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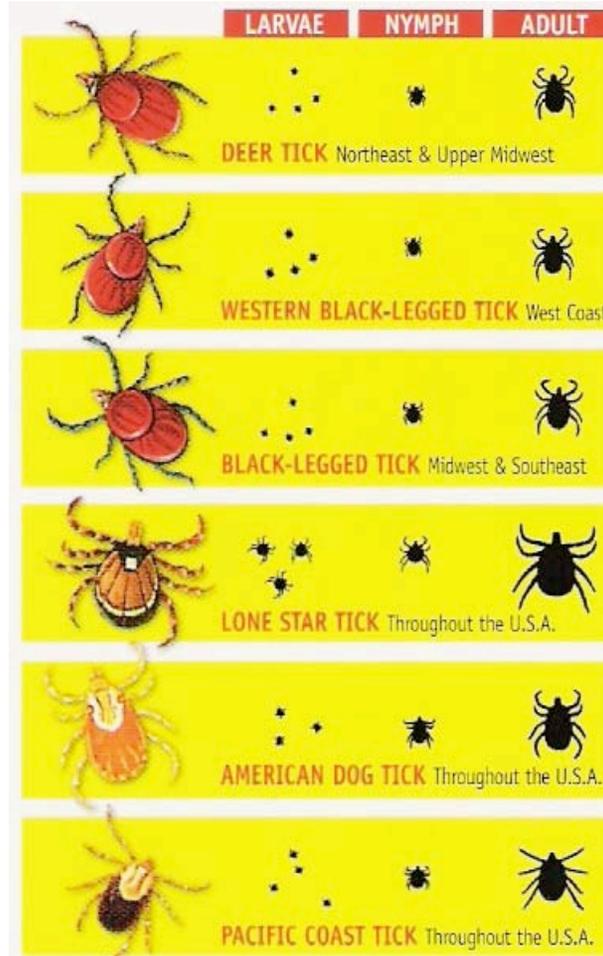
## How can I prevent Lyme Disease?

When outside, wear long pants and consider tucking your pants into your socks. Spray on DEET containing products. Check yourself frequently for ticks after being outside.

*I found an attached tick, now I'm nervous I may have Lyme Disease, is there anything I can do?*

Yes! If you found the tick less than 72 hours ago, your doctor can prescribe prophylactic antibiotics that have shown to be effective in preventing Lyme disease.

### Different types of ticks



\*Deer ticks are responsible for Lyme Disease.

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### PATIENT INFORMATION



# TICK BITES & LYME DISEASE

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## What is Lyme Disease?

Lyme disease is caused by a bacteria called *Borrelia burgdorfi*

## How is Lyme Disease Spread?

Lyme disease is spread through deer tick bites. Not all ticks carry the bacteria, but those that do can transmit the disease to humans. The ticks normally have to be attached for more than 24 hours to transmit the disease.

## When can I get Lyme Disease?

Lyme disease is transmitted during months when ticks are most active (April through August)

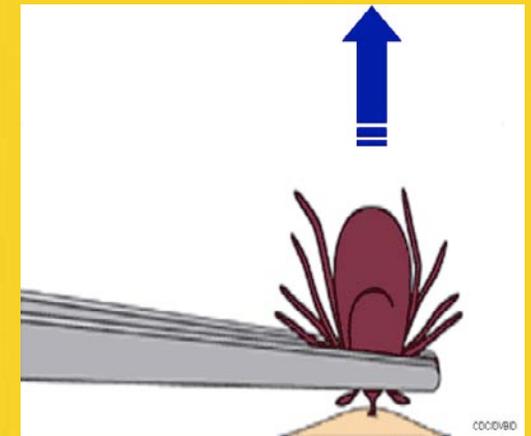
## What are the symptoms of Lyme Disease?

### Early Symptoms:

- Bullseye rash
- Fever
- Fatigue
- Body aches

### Late Symptoms:

- Arthritis
- Heart problems
- Nerve damage



## What do I do if I find tick on me?

Remove the tick with a tweezers by gripping its head. Wash area with soap and water. If the tick has been attached for more than 24 hours or is engorged with blood, you may want to contact your physician.

## How do I know if I have Lyme Disease?

Your doctor can run blood tests that will help with the diagnosis.

## Is there a treatment?

Yes, most people will respond to a course of antibiotics prescribed by your doctor. An unlucky few may continue to have symptoms despite treatment .