursuits have also achieved such a high degree of excellence in their academic work," said Dr. Elayne Donahue, director of academic counseling. "The increasing number of student-athletes who can do both well is gratifying."

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GOOD STUFF!
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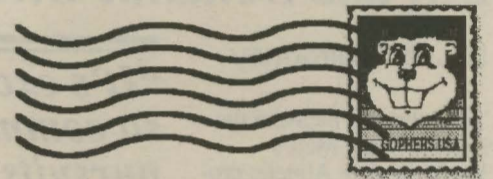
YEAR'S BEST GOPHER ATHLETES ANNOUNCED

One of the highlights of each sports season is when the men's athletic department announces the University of Minnesota's top men's athletes in each varsity sport.

This year's winners include some of the all-time greatest athletes ever to wear the maroon and gold. The winners:

Baseball:	Brent Gates Junior — Grandville, Michigan
Basketball:	Kevin Lynch Senior — Bloomington, Minnesota
Cross Country:	Keith Eidman Senior — Roseville, Minnesota
Diving:	Scott Upper Senior — Pompano Beach, Florida
Football:	Mike Sunvold Senior — Brooklyn Center, Minnesota
Golf:	Terry O' Loughlin ... Junior — White Bear Lake, Minnesota
Gymnastics:	Mike Farina Senior — Mundelein, Illinois
Hockey:	Larry Olimb Junior — Warroad, Minnesota
Swimming:	Del Cerney Junior — Staples, Minnesota
Tennis:	Kevin Werwie Senior — Sheboygan, Wisconsin
Track and Field:	Mark Lacy Junior — Oak Park, Illinois
Wrestling:	Marty Morgan Senior — Bloomington, Minnesota

Letters



Hasselmo Should Be Arbitrator

University of Minnesota president Nils Hasselmo should become an arbitrator between the men's and women's athletic departments because the financing for the remodeling of Mariucci and Williams Arenas and the construction of a hockey arena have gotten bogged down. The big problem is that the women's athletic director is stubborn. She wants the men's athletic department to finance this modern arena so that women can play there but she doesn't want to raise any money or use any of her budget (which she gets from the taxpayers) to help with the costs.

Why doesn't Chris Voelz take the Bierman Building gym when it's remodeled (a new 3500 seat facility) and use it for volleyball and other sports? Quit being stubborn, Chris. Get with the spirit of Gopherland.

Bobby Green
Minneapolis

University President Rejects Pay Raise For Gutekunst

Rick Bay, director of the men's athletic department, recommended a \$20,000 pay raise for Gopher Football Coach John Gutekunst and it was flatly turned down by University of Minnesota President Nils Hasselmo.

Gutekunst is the lowest paid coach in the Big Ten Conference and this raise, which would have brought his salary up to \$115,000, would still have made him the lowest paid coach.

I can't understand how Mr. Hasselmo can compare professors who have tenure and are protected with job security with football or basketball coaches who will be fired if they don't win.

If Gutekunst leaves, the University will have to find a replacement and that person will demand more money and get it. So why not do it now?

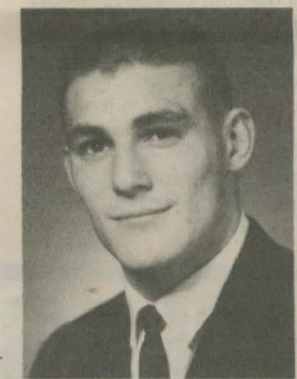
Randy Carter
Edina

Minnesota is Sports Capital

The State of Minnesota is really the sports capital of America. I remember when we only had the St. Paul Saints and the Minneapolis Millers. Who would have ever thought that one day we'd get the Super Bowl and the Final Four in the same year?

Mrs. Josephine Driscoll
St. Paul

Rognlie Not Forgotten



Myron Rognlie

Thank you for the prompt reply in sending me the copies of SPORTSNEWS about our son, Myron.

The article was very well written except his birth years under the picture were 1943 - 1991 and it should have been 1942 - 1991. Myron

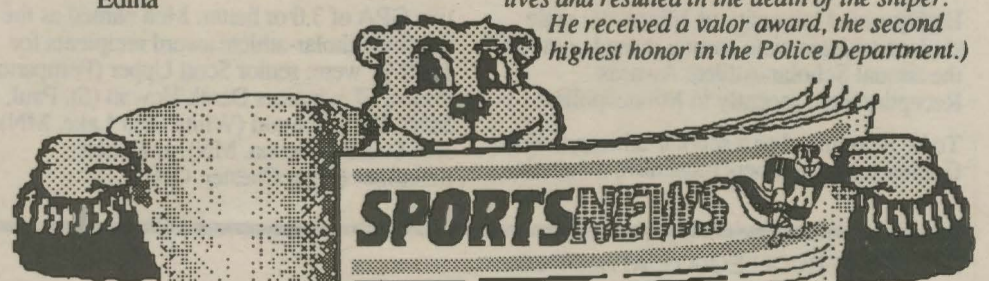
would have been 49 years old on June 1.

We did put his 49th birthday card in the coffin with him so he will not be forgotten by us on "his" day.

Thanks again.
Mrs. Donald Rognlie

(Editor's note: Myron Rognlie was a star left end on the Golden Gopher football teams of the early 1960s. He died recently of an apparent heart attack.)

Rognlie was a great athlete at Minneapolis Washburn High School and was a 23 year veteran with the Minneapolis Police Department. He was shot in the face, neck and chest while responding to a call in 1979 and although he was critically wounded he continued radio contact which saved police lives and resulted in the death of the sniper. He received a valor award, the second highest honor in the Police Department.)



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Where are They Now?

Jerry Noyce: Minnesota's Mr. Tennis

By Len Levine



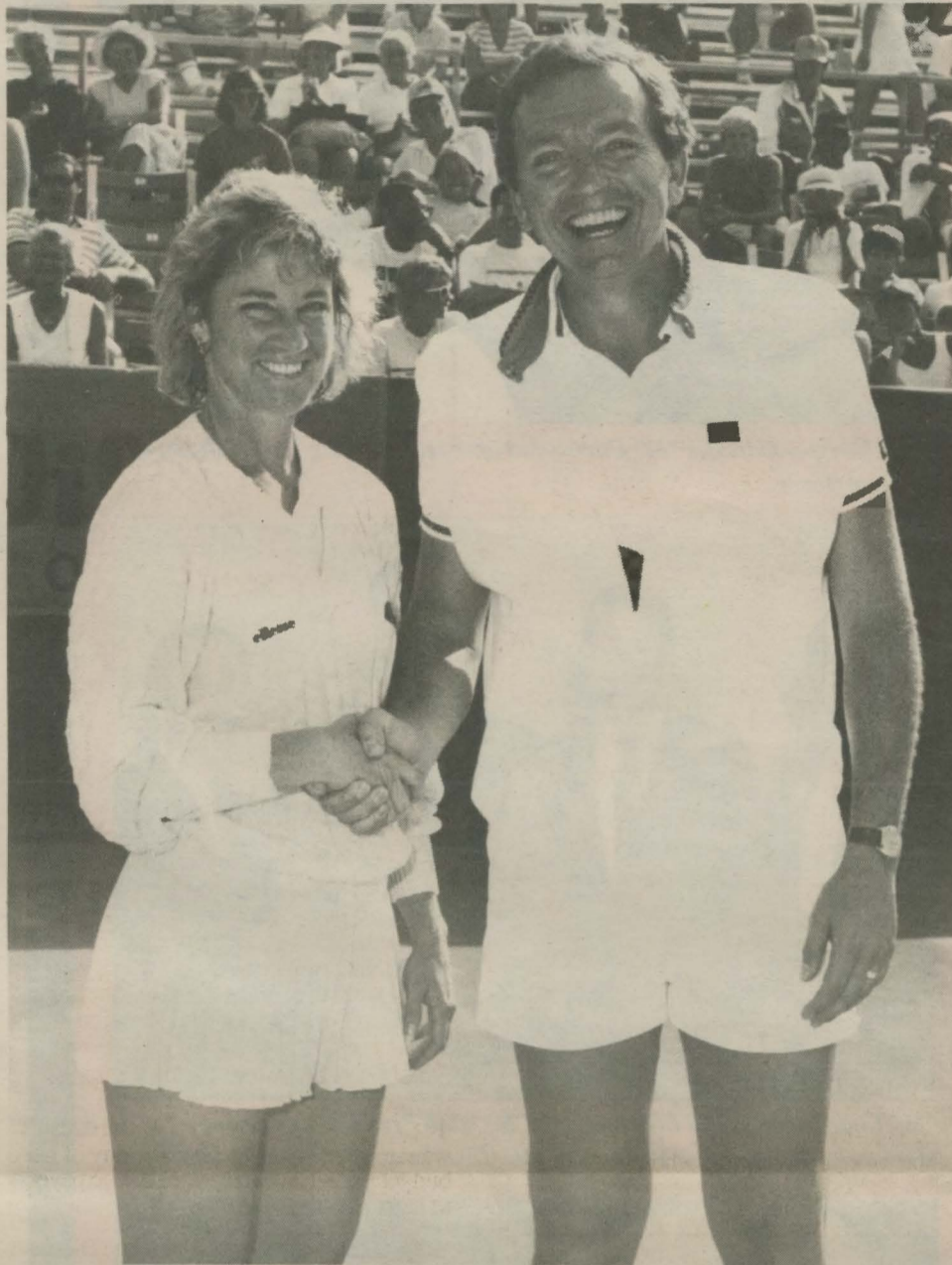
Jerry Noyce, Minnesota's Mr. Tennis, credits his father, John, and a special set of circumstances for his early exposure to the sport of tennis.

Jerry grew up in Chicago and lived there through the fifth grade. He calls his father, who once pitched in the Chicago Cubs organization, and mother, Esther, "the two greatest, most supportive and loving parents a person could have. They wanted the best for their children and let us develop our own interests. They encouraged me to get involved in sports because they knew it helped develop the mind as well as the body. My parents travelled a lot, and this travel made us a very close family."

When Jerry Noyce was in the seventh grade, his father, an industrial engineer, was sent to Zongulduk, Turkey, a town about 100 miles from the USSR, just across the Black Sea. He says his parents "packed us up and took us to Turkey." He and his younger sister, Judy, were the only American youngsters in Zongulduk. Noyce says that once they felt at home there and comfortable with their surroundings, his father taught them tennis. They played almost every day on clay courts for the two years they were in Turkey. By then, Noyce says he got "pretty good and liked the sport."

Back in the United States the Noyce family returned to Illinois, and Jerry enrolled in Evanston (Illinois) High School. He played on the school's ninth grade soccer and basketball teams and was getting ready to go out for baseball. In the two weeks between seasons the school's tennis coach, Keith Anderson, asked Jerry and his friend, Bob Scott, to try tennis for a few weeks. Those few weeks lasted four years, and when they were seniors in 1962, they won the Illinois State High School Doubles Tennis Championship. Noyce also finished second in the National High School Inter-Scholastic Championship, and his high school team established an all-time national consecutive winning record.

Noyce was sought after by many colleges across the country. He decided on the University of Minnesota because he was interested in becoming an aeronautical engineer, and the University had the best such program in the country. His dream, in fact, was to become an astronaut.



Chris Evert, world champion tennis star, congratulates Jerry Noyce at the National College Coaches Convention on being named Division One, Men's National Coach of the Year in 1968.

While at the University he played number one singles and doubles on the varsity team for coach Don Lewis his first two years of eligibility (sophomore and junior years — 1964-65), and his senior year (1966) under coach Joe Walsh. He was All-Big Ten in both his junior and senior years and qualified to play in the NCAA Singles Championships all three years. Noyce was co-captain of the Gopher team in 1965 and captain in 1966.

In 1967 he graduated with a business degree and began working for Honeywell in their Commercial Division as a data processing coordinator and program analyst. He then worked for the Service Bureau Corporation selling data processing systems.

In 1971 he became the head tennis pro at Oakdale Racquet Club. Two years later he was named the Director of Tennis at Interlachen Country Club, and in 1973 he became the Director of the Northwest Racquet, Swim, and Health Clubs, where he's been to the present time.

From 1973 to 1988 he was the part-time head tennis coach of the University of Minnesota, where his Gophers won three Big Ten championships, the only ones in the school's history. In 1986 he was named National Tennis Coach of the Year.

Noyce is recognized nationally in tennis circles. He was president twice of the Big Ten Tennis Coaches Association, served

six years on the Inter-Collegiate Tennis Coaches Association (ITCA) Board of Directors, has been on the Nike advisory staff for the past 16 years, and active in many other tennis-related organizations both locally and nationally.

In 1978 Noyce organized the effort which began the University's first men's tennis booster club — the Baseline Club.

The club's been so successful in raising money for team travel, expanded schedules, and scholarships that it has been referred to as a tennis booster club national model.

In addition to coaching, Noyce is also very active in a variety of civic activities and was the chair of the 1991 Children's Heart Fund Ball.

Noyce still coaches tennis but has confined his teaching to his long-time student, David Wheaton, one of the top-ranked tennis players in the world. He began coaching Wheaton when Wheaton was eight years old, and continues as his coach today. Wheaton travels the world playing tennis, but always returns to the Twin Cities so that Noyce can coach him at the Northwest Racquet Club in St. Louis Park. Wheaton recently defeated three of the world's top tennis pros: Number one ranked Stefan Edberg, Andre Agassi, and Ivan Lendl.

The congenial Noyce says his life has been greatly affected in a very positive way by the University of Minnesota. "It was where I got my education, built my career, and met my wife, Jane. Much of my life's experiences are the result of my association with the University, and I'll always be appreciative of the University's Athletic Department and Athletic Director Paul Giel for giving me my coaching start."

He adds, "I've been privileged to see the tremendous effect that the University of Minnesota has had on the lives of so many people that I've gone to school with, coached, and known throughout the years."

I asked Noyce, 47, what lies ahead; where does he go from here? He answered, "I'm a very fortunate person. I have a great relationship with my bosses (the owners of the Northwest Racquet Club, Marvin Wolfenson and Harvey Ratner). I work with some of the best people I've known. I'm just very happy to be a part of such a dynamic and exciting organization and to be a part of their continued growth and development."

Jerry and Jane are the parents of two children: Jennifer, who just finished her first year at the University of Kansas, and David, a sophomore at Edina High School.



Jerry Noyce in the 1987 National Tennis Coaches Tournament held in Florida.

"I've been privileged to see the tremendous effect that the University of Minnesota has had on the lives of so many people that I've gone to school with, coached, and known throughout the years."

—Jerry Noyce

Len Levine earned three varsity letters as a member of the Gopher track team and established several records, one of which (the 60-yard dash) stood for 17 years. He was the silver medal winner in the 1960 Big Ten 300-yard dash championship. Levine was President of the "M" Club in 1989.

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MORGAN RECEIVES TOP HONOR

Marty Morgan, a senior wrestler from Bloomington, MN, was named recipient of the University of Minnesota's Big Ten Conference Medal of Honor at the "M" Club Banquet.

Each member school in the Big Ten Conference presents this award annually to a student-athlete who demonstrates a high degree of proficiency in both scholarship and athletics.

Morgan capped off a perfect 39-0 season this year by winning the NCAA 177-pound title at the national meet in Iowa City with a 17-7 victory over Iowa State's Matt Johnson in the championship match. He had earlier won his second straight Big Ten crown with an 11-6 win over Iowa's Bart Chelsevig in the title match. As a junior in 1989-90, he won his first Big Ten title at 177 pounds and was NCAA runner-up. He finished the season with a 39-2 overall mark and registered a single-season school record with 20 pins.

After transferring from North Dakota State University where he was the NCAA Division II champion at 167 pounds in 1987, Morgan recorded a fine 32-10 overall record as a sophomore for the Golden Gophers in 1988-89. He finished sixth at the NCAA Championships at 167 pounds, after having earlier finished third at the Big Ten Championships. During his career at Minnesota, the two-time team MVP collected three straight All-American certificates and racked up an impressive 110-12 overall record with 41 pins.

"Soon after I transferred, I discovered that academics are stressed more at the U of M," Morgan told SPORTSNEWS.

"The coaches require athletes to attend study halls four nights a week until they attain a 2.5 GPA.

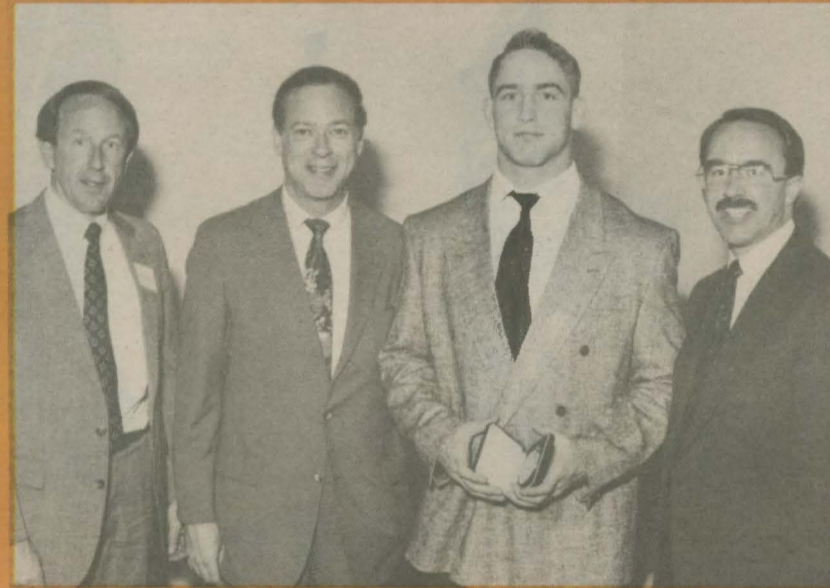
"It's been a great experience and I'm grateful for the help I received in developing good study habits. I have a 3.5 GPA this year and nearly 3.0 overall."

Morgan's wrestling career, however, is far from over. He and his two brothers, former Golden Gopher All-American Gordy and U.S. Olympian John, are attempting to become the first set of three brothers to make the U.S. Olympic Wrestling team in the same year. The 1992 Olympic Games will be held in Barcelona, Spain, next summer.

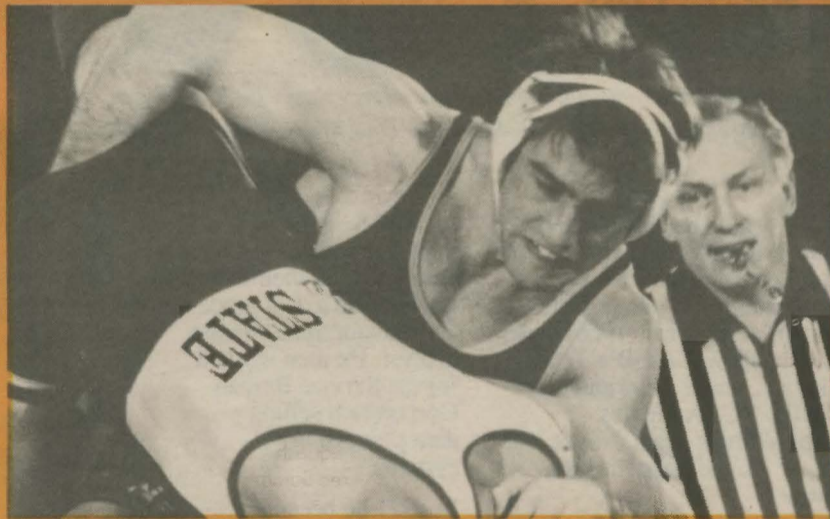
A two-time member of the 300 Club which recognizes Golden Gopher student-athletes who have earned at least a 3.0 GPA, Morgan is an art education major who will complete his graduation requirements this summer. An accomplished cartoonist/caricaturist, he is scheduled to begin student teaching this fall.



Marty Morgan addresses "M" Club crowd after receiving Big Ten Conference Medal of Honor.



"M" Club President Bud Erickson, Past "M" Club President Len Levine, Morgan, holding Medal of Honor, and "M" Club First Vice President Tim Oliver



Morgan in wrestling action

Aches and Pains

By Elizabeth A. Arendt, M.D.,
Director
University of Minnesota
Sports Medicine Institute

Q Do cartilage tears of the knee have to be taken out when they're torn? Can they be repaired?



A "Cartilage" tears of the knee usually mean the menisci. Please refer to my last column for the distinction between "meniscus" and "cartilage".

One protection against knee arthritis in later life is the meniscus, or shock absorber of the knee. In young people, a primary reason to try and save menisci is to decrease potential arthritis later in life. The cause of arthritis in people is unknown, and is likely multifactorial. If the meniscus is removed when a person is young, he will likely have more degeneration in his knee than if the "shock absorber" had been left in place. Therefore, we feel strongly that the menisci should be saved, if possible.

Most meniscus tears cannot be saved. The menisci does not have a blood supply, except at its most peripheral or outer boundary. It is at this peripheral extent that a tear can heal if repaired.

More frequently, the tear is in the inner portion of the menisci, which does not have a blood supply. When these tears are found in young people, they should be removed. Once torn, a meniscus is no longer fulfilling its biomechanical function. It serves no purpose by staying in the knee. Additionally, it can serve as a source of chronic pain, chronic swelling and potentially a source of future injury if it should displace and cause one to fall.

By today's techniques, the vast majority of tears of the menisci can be removed by making small incisions of the knee, and viewing the inside of the knee with an arthroscope. An arthroscope is a fiber optic scope that is placed inside the knee.

With the arthroscope, the removal of the meniscus has been greatly simplified. Usually, people are on crutches for a day or two, and they are back to mild exercise activity within a few weeks. This certainly is a great advance over years ago, when the knee had to be formally cut into in order to remove the shock absorbers.

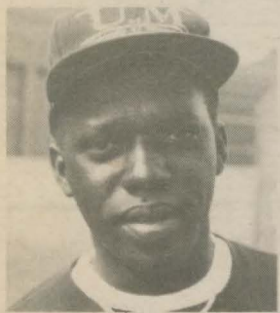
If you have sports medicine related questions, please send them to:

Aches and Pains
c/o Dr. Arendt, SPORTSNEWS
386 N. Wabasha Street, Suite 1040
St. Paul, MN 55102

Fan in the Stands

HOW DO YOU LIKE WATCHING FOOTBALL PLAYED OUTDOORS AS COMPARED TO PLAYING IN THE DOME?

THESE FANS, PICKED RANDOMLY, WERE INTERVIEWED AT BIERMAN FIELD DURING THE SPRING SPORTS DAY.



Kenneth Montague
Minneapolis
Playing outdoors like today has a lot more campus atmosphere. It allows more students to come to the games and helps build spirit. I'm pretty upset that the games have been moved to the Dome because playing here would draw more students.



Brian Gutekunst
Minnetonka
Playing outdoors is more exciting. You get a better feel of the game. I know it's tough in Minnesota playing outdoors because of the weather but it's more enjoyable especially on a day like this.



Scott Williams
Plymouth
I kind of like playing indoors a little bit better. I feel that in the north, football should be played indoors because of the cold weather.



Josh Beyer
New Hope
I'd much rather watch football outdoors. I like watching baseball outdoors too. I like sitting in the sun and even if it's cold I just like the atmosphere better. If it's cold it brings people closer together and helps in the cheering.



August Hinnenkamp
Plymouth
I like playing indoors but the Gophers have to get more students involved. Right now playing at the Dome, the atmosphere is not what it should be. I like playing indoors but they have to get more students involved by lowering the rates and offering incentives.



Karen Bantes
Minneapolis
I think football should be played outdoors because the people are more excited, it's a better atmosphere. It's easier to watch because as you can see the football players are closer to the people and it's more personable out here. It's like baseball.



Mary Meinert
Minneapolis
I really like football played outdoors. It's especially nice when the weather is good like today. You can just feel the spirit. There's something about the atmosphere when football is played outdoors.

MINNESOTA "M" CLUB UNVEILS LOGO FOR GOPHER SPORTS HALL OF FAME

The University of Minnesota national lettermen's "M" Club introduced the logo for the Gopher Men's Sports Hall of Fame adding a key element to the project which will help honor and preserve the school's athletic legacy.

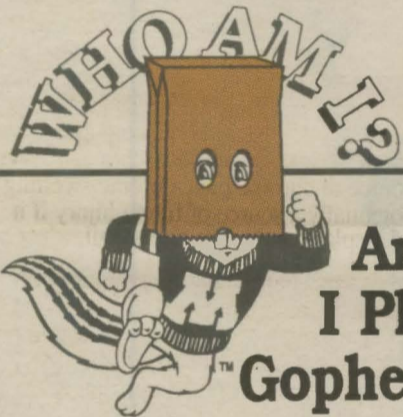
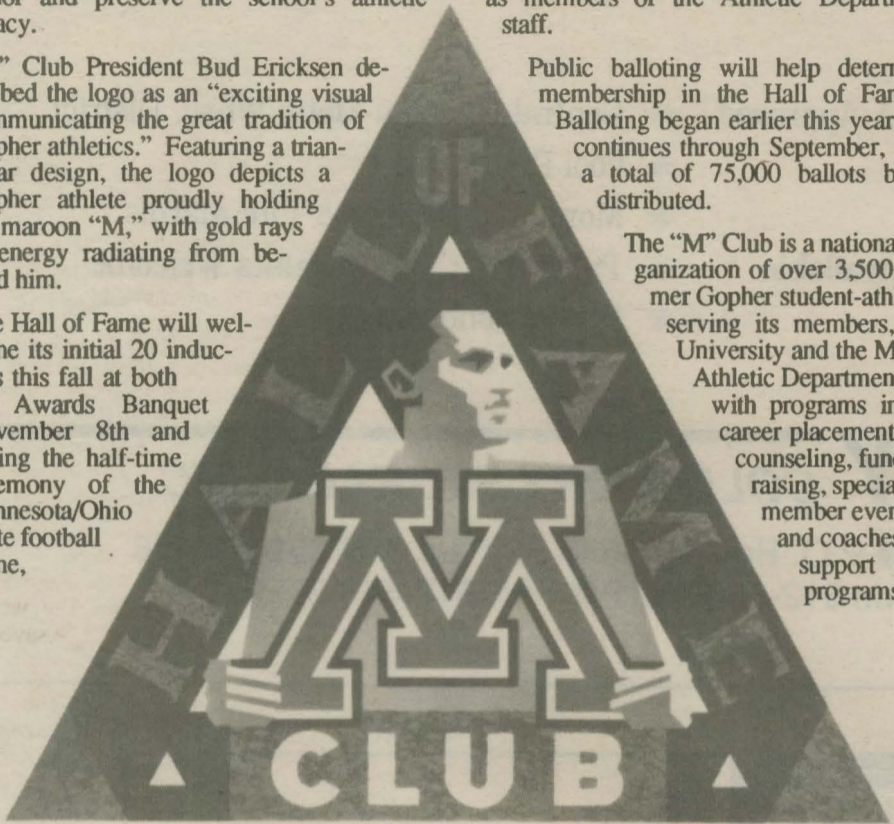
"M" Club President Bud Ericksen described the logo as an "exciting visual communicating the great tradition of Gopher athletics." Featuring a triangular design, the logo depicts a Gopher athlete proudly holding his maroon "M," with gold rays of energy radiating from behind him.

The Hall of Fame will welcome its initial 20 inductees this fall at both an Awards Banquet November 8th and during the half-time ceremony of the Minnesota/Ohio State football game.

November 9th. A joint project of the "M" Club and Men's Athletic Department, the Hall of Fame will honor athletes and coaches from all 11 Gopher sports, as well as members of the Athletic Department staff.

Public balloting will help determine membership in the Hall of Fame. Balloting began earlier this year and continues through September, with a total of 75,000 ballots being distributed.

The "M" Club is a national organization of over 3,500 former Gopher student-athletes serving its members, the University and the Men's Athletic Department with programs in career placement and counseling, fund raising, special member events and coaches' support programs.



And What Part Did I Play In The Golden Gopher Tradition?

I grew up in Minneapolis and attended South High School. I graduated from the University of Minnesota with a degree in Education in 1933. At the University I lettered three times in hockey and once in baseball. I was an assistant hockey coach to John Mariucci and business manager of athletics. In 1959 I coached the United States Nationals hockey team in the World Tournament at Prague.



1960 photo

I was a member of the University of Minnesota's coaching staff for almost a quarter of a century. In that time my teams won the NCAA and Big Ten Outdoor Track and Field Championships and accounted for twenty three Conference and six NCAA individual champs. One of my best known proteges was Fortune Gordien who was the holder of the world's discus throw record. I was also the head coach of the United States track and field team in the 1956 Olympics.



1960 photo

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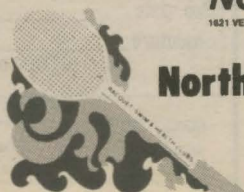
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After the Game

By Gary
Hiebert
(Oliver Towne)



It's 6 p.m. on a Friday night in the Hunan Garden Chinese restaurant, set into a corner of the Norwest Center at Sixth and Cedar in St. Paul.

There is a hubub in the cocktail lounge as the after work crowd gathers to celebrate the end of the week. They are sitting and standing three deep in front of the long bar. They are filling the leatherette banquettes lining the windows facing Sixth street traffic.

They sidle over to the table by the reservation desk to fill plates with appetizers--sweet and sour pork ribs, egg rolls, shrimp toast.

The warmth in the place and camaraderie is akin to some bar and grill on Chicago's near North Side just off Michigan Avenue or the Oak bar in New York City's Algonquin hotel.

In the big dining room, just beyond the bar, the tables and banquettes are just beginning to fill. And in the big private dining room along Cedar Street, a big company bash of some kind is gathering steam.

This is how it sounds and looks in one of the "In" places in Downtown St. Paul these nights. They come for the atmosphere and they come for the food. You get a lot more than standard Chinese fare because there is some creativity going on in the kitchen.

This accounts for the fact that the Hunan has managed to thrive and survive during the past ten years as Downtown St. Paul's premier class act Chinese restaurant.

We're sitting in a comfortable banquette in the big dining room, with dividers and just enough Oriental decor to make certain you know you're not sitting in an Italian or French and Greek place.

We start out with an egg roll apiece, figuring that our choice for the main affair will be plentiful--The Happy Family entree--Jumbo shrimp, scallops, lobster and chicken sauteed with Chinese greens served on a sizzling hot plate.

This is a dish unique to the Hunan and we were right--the portions are tremendous and picturesque. The wait person brings the hot plate, flames it into action and sets your cauldron of food on top. I replenished my plate once and then took home the rest for another complete meal. So did my wife.

What we especially liked about this meal was the fact that nothing was deep fried (except the egg roll). And we came away with a feeling of having eaten a wonderfully healthy meal.

All the time we were eating, the dining room was filling and the Happy Hour gang was sifting in to eat dinners of Mongolian beef, Peking shrimp, Moo Goo Gaipan, Almond Chicken, Hunan lamb (hot style.)

We said that if this was an example of "Dead, Silent, Empty St. Paul after Dark" we didn't mind at all.

Prices at the Hunan, by the way, are pre-inflation era. You have a difficult time running the tab up to more than \$25 for two, unless you order one of those exotic drinks like Scorpion or Suffering Bastard.

By the way, I always eat my fortune cookie for dessert and my fortune seemed prophetic:

"Look for something good to happen."

It already had.

Gary Hiebert, better known as Oliver Towne, was employed by the St. Paul Dispatch-Pioneer Press newspaper for 47 years. During that time he wrote the "Oliver Towne" column (for 34 years) and the restaurant reviews (15 years). He has also authored five books.

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Sept. 28 Pittsburgh		\$ 17.00	
Oct. 12 Purdue (Home coming)		\$ 17.00	
Oct. 26 Michigan		\$ 17.00	
Nov. 9 Ohio State		\$ 17.00	
Nov. 16 Wisconsin		\$ 17.00	
1991 PUBLIC SEASON TICKETS		\$102.00	
Handling		\$ 4.00	
Total Remittance Enclosed			

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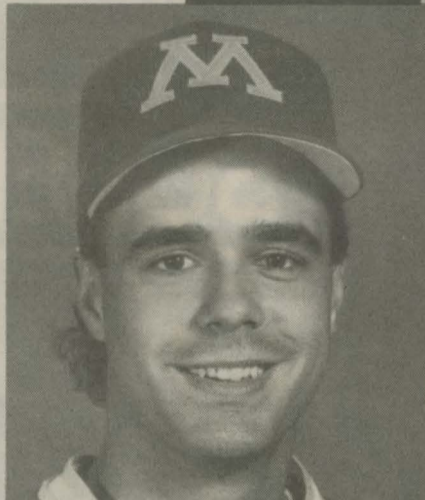
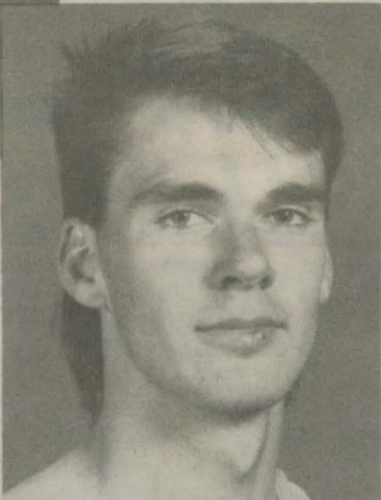
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Three Gophers Named All-American

Sophomore Chris Murrell (Grand Island, NE) and junior Mark Lacy (Oak Brook, IL) earned All-American honors at the NCAA Track & Field Championships held in Eugene, Oregon.



With an outdoor personal-best throw of 58'-10 1/4", Lacy was among the top eight American competitors in the shot put. He won the Big Ten indoor title with a personal-best and NCAA provisional qualifying throw of 59'-9".



Junior shortstop Brent Gates (Grandville, MI) was named to Baseball America's First-Team All-American squad. Gates led the Gophers in almost every offensive category this season. He broke a number of Golden Gopher single season and career records in the process. Gates finished the season on batti



ng .412 (the first player to bat more than .400 since Terry Steinbach batted .402 in 1982).



Murrell finished eighth in the high jump final with a leap of 7'-01/2". He captured the Drake Relays title with a jump of 7'-1" earlier in the season.



Bet You Didn't Know The Confusing Rules of College Football

by Barry Dreayer



Have you ever been to a Gopher football game and did not understand a penalty or rule that was being enforced? Help has arrived. This column will clear up some of the less obvious rules of college football so you can enjoy the games even more.

I have been following college football for nearly thirty years and was astounded to find that my interpretation of a basic rule was incorrect. It was like finding out that two plus two does not equal four after all these years. Let's take a look.

Imagine that the University of Minnesota just scored a touchdown and kicked the extra

point in the middle of the first quarter. After a likely commercial, what happens next?

A kickoff, right? And who kicks off? Minnesota because it was the team that scored. NOT NECESSARILY TRUE.

After a touchdown or a field goal, the team that was scored upon has the option to receive or kick off. Of course, they almost always choose to receive, which is why most of us have always thought that the rule required the team that just scored to kick off. (NOTE: In post-season all-star games such as the Hula Bowl, the team that is trailing can, after scoring a touchdown or field goal, choose to receive the subsequent kickoff).

When would a team choose to kick off in this situation? Assume that the University of Michigan scored to make it 28-20, the

Gophers leading with four minutes remaining in a rainy, muddy game. At the end of the third quarter it had been 28-0, but Minnesota fumbled the slippery ball deep in their territory on their next three possessions. Michigan easily converted each fumble into a touchdown.

The strong wind and rain have continued. Rather than risk another fumble, the Gophers could, according to the rules, elect to kick off to the Wolverines, forcing them to deal with the treacherous playing conditions. You see now how it can happen...and you will be right on top of the situation if it does.

Try this rule on a football fanatic at work or at home. If you need a source, it is Rule 8, Section 3, Article 6 and Rule 8, Section 4, Article 2A of the NCAA Football Rule Book. Tell them they can look it up.

Barry Dreayer is the president and founder of TeachMeSports, an Atlanta-based company that conducts seminars on how to be an informed spectator of basketball, football and baseball. For more information call (800) 726-3442.

ATHLETE'S GRAD RATE from page 1

body (including men and women) who entered the University at the same time.

In the winter quarter of this year, male athletes at the University carried an average credit load of 12.3 credits and achieved an average cumulative grade point average (GPA) of 2.65 (that's up from 2.48 in 1984). Thirty-six percent of these student-athletes (129 men) had GPAs of 3.0 and above, including 14 men who had perfect 4.0 GPAs.

Eighty-nine male student-athletes had GPAs of 3.0 or better for the entire school year. That's an increase of 31% over last year. (See story on Scholar-Athletes.)

The most popular major fields of study for male student-athletes in 1990 were: business/management (44 students); engineering (24); biology (20); and economics (14). Interestingly, only 9 student-athletes majored in physical education.

"We are proud these men aren't being fed into any particular program," says Dr. Elayne M. Donahue, director of Academic Counseling-Intercollegiate Athletics at the U of M. She adds, "These student-athletes are encouraged to stretch themselves, to enter challenging fields that correspond to their strengths and interests."

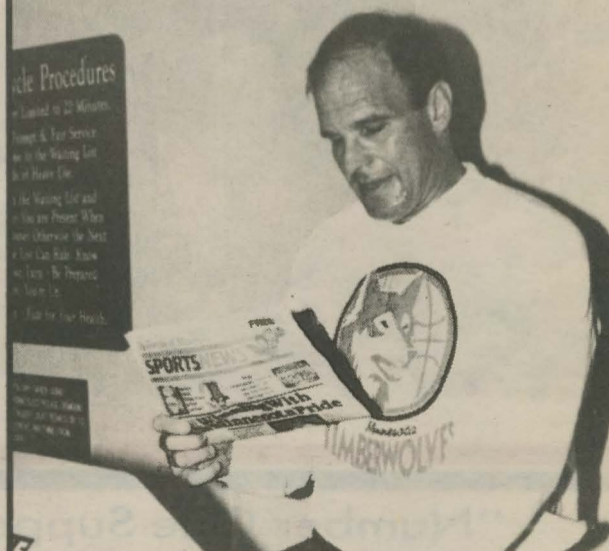
Annually, the deans of each college at the University review the course work of all student-athletes to confirm that students are making appropriate progress toward their baccalaureate degrees. The Academic Counseling Unit at the U of M is committed to helping student-athletes become "independent, self-reliant learners." Dr. Donahue indicates University coaches, faculty members, and academic counselors all work to assist student-athletes in achieving their maximum academic potential.

The University of Minnesota is recognized as having one of the finest student-athlete support programs in the country. One-to-one tutoring is available without charge to all student-athletes in a wide range of subject areas. All student-athletes

have access to the Durda Computer Center in the Bierman Field Athletic Building for word processing. Supplementary academic counseling is provided to athletes as necessary, and the academic progress of student-athletes is continuously monitored to avoid problems.

"I do not believe that success in academics and athletics is mutually exclusive," Rick Bay emphasizes. But the pursuit of the two-fold mission of the Men's Intercollegiate Athletic program at the U of M is not without difficulty. Bay says, "We have a very demanding public. I always remember the comment someone made that your followers want you to be Harvard during the week and Oklahoma on the weekend."

When He Wants To Learn The Inside Story About Gopher Sports...



Bob Stein reads SPORTSNEWS

Bob Stein was a University of Minnesota All-American defensive end and star linebacker for the Kansas City Chiefs. Today he is the president and chief executive officer of the Minnesota Timberwolves. Stein is pictured reading SPORTSNEWS while working out at the Arena Club in downtown Minneapolis.

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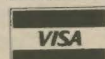
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