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# SPORTSNEWS



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HOLIDAY STATION STORES  
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page 2

## STAY HEALTHY and win it all

### GOLDEN GOPHER BASKETBALL: It's The Best Show In Town

By Marty Martinez

The Clem Haskins coached Golden Gopher basketball team is starting to get it all together as it goes into high gear against Big Ten competition. The Gophers can make it to the NCAA Tournament again if they can stay healthy and that may be the toughest test of all.

With five starters and a total of ten letter-winners returning this season, the Gophers look like they can go all the way. But staying away from injury will be the key and it hasn't looked good during the first part of the season. Junior Jason Walton needed surgery on his right knee, knocking him out of competition, redshirt freshman Trevor Winter, a seven-foot, 250 pound center, suffered a broken bone in his left wrist and had surgery, also putting him out of competition, junior Townsend Orr had a dislocated index finger on his right hand, Voshon Lenard has been continually bothered by a toe injury on his left foot and Chad Kolander suffered from a sprained left foot.

Coach Haskins realizing the team's potential and recognizing the problems caused by all of those serious injuries already this season said, "Staying healthy is our number one goal. That's the key for us right off the bat. We also will be working hard to get into the NCAA Tournament. Once you get



Townsend Orr

into the field of 64, anything can happen. We just have to stay healthy and we will have a chance to accomplish that goal."

Let's look the squad over. The backcourt is in good shape. Senior Arriel McDonald (6-3, 175) and junior Voshon Lenard (6-4, 205)

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## U of M GYMNASTS COULD WIN BIG

The Golden Gopher Gymnastic team could be big winners this year if their fall practice schedule is any indication. The Gophers will open their season against Iowa State on January 21st and will show the foundation that Coach Fred Roethlisberger has put in place.

Four returning lettermen who proved their reliability last season include Bo Haun, Brian Ottenhoff, Kerry Huston and Brian Yee. They will be joined by Chris Harrington, who will do well on the vault and rings, freshman Heath Wall and Frank Ticknor and sophomore Andrew Weaver (who did not compete last year), are coming on strong and will make the difference in getting 9.1-9.4 plus scores needed for winning in tough competition this season.

Heath and Frank both placed in the Junior

National Gymnastic Championships last May. Coach Roethlisberger said, "They are both physically strong, quick and are solid competitors on every event." After competing in the always competitive Big Ten, both Heath and Frank will gain the experience needed to "surprise many of our competitors."

Roethlisberger's Gophers are not only known for their toughness. They are also "recognized" for their unique uniforms. This year will be no exception. The Gophers will be sporting embroidered caps, T-shirts and baseball type jerseys with a seven colored large gopher on a pommel horse.

One thing for sure, Golden Gopher fans will see well trained, highly motivated, successful athletes. It will be an exciting season.

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## HOCKEY GOPHERS ARE NOW ON THE *MOVE*

### Woog Has Another Winner

By Greg Jackson

Doug Woog, Minnesota's hockey coach since 1985 has done a phenomenal job leading the Gophers as they have recorded a 250-97-19 record, giving him one of the highest winning percentages (.709) of any collegiate coach in the country.

Last year the Gophers were in the NCAA Tournament for the eighth straight time in Woog's career and overall, he has led his team to the NCAA Final Four, four times while his teams have finished first or second in the WCHA for eight consecutive years. What a record of accomplishment!



Co-Captain Chris McAlpine

This season the Gophers started out slowly and had trouble winning causing many Gopher fans to wonder whether Woog's string of successes would be broken. It doesn't appear that will be the case.

The Gophers are on their way back and will be tested in the days ahead against Northern Michigan, UMD and

Wisconsin, to name a few top opponents remaining on the schedule.

This Gopher team is young, with five juniors and five seniors. The other 18 rostered players are sophomores and freshmen with just seven lettermen in the group. In all, Woog has 17 letterwinners back.

## GOPHER TRACK TEAM AIMS HIGH

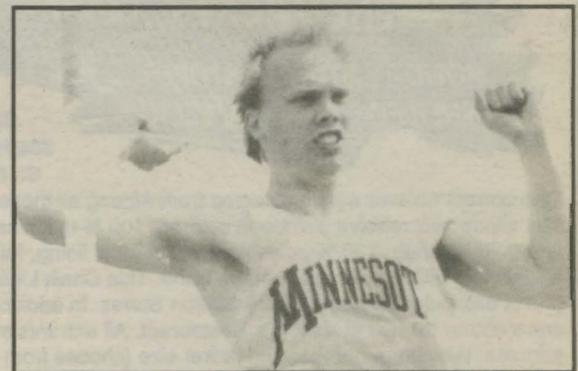
### Griak Says This Season Might Be The Best Ever

This year could be the best ever for Coach Roy Griak's Gopher Track and Field team. Coming off of last season's NCAA Indoor Championship's sixth place finish, a 77 point fourth-place showing at the Big Ten Indoor Meet and a third place at the Big Ten Outdoor meet with a school record of 102.5 points, Griak says he is cautiously optimistic that "this season could be the most successful in the history of the track and field program" at the U of M.



Keita Cline

The Gophers will be led by pole vault champ Martin Eriksson, high jumper Matt Burns, horizontal jumpers Keita Cline and Adrian Ellis, weightmen Chris Brinkworth and Mark Murdock, sprinters Omar Douglas and Chris Darkins, hurdlers Aaron Lamski and Rob Haedt,



Martin Eriksson

middle distance runners Mark Narveson and Norris Williams and distance runners Curt Kotsonas and Jason Rathe.

Eriksson won last year's NCAA Indoor Pole Vault title, Burns won the Big Ten Indoor high jump title and finished second at the outdoor league meet. He has a personal best of 7-2 1/4. Cline was the runner-up in the triple jump at the Big Ten Indoor Meet last year while Ellis placed second at the outdoor league meet.

Brinkworth, a junior who was redshirted last year, has been a multiple placewinner in both the shot and the discus at the Big Ten Championships throughout his career.

Continued on page 6

MEN'S INTERCOLLEGIATE ATHLETICS  
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## And What Part Did I Play In The Golden Gopher Tradition?

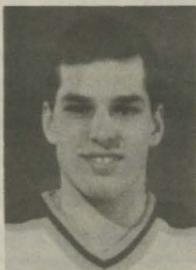
**Congratulations to Jared Klabo of Brainerd, MN a "Who Am I?" winner!**

I was the first goalie in Gopher hockey history to win the Hobey Baker Memorial Award (awarded to the top collegiate hockey player in the country) when it was presented to me in 1988. That year I was named first-team All-American, the team MVP and first-team All-WCHA.

I hold many goaltending records at Minnesota, including career records for games played, minutes played, best save percentage and most shutouts in one season.

During my three year career at the U of M, our teams posted a 102-34-4 record including back-to-back WCHA Championships in 1988 and 1989. We also had three straight NCAA Final Four appearances.

After leaving the University I was drafted by the Los Angeles Kings where I've played ever since.



Rob Stauber



1961 Photo

After graduating from South Dakota University, I began my coaching career in Fonda, Iowa at Fonda High School in 1920. From 1922-1926 I coached at Buena Vista College in Storm Lake, Iowa and then moved to DePaul University in Chicago. In 1937 I became the head Track & Field coach for the University of Minnesota.

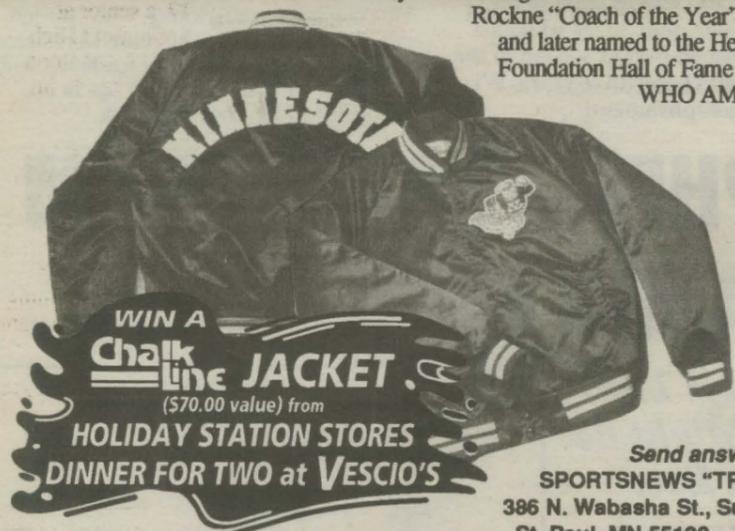
My athletes at the U of M distinguished themselves both in the Big Ten and in national competition. In 1948 our Gophers won the NCAA title and the following year we won the Big Ten Outdoor Championship. Overall, my athletes collected 23 Big Ten and six NCAA individual titles.

In 1951 I was the head Track & Field Coach for the U.S. team in the Pan American Games. In 1956 I was the head Coach of the U.S. Olympic team which competed in Melbourne, Australia where we collected the greatest

number of gold medals any team had ever won since the revival of the Games in Athens in 1896.

After returning from the Olympic Games I was honored by the Los Angeles Times with their Knute Rockne "Coach of the Year" award and later named to the Helms Foundation Hall of Fame in track.

WHO AM I?



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## Coach Doug Woog Says...

Our hockey program has rebounded and we certainly are making forward progress in our play each week. I feel great about the program, the support we are getting from the fans and the strong encouragement and assistance we are getting

from Dr. Boston and his staff. And what about our facilities? The new Mariucci Arena is a fabulous place. It's fun to play in there. My old coach and good friend, John Mariucci, would be very proud of what's happening in hockey here at the U.

## Letters



### GET OFF HOLTZ'S BACK

It's time the vultures got off of Lou Holtz's back. I too didn't want to see him go to Notre Dame and felt betrayed but any one of us would have done the same thing. He's a great coach and caring person.

I read a story recently by a student at Notre Dame, which was written by the oldest of seven boys, after he learned that his school teacher mother had suffered a fatal cerebral aneurysm.

In this family's deepest moment of despair the faculty and fellow students of Notre Dame came to their side and offered all kinds of support. They received hundreds of calls and letters. One letter was from a person one of the boys had only met once before, Lou Holtz.

Holtz is a great coach and decent human being. Get off his back.

Martino Gomez  
Minneapolis

### USHERS IN DOME NEED SENSITIVITY TRAINING

My wife, two young children and I were at the Minnesota-Michigan football game. We were very disappointed by the outcome. One obvious bright spot was the University of Minnesota Marching Band. This was of special interest to our nine year old son since he's taking music lessons and hopes to one day play in a marching band.

When the game was over, we all stayed in our seats watching the Band perform on the field. There weren't many fans left by that time. Two ushers came by and told us to leave. They were insistent. We wanted to stay. We felt as long as the band was playing, we could stay and watch. One usher got nasty and told us she would have us moved if we didn't get out. What's the matter with these ushers? It was bad enough to lose the way we did but the only real enjoyment for us that day was the band. As long as they were playing we wanted to see them.

Someone should talk to the ushers. They need some sensitivity training or at least some good common sense.

Ralph Talleda  
St. Louis Park

### RUNNERS WANT KAISER ROLL TO CONTINUE

I know the University of Minnesota can't do anything more than encourage the sponsors of

the Kaiser Roll to continue this great running event. Since Dan Berenberg left the Lincoln Del, sponsorship for this run has continued to dry up.

The Kaiser Roll is still one of the best running events in town with 10K and 5K races, wheel chair events, races for blind athletes, in-line skating races and a 3-mile walk. Events of this kind are very good for the Gophers athletes and would-be athletes and need to be continued.

Let's pull together in this metro area and support the Kaiser Roll so it doesn't fold the way the great Cascade Run Off 15K in Portland, Oregon did.

David Richey  
Woodbury

### GIVE WACKER A CHANCE

I read a letter written by Robert Lee of Caledonia where he said that Gopher Football Coach Jim Wacker should be let go. He said we can't win with "the present mediocre coaching staff and the lack of recruiting success." He went on to talk about the winning success of Bernie Bierman.

I believe this fan is wrong in condemning Coach Wacker. He is turning around the football program and is doing it with talent recruited from all parts of the country including Minnesota.

I also think it's not fair to compare Coach Wacker to Coach Bernie Bierman. While Bierman was a great coach and his legendary coaching lives on, I was a student at the U of M in 1950, Bierman's last year. He had such a disastrous season winning only one game, that he was forced to end his coaching career.

I support Coach Wacker and his staff of modern day football coaches. They'll get the job done if we will only give them a chance.

H. D. Goldberg  
Minneapolis

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- We publish only original mail addressed to us.
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University of Minnesota

# SPORTSNEWS



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Where Are They Now?

## Jackman Put Minnesota On The World Swimming Map



By Len Levine

to do as a kid growing up. It's where I played virtually every day in the summer." Jackman says his parents felt that swimming was a "healthy exercise" and they also believed it was important for all children to learn water safety.

It was a normal afternoon that day in Columbus, Ohio about half way through the 1962 Big Ten Swimming Championships when Steve Jackman, a Golden Gopher swimmer from Rochester, Minnesota brought the capacity crowd to its feet with a sensational performance in the 50-yard free style event clocking the fastest time (21.1) ever recorded any place in the world. Before the day was over, Jackman went on to set another world's record in the 100-yard free style event with a phenomenal time of 47.4. It was a day to remember. From that day on, the University of Minnesota became known as a swimming and diving powerhouse, a reputation which still exists today.

The Associated Press, the next day, called Jackman, "The world's fastest human in water" after those back-to-back performances.

Jackman, the youngest of Lois and Raymond's (now both deceased) three children, was born in Rochester, Minnesota, attended Edison Elementary, Rochester Jr. and Sr. High Schools and graduated in 1959 from Rochester's John Marshall High School.

His early years were spent just like "every other kid", Jackman says, but he feels that his swimming career began because he lived near a swimming pool and it was "the thing

At the age of nine, Jackman began participating in organized sports by competing in AAU sponsored meets across Minnesota. He says he liked the swimming competition and this led to his participation in other sports.

As a seventh grader in junior high school he was the quarterback on the football team, ran the 440 yard dash and middle distance races on the track team and had gotten so good in swimming that he was allowed to compete on the high school varsity swim team.

By the time he was a 10th grader he won the State Championship in the 200 yard free style event

and says about all he wanted to do was swim in the winter and run track in the spring. As a swimmer he competed in relays and the free style for the next three years winning state titles in the 100-yard free style, the 50-yard free style and the medley relay. He also threw the shot put and discus as a member of the track team. He says swimming was what he liked to do more than anything else and as he got older and stronger he was able to participate in a number of sprinting events. In all, he went to the State Meet three years winning gold medals each year.

Jackman's senior year in high school was his best as a swimmer. He set the U.S. National High School sprint record, which was also a world's record, in the 50-yard free-style.

When Jackman was a senior he began considering different colleges and narrowed his choices to Harvard, Stanford, Michigan

and Minnesota. Because he wanted to swim at the collegiate level he got the list down to Minnesota and Michigan.

"Gopher Coach Bill Heusner was a world class coach and I knew Minnesota was an outstanding school which wasn't a long way from my home. That's how it worked out that I choose to go to Minnesota," Jackman says.

Jackman gives a lot of credit to his Gopher swim coaches, Heusner and Bob Mowerson.

Heusner, his coach the first two years, and Bob Mowerson (his last two years) were great teachers, he says, who understood the sport and could both motivate an athlete. "They both trained me well, helped instill a winning attitude in me and all of their athletes, built me up physically as well as mentally. They helped me get my confidence and this was especially important at the big meets like the NCAA," he says.

Jackman's senior year was his best. He established a world record of 21.0 in the 50-yard free style at the Big Ten Meet held at Purdue University and the AAU (and world record) in the 100-yard free style (46.6) held at Yale University.

Jackman says he has never regretted attending the U of M and participating on the swimming team. "I got a solid education, learned a lot about life, gained self-confidence, had a great college swimming career and made lasting friends. It's hard to do better than that."

In his three years as a Gopher swimmer, Jackman won eight first places in the Big Ten Meet, five in NCAA competition and four in AAU Championships.

Jackman says the 50-yard free style was his "best event" and it was in this event that he was listed as "The World's Fastest Swimmer" in the 1963 edition of the Guinness Book of World Records. He was also inducted into the Swimming Hall of Fame in 1969 where he was listed as the "World's Fastest Swimmer."

After graduation from the U with a degree in Microbiology in 1963, Jackman enrolled in the University's Medical School. His medical studies were "all consuming" and he says there "really wasn't a good opportunity to swim in competition so I quit swimming competitively."

Jackman graduated from Medical School in 1968 and for the next two years did an internship at St. Paul Ramsey Hospital. He worked the next two years (1970-1971) for the U. S. Public Health Service in different locations

across the country and then began a three year training program in Diagnostic Radiology at the Mayo Clinic in Rochester, Minnesota. In 1974 he joined a private medical practice in Springfield, Illinois as a Radiologist and also was a Clinical Associate Professor of Radiology in the School of Medicine at Southern Illinois University.

Jackman, and his wife of 24 years, Jane Lloyd (who was a medical school student, in an exchange program from England, when they met at the University of Minnesota's medical school and who is a practicing family physician today) are the parents of four children: Kathy, 22, a recent Dayton University graduate; Bill, 21, a senior in Business at the University of Illinois; Mary



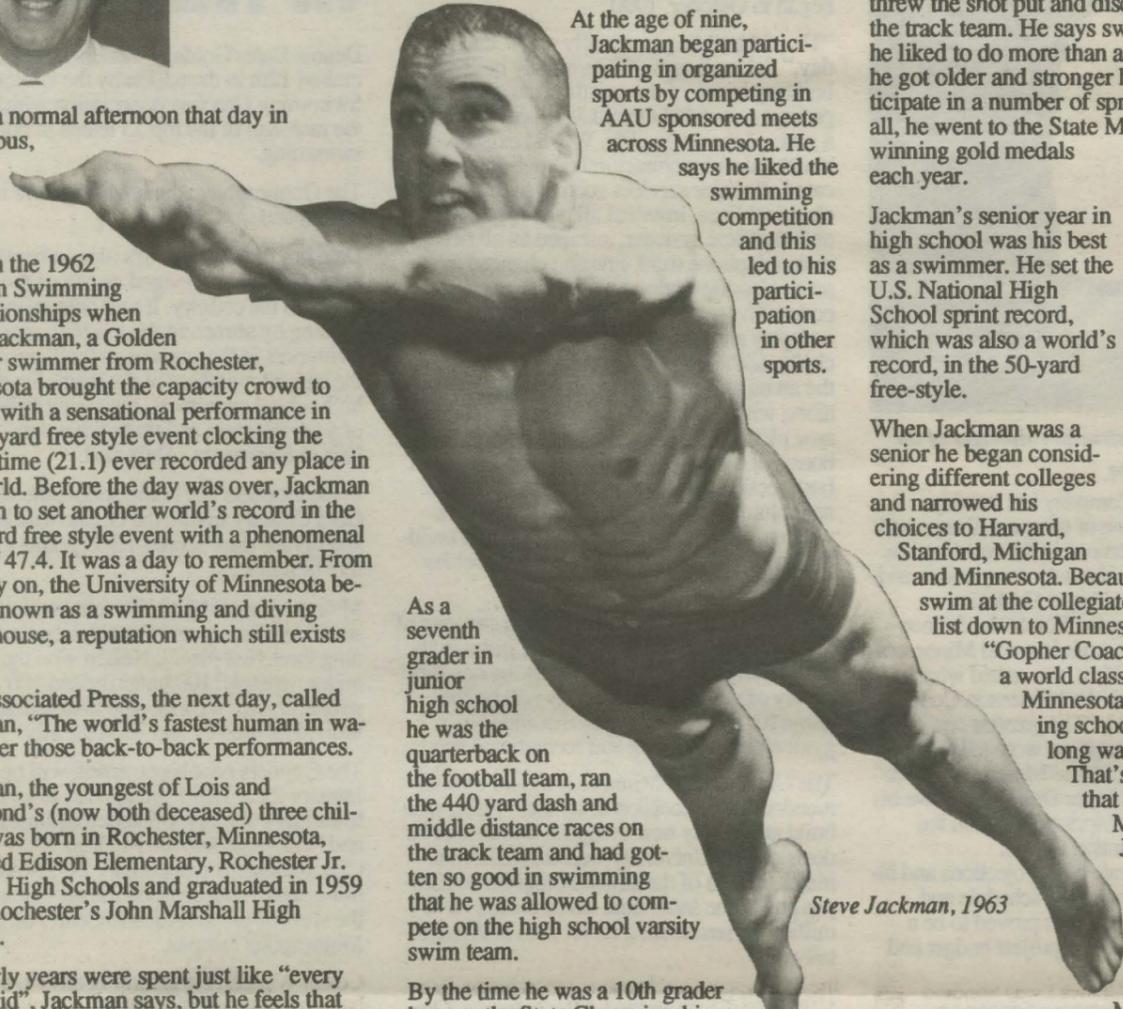
Steve Jackman, 1994

17, a senior at Springfield High School and Brian, 12, a sixth grader in Springfield.

Jackman still swims today but he says it's strictly for "recreational purposes." He does volunteer work for various AAU National swimming teams and travels occasionally as the team doctor.

Congratulations to Dr. Steve Jackman. He put Minnesota on the world swimming map.

Len Levine earned three varsity letters as a member of the Gopher track team and established several records, one of which (the 60-yard dash) stood for 17 years. He was the silver medal winner in the 1960 Big Ten 300-yard dash championship. Levine was President of the "M" Club in 1989.



Steve Jackman, 1963



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## M. A. MORTENSON COMPANY Contributes to Success of Gopher Sports Program

This is a story of how a Minnesota business was asked to develop and implement a plan for the construction of a new, state-of-the-art athletic facility for men's and women's athletics to be played on the University of Minnesota's Minneapolis campus. It's a story of how years of experience, proven performance and construction know-how will contribute to the overall success of the Golden Gophers sports program for years to come.

The Gophers athletic program under the direction of Athletic Director, Dr. McKinley Boston, is one of the finest collegiate sports programs in the country. There are many reasons for this, one being facilities. Those who construct and manage these facilities are often the "unsung heroes" in the success of the program. Where Gopher athletes practice and play has a lot to do with their success. Those who design and construct such facilities are quickly forgotten but leave a lasting mark. That is why this article is written. It forever records how and why the new Williams Arena and Sports Pavilion on the University of Minnesota's Minneapolis campus was developed and built.

It all began because old age finally caught up with the building known as Williams and Mariucci Arenas. A decision had to be made on its future. Should the building, known affectionately as "The Barn," undergo a total remodeling or should new facilities be built? Those questions were asked repeatedly and became heated topics on radio talk programs.

Finally, a decision was made that saw a new hockey facility built across the street from the existing one. A major upgrade was then undertaken in the existing Williams Arena and a new sports pavilion built in the space previously occupied by Mariucci Arena.

This was not to be an easy job. The original building, constructed in 1927, was outdated and no longer met modern building and fire code regulations. Wider aisles and increased handicapped space was needed. Ken Buell, Assistant Athletic Director said, "Our fans told us clearly that they wanted basketball to remain on campus and in order to do that Williams Arena had to be brought into the 21st century. It had to be changed to be saved."

University officials also were faced with another problem, where to house women's sports because their program has been rapidly expanding and had reached the point where they needed a place of their own. After months of study, a decision was made to remodel the existing structure so that basketball could remain on campus. It was decided that only the most experienced team of architects, engineers and builders be involved. After a careful search, University officials turned to Minnesota based M.A. Mortenson Company of Minneapolis.

Mortenson's reputation in building sports facilities was well known. Founded in 1954, the



Tom Schmall, Construction Manager of the new Williams Arena

M. A. Mortenson Company has steadily grown to become one of the most diverse and progressive organizations in the construction industry. They were the only company considered for building the Target Center in downtown Minneapolis. Bob Stein, former Gopher football All-American and Minnesota Timberwolves President, was asked what he thought about the job the Mortenson Company did for them. He said, "The greatest compliment I can give is that if we were to build our arena again, we would hire Mortenson again." Then Minneapolis Mayor Don Fraser gave his views about the job Mortenson did on the Minneapolis Convention Center: "Mortenson's accurate cost projections and insightful suggestions of cost, schedule and effective design alternatives proved to be a key in helping control the project budget and schedule."

There were other sports type facilities in which Mortenson played a principal role: A major renovation of the Metropolitan Sports Center in Bloomington, general construction and preconstruction management for the new National Sports Center in Blaine, construction manager for the new 800,000 square foot Minneapolis Convention Center, construction management services for the Hubert H. Humphrey Metrodome, the new Los Angeles Convention Center (a facility which is being billed as the largest and finest convention facility in the world), providing construction management services for the new multi-purpose St. Louis Downtown Convention Center and Stadium and others such as the Joe Robbie Stadium Baseball Renovation Project in Miami (in which the Mortenson team transformed the stadium from its original football configuration into a major league baseball facility in the 10 week period between the end of football and the beginning of spring baseball).

Mortenson clearly had a proven track record in sports facilities and had important experience in other projects such as the Kingdome in Seattle, Minneapolis Children's Theater, Orchestra Hall in Minneapolis and many more.

Tom Schmall, a long-time Mortenson employee with a lengthy record of heading these kinds of projects, was named Construction Manager. Work on the \$15.5 million project began in October, 1990.

"The old building is actually a new one today," Schmall says. "We virtually built a new building inside of the existing one and in the process converted the old Mariucci Arena into a state-of-the-art facility. We did extensive structural and architectural demolition, relocated all major services such as high voltage electrical lines, installed all new mechanical and electrical systems, installed an all new main telephone trunk line and changed the seating configuration to meet fire and safety codes. The seating area is now maroon, gold and gray and much brighter. There are new chairs, additional scoreboards at both ends of the arena and a fancy overhead scoreboard along with a television loft which will hold new platforms for tv cameras. The building boasts of a totally new air handling system in both sections, new fire sprinklers, complete new plumbing with expanded facilities for women, all new lighting throughout the building and totally new dressing rooms, lobbies and corridors.

The Sports Pavilion (with a seating capacity of 5,700) is one of very few such facilities in the world designed and built to meet the needs primarily of women. This facility will be the home for all women's athletics and men's gymnastics, wrestling and recreational sports.

The University of Minnesota should be commended for its decision to remodel rather than build an entirely new complex. Because of its decision, the University was able to keep a major portion of the athletic program on campus and at the same time saved close to \$40 million by remodeling rather than building totally new.

There will be memorable performances and events at this new sports facility for decades to come. There'll be cheers and tears. The Gopher record books will be rewritten and thousands of Gopher fans will be in the stands cheering their teams on to victory. Through it all, for years to come, the work done by the M. A. Mortenson Company will stand as a testament to a job well done.

The world will not remember what part the M. A. Mortenson Company played in this impressive sports facility, but this company, in large part, will be responsible for what ultimately occurs in this building by player and spectator.

## Swimmers Ranked 12<sup>th</sup> in Nation

Dennis Dales' Golden Gophers have been ranked 12th in the nation by the College Swimming Coaches Association which does the rankings of the top 25 teams in collegiate swimming.

The Gophers have done well thus far in the season and

Dale has high hopes. "It's nice to be recognized and acknowledged as one of the top teams in the country. It will help us in our recruiting by attracting the top high school swimmers in the country and will encourage the current members of the team. Speaking of high school swimmers, they want to be a part of a top program and that's what they can get here at Minnesota," Dale said.

In the Gophers last home action, the six-team Gold Country Invite, the Gophers swimming and diving team scored 1,368 points to capture first place.

Minnesota won 16 of 17 events with senior stars Matt Brown and Paul Nelsen each winning three first places. Nelsen won the 500-meter freestyle, 100 butterfly and 100 backstroke. Brown won the 100 breaststroke, 400 individual medley and 200 butterfly.

The Gophers next home action will be on January 29 at 1:00 P.M. against Iowa followed by February 4-5 action against Purdue and Wisconsin and the Big Ten Championships on February 24-26. All swimming and diving competition takes place in the state-of-the-art Aquatic Center on the Minneapolis campus.



### REMAINING 1994 GOPHER BASKETBALL SCHEDULE

DATE	OPPONENT	TIME
Jan. 20	MICHIGAN	8:30 p.m.
Jan. 22	MICHIGAN STATE	2:00 p.m.
Jan. 26	at Indiana	7:00 p.m.
Jan. 29	PURDUE	Noon
Jan. 30	at St. John's (Madison Sq. Garden)	11:00 a.m.
Feb. 2	at Iowa	7:00 p.m.
Feb. 5	NORTHWESTERN	7:00 p.m.
Feb. 9	OHIO STATE	7:00 p.m.
Feb. 12	at Wisconsin	1:00 p.m.
Feb. 16	PENN STATE	7:00 p.m.
Feb. 19	at Michigan	11:00 a.m.
Feb. 23	at Michigan State	7:00 p.m.
Feb. 27	INDIANA	1:00 p.m.
Mar. 3	at Purdue	6:30 p.m.
Mar. 5	IOWA	7:00 p.m.
Mar. 9	at Illinois	7:00 p.m.

## Basketball from page 1

are in their third full season together in the starting lineup, while Townsend Orr (6-1, 165) is viewed as a third starter by Haskins.

"I would like to think that Voshon, Arriel and Townsend give us three quality guards that will stack up with any other backcourt, not only in the Big Ten, but also in the country," Haskins said.

McDonald is an outstanding playmaker and passer. He has the ability to hit a three pointer from any spot on the floor. He played in 28 games last season with 22 starts and led the team in assists with 122 (4.4), ranked fourth in scoring at 11.0 and scored in double figures in 14 of 17 games.

Lenard is an All-American candidate. He's an outside shooter with great range. He has an overall career average of 15.0 points per game with 231 rebounds for an average of 3.7. He is the all-time school leader with 118 three-pointers.

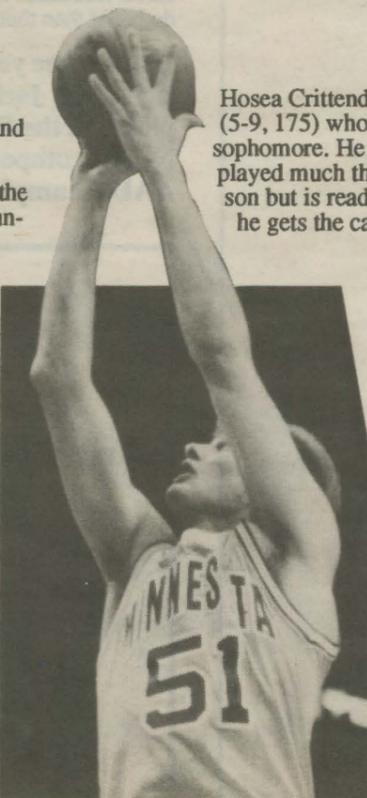
Orr is a premier shooter who has great hands and is a great ball handler and passer. Last year he averaged 6.6 points and 2.6 rebounds per game. Last year he

ranked second on the team with 48 steals, 2.8 assists and 28 three-pointers.

Haskins can also count on the solid outside shooting of junior Ryan Wolf (6-3, 185) who played in 24 games last season and ranked fourth on the team with 16 three-pointers. Look for some exciting reserve action from walk-on



Voshon Lenard



Chad Kolander

Hosea Crittenden (5-9, 175) who is a sophomore. He hasn't played much this season but is ready when he gets the call.

In the front court senior Randy Carter (6-8, 235) and junior Chad Kolander (6-9, 225) are both performing well. Carter is consistently one of the toughest, hard-nosed Big Ten Basketball players. He has led the team in rebounding in each of his three seasons. Last season, he averaged 11.4 points and 6.9 rebounds per game. Injury has been Carter's biggest enemy. As a sophomore he underwent surgery to remove bone spurs from both ankles, last year he missed three games with a first degree left shoulder separation and one game with a sprained

ankle. He also had surgery on his left knee last spring. Kolander is one of the best defensive players in the league. Last season he averaged 5.9 points and 4.3 rebounds a game and led the team with 2.5 blocks. In addition, he shot a team-leading 59.5 percent from the field (72 of 121).

Another veteran is Ernest Nzigamasabo (6-9, 235) who has seen some playing time this season after averaging 3.1 points and 2.1 rebounds last season. The remarkable thing about Nzigamasabo is that he has only been playing since 1987.

Sophomore David Grim (6-7, 200) has been a big addition this season. He got a slow collegiate start when he missed the entire 1991-92 season after undergoing surgery to his lower back.

Sophomore Kevin Baker (6-6, 205), who played in 12 games last year, is being

## New Policy by Boston Brings Student/Athletes and the Community Closer Together: Rufus Simmons Gets the Call

By Len Levine

Rufus Simmons says he has one goal in life which is "to reach out to this community's youth, to support and nurture them, to get them involved in the community in a positive way so that they and the community are richer as a result."

As the Community Relations Liaison in the Men's Athletic Department assisting Gopher Athletic Director Dr. McKinley Boston, Simmons leads this effort under Dr. Boston's direction.

When Dr. Boston took over the reins at the U of M in December, 1991, he immediately recognized that many student/athletes were going through school and not establishing the relationships needed for success after school. He announced his views on this subject his first week on the job and said one of his highest priorities was to reach out to all student/athletes, particularly those from other states and people of color who were new to this community. He said he wanted their school years to be their foundation for a sound future. Boston said he knew there was one person that could help him accomplish his goal and that was Rufus Simmons.

Simmons, at the time, was Director of School, College and Community Relations for the University of Minnesota's Department of Student Affairs. He was new to that position but for the previous 19 years, was the University's Director of Coffman Union where he was recognized for his successful efforts in getting students personally involved in policy and operational decision making affecting their lives and activities.

Simmons is considered a pioneer in developing multicultural programs that focus on



Rufus Simmons, Community Relations Liaison in the Men's Athletic Department of the U of M

understanding and appreciation of ethnic diversity. He has a diverse background of training and experiences which has prepared him well for his current assignment.

The second oldest of ten children, Simmons was born in Georgia and moved to

*Boston says there has been a wide gap between the University of Minnesota and its communities of color for many years but because of the work of Simmons "we are developing a stronger relationship with community leaders. His programs to assist student/athletes in addressing their developmental needs while attending the U of M and then after graduation, will be one of the benchmarks of my administration."*

Steubenville, Ohio when he was one year old. He says he was an active youngster and by the time he was in junior high school he was active in "just about all" school activities. In high school he was a star basketball and football player and made the All-State Football team.

Simmons says his late father Archie (a laborer in the Ohio steel mills)

and his mother Eva (who still lives in Steubenville) placed a high value on education and participation in school and the community. "They were my constant encouragement and rarely missed seeing me in a school event," he says.

In 1959 Simmons entered the University of Cincinnati where he was a standout on the football team as an offensive guard and middle linebacker winning three letters. He was the team captain in 1962, his senior year. In 1963 he graduated with a degree in Secondary Education and was certified to teach General and Biological Science and Physical Education. The next year, he taught in the Cincinnati public schools and then spent two years as a 2nd Lieutenant in the Army stationed in Fort Ord, California. In 1967 he began doing graduate work in Educational Administration at the University of Delaware which he completed in 1974 at the University of Minnesota.

As the Community Relations Liaison for Dr. Boston he has been, according to Boston, a "tireless and determined professional. He'll work around the clock, if necessary, to develop specific programs and activities that bring together the entire community through a series of interrelated activities designed to enhance student/athlete development."

Boston says there has been a wide gap be-

tween the University of Minnesota and its communities of color for many years but because of the work of Simmons "we are developing a stronger relationship with community leaders. His programs to assist student/athletes in addressing their developmental needs while attending the U of M and then after graduation, will be one of the benchmarks of my administration."

Simmons says there are two main elements of his work. The first is to involve the student/athlete in campus life and get them better connected and involved with community organizations. He says he feels this will "both nurture and support their educational experience." He says he has seen very positive results thus far with "increasing numbers of student/athletes becoming active, productive leaders of their community. I believe that my work doesn't just end when they graduate," says Simmons. "It's important not to forget about them once their playing days are over."

Dr. Boston was right. He had the vision and realized the importance of reaching out to the student/athletes and then involving them in the community in a meaningful way. It is clear he made the right choice in getting Simmons on his team. Together they have taken the University of Minnesota to enviable heights when compared to similar schools across the country.

Simmons and his wife Roslyn, an elementary school teacher in Minneapolis, live in Bloomington and are the parents of four children: daughters Kim, an economics graduate working as an insurance underwriter in Chicago, and Janine, a social worker in Hennepin County's Child Protection Division, sons Scott, a student at Metro State who is also employed by Radisson Hotels and Lee, an economics graduate working for Norwest Bank in Minneapolis.

## Coach Clem Haskins Says...



A student-athlete's personal growth is a very important facet of our program. Is he maturing as a young man and becoming responsible

for his own actions? It is more important to me and my staff to develop a total young man than just a basketball player. We want him to be able to conduct himself in a first-class manner in a job interview when he gets through. We want him to understand what it's like to get up and go to work every day. That's what they will be facing four or five years down the road. We are more interested in his maturity and growth as a total person, than about jump shots and hauling down rebounds.

counted on to fill the gaps this season and has already scored points. Another player to watch in the crowded front court as the season moves along is true freshman John Thomas (6-9, 250). He has the size and strength to make it according to Haskins.

Rounding out the squad are three excellent players who have missed playing time because of injuries: Jayson Walton, an all-around athlete who ranked second on the team last season in both scoring (11.9) and rebounding (6.3). He scored in double figures in 23 games and led the team in rebounding 15 times. He's an exceptional inside-outside performer; Trevor Winter, a redshirt freshman (7-0, 250) who, when healthy, has very good hands and a



Ryan Wolf

smooth touch under the boards. He averaged 5.6 points and 3.5 rebounds a game for the Big Ten all-star team that toured Europe this past summer; and Sean Whitlock (6-0, 175) a talented freshman who averaged 30.6 points a game during his final prep campaign and who has excellent ball-handling skills.

Going into the Big Ten part of the schedule, Coach Haskins says,

"Once again, from top to bottom, the Big Ten is one of the best leagues in the country and I don't see any team dominating the conference this year. Whoever gets out of the gate the quickest will probably win the Big Ten championship."

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## Golden Gopher Profiles

### Arriel McDonald

Basketball-Sr.-  
Guard  
Raleigh, N.C.



Arriel McDonald is one of the most effective passers and playmakers in the game today. This veteran backcourt player, a Gopher co-captain this season, is known throughout collegiate basketball for his great court awareness. Before this season started, his overall career totals included 922 points for an average of 10.5 and 261 rebounds for an average of 3.0. His registered career high 25 points came against Michigan State on 1/19/91 and he has a nine rebound record for another career high which came against Augusta on 11/27/90. Arriel ranks second on the Gopher all-time list with 368 assists and led the Gophers in assists in each of his three seasons. McDonald ranks sixth in career steals with 116 heading into his final season.

Last season, McDonald played in 28 games with 22 starts and had season highs of 24 points and 9 assists. He was seriously injured on December 21, 1992 in the victory over Tennessee-Martin. A highlight of last season was the game high 20 points he scored in the win over Georgetown for the NIT Championship. Arriel is pursuing a self designed major with concentrations in business, marketing education and speech communications. He is the son of Arthur and Selma McDonald.

## Aches & Pains



Elizabeth A. Arendt, M.D.,  
Director, University of  
Minnesota Sports  
Medicine Institute

**Q** I just found out that the reason I can hardly walk is that I sprained my ankle while jogging. The doctor told me that I had a "complete disruption of the lateral ligaments of my ankle." I asked the doctor and am asking you why surgery isn't done on the ankle to put it back in shape?

The ligaments on the lateral side of the ankle, when torn, can adequately heal back to each other if the foot is kept in a position where the ligaments are in contact with one another. This usually creates a situation where the ligaments satisfactorily heal back to one another in a length that is acceptable for function.

In general, the accepted mode of treatment for this kind of injury is to place the foot in a type of splint where turning in of the ankle is avoided, but the ankle is allowed to move up and down.

One of the reasons that we do not actively repair these ligaments is that the healing powers of our bodies appears to be satisfactory as long as an environment is provided in which the ligaments can heal without being re-stressed. Therefore, the non-operative treatment for this injury is quite successful. The second reason for not operating on these types of injuries, is that if we fail non-operative treatment, reconstruction to re-stabilize the ankle ligaments is quite successful. Therefore, it is not prudent to operate without giving the body's healing powers a chance to work.

If you have sports medicine related questions, please send them to:  
Aches and Pains c/o Dr. Arendt,  
SPORTSNEWS, 386 N. Wabasha Street,  
Suite 1040, St. Paul, MN 55102

### Adam Krafft

Tennis-Jr.  
Saginaw, Mich.



Adam had a spectacular freshman year when he went 26-9 overall and 12-4 in the Big Ten in singles and 21-4 and 8-0 at doubles. When he was paired with partner Brian Uihlein out of the number two spot they were 16-3 and 8-0. The following year (1990-1991) he went 19-10 overall and 9-4 in the Big Ten in singles and reached the quarterfinals in the NCAA Championship earning All-American honors. He and his doubles partner Uihlein finished that season with a 40-6 record. Last season, Adam was sidelined with an injury to his right elbow which kept him out of competition the entire year. This year Adam, the son of John and Prudence Krafft, appears to be on his way to regaining his top form and All-American status. He is majoring in psychology.

### Justin McHugh

Hockey-Forward-Jr.  
Minnetonka, Minn.



Justin is a persistent and very determined athlete who has played well at the Forward spot but can also be counted on to do well at the Center position. He had a tremendous season as a sophomore scoring 13 goals and adding 15 assists in 42 games. Justin was ranked fourth on the team in scoring and is the second highest returning scorer this year. Justin, who had six multi-point games last season, was a seven letter winner in high school who recorded high school career statistics of 45 goals and 34 assists. He is the son of Mike and Dani McHugh and is majoring in pre-business and pre-medicine.

### Mark Hanson

Golf-Jr.  
Cedar Rapids, Iowa



Mark had an excellent sophomore season and finished third in the prestigious Yale Invitational. His low round last season was a 71 which he hit in the Wolverine Invitational and his performance was credited with helping the Gophers gain their first NCAA Tournament spot in 20 years. Mark shot a 148 in the NCAA Championship and then played in the Iowa Amateur Tour last summer where he had a stroke average of 72.13. Mark has a personal low score of 67 which he shot in the second round of the U. S. Junior Amateur Qualifier. Mark, a member of the National Council of Youth Leadership, calls his biggest thrill in golf just being a part of the first Golden Gopher golf team in 20 years to make it to the Nationals. He is the son of Clarence and Cathy Hanson.

## Track from page 1

Sophomore Murdock finished fifth in the shot put at the conference outdoor meet last year.

Omar Douglas and Chris Darkins are names very familiar to Gopher sports followers. Both were standouts on the football squad and now turn their attention to the sprints. Douglas, a senior, finished fourth in the 55 meters at the Big Ten Indoor meet last year and has been a key in the Gophers relay team success. Darkins, a sophomore, finished sixth in the 55 meters at the Indoor conference meet last year and made it to the finals of the 100 meter dash in the outdoor meet.

Hurdlers Lamski (senior), and Haedt (freshman) will handle this event and are expected to do well. Lamski specializes in the 800 meters indoors and then the 400 hurdles outside. Haedt placed in both the highs and intermediates at the 1993 Minnesota Class AA meet for Austin (Minn.) High School.

Senior distance runners Narveson and Williams will be a strong middle distance duo. Narveson, a fifth year senior, who only has outdoor eligibility remaining, has been a multiple Big Ten placemaker during his career. Williams, who placed third in the 600 meters at the Big Ten indoor meet last year, also clocked a swift 1:49.87 in the 800 meters outside.

Senior Kotsonas finished third in the 10,000 meters at last spring's Big Ten Outdoor Championships and then doubled back to place eighth in the 5,000 meters the following day. Rathe finished fifth in the 3,000 meters at the Indoor championship.

Some other Gopher track athletes who can be counted on include freshman Tye Harvey in the pole vault who was considered one of the top prep vaulters in the country last year, Craig Hanscom, sophomore, who placed sixth in the high jump at the Big Ten Outdoor Meet, junior Jared Johnson, a transfer from UM-Duluth, who was an NCAA Division II All-American high jumper, sophomore Chip Mosley, a seventh place finisher in the Big Ten triple jump last spring, freshman Crawford Jordan of Fort Worth, Texas who will make his mark as a long and triple jumper and junior Rob Hydukovich, an eighth place discus finisher in the Championship meet. Other weightmen who will make contributions include discus thrower Jason Schlueter and Jon Jellum in both the shot and discus.

The javelin is always an exciting event and the Gophers to watch here are Jason Cole and Mike Coppola.

Speedsters to watch include freshmen Javon Jackson, Terrance Blayne, Scott Beadle, and Tim Van Voorhis. Beadle and Voorhis both placed in the 200 and 400 meter events in last spring's Minnesota Class AA Championships.

In the longer races, sophomore Jason Boon could be a real comer. As a freshman he ran a brilliant 800 meters in the Big Ten Indoor Meet finishing third and then came back to place second in the event in the outdoor championship.

Sophomores Paul Michalek and Dan Pihlstrom and juniors Bob Johnson and Kevin

Dunbar will be the big surprises in the middle distance events.

In the distance events watch juniors Mark Gonzales, Kurt Runzheimer and Rick Obleman who all have tremendous ability. Griak thinks they will make early contributions.



J.J. Beckstrand finished third in last year's Big Ten Meet with a school record of 6,496 points. He will also compete in the indoor pentathlon. He'll be joined by teammates Seth Mischke and redshirt freshman Amewoke Nunyakpe who have the ability to add to the team total in this event.

The Big Ten Indoor Championships will be held February 25-26 at Ann Arbor, Michigan with the NCAA Indoor Championships at Indianapolis, Indiana on March 11-12. The Big Ten Outdoor Meet will be held on May 21-22 at Madison, Wisconsin with the NCAA Outdoor Meet to be held May 31-June 2 at Boise, Idaho.

"I think that we have the potential to be an outstanding team this season because we have some great athletes who are maturing and ready to fill in where we had strength last year," Griak said.

"It's going to be hard to improve on our third place finish of last year, but I'd like to think that we will be in that hunt. We will be ready. We'll tighten our belts, stay healthy and aim high. It's going to be an exciting year," Griak said.

# First.



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On October 21, 1989, free safety Frank Jackson blocked an Indiana field goal attempt and cornerback Fred Foggie returned it 98 yards for a fourth quarter touchdown. Indiana went on to win 28-18 at Memorial Stadium in Bloomington, Indiana.

## ACADEMIC ALL-AMERICANS

Three Golden Gopher football players, seniors Omar Douglas and Jeff Rosga and junior Justin Conzemius have been honored as GTE Academic All-America second team selections.



Omar Douglas

Douglas, a senior slot back set the Gopher receiving record for most career receptions this past season with 130 and also shattered the record for most career yardage with 1,675. The economics/Afro American Studies major carries a 3.20 GPA and was named an Academic All-Big Ten this year for the third season in a row.

Rosga, a senior free safety, tied for the team lead with four interceptions this past season returning two for touchdowns, recovering three fumbles and contributing 37 tackles and 30 assists. A business administration major with a 3.60 GPA, Rosga was named to the GTE Academic All-District V team for the third consecutive time and was honored on the GTE Academic All-Big Ten team for the fourth straight time.



Jeff Rosga

Conzemius was a key player on the Minnesota defense this past season returning a 55 yard interception for a touchdown in the 59-56 win over Purdue. He finished third on the team with 68 tackles (37 solo and 31 assists). Conzemius is a business administration major who has a 3.69 GPA and was named to the GTE Academic All-Big Ten team this year for the second consecutive time.



Justin Conzemius

## THE LAST TIME

The Golden Gophers scored a touchdown on a kickoff return was on October 17, 1992 in the Michigan game (played at Ann Arbor) when split end John Lewis returned Pete Elozovic's kickoff 88 yards to tie the game 7-7 in the first quarter.

On September 24, 1988, split end Chris Gaiters returned a Northern Illinois punt 79 yards for a touchdown in the second quarter and the Gophers went on to win 31-20 at the Metrodome.

## NUMBER RETIRED

Basketball great Kevin McHale's number 44 was retired in halftime ceremonies during the Gopher's opener against Rice at Williams Arena on November 18.

McHale became the third Gopher to have his number retired following Mychal Thompson (43) and Jim Brewer (52).

McHale was a first-team All-Big Ten selection in 1980 when he led the Gophers to the NIT Finals. He finished his career (1976-1980) as the all-time school record holder with 235 blocks. He also ranked second with 950 career rebounds and fourth with 1,704 career points.

McHale, a 1980 NBA first round (third overall) draft pick of the Boston Celtics, went on to score 17,335 points (17.9) during his 13-seasons (1980-1993) in the pros.

"Kevin McHale has, and always will be, a great ambassador for our basketball program, the U of M and the state of Minnesota," said Gopher Head Coach Clem Haskins.

"This is an honor that Kevin richly deserves," said Director of Men's Athletics, McKinley Boston. "He was not only an outstanding player and competitor during his career here, but he has been a real credit to the U of M and the state of Minnesota his entire life."

## LETTERS OF INTENT

### Basketball

SAM JACOBSON, a 6-foot-5, 200-pound guard from Park High School in Cottage Grove, Minnesota has signed a national letter of intent to attend the U of M.

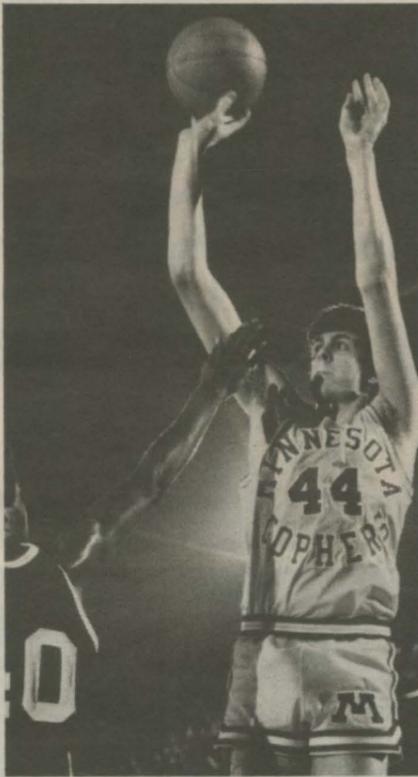
Jacobson averaged 24.6 points, 9.5 rebounds and 3.1 blocks as a junior last season to lead Park to a 21-4 overall record. He will enter his senior season with 1,643 career points and should become the first Minnesota Class AA player to ever surpass the 2,000 career point mark.

Jacobson, a two-time All State selection and 1992 AAU All American, is an honor student with an impressive 3.75 cumulative GPA in high school.

Jacobson was sought after by every major school in the nation and finally settled on Minnesota and Kansas before making the decision to become a Golden Gopher.

"Sam exemplifies what being a student-athlete is all about," said Gopher Head Coach Clem Haskins. "He is an outstanding student and his potential on the basketball court is unlimited. We are very excited that he has decided to stay at home and become a Golden Gopher."

ERIC HARRIS, a 6-foot-1, 190 pound



Kevin McHale

basketball guard from St. Raymond's High School in Bronx, N. Y., has signed a national letter of intent to attend the University of Minnesota.

Harris, who averaged 13.3 points, four rebounds, three assists and three steals as a junior last season, has been called one of the finest prep defensive basketball players in the country. He was credited with leading his high school team, the Ravens, to the New York City and New York State titles. He was honored on the All-Conference and All-Division teams following the regular season. He was also an All-Tournament selection at both the Key Cotton Classics in Arkansas and the Tournament of Champions in Missouri.

Clem Haskins, Gopher Head Varsity Basketball Coach said, "Eric is a tenacious defender and an outstanding player at both ends of the floor. He is also a fine young man who will be a welcome addition to our program."

### Wrestling

The University of Minnesota wrestling squad received good news recently when it received national letters of intent from two of the state's top high school wrestlers, CHAD KRAFT of Heron Lake-Okabena-Lakefield, and TROY MARR of Forest Lake.

Kraft is a two-time state champion at 140 pounds as a junior and 125 pounds as a sophomore and was named a high school All-American last season. Gopher Assistant Coach Johnny Johnson called Kraft, "the best high school wrestler in the state this season and one of the best in the country." Kraft has compiled an impressive 153-14-1 career record

heading into this season.

Marr was the 1993 Class AA state champion at 145 pounds and is expected to wrestle at either 134 or 142 next season for the Gophers. Marr is a five-time letterwinner, two-time Section 7AA champ, and has a 129-34-1 record going into this season. Coach Johnson said Marr distinguished himself in national competition last season and will be a great addition to the Gopher program. He added, "We are very happy and pleased to get both Troy and Chad. They were two wrestlers we wanted to sign early and we recruited them hard."

## Baseball

The Gopher baseball team announced the signing of two players to national letters of intent, JASON DOBIS, a right-handed pitcher from Little Falls, Minnesota and infielder/pitcher ANDY THOMPSON of Sun Prairie, Wisconsin.

Dobis, a 6-1, 185-pounder, has had a great prep career posting a 10-1 record in 72 innings pitched. He has thrown 98 strikeouts, with only 21 walks and a .98 ERA.

Thompson is an outstanding multi-sport athlete who had scholarship offers in football and baseball. He is a 6-3, 195-pounds and an excellent student with a 3.2 GPA. In 1993 he was 13-0 as a pitcher and batted .540. He played on the North Team at the 1993 U.S. Olympic Festival where he batted .545 with eight RBIs in four games.

Gopher Head Baseball Coach John Anderson said Dobis "is a good match for our program because he is a quality student and has the potential to be a successful Division 1 pitcher." Anderson also had high praise for Thompson. He called him a multi-talented athlete with a broad background of success in many sports. He added, "We are very pleased Andy has chosen to focus on baseball at Minnesota and we expect him to continue our great baseball tradition. Both of these players are what the 40-plus years of winning tradition is all about here at Minnesota and the kind of players our program has been built around. We are excited about their potential and look forward to helping them accomplish their goals at the University of Minnesota."

## Football

The Gopher football coaching staff has announced that two top community college football players, Garrison C. Harmann and Johnny Woodson have committed to playing for the Golden Gophers next season and have been enrolled in classes since the beginning of winter quarter. This past football season, both Harmann, a punter, and Woodson, a wide receiver, had an outstanding season. Harmann played for Glendale Community College in Glendale, Arkansas and Woodson, played for College of the Redwoods in Eureka, California.

## REMAINING 1994 GOPHER HOCKEY SCHEDULE

DATE	OPPONENT	TIME
Jan. 21	at Denver	8:05 p.m.
Jan. 22	at Denver	8:05 p.m.
Jan. 28	NORTHERN MICHIGAN	7:05 p.m.
Jan. 29	NORTHERN MICHIGAN	7:05 p.m.
Feb. 5	MINNESOTA-DULUTH	2:05 p.m.
Feb. 6	MINNESOTA-DULUTH	2:05 p.m.
Feb. 11	at North Dakota	7:35 p.m.
Feb. 12	at North Dakota	7:35 p.m.
Feb. 18	ALASKA-ANCHORAGE	7:05 p.m.
Feb. 19	ALASKA-ANCHORAGE	7:05 p.m.
Feb. 25	at Wisconsin	7:05 p.m.
Feb. 26	at Wisconsin	7:05 p.m.
Mar. 4	ST. CLOUD STATE	7:05 p.m.
Mar. 5	at St. Cloud State	7:05 p.m.

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- WRESTLERS WHO HAVE BECOME A NATIONAL POWER
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# SPORTSNEWS



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## Gopher Wrestlers Ranked First In Nation

**COACH ROBINSON: "WE'VE ESTABLISHED OURSELVES AS A NATIONAL POWER—WE'RE A TEAM TO BE RECKONED WITH"**



Brett Colombini

By Marty Martinez

The Golden Gopher wrestling team coached by America's premier collegiate wrestling coach, J Robinson was recently ranked first in the nation in the Amateur Wrestling News/National Wrestling Coaches Association poll. This season is shaping up as one of the best ever for the Gophers who now have a 20-1 overall record, a perfect slate in the Big Ten.

Coach Robinson said, "Last year was a good, positive building year for us. If you want to go up the ladder in the rankings nationally, you need a good returning core of All-Americans each year. I think by doing that in last year's competition, and doing so well already this season, we've established ourselves as a national power and a team to be reckoned with at the Big Ten (March 5-6) and NCAA (March 17-19) Championships.

Coach Robinson has had nothing but praise for his four (from last season) All-Americans and other Gopher wrestlers who have shown "tremendous ability and unlimited potential."

The Gophers have been led this season by All-Americans Tim Harris (Jr.-126), Willy Short (Sr.-150), Brad Gibson (Sr.-177), Billy Pierce (Soph.-Hwt.), with help from Zac Taylor (Fr.-158) and Brett Colombini (Jr.-167).

The Gophers have had a remarkable season thus far with the stunning win over Iowa and the upset victory over top-ranked Oklahoma. These wins rank as two of the most unforgettable events in Gopher wrestling history.

Before a crowd of 3,457, the Gophers clinched their first win since 1973 over the perennial kingpin of college wrestling and number two ranked Iowa, 23-11 at Williams Arena.

A look at a few of the highlights of that Iowa meet: Brandon Paulson (118-Fr.) got the Gophers off on the right foot as the red-shirt freshman from Anoka scored a close 3-2 decision over the Hawkeyes' Mike Mena, who was ranked number seven in the country at 118 pounds. Chris Berglin (134-Sr.) from West Bend, Wisconsin (in high school he once had a string of 13 pins in a row) downed Kevin Hogan of Iowa 7-4, followed by Jeff Thompson (142-Soph.) who turned in his best performance of the season, a 6-4 overtime win against Iowa's Matt Hatcher. Thompson, earned his first letter last season and posted a respectable 15-9 record. He was a three-time state high school champ in Great Falls, Montana. Willy Short, (150-Sr.) then scored an easy 13-4 victory. Short, the

team captain from Inver Grove Heights, Minnesota, finished third in the NCAA last season while posting an incredible 33-4 record. He was also a member of last summer's Pan-American team where he took home a silver medal.

Zac Taylor (158-Fr.) from Sandpoint, Idaho was next, winning 2-0. Taylor was red-shirted last season but posted a record of 16-3 wrestling in unattached meets. His win was followed by Brad Gibson (177-Sr.) from Chokio, Minnesota who built an 8-4 lead before injuring his left shoulder. He still squeaked out a 9-7 win. All-American Gibson logged a 25-8 record last season with seven pins. He finished fourth in the Big Ten Championship and sixth in the NCAA Meet. Billy Pierce, the returning All-American from Roosevelt High School in Minneapolis, completely outclassed Iowa's Mike Mangniello, 13-1. Last season Pierce posted a noteworthy 47-4 record with 13 pins. He won the Big Ten title and finished fifth in the NCAA Championships.

Continued on page 4

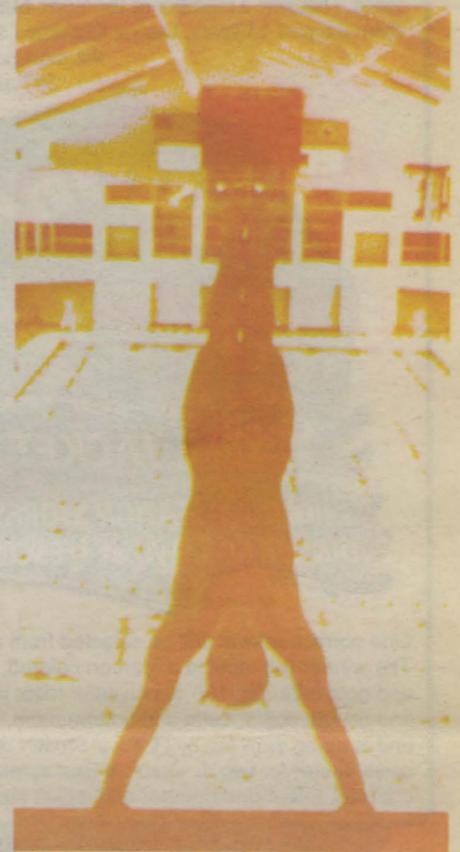
## World Class Event Takes Place At Aquatic Center

The University of Minnesota's Aquatic Center is the site for this year's Men's NCAA Swimming & Diving Championship which will be held from March 24-26. The Aquatic Center, located east of Cooke Hall on the Minneapolis campus, has been called one of the finest such facilities in the world. The building is nearly two acres in size and houses a 50-meter competition pool, eight lanes wide and eight feet deep with a movable bulkhead. The separate diving well features a pair of 1 and 3-meter boards as well as 1.5, 7.5 and 10-meter diving platforms. In addition to the 1,346 permanent seats, there is room for 1,200 temporary bleachers. Skylights run the length of the ceiling which allows natural light to shine in. Fifty-four loudspeakers surround the pool giving it the best acoustics in the country according to national swimming experts.

Mike Barrowman, 1992 Olympic Gold Medal winner called the Aquatic Center the "finest training facility anywhere. The pool is fast; it's just a great competitive center." He added, "I had the best race of my life in the Aquatic Center at the U. S. Open. I raced unrested, unshaved and untapered against the best two or three swimmers in the world and won. It's a great facility."

The Gophers will be the host team for this year's event with Swimming Coach Dennis Dale and Diving Coach Doug Shaffer, two of the most respected swimming coaches in the country, coordinating all the activities surrounding the meet.

Dale is in his ninth season as the head of the swimming and diving program at the U of M and has been credited with the showing nationally by the Gophers. Minnesota finished 11th in last season's final national rankings, after a sixth place finish at the NCAA Championships in 1992. Through eight seasons under Dale's direction, the Golden Gophers have recorded a 62-19



P.J. Bogart — 1993 NCAA 10 Meter Diving Champion

overall record, a .765 winning percentage. In the past three seasons, Dale has led the team to a 20-4 mark for a .833 winning percentage in the Big Ten. Dale was quite a swimmer himself. As a Gopher in 1967, he finished seventh in the 100 backstroke and led off the ninth-place 400 medley relay

Continued on page 4

## 16 Athletes Get All-Big Ten Academic Honors

by Anthony Kraft

- **NEW RECORD SET Kurt Runzheimer Leads The Way**
- **Boston's Direction and Donahue's Program Serve as National Models**

Sixteen male Golden Gopher athletes were named to the 1993 fall sports Academic All-Big Ten teams. The Gopher delegation was led by Cross Country junior Kurt Runzheimer who turned in a perfect 4.0 GPA. The elementary education major from Plymouth, Minnesota ( who transferred from Wisconsin) placed 20th at the '91 Big Ten Cross Country Championships.

Runzheimer, who has clocked a personal best time of 8:24:97 in the 3000 meters at the '92 Cyclone Invitational indoors, was quite a star in high school where he captured the '89 Minnesota Class AA cross country title, won the '90 Minnesota Class AA 3200 meter crown and finished second in the 1600 meters. As a senior he already showed his academic ability by graduating fifth out of a class of 500 while

competing in cross country, track and swimming.

The Gophers totals this fall were the highest ever for the University of Minnesota. Last year the Gophers had eight football players and two cross country runners named, and that was the previous high.

Six of the Gopher football players were repeaters having been named to the academic honor team in football a year ago. Two of the cross country

honorees also were named to this prestigious team in 1992.

In addition to Runzheimer, the other Gophers are: Football: Mike Chalberg, junior kicker, Auckland, New Zealand, 3.53 in Business Administration; Justin Conzemius, junior defensive back, Fargo, North Dakota, 3.68 in Business Administration; Omar Douglas, senior wide receiver, New

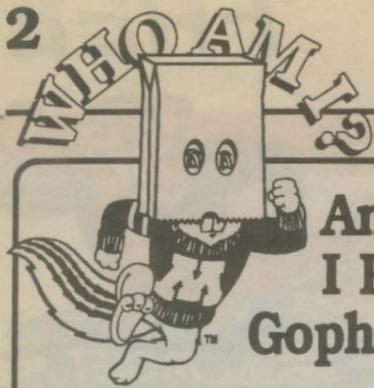


Dr. McKinley Boston

Orleans, 3.21 in Individual Studies; Chris Fowlkes, junior outside linebacker, Brown Deer, Wisconsin, 3.31 in Philosophy; Peter Hiestand, junior linebacker, Moorhead, Minnesota, 3.38 in Economics; Todd Jesewitz, junior outside linebacker, Willow Springs, Illinois, 3.16 in Pre-Business; Ben Langford, sophomore linebacker, Norcross, Georgia, 3.28 in Pre-Business; Jeff Rosga, senior defensive back, Roseville, Minnesota, 3.60 in Business; Craig Sauer, junior linebacker, Sartell, Minnesota, 3.05 in Business Administration; Mark Tangen, sophomore tight end, Roseville, Minnesota, 3.09 in Pre-Business; Lance Wolkow, senior linebacker, Lakeville, Minnesota, 3.50 in Business Administration. Cross Country: Kurt Runzheimer, junior, Plymouth, Minnesota, 4.00 in Elementary Education;

Continued on page 6

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## And What Part Did I Play In The Golden Gopher Tradition?

I am from that great hockey town of Roseau, Minnesota. My freshman year as a Gopher I played center for that outstanding Gopher team that won the NCAA title. The following year I played for the 1980 United States Olympic Team (coached by another Gopher hockey player, Herb Brooks) that won the Gold Medal in Lake Placid, N.Y.

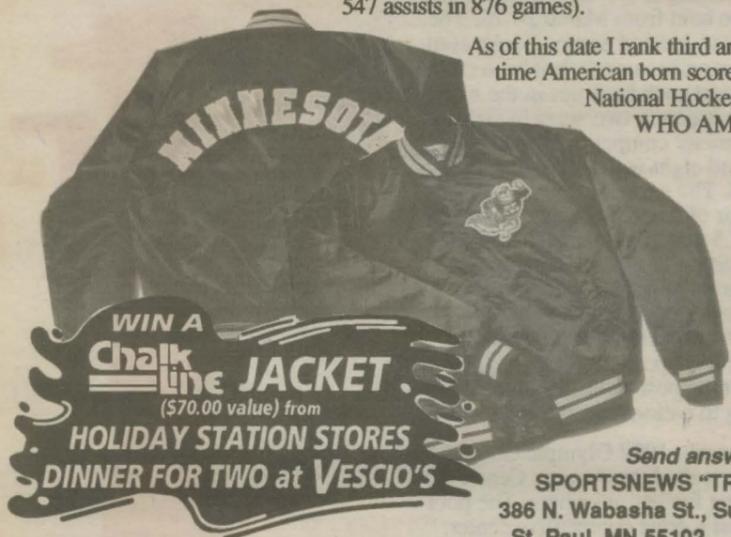


1981 Photo

After that exciting and memorable year as an Olympian, I returned to again play for the Gophers and won the first Hobey Baker Award as the top collegiate player in the country (1981). I have two brothers who also played hockey for the U of M.

After my playing days at the university of Minnesota were finished, I became a member of the North Stars and have played for them the past 13 years. During that time I set records playing in the most games, scoring the most points and totaling the most assists (249 goals, 547 assists in 876 games).

As of this date I rank third among all-time American born scorers in the National Hockey League. WHO AM I?



Send answers to:  
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One correct answer will be selected from among all those sent to SPORTSNEWS. The winner will receive a maroon colored, 100% nylon satin award jacket with white and gold lettering, 100% polyester tricot flannel lining, full snap front, slash pockets and rib knit collar, cuffs and bottom band. This Chalk Line jacket has a \$70.00 value and is being donated by Holiday Station Stores. In addition, the winner will also receive dinner for two at Vescio's Restaurant. All entrants should include their name, address, telephone number and jacket size (choose from S to XXL).

## Coach Clem Haskins Says...



People in college athletics have really missed the boat. We want to win so bad that we'll sell our soul to win. Clem Haskins will never do that at Minnesota. I will never guarantee that I'll win national championships or Big Ten championships to cheat young people. Somewhere along the line we've got to get rid of the idea that we need to win at all costs. What about the young people? What's happening to young people that are playing at Minnesota? I can tell you that my record will stack up against anyone with graduation rates and productivity of my young people to get through school. That's what I'm all about. I don't guarantee you or no one else that we're going to win championships, but we'll do the right thing by the young athletes in our program. We need to take a serious look at college athletics. We have a lot of Scotts out there. That's why we do not get contracts be-

cause of the Scotts out there, they want to win at all costs and are not worrying about doing what's right for young people. We've got to get rid of that attitude and put it back on campus and the president and make the right decisions. If you want to go with a winner at all costs, then you don't need Clem Haskins.

*Ed. note: Coach Clem Haskins was criticized on a radio call in program recently by a caller, whose first name was Scott, from Eden Prairie, Minnesota. His verbatim answer is written above. It should be pointed out that winning basketball and integrity, both on and off the court, have become trademarks of Clem Haskins' program at the University of Minnesota. In his eight seasons as the head basketball coach at the University of Minnesota, Haskins has directed the Golden Gophers into post-season play in four of the past five seasons, including the 1993 NIT championship. His athletes have also done very well in the classroom. In the 1992-93 season, David Grim and Ernest Nzigamasabo were honored for their excellence in both the classroom and on the court when they were named to the Academic All-Big Ten team.*

## FOOTBALL GOPHERS TRAIN WHILE CITY SLEEPS

**Athletes Show Up in Below Zero Weather on Snow Covered Sidewalks at 6:00 AM**

**They'll Be Ready For '94 Season**

When the football Gophers take the field on September 4th, the Dome will come alive with a level of excitement and anticipation not seen for many years. This could be the big year! Not since the golden days of the 30s or the Rose Bowl teams of the early 60s, have things looked so promising.

The road to the Dome began on the dark and cold morning of January 6 when most Minnesotans were still in bed. It was quite a sight to see as more than 80 Golden Gophers reported to the Football complex at 6:00 A.M. for their first training session. They came bundled in heavy coats and covered with layers of clothing as the wind chill was registering -20 F and the sidewalks were covered with over six inches of snow.

Led by Strength and Conditioning Coach

Kevin Yoxall and his assistant Craig Hackbarth, the Gopher players are directed through 60 minutes of drills which on some mornings include speed training (wind sprints), cardiovascular exercises (long distance running) agility conditioning, (using cones and ropes), and plyometrics, (rapid explosion drills).

These morning running/training sessions are conducted four days each week and are aimed at preparing the athletes physically and mentally for their spring practice. To compliment the running there are three afternoon, two-hour weightlifting sessions (every Monday, Wednesday and Friday). The team lifts weights to add mass, muscle and strength. Many of the athletes have been lifting an impressive amount of weight as they do Olympic style pulls from the floor, combined with basic presses and auxiliary lifts (which allows for greater explosiveness).

There's no doubt about it. The Golden Gophers of 1994 will be ready! It promises to be a great season!

## Letters



### WE KNEW WOOG COULD DO IT

Don't ever underestimate that kid from South St. Paul, Doug Woog. When his hockey team got off to a real slow start, some sports writers (we won't name them) were ready to write his obituary. They just couldn't wait for him to fail. We don't know why because we've never heard a player or hockey fan say critical things about "The Wooger." We had faith in him and the fighting Gopher hockey team and know that with a few breaks near the end of the season, we could see WCHA and NCAA Final Four victories.

Chris Underhill  
Bobby Coats  
Minneapolis

### ROETHLISBERGER IS WORLD CLASS COACH

Minnesota Gymnastic Coach Fred Roethlisberger is a world class coach. This sport doesn't get a lot of attention in the local press but it is one of the most exciting and exhilarating things to witness. Roethlisberger's athletes are well trained and can compete at almost every level with the best in the country. Congratulations to Coach Roethlisberger and his team and good luck for the remainder of the season.

Thomas Walsh  
Fridley

### ANOTHER READER SAYS DOME'S USHERS NEED BETTER TRAINING

I read the letter in the last issue of SPORTSNEWS by Ralph Talleda of St.

Louis Park where he tells about his disappointing "run-in" with the ushers in the Dome after the Minnesota-Michigan football game. I too had a problem with the ushers. I was very upset with the way that game went and waited for the crowd to empty out. My son and I were sitting in the stands watching the Minnesota Band playing on the field when we were literally accosted by a female usher. She asked us to leave. I told her we wanted to stay and watch the band play and she got obstinate. She told us to leave or we would be asked to "get out." We couldn't believe it. It was like we were living in a police state. The band is always excellent and we wanted to watch them. I told her to "get a life" or get a different job and leave us alone. We would stay until the band was finished. Someone better work with the ushers. We pay good money to watch the football games and come for a night of entertainment. I don't expect to be hassled by ushers or anyone else.

Monty Richard  
Minneapolis

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## University of Minnesota

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## Where Are They Now?

## CONNELL LEWIS: A Leader On And Off The Court He Credits Haskins For Giving Direction To His Life

By Len Levine



It was 1986 and the University of Minnesota basketball program was in a shambles and reeling from a devastating sexual assault scandal which led to the resignation of basketball coach Jim Dutcher.

A new coach, Clem Haskins, was hired and he vowed to restore the program to its once noted prominence. He immediately set out on a major rebuilding effort by travelling from coast to coast looking to sign the best high school basketball players in the country.

His travels took him to Michigan where Willie Burton, a 6-7 forward from Detroit's DePorres High School had already signed a letter of intent to play for the Gophers. Haskins had his sights set on another great Detroit athlete, Connell Lewis, a 6-1 guard from Cass Tech High School, who as a senior won All-City and All-American Honorable Mention honors averaging 24 points, eight assists and four steal a game, with a single game high of 39 points against the powerful Mumford High.

"I remember that day like it happened yesterday," says Lewis. Haskins called and asked if he could come to my home. This was an important day since I had narrowed my choices of colleges to Colorado and



Connell Lewis, 1990

Missouri. I asked my family to be there for the meeting. When I saw Coach Haskins walking up to the front door, I could hardly contain my excitement. He sat in our living room and I was impressed because he not only talked to me but directly involved my mother, Annie Tillman, grandmother, Rosetta Lewis and uncle, Frank Lewis."

Haskins told them about "The great new opportunity at Minnesota, Lewis says. "He said it was a new era with a new coach and new team. Although he couldn't promise me anything, he said he would be fair and I believed him. He talked about opportunities after

school and after playing. He said the Twin Cities had a lot to offer because of the number of Fortune 500 companies and the good business climate. He stressed academics and talked about the importance of getting a solid education. He made it clear that his athletes would do well in school."

After Haskins left, the family talked it over and agreed, it was the right thing for Connell to enroll at Minnesota and play for Coach Haskins. "It was one of the most important decisions in my life and I've never regretted it," Lewis says. His mother says she was impressed with Haskins' sincerity. "I knew he could be a father figure for Connell. He impressed me right off with his knowledge of the sport and his strong interest in the athlete's future. He struck me as a very understanding person. I knew Connell would do well under his direction."

Lewis, who was born in Detroit in 1968, the only son (he has a sister) of Annie Tillman and Eddie Rawls, attended Marxhausen Elementary, Barbara Jr. and Cass Technical High Schools. He played basketball and baseball (guard and outfield) until he got to Cass High School where he concentrated on just basketball.

He says he had a "lot of good experiences" in Detroit playing against good teams with future stars such as Derrick Coleman (New Jersey Nets) and Steve Smith (Miami Heat).

Shortly after graduating in 1986, Lewis arrived in Minneapolis. He shared a room with Melvin Newbern, a 6-4 guard/forward from Scott High School in Toledo, Ohio. They played in the four-team Pillsbury Summer League in Minneapolis along with two other new recruits, Jim Shikenjanski, a 6-9 forward from Hononegan High School in Roscoe, Illinois and Willie Burton. The four of them developed a "special" closeness and worked on improved their skills. Lewis concentrated on different aspects of backcourt play, outside shooting and ball-handling. He also got a part-time job working at the Minneapolis Urban League doing administrative work.

As a freshman (1986-87) Lewis played about ten minutes a game during the year he calls the "learning year." Remember, the previous year the Gopher program fell apart in Madison, Wisconsin after the Gophers defeated the Badgers by two points. The next game against Northwestern was forfeited and the Gophers lost the last eight games of the season. Lewis says although he didn't play much that first year, "I'll tell you one thing, we learned how to take knocks and grow up and as a team, stick together." That year the Gophers won just nine games, losing 19 including the last 16 straight.

The following season, (1987-88) things didn't get much better in the win-loss column (10-18) but Lewis started to play a little bit more and he says he and the team "got smarter and began to get a feel for Big Ten play." Throughout that sophomore season, Haskins says Lewis became known as a team player, always working to make the team closer and work together. Lewis adds, "that those two rebuilding years laid the foundation for the success of the next two years and has carried over to today."

In his junior season, Lewis played about 15 minutes each game and sports writers tabbed him as the Gophers key defensive player. When Haskins put him in it was to give the team a defensive spark and change the tempo of the game. That year was clearly the turnaround year. The Gophers were 19-12 including NCAA Sweet 16 wins over Kansas State and Siena.

As a senior, (1989-90) Lewis became the captain and his playing time had increased to about 20 minutes each game (playing behind the great Newbern) as the gophers were 23-9 finishing in a tie for 4th in the Big Ten and making it to the NCAA's Final Eight by defeating Texas-El Paso, Northern Iowa and Syracuse before losing a heartbreaker to Georgia Tech, 93-91. Lewis says the biggest thing that happened to him was that "Coach Haskins had complete confidence in me and the team and because of his trust in us and the way he treated us with so much respect, we were able to accomplish what we did. That year showed what hard work and dedication can bring about."

Lewis says he "grew up in those four years. I

understood what life was all about. it got beyond dreams and fantasies and to reality. Midway thru my sophomore year I realized that I couldn't play pro ball and that got me to focus on my time after school. I started to make a more conscious effort to study more."



Connell Lewis, 1994

Lewis graduated with a degree in Sociology and Youth Studies and a minor in Business in 1990 and began working in the Twin Cities' office of Cenex/Land O Lakes where he was assigned to their petroleum division doing purchasing and inventorying of gas and diesel additives and purchasing ethanol. In September, 1993 Lewis started seminary school full time at Luther Northwestern Theological Seminary in St. Paul. He still works part-time at Cenex/Land O Lakes. He says his goal is "to eventually become a pastor of a church and develop various community based programs that can help people.

Lewis says, "As I see my role in life, it is to help people, to serve people, and the ministry (he's been preaching since last June) is giving me that opportunity."

Haskins has nothing but praise for Lewis. "He was a natural leader for us on and off the court. We could always count on him to give the team a lift." Lewis says he plans to continue his role as a leader because "God wants me to continue to lead people, this time in a different aspect of life."

Last June, Connell married Cerise Washington, a full time student at Hampton University, Hampton, Virginia, who will graduate in May with a degree in Chemical Engineering.

"I thank God for Coach Haskins because what I always needed in my life was a father figure and he gave me that. I could talk to him with any concern and I knew he cared about me as a person. Even though he was an All-American basketball player and a great coach, he showed me that life is more than just a basketball game. he taught me that you had to be prepared in other areas of life besides just sports. Building character and the individual, that's really the most important thing. He made it real clear that basketball is just a game, it's a stepping stone in life. I have been given a great opportunity in this community. I owe much to the University of Minnesota and to Coach Haskins."

*Len Levine earned three varsity letters as a member of the Gopher track team and established several records, one of which (the 60-yard dash) stood for 17 years. He was the silver medal winner in the 1960 Big Ten 300-yard dash championship. Levine was President of the "M" Club in 1989.*



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## Basketball Team Shows Intensity And Determination To Get To Final Four

### Staying Healthy Is The Trick

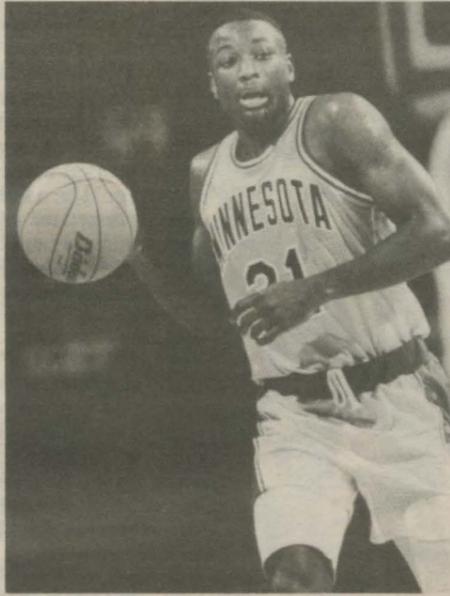
By Greg Jackson

The Clem Haskins coached basketball team is showing the fire and intensity that could take them to the NCAA Final Four. With one game left in the regular season, the Gophers (18-8 overall and 8-5 in the Big Ten), who have had trouble staying healthy, seem to be getting it all together. Injuries have been a big factor this season. Guard Townsend Orr had a broken nose, backup center Ernest Nzigamasabo suffered a partially dislocated shoulder, Randy Carter, the team's leading rebounder who has been bothered with back spasms and starting forward Jason Walton who toughed it out and played with a partially dislocated shoulder after being sidelined because of lingering problems with his right knee. Haskins knew how difficult it was when he said that his team was remarkable considering they were "a step slow and banged up." He said the Gophers were a stubborn bunch of athletes who were determined to finish the season with a winning effort.

The season has had some memorable moments thus far: Take Arriel McDonald's 10-foot jumper with 1.9 seconds remaining

which propelled the Gophers to a thrilling 68-66 victory over Michigan State. In the Purdue game, the Gophers' Voshon Leonard made a three-pointer under defensive pressure, cutting the deficit to 73-72 with 15.8 seconds left. But Purdue broke through the Gophers' fullcourt press and Porter Roberts of Purdue made a layup with nine seconds to go which gave them a 75-72 lead and the game.

It's been that kind of season. Thrills a second for the Gophers and many games which could have gone either way. If, and that's a big IF, the Gophers can stay healthy they could pull off some major surprises in the next few weeks which could take them all the way to Charlotte for the Final Four.



Voshon Leonard

## The Men Behind The Scenes

### HASKINS CALL THEM: "One Of The Best Staffs I've Ever Put Together"

Coach Clem Haskins has a record of 129-108 in eight seasons at Minnesota and a 230-181 mark in 14 seasons overall. He has an impressive record in post-season play having made it four of the past five seasons with a 10-3 (5-2 NCAA; 5-1 NIT) mark. There's no question, Coach Haskins is one of the best college coaches in America. He shares his success with his assistant coaches whom he calls, "One of the best staffs I've ever put together." Let's look at the staff:

#### MILTON BARNES



Milton Barnes is beginning his third consecutive year and fifth season overall, as an assistant basketball coach under Clem Haskins.

Barnes who was an assistant coach with Haskins during the 1986-87 and 1987-

88 seasons, then left to become head coach/athletic director at Albion (Michigan) High School where he compiled an impressive 65-11 record during the three years he held that position. He was honored as the Michigan High School Coaches Association of the year.

From 1970-80, Barnes was a volunteer basketball coach at Albion College. From there he went to Kent State (1979-80) where he was an assistant basketball coach and then to Detroit as a part-time assistant basketball coach and head softball coach (1980-82). From there it was an assistant basketball coaching job at Eastern Michigan and the top assistant basketball coach at the University of Detroit (1985-86).

Barnes was one of the greatest high school basketball players ever to come out of Saginaw, Michigan.

He went on to become a two-time all-conference guard selection at Albion College where he led his team to conference championships in 1978 and 1979 and the NCAA Division III Final Four in 1978.

#### DAN KOSMOSKI

Dan Kosmoski is in his ninth year as a member of the Gopher varsity basketball coaching staff (eight years under Clem Haskins).



Before joining the Gophers, Kosmoski was an assistant at Golden Valley Lutheran College (1979-84) where he was given much of the credit for their 110-37 record including five Central Conference championships and three JC regional titles. They were the only undefeated team going into the 1982 National Junior College tournament. In 1985, Kosmoski returned to the U of M as an assistant basketball coach while continuing his graduate studies in sports psychology, earning a master's degree in 1986. Kosmoski serves as Director of the Clem Haskins Basketball Camp and is the Gophers scheduling coordinator.

Kosmoski, a three sport high school star, (basketball, football and track) at Owatonna, Minnesota where he earned 10 varsity letters, was an all-state selection in both football and basketball in his senior year and a three-time qualifier for the Minnesota Class AA Track Meet. He was named Owatonna's Senior Athlete of the year in 1975. From 1975-77 he was part of the Golden Gopher team that established a U of M record in wins with a 24-3 record.

#### DAVE THORSON

Dave Thorson is in his fourth season as a member of Clem Haskins' Gopher basketball coaching staff. Before assisting Haskins he was an assistant at the University of South Dakota (1989-90) where his team, the Coyotes, had an excellent record winning the North Central Conference post-season tournament to advance to the NCAA Division II national tournament. Thorson also directs the Gophers conditioning program and handles the entire computer video system that is used for game preparation.

Thorson was a star high school basketball player in Fargo, North Dakota and was signaled out for leading his Bruins to their first appearance at the state tournament in 16 years.

Thorson also was a standout in basketball in the MIAC playing for Hamline University where he earned Academic All-MIAC honors his senior year while serving as team captain. He's currently working towards a masters degree in Athletic Administration.



## Aquatic Center from page 1

team that captured All-American honors.

Shaffer is in his fifth season on the Gopher coaching staff. He is recognized as one of the finest young diving coaches in the country. Last year, his Gopher divers recorded 11 Big Ten finalists and three NCAA qualifiers, three Big Ten Champs, eight NCAA All-Americans and one NCAA Champion. Shaffer, too, has an impressive athletic record. Diving for UCLA he captured the NCAA 1-meter title in 1986 after winning both the 1 and 3-meter Pac-10 crowns in 1985. He was named an All-American four times and then went on to win both the U.S. Indoor and Outdoor 1-meter championships, a silver medal on the 3-meter board at the 1987 Pan American Games and a gold medal at the 1987 USA-USSR dual meet on the 3-meter board. He was an Olympic Trials finalist in both 1984 and 1988.

One of the highlights of the meet this year will be watching Minnesota's own diving sensation, P.J. Bogart. He was the Big Ten and NCAA Champ on the 10-meter platform last year and was voted the Gophers MVP. Bogart, a three-time All-American, finished second on the 3-meter springboard and third on the 1-meter springboard at the Big Ten zone qualifying meet last season. He is considered one of the premier divers in the nation and was a finalist at the World Games last year. This season Bogart has won all of Minnesota's diving events.

Daily trials for Diving will begin at 9:30 A.M., 2:00 P.M. and 4:00 P.M. Daily trials for swimming begin at noon with the daily finals starting at 7:00 in the evening. Single session tickets for the trials are \$7.00 per person and are all general admission. Single session tickets for the finals are \$10.00 per person and are all reserved seating. All session passes are \$35.00 per person. For ticket information contact the Gopher Ticket Office at 624-8080 or 1-800-U-Gopher.

## GOPHER WRESTLERS from page 1

The win was especially gratifying for Gopher Coach Robinson because eight years ago, before coming to the U of M, he was an assistant coach to Iowa's Dan Gable.

It didn't end there for the Gophers as they continued to improve. The next day Minnesota smashed the number six ranked Nebraska, 34-7. Eight days later, the Gophers hosted the number one rated team in the nation, Oklahoma State, and came away with a tremendous victory, 25-16, and then hit the road to defeat Northern Iowa, 26-12.

The nonconference win, before 5,205 screaming fans at the new Sports Pavilion marked the 13th straight victory for the Gophers. In this match, the Gophers began with a 6-0 advantage when the Cowboys' 118-pounder, number five ranked, Joey Wildasin, forfeited. The Gophers followed with a significant win by Tim Harris who handed Iowa's top-ranked Nick Purler, his first loss of the season. The 5-3 decision gave Minnesota a 9-0 lead. After two wins by Oklahoma State, Willy Short gave the Gophers a lead with his 4-2 victory and improved his record (as of press time) to 27-0. Then the Cowboys won another match moving them ahead but the Gophers, who were wrestling without the injured Gibson, got wins from Zac Taylor and Brett Colombini to take an 18-13 lead. Colombini, from Redwood Valley, California had a fantastic sophomore season in which he finished 38-6 and a second place finish at the Big Ten Championships.



Head Coach J. Robinson

The match still wasn't decided when the Cowboys won at 190 putting them ahead, 18-16, going into the final match. The crowd was standing and the cheering was unbelievable. Heavyweight Billy Pierce showed fierce determination and he said afterwards there was no way he was going to lose. He sealed the Gophers thrilling victory with a technical fall decision, 22-7.

No one will say the Gophers are resting on their past accomplishments. After being named to the number one spot in college wrestling, the Golden Gophers continued their march toward the Big Ten and NCAA tournaments by defeating three top 25 teams, Michigan, Iowa State and Michigan State.

Hats off to Coach J Robinson and his Gopher wrestlers. They're the greatest!

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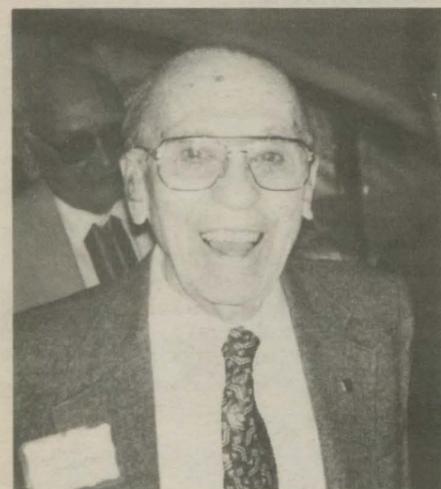
## AN OLD GOPHER WITH YOUTHFUL ENTHUSIASM

by Len Levine

Al Johnson is one of the oldest living Gophers but by talking to him you wouldn't know it. He has a youthful enthusiasm that is contagious. I first met him at the annual "M" Club dinner held last spring and have been in touch with him several times since.

Johnson was a star sprinter on the 1921, '22, '23 and '24 Gopher track teams, lettering all four years. He ran the 220 and 440 yard dashes and was a member of the 440 yard dash relay team.

In 1924, Johnson established a U of M varsity school record in the 440 yard dash in a dual meet against Iowa State at Ames, Iowa and finished third twice in the 440 yard Big Ten Championship.



Al Johnson, 1994

Johnson says his most thrilling moment came in 1923 when he qualified to run in the National Championship Meet although he didn't place in the finals. His most disappointing time as a Gopher athlete came in 1921 when he sprained his ankle in the Drake Relays and was unable to compete.

Johnson is unique. The years have been good to him. He's upbeat and has a vibrant personality. At the "M" Club dinner, he moved through the crowd of close to 400 with ease as he shook hands and told stories of "great performances past." In fact, his movement resembled a politician moving through a crowd seeking votes. Beware Governor Carlson.

What makes all of this so special is that Johnson was 93 years old on January 4th. He acts like a man thirty years his junior.

Football Coach Jim Wacker, himself outgoing and upbeat, told Johnson that night at the "M" Club affair that he hoped Johnson "would get out to see a game or two this fall." Johnson quickly replied, "What do you mean a game or two? I'm a season ticket holder and I have been for almost as many years as you are old." He didn't stop there. He added, "I'm proud to be able to say that at my age of 92, I wouldn't think of missing a game and I think you're going to do real well this year. I like you're style and you've got a great coaching record. Your brand of football is exciting."

Johnson was born in Minneapolis and was one of eight children. He attended Breamer Elementary school and North High school.

His first interest in sports came as a youngster on Plymouth Avenue on the north side of

Minneapolis where he says he "spent hours and hours in the neighborhood gym."

He credits P.J. Burningham, a teacher and coach at Minneapolis Marshall High school with encouraging him to get involved in sports. Burningham ran a church sponsored Boy's Club sports program and he actively recruited boys from the North side. "He felt being involved in sports helped you set high standards," Johnson says.

Johnson entered North High in 1915. There was no organized high school sports program until his senior year so he played for a neighborhood team which was coached by Burningham. In the 1918-19 school year, the Minneapolis public schools began competitive high school basketball. By then, Johnson was 6'0" and played running guard for Coach Earl Jackson's North High Polars.

Johnson says his most thrilling moment in high school sports came when North High played for the City Championship against South High in the South High gym in which the Polars lost, 16-14.

1919 was a pivotal year for Johnson. He had already decided to follow his teammates and Coach Jackson to Carlton College. Just about the time he was to make a final decision, his father died unexpectedly and Al stayed in Minneapolis so he could help his mother "with the chores." As a result, he attended the U of M for the next five years and says he "didn't regret it for one minute." He received a law

degree and passed the bar, but instead of practicing law he took a job with the Y.M.C.A., first in St. Paul, then Minneapolis, Northern

Minnesota and Milwaukee and Appleton, Wisconsin.

Johnson retired from the YMCA in 1963 and moved back to Minneapolis with his wife Florence (they had been married 62 years when she died in 1985. She had a degree in Home Economics from the U of M). Instead of retiring completely, he again began working full time at the Midway YMCA in St.

Paul and after a few years became a part-time clerk in the Hennepin County Court System for the next four years.

Speaking to Football Coach Jim Wacker —  
*"I'm proud to be able to say that at my age of 92 I wouldn't think of missing a game and I think you're going to do real well this year. I like you're style and you've got a great coaching record. Your brand of football is exciting."*

—Al Johnson

Johnson exercises regularly which may account for his good health. He says he'd like to do more but has trouble finding people to work out with "or better yet, to compete against."

Looking back he says the decision to attend the U of M was "one of the best moves of my life. I met Florence there, got a very good education and began my association with the YMCA as a volunteer."

Johnson has one son, Lyle, who lives in Minneapolis and works for the Minnesota Department of Human Services. Al Johnson still has season tickets to basketball as well as football and said he will continue to attend most of the home games in both sports as long as he can. He remains very active going to dances from five to six times each month, plays bridge twice a week and still drives a car.

Congratulations to a great Gopher "M" man. You certainly are an important part of our Golden Gopher tradition.

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## DOUG WOOG: AMERICA'S HOCKEY COACH

*It's Been a Great Season So Far and The Best is Yet to Come!*

By Greg Jackson

Golden Gopher Hockey Coach Doug Woog, who has been at the helm since 1985, has to be considered the best college hockey coach in the nation. There's just no question about it. He understands the game and can motivate his players without pushing them too far or taking the interest of the sport away from them. What a season the Gophers have had.

From that dismal start of 0-5-1, one of the worst starts in school history, when few hockey fans were picking the Gophers to finish in the top half of the league, Woog kept encouraging his young players (the second youngest team in the conference) and continually reviewing the fundamentals of playing smart hockey. It's paid off. Since then, the Gophers have gone 17-4-3 overall and 15-2-3 in WCHA games, including 12 wins in the last 16 games (as of press time).

The Gophers look like they'll be in the WCHA playoffs again this year and if everyone stays healthy could make it back to the NCAA Championship next month.

Woog has one of the highest winning percentages (.709) of any collegiate hockey coach in the country. He has led his team to the NCAA Final Four, four times and his teams have finished first or second in the WCHA for eight consecutive years.

The excitement and thrills have been non-stop this year. What seems to have been the hidden reason for the Gophers late surging success is that the reserves are so close in talent to the regulars. Woog has done an exceptional job of shuttling the third and fourth lines in and out. Seniors like Joe Dzedzic and Tony Bianchi have experienced it and so have junior Jed Fiebelkom, sophomores Bobby Dustin and Jessie Bertogliat and freshmen John Hillman, Jim Hillman and Brent Godbout.

On a more personal note for Woog, hockey must be in the genes of his children. His son Dan, a 5-10 Forward is a very smart player who came to Minnesota after playing for two seasons with the St. Paul Vulcans of

the USHL, and was redshirted. This year, playing as a redshirt freshman, Dan Woog was playing into his 23rd game without a goal but did he ever come through when it was needed.

Before 9,250 screaming and excited fans at Mariucci Arena, Dan scored the first goal of his collegiate career at 1:59 of overtime, giving the Gophers a victory over UMD.

Woog intercepted a UMD pass in the neutral zone on his overtime shift, feeding freshman Nick Checco while continuing back toward the UMD blue line.

Checco passed to Jed Fiebelkom and he, seeing Woog skating free, led him with a perfect pass. Woog never hesitated as he smoothly lifted a quick shot into the upper left corner of the net for the score.

The Gophers will finish regular season play with a home-and home series with St. Cloud State at Mariucci Arena on March 4 and then the regular season finale in St. Cloud on March 5.

It's been a great season so far and the best is yet to come!

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## SWIMMERS CONTINUE TO MAKE WAVES

*Paul Nelsen Posts Best Times And Keeps On Winning Diver P.J. Bogart Is Undefeated*



Paul Nelsen, swimmer

By Ronnie Schmidt

The 11th ranked University of Minnesota men's swimming and diving team continued to bring attention to their program by knocking off two Big Ten opponents (Gophers 221-Purdue 126 and Gophers 223-Wisconsin 125.5).

The Gophers, coached by one of America's leading coaches, Dennis Dale, improved its overall season record to 7-1 (as of press time). Minnesota won 15 of 19 events in the two-day triangular meet held at the U of M's Aquatic Center.

The Gophers were led by senior Paul Nelsen (Lincoln, Neb.), as he posted two season best times and three first place finishes. Nelsen won the 400 individual medley (3:58.46), 100 butterfly (59.85-season-best) and the 200 free (1:39.47-season best). Included in the 15 first place finishes were three relay teams (800 free relay-6:46.94; 200 medley relay-1:31.92; 200 free relay-1:23.79).

Sophomores Duane Dobko (Ajax, Ontario, Canada) and diver P.J. Bogart (Mesa, Ariz.) contributed by winning two events apiece during the meet. Dobko touched first in both legs of the backstroke, and Bogart captured

both the one and three meter diving events. Bogart has won all of Minnesota's diving events this season. Junior Paul Domer (Eau Claire, Wisc.) also touched first in two events. He won both the 100 breast (57.15) and 200 breast (2:03.92).

Minnesota's other first place finishers included Can Ergenekan (Beaverton, Ore.) in the 200 fly (1:51.32); Eric Jorgensen (Rochester, Minn.) in the 50 free (20.65); Matt Brown (Beaverton, Ore.) in the 200 individual medley (1:51.76); and Matt Schlessman (Avon, Ohio) in the 100 free (45.95).

Coach Dale call these results "fine tune ups" going into the NCAA Championships. "Paul Nelsen continues to dominate in every event we enter him in and our relay teams are starting to perform better together. It's just a pleasure for the coaching staff to see this improvement and these results," said Dale.

The U of M's Men's Athletics Department and the men's Swimming and Diving program, who just successfully hosted the Big Ten Championship, will now host one of the nation's premier swimming and diving events, the NCAA Championships on March 24-26.

## All Big-Ten Academic Honors from page 1

Jason Rathe, junior, Maple Grove, Minnesota, 3.77 in Kinesiology and English; Mark Narveson, senior, Mankato, Minnesota, 3.41 in Occupational Therapy; Paul Michalek, freshman, Bloomington, Minnesota, 3.53 in Sociology; and Mark Gonzales, junior, LaHabra, California, 3.03 in Pre-Kinesiology/American Indian Studies.



Justin Conzemius

The U of M has had a good reputation as one of the leading academic institutions in the country and that tradition has gotten stronger under Dr. McKinley Boston.

Last year, for example, a total of 55 student-athletes (a U of M record) were honored on the All-Big Ten team in their respective sport.

During Dr. Boston's two-year reign, the Gophers have won seven conference titles, 39 All-America certificates, 101 Academic All-Big Ten awards, a WCHA Championship in hockey and the NIT Championship in basketball.



Kurt Runzheimer

It's great to see this emphasis on upgrading the academic standards for student-athletes. It is difficult sometimes to get over the stereotypical perceptions the public sometimes have about previous academic "failures" of student-athletes.



Jason Rathe

In addition to the determined commitment of Boston, give credit also to Dr. Elayne Donahue, Director of Academic Counseling for student-athletes. She heads a staff which includes: Colleen Evans, wrestling and swimming and diving; Rick Marsden, hockey and gymnastics, Susan Lee, tennis and golf, Alonzo Newby, basketball, Michelle Roppeau, baseball, cross country and track and field.

Donahue says the main obstacle she feels in dealing with student-athletes is overcoming "the large, dark cloud that covers the athletic program when the public hears about one individual that doesn't make the grade."

Donahue's staff assists the student-athlete in their transition from high school to college, through the years of growth and change and into the world of work and the larger community. The academic support program is designed to promote initiative and independence while helping students realize success in achieving their educational goals.

The support for this program is outstanding. There's a new learning center and expanded computer center which houses the freshmen evening study program, enhanced opportunities for cooperative learning groups, effective tutoring sessions and one-on-one contact with learning specialists.

The academic counseling unit has been recognized both nationally and from within the University community as a national model.

## GOPHER TRACKMEN CONTINUE TO IMPROVE

Many Gopher track athletes led by Martin Eriksson, Keita Cline, Matt Burns, Rob Hydukovich and Paul Michalek, continue to improve and have made their marks in national competition this season.

Eriksson, a senior pole vaulter from Stockholm, Sweden, and junior Keita Cline, a horizontal jumper from Gainesville, Florida, qualified recently for the NCAA Championships.

Eriksson won the pole vault at the Iowa Classic with a vault of 18-0 1/2 feet and hit 17-10 1/2 at the triangular meet with Iowa and Mankato State. Cline finished second in the long jump at the Badger Classic qualifying him for a spot at the NCAA Meet, with a school record of 25-2 3/4 feet.

Other Gophers who have done well this season and should finish high up in Big Ten and NCAA competition are senior Matt Burns from Cedar Rapids, Iowa who won the high jump with a leap of 6-8 at the Badger Classic and sailed 6-10 1/4 in the triangular, junior Rob Hydukovich, a freshman from Bemidji, Minnesota, who won the shot put in Madison with a throw of 56-0 and hit 57-3 1/2 in the triangular, Chris Brinkworth who won the shot put at the Iowa State Classic with an NCAA provisional qualifying toss of 58-11 3/4, sophomore Paul Michalek from Bloomington, Minnesota who captured the 800 meters in a time of 1:55.8 in Madison and finished third with a personal-best of 4:07.63 in the mile run at the Iowa State Classic and senior Norris Williams from Milwaukee, Wisconsin who won the 800 meters in the triangular with a blazing 1:54.75. Football star Omar Douglas blasted out of

the starting blocks to win the 55 meters at the triangular with a respectable time of 6.38. Freshman Scott Beadle (Moorhead, Minn.) set a new freshman indoor school record in the 600 meters with a winning time in the triangular meet of 1:20.34. The Gophers closed out the triangular meet in style by winning the distance medley relay with a time of 10:25.49. Sophomore Dan Pihlstrom (New Brighton, Minn.), junior Bob Johnson (Kenosha, Wisc.), junior Jason Rathe (Maple Grove, Minn.) and freshman Rick Obleman (Regina, Saskatchewan, Canada) made up the winning foursome.

The NCAA Indoor Championships will be held March 11-12 in the Hoosier Dome at Indianapolis, Indiana. The NCAA Outdoor Championships will take place May 31-June 2 at Boise, Idaho on the campus of the University of Idaho.



Rob Hydukovich



Mark Eriksson

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## MERILA NAMED ALL-AMERICAN

Gopher senior second baseman Mark Merila has been named a 1994 Mizuno Preseason All-American by the Collegiate Baseball newspaper.



Mark Merila, baseball

Merila, of Plymouth, Minnesota was chosen by the Twins in the 10th round of last June's amateur draft but didn't sign.

Merila was credited last year with leading the Gophers to the Big Ten tournament title and the NCAA West Regionals. His batting average that year was .408 and he struck out only 15 times in 184 at-bats. He scored 61 runs and had 75 hits, 14 doubles, 14 stolen bases, 59 walks and 55 RBIs. Merila had just eight errors for a .973 fielding percentage!

## FOOTBALL TEAM SIGNS 17 TO LETTERS OF INTENT

Coach Jim Wacker has reason to smile. He recently announced the signing of seventeen prospective student-athletes to national letters of intent.

"Our number one goal this year in recruiting was to address our areas of need," Wacker said. "Our needs included the linebacker and wide receiver positions. We are very pleased with the young men we signed and from top to bottom this is the best recruiting class we have had at Minnesota. We will find out in two seasons how good this group is, but hopefully we will be able to put a couple on the field early."

This year's group includes: six athletes from Texas, four from Minnesota, two each from Wisconsin and Florida and one each from Illinois, Ohio and Canada.

There are five linebackers, three prospective offensive linemen, three wide receivers, two running backs, one defensive lineman and one defensive back. A description of the new recruits will appear in the next issue of SPORTSNEWS.

## BASEBALL

The U of M baseball team will open the regular season with home games at the Oscar Mayer Baseball Classic at the Metrodome on March 4-6. The round-robin tournament is celebrating its 10th anniversary and will feature 13th ranked Arizona State University, 16th ranked Ohio State U and perennial national power Arizona in a match up of the Big Ten and the Pac 10.

The Gophers' Big Ten Conference season begins the weekend of April 1-3, when they travel to Champaign, Ill. to take on the University of Illinois in a four-game set. The conference home opener is slated for the weekend of April 9-10, when they host the University of Iowa.

## BASKETBALL

The Gophers have registered an impressive 37-7 record (.841) over the past three seasons in Williams Arena, which includes a dazzling 12-1 mark this season (as of press time).

The Gophers are 13-1 this season when



holding an opponent to less than 70 points and 4-6 when the opponent scores 70 points or more.

The Gophers have outrebounded their opponents in 15 of 20 games overall this season.

The Gophers have a perfect 15-0 record this season as they held the lead at half-time, 17-1 when they led with five minutes remaining and 17-0 when they led with one minute remaining.

Junior guard Townsend Orr (Dolton, ILL.) had surgery at the end of January after suffering a broken nose in the team's loss at Indiana. He showed his toughness when he came back for the next game against Purdue wearing a protective mask and scored nine points in 17 minutes. The following game against St. John's he scored 11 points, seven rebounds and six assists while still wearing the mask.



Townsend Orr, basketball

Through 22 games, Gopher opponents are shooting just 42 percent (593 of 1,411) from the field against the Golden Gophers. The team's STINGY DEFENSE has held opponents to less than 40 percent shooting in nine of 22 games. Only two teams, defending NCAA champion North Carolina (50.9 percent, 29 of 57) in the Preseason NIT third-place game on November 26, and defending Big Ten champion Indiana (52.9 percent, 27 of 51) on January 26, have shot better than 50 percent from the field against the Gophers.

The Gophers have four basketball players averaging in double figures this season, led by Voshon Lenard at 16.7 points a game. Randy Carter (12.7), Townsend Orr (10.7) and Arriel McDonald (10.3) are also averaging in double digits. The team has had at least four players score in double figures in 14 of 22 games this season. In addition, a total of nine players are averaging at least 10 minutes per game.

Three current Golden Gophers are members of the school's prestigious 1,000 Point Club. Voshon Lenard is ranked 13th all-time with 1,296 points. Lou Hudson (1963-66) is 12th with 1,329, Arriel McDonald is 18th with 1,149 career points. Darryl Mitchell (1978-82) is 17th with 1,182, Randy Carter is 25th on the all-time list with 1,048 points. Eric Hill (1968-71) is 24th with 1,057.

## HOCKEY

The Golden Gophers have suffered through some of the worst injuries to key players Coach Doug Woog has experienced in his career. Mike McAlpine (So. St. Paul, Minn.) went down against Michigan Tech with a third degree shoulder separation and his play has been limited ever since. He had stepped in for Charlie Wasley (Edina, Minn.), who had minor knee surgery and missed the Michigan Tech and Denver series, but returned for the second game of the Northern Michigan series and the UMD series.

Joe Dziedzic, senior left wing and the most formidably built Gopher hockey player at 6-3 and 225 pounds, broke his arm in a collision with a North Dakota

player midway through the third period of the 7-3 victory on February 12. It was the second time that Dziedzic has broken that arm this season. In the second game of the season at Colorado College, which the Gophers lost 4-2, Dziedzic was checked from behind into the boards and broke his left wrist which sidelined him for the next 12 games. On this most recent fracture he underwent surgery on his left forearm on Wednesday morning, February 16th at the University of Minnesota Hospital. The surgery was performed by Dr. Matthew Putnam of the University's Orthopaedic Surgery Department.

The goaltending duo of Jeff Moen (Roseville, Minn.) and Jeff Callinan (Minnetonka, Minn.) have gradually developed into one of the finest tandems in the WCHA. Callinan has a 9-3-3 record with a 3.45 GAA, while Moen has a 7-6-0 record and a 3.25 GAA. In WCHA games, Moen is 6-5 with a 2.90 GAA which is in the top three in the WCHA. Moen has won five of his last seven WCHA starts and has the team's only shutout (3-0 over North Dakota). Callinan is 8-0-2 in his last 10 WCHA starts, allowing only twenty-two goals (2.20 per-game) in that period.

## TENNIS

The Gophers, coached by sixth-year coach Dave Geatz, is off to another great start. Geatz has guided the Gophers to three Big Ten Championships in the past five seasons. The 27th ranked Gophers have seen some great play from sophomore Erik Donley (Duluth, Minn.). As the No. 4 singles player with an 8-3 overall record, (as of press time) he had a four match win streak.

Minnesota's No. 1 singles player, Paul Pridmore (Sr., North Aurora, Ill.) improved his record to 13-3 with two impressive victories at the Ice Volleys.



Erik Donley, tennis

## GYMNASTICS

### Haun, Ottenhoff, Ticknor, Yee Lead Gophers To Close Finish

Senior co-captain Bo Haun (Springfield, MO.) was Minnesota's top finisher in the meet against second-ranked Nebraska. Haun, who placed 20th at the USA Championships last season, finished fourth in the all-around competition. Senior Brian Ottenhoff (Kersey, Colo.) finished fifth in the still rings, scoring a 9.25 with teammate freshman Frank Ticknor (Milwaukee, Wis.) following in second at 9.20. Junior Brian Yee (Houston, Texas) tied for first in the vault with a score of 9.4. Yee, an All-American in this event last season, finished second at the USA Championships. Haun also tied for first in the pommel horse, scoring a 9.60.

## Aches & Pains



Elizabeth A. Arendt, M.D.,  
Director, University of  
Minnesota Sports  
Medicine Institute

Q It seems that one of the problems with exercising in the cold winter weather in Minnesota is the potential for frostbite. Could you please discuss the symptoms and best treatment for frostbite?

A Good question, given our recent cold spell. Exposure to a cold environment while exercising can result in hypothermia (low body temperature) and frostbite.

Frostbite is an actual freezing of the tissues. There is water crystallization within the tissue with subsequent cell dehydration and destruction. Frostbite usually occurs at the periphery of the body, i.e., fingers, toes, ears, and the tip of the nose.

The symptoms of frostbite include a burning pain with numbness in the affected area, but symptoms may be absent if the cold is extreme. Examination of the affected area often reveals a pale and grey area where blisters can be present. Severe frostbite can lead to a hard block of pale tissue that is usually quite painful prior to becoming numb.

Treatment for frostbite involves re-warming the affected area. Re-warming should not be performed if there is a chance of re-freezing since this can result in a more serious injury. Re-warming is usually accomplished by placing the affected area in warm water with a temperature between 39 - 41° C (102.2 - 105.8° F). The re-warming process itself can be quite painful and is best performed at a medical center. For mild frostbite, one may use body heat to warm the area, i.e., place the chilled hand in the armpit. Never try to re-warm the area with fire, as this may result in severe burns due to the lack of feeling in the affected area.

Complications of frostbite include loss of tissue, infection, and long term cold sensitivity of the area.

In conclusion, we live in an environment where frostbite can easily occur and for that reason, prevention is key. Prevention is best accomplished by adequate clothing. The face, nose, ears, hands, and feet should be covered with masks or scarves, caps, mittens, and dry insulated shoes when there is training in cold weather, i.e., wind chill temperatures lower than -15° F.

NOTE: The column for this issue is authored by David Wang, MD, a staff physician at Boynton Health Service at the University of Minnesota. Dr. Wang's areas of medical interest are Orthopaedics and Sports Medicine.

If you have sports medicine related questions, please send them to:

Aches and Pains c/o Dr. Arendt,  
SPORTSNEWS, 386 N. Wabasha Street,  
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Brian Yee, gymnastics

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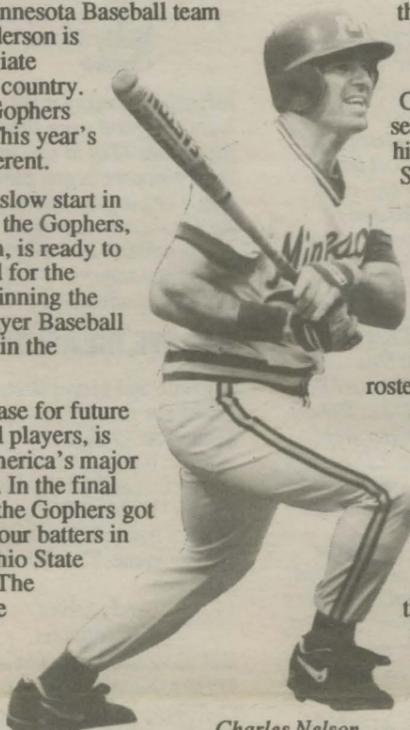
## Baseball Gophers Are Ready

**COACH ANDERSON IS ENCOURAGED AFTER WINNING PRESTIGIOUS OSCAR MAYER CLASSIC AND BIG WIN OVER SW MISSOURI STATE**

The University of Minnesota Baseball team coached by John Anderson is one of the best collegiate baseball teams in the country. Year after year, the Gophers have been winners. This year's squad will be no different.

After getting off to a slow start in February and March, the Gophers, a veteran loaded team, is ready to "attack" Siebert Field for the spring season after winning the prestigious Oscar Mayer Baseball Classic held recently in the Metrodome.

The Classic, a showcase for future major league baseball players, is considered one of America's major early season contests. In the final game of the Classic, the Gophers got 10 hits from the top four batters in its lineup to defeat Ohio State 14-2 to win the title. The Gophers won all three games and the tournament for only the second time in its history. Their first title was in 1991.



Charles Nelson

Second baseman Mark Merila, who was named the tournament's MVP led the Gophers. He was 3 for 3 with two runs batted in. He also had a walk and hit .900 in the tournament. Others who stood out in the Classic include: Gophers leadoff hitter Bob Keeney who had two hits and three RBIs, Charlie Nelson who went 3 for 5 with three runs scored and two RBIs and clean-up hitter Darren Grass had two hits and four RBIs,



Bob Keeney

three of them coming on a home run.

On top of winning The Classic, the Gophers were sensational in scoring a season high 18 runs to defeat Southwest Missouri State, 18-12 which ran their current winning streak to four games after beginning the season 0-7. That's why there's such optimism.

This year's Gopher team has 15 letterwinners on its roster, nine players who have lettered two or more times and four fifth-year seniors.

The veterans have been to three consecutive NCAA tournaments, won a Big Ten Title and a pair of Big Ten playoff titles. Coach Anderson says the goal of this team is to be the first Minnesota team to go to Omaha for the College World Series since 1977.

Anderson says that experience alone won't win it for the Gophers. "We need to approach every practice and every game as a team to be successful. Our depth will help us against some of the top teams this spring, but we have to be careful that it doesn't become a negative due to the competition for playing time. If we can stay healthy, and we've done a good job thus far, play as a team, and we've seen some examples of that this season, and develop some power hitting in our lineup, and that's coming but slower than I'd like, our goal of making it to the NCAA Tournament and advancing to Omaha is attainable."

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## Golf Team Opens Spring Season With Optimism

**Coach Means Looks To Win First Big Ten Title Since '72**  
By Marty Martinez



Senior Captain Phil Ebner

The Gopher Golf team will open their spring season on April 1 in week-end competition at the Houston All-American meet in Houston, Texas. The Gophers are hoping to rebound from their up-and-down play since the fall which saw them finish in the top ten in many of the tournaments they competed in, with their best showing at the Falcon Invitational at the start of the fall season where they finished fourth with a score of 901.

It looks as if the Gophers are getting it all together. After finishing tenth at the



Mark Hansen

University of Central Florida Invitational in Tampa, Florida recently and competing in the Pacific Coast Intercollegiate competition at the end of March (the results will appear in the next issue) the Gophers are ready to go all the way this spring. The nucleus is there for a big win at the end of the season. This comes after a terrific showing last year when the Maroon and Gold won three team titles, placed in the top five in eight of their 13 tournaments and finished third in the Big Ten Championship. Along the way, the

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## 7 TEAMS NATIONALLY RANKED - ATHLETES POST BEST EVER GPA

**Dr. Boston Says: Our Goals Are Being Realized--the Future Looks Bright**

In an exclusive interview with SPORTSNEWS, Dr. McKinley Boston, Director of Men's Athletics at the University of Minnesota, discussed a number of issues which he has placed as high priorities in taking the men's athletic program to unprecedented heights.

From Boston's first day on the job he has stressed the importance of the "total" athlete which means doing well in the classroom as well as on the athletic field. In addition, he has stressed the importance of community involvement so that the student/athlete is well prepared after collegiate life is done. A highlight of the interview came when Dr. Boston pointed out that so far this school year, seven Gopher teams have been ranked nationally while at the same time posting a record-setting overall grade point average. In addition, he said he was particularly proud of the coaches and their athletes who together are emphasizing athletic as well as academic performance. Following is an excerpt from that interview:



Dr. McKinley Boston

"...As we end the winter quarter the thing that I'm most proud of so far for the school year of 1993-94 is that seven of our teams have been nationally ranked while at the same time they have posted a 2.85 GPA, the best overall in the history of the University. Just think of it. To have seven teams nationally ranked and to have the student/athletes maintain a 2.85 cumulative grade point average is really a fantastic accomplishment for our coaches and student/athletes.

To do well scholastically as well as athletically is the goal of every team now. Last fall, for instance, coming out of fall quarter, we had two teams, cross country and men's tennis, with GPAs of 3.0. When teams now list their goals for the future they talk about both athletic and academic success.

I have worked to redefine standards since becoming Director of Men's Athletics while at the same time changing a culture. Anything we do now that reflects the appropriate mix between academics and athletics will engender us well into the future because students, coaches and the community respond to standards."

## Gophers Qualify Record Number For NCAA

By Rudy Martinez

Gopher wrestlers should be very proud of their second place finish in the Big Ten Championship held recently. Going into the finals of the championship, the Gophers were matched up against Iowa in three championship bouts at 150 pounds, 167 pounds and 177 pounds. Needing to sweep all three head-to-head matches to win the title, the odds were against the Gophers.

Iowa's unbeaten Lincoln McIlravy downed previously undefeated Will Short (Sr., 150, Inver Grove Heights, MN) 6-4 in overtime in what many observers called the match of the tournament or even the match of the decade.

The Short-McIlravy match was one of the most exciting matches ever to be conducted in Golden Gopher history. It had major consequences, since the winner of the match would be able to set the tone for the rest of the competition and could push their team to the title. The excitement kept everyone on the edge of the seat.

The bout certainly didn't disappoint any of the fans in attendance for the sheer excitement of it. McIlravy and Short dueled to a 4-4 draw through regulation with McIlravy winning late in the first overtime period. Short had knotted the match at four late in regulation and appeared to have the momentum into the overtime but came up short on two takedown attempts for the championship. The Hawkeye star eventually prevailed with a double-leg



Will Short

takedown on the edge of the mat with 21 seconds remaining.

Senior Brad Gibson (177, Chokio, Minn.) won the 177-pound title, defeating Iowa's Greg Stiltner by a major decision of 9-0. For Gibson, a returning All-American in his final season, the title was only personal satisfaction for a rough season for him.

"The team not being able to win takes alot out of this for me right now," Gibson said. "We came down here expecting to win and we didn't. But personally, this gives me a big boost heading into the NCAA's and gives me

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## PLAYING FOOTBALL AT THE U SHAPED GOVERNOR FREEMAN'S LIFE

*After A Notable Career In Public Service He Still Ranks His "M" Among His Highest Achievements*

By Len Levine

Orville L. Freeman was first elected Governor of Minnesota in 1954 and reelected in 1956 and 1958. He then was appointed Secretary of Agriculture by President John F. Kennedy and served both Presidents Kennedy and (after the assassination) President Lyndon B. Johnson. He ranks as one of Minnesota's most popular public officials who says today that playing football for Bernie Bierman is "what shaped my life."

Freeman was a star football guard for Minneapolis Central High School. He says he wanted to play football more than anything and always dreamed that some day he could follow in the footsteps of Golden Gopher greats such as John McGovern, Bert Baston, Herb Joesting, Stan Kostka, Ed Widseth, Pug Lund and many others. He remembers what happened "down at Iowa City by their Governor Clyde Herring." He says today, maybe it was all that Governor stuff that got me interested in running for Governor myself."

Freeman was talking about the time that Gov. Herring stirred up big trouble in Iowa City when he talked about the 1934 game between the Gophers and Hawkeyes. Iowa fans were upset and claimed their star halfback, Oz Simmons, had been roughed up. Governor Herring said publicly, the day before the game, that "...if the officials stand for any rough tactics like Minnesota used last year, I'm sure the crowd will not." It was an invitation to riot, Freeman recalls today. He says, "relations were very strained the night before the game until Minnesota Governor Floyd Olson got into it. He did a good job of calming a tense situation and I was very impressed by the way the Governor handled himself. As a high schooler I knew the Governor had a lot of power in many areas but I never knew it carried over to sports, but it did. He says, Governor Olson was quite a diplomat. He offered to bet the Iowa governor a Minnesota hog against an Iowa hog, and, when Minnesota won 13-6, he paid off. The pig's name was Floyd of Rosedale, and a statue of him has been the Minnesota-Iowa game trophy ever since."

When Freeman graduated from Central High he says there was only one school that he wanted to go to and that was Minnesota. "I was a pretty good guard and came to the U to give football a try without getting any financial help (a walk-on is what they're called today). No one could pay me anything but I wanted to play football. Coach Bierman told me that most of the boys were all from Minnesota and said he knew about my ability as a lineman and then asked me if I would be interested to play quarterback. I thought that would be a great opportunity since the year before, another guard, the great Bud Wilkinson, was asked the same thing. Bierman was right on that one. That 1936 team that Wilkinson was on became one of Bierman's best winning the national title.

Unfortunately, it didn't work out that way for Freeman. Although he was 5'10 -1/2" and weighed 170 pounds, he says he "wasn't big enough or fast enough" for the single wing even though he started out the season with raves from fans and sports writers. Bierman made Freeman the backup quarterback and he was used on many occasions. That year the Gophers won all of their Big Ten games and won the Big Ten Championship. The following year, 1938, they again won the Big Ten title. Freeman's senior year saw the team generate plenty of power but it didn't seem to help as they lost to Nebraska 6-0, Ohio State 23-20, Northwestern 14-7 and Iowa 13-9. They upset Michigan 20-7 and knocked off Wisconsin 23-7 which started a string of 17 straight victories that led to two more national and conference championships.

Shortly after his last year of competition, war and Nazi atrocities were spreading all across Europe. Freeman left the U of M and joined the Marines where he stayed for the next four years. He then returned to the U of M and finished his undergraduate studies and became a full time law student. After getting his law degree he became the chairman of the DFL Party and worked closely with then Mayor Hubert Humphrey on his campaign to get elected to the U.S. Senate. Freeman's first stab at elective politics came in 1950 when he ran for Attorney General but lost. Two years later he narrowly



Former Minnesota Governor Orville Freeman and his son Mike, Hennepin County Attorney, standing just south of the site of Memorial Stadium where the elder Freeman played football under the legendary Bernie Bierman.

lost a race for Governor and in 1954, by a margin of less than one percent, he was elected Governor where he stayed for the next six years until losing to Elmer L. Anderson by less than one percent of the vote.

Freeman, soon to turn 76, is still in good shape, very alert and extremely busy. He runs each day from three to five miles and is heavily involved on global economic issues. He serves as a consultant and advisor to both foreign and American based companies interested in foreign direct investment, seeking joint venture partners in the U. S., India and Russia.

Freeman is the founding chairman (U.S. side) of the U.S. India Business Council and has visited that country over fifty times. He is widely recognized in India as the "Father of the Green Revolution" which significantly increased the productivity of that country's agriculture.

Recently, Freeman was appointed a member of the Board of Trustees of the Medeleev Chemical Institute in Moscow, a research and teaching institution often compared to MIT in the United States.

Freeman says, "Playing football at Minnesota was one of the best things that ever happened in my life. It helped me focus on where I wanted to go. It taught me to stick with it. I didn't have a lot of money. In fact, in those years when I played for the University, I earned my way by washing the walls in the University Hospital for 25 cents an hour. I knew I could do well at whatever I did, washing the walls, playing football or anything, if I just kept at it. Hard work never bothered me. Bernie Bierman was a hard task master and his assistant, Dr. George Hauser who was very personable, put some life in the game. But in the end, everything that I learned on the football field helped me as I've led my life. It taught me not to quit when you lose and if a person doesn't quit and keeps working at something, you can generally be successful. That's what I tell Mike (his son Mike Freeman is a former Minnesota State Senator and currently Hennepin County Attorney who is an announced candidate for Governor). If you want something and think you can do it better than the next guy, then go after it and work hard, day and night, week after week until you have success. And by the way, I've accomplished a lot in my life but one of the things that I am most proud of is being a member of the "M" Club. That letter still means a great deal to me."



The publisher of SPORTSNEWS is Len Levine, a 1961 University of Minnesota graduate and three time "M" winner. SPORTSNEWS appears eight times during the year and 34,000 copies are distributed free of charge in all 130 Holiday Station Stores across Minnesota, Vesco's Restaurant in Dinkytown, Northwest Racquet Clubs, the University of Minnesota's Bierman Athletic Building, Football Complex, Cooke Hall, Williams and Mariucci Arenas and other buildings on the Minneapolis campus.

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## Letters



### SELECTIONS TO THE HALL OF FAME-- HOW AND WHY ARE THEY MADE?

I am wondering about the various "Halls of Fame" at the University and who, and by what standards, determines the former players who are so honored. For example, why is Lou Hudson not recognized in Williams Arena (or Archie Clark, Ron Johnson, Tom Kondla or Ray Williams, etc.) and why is Bobby Bell not recognized in the Metrodome (or Carl Eller, Charlie Sanders, Rick Upchurch, etc.)? Also, are there similar "Halls" for hockey and baseball? If so, who are the players in them?

Chuck Samson  
Redmond, Washington

*Ed. note: This letter was sent to Mark Davy, the Executive Director of the "M" Club who was instrumental in the development of the "Hall of Fame." Here's his answer: Twelve to fourteen former Minnesota athletes have been selected each year for the past three years. The selection committee consists of "M" Club Board members, radio and tv sports announcers, corporate sponsors, newspaper writers, trustees and representatives of the University of Minnesota. A list of the 1993 selection committee is as follows: Dave Mona, Saxe Roberts, Alan Reid, Steve Enck, Jon Roe, Dr. Harvey O'Phalen, President Nils Hasselmo, Mike Augustin, Ray Christensen, Peter Jockey, Dave Peterson, Dean Robert Stein, Jeff Pasolt, Pinky McNamara, Bob Bjorklund, Pat Fitzsimmons, Mark Davy and representatives of the U of M's Sports Information Office and Anderson Consulting.*

*Davy lists the following criteria which the committee followed: (This is an abbreviated list)--An athlete must have earned two letters in one sport, one letter in two or more sports, a coach or athletic administrator must have lettered at the U of M or served on the staff of the Gopher Athletic Department with distinction for a minimum of five years, an athlete must have graduated at least five years prior to his nomination, the record of the individual must be so outstanding that there is no question as to his qualifying for the Hall of Fame, a candidate needs a minimum affirmative vote of two-thirds and exceptional individuals who may not qualify with the above criteria can still be a candidate for Honorary Induction if they have superior university and/or post-university accomplishments. If you want more specific information please call Mark Davy at (612) 929-0444.*

### A BAD APPLE IN THE STUDENT SECTION

I saw something that made me sick recently. While attending the Minnesota-Purdue game which the Gophers lost 75-72, someone threw a crushed pop can from the student section which hit a Purdue player in the head. Thankfully, he wasn't injured. This is not the Minnesota way to treat opposing teams. This type of behavior should never happen and I hope the person that threw the can has been caught and reprimanded. This should not be a reflection on the students that attend basketball games. Unfortunately, one bad apple can spoil the box.

Josh Goldman  
St. Louis Park

### WRESTLING PROGRAM GETTING COVERAGE IT DESERVES

It took a long time for the local press to realize that the University of Minnesota's wrestling program under Coach J Robinson was the best in the country. What they should have done was get with it in those early building years. But I suppose, they, like many, like a winner. So better late than never I say. Keep writing about one of the greatest one-on-one sports competition.

We appreciate the coverage you (SPORTSNEWS) have given to this sport since you began publishing a number of years ago. Keep up the good work.

Wally Saman  
Chaska

*Ed. note: Thanks for the compliment. We know the good work that's been done in wrestling at the U of M and have highlighted this sport since we began publishing five years ago. The purpose of this paper is to support the Gophers in a positive way and give credit to our athletes in a way that no one else does. Congratulations to J Robinson and his hard working, dedicated athletes.*

### WE LOVE THE ROUSER

My wife and I have attended Gopher hockey games for many years. We are University of Minnesota graduates. We love the Minnesota Rouser. It does something for us. It gets us up on our feet and with pride we stand and cheer for our Gophers. We would like to see the Gopher band play more tunes throughout a hockey game. The diversity would be welcome.

Andy Silver  
Minneapolis

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## Robinson Is Wrestling Coach Of The Year His Teams Have Compiled An Extraordinary Record



University of Minnesota head Wrestling Coach J Robinson was honored by the other conference wrestling coaches by being named Big Ten Coach of the Year.

Robinson has been the Gopher coach for the past seven years and has compiled an extraordinary record of accomplishment. His Gophers this past season compiled a 20-2 record, including a 9-1 slate in the Big Ten. In the last two seasons, the Maroon and Gold has combined for an outstanding 41-5-1 overall record. The Gophers, under Robinson, have ended their yearly competition with five top 10 finishes in the past six seasons at the NCAA Championships and Robinson has coached eight Gophers to 12 All-American certificates and ten Big Ten champions as well as 18 Academic All-Big Ten wrestlers. Robinson was also Coach of the Year in 1989.

Considered one of the finest coaches in the country, Robinson has been active with the U.S. National team throughout his career. Three years ago he served as an assistant coach for the USA squad at the World Freestyle Championships in Tokyo, Japan. He was also an assistant coach on the 1976, 1980, 1984 and 1988 U.S. Olympic teams and was head coach for the U.S.-Soviet Union wrestling exchanges in 1976 and 1983. Robinson was the head coach of the U.S. team at the 1983 Pan American Games.

## Where Are They Now?

## It's Back Home On The Range For Hockey Great

By Len Levine



Mike Antonovich played hockey for the Golden Gophers from 1969-1972 and was credited with leading the Maroon and Gold to a WCHA championship and three straight WCHA playoff appearances with his 45 goals and 40 assists in 77 games. He had a sensational collegiate career until injury and then scholastic difficulties brought it to an abrupt end. Where and how did it all begin?

Antonovich was born in Calumet, Minnesota on Minnesota's Iron Range (15 miles east of Grand Rapids). His parents Eli and Eleanor, now retired, still live in the same house in Calumet where Mike was born. He attended Calumet Elementary, Bovey Jr., and Greenway High Schools and participated in sports from the time he was in first grade. "I started to skate at age six because on the Range it was the thing to do. We had a little rink in town and the weather was cold most of the year so we had ice early. It seemed that everyone in town played at the rink. Every little town on the Range was the same. The rink was the focal point of the community. Towns like Taconite, Bovey and Marble all had rinks like Calumet and hockey competition began at the earliest ages. There were Bantam and Pee Wee leagues and the competition was very good," Antonovich says.



Mike Antonovich, 1972

By the time Antonovich was in high school he was playing baseball (3rd base) and hockey (center) and was a standout at both positions. His Greenway High School hockey team made it to the State Tournament in 1967-68-69 winning the title in '67 and '68 and finishing fifth his senior year. Antonovich, a 5-7, 150 pounder in high school, was the state tournament scoring leader in each of those three years.

Glen Sonmor, the Gophers coach at the time, said he knew Antonovich had enormous potential and he wanted to keep in close touch with him throughout his high school career. "When he offered me a scholarship I took it because I always wanted to play hockey for Minnesota and getting a scholarship made it possible for me to go to college (he was the first of the eight Antonovich children that went to college).

The first year of Antonovich's eligibility (1969-70), he led the team in scoring as the Gophers went on to win their first WCHA championship in 18 years. Antonovich says there were two highlights that stand out from that season: The 4-3 win in Madison, Wisconsin (he broke a 3-3 tie with only 1:32 left in the game and his line produced three of the four goals for the night) which got the Gophers into the final WCHA playoff game and his winning goal in the third overtime of the opening playoff game against Minnesota Duluth, 3-2.

The following season, Mike led Gophers (he was third in overall team scoring) to the WCHA playoffs and the runner-up spot in the NCAA Tournament. After eight games of the 1971-72 season, the Gopher star's career was ended when he tore the ligaments in his right knee while involved in a fight during the Gophers 4-3 loss to North Dakota. He was carried off the ice in "terrific pain" and three hours later, the team doctor performed surgery. His leg was in a cast for eight weeks and he was on crutches for another two weeks.

Antonovich says the injury put him behind in his studies and he "never could catch up." Because he was in the hospital for many weeks he received incompletes in all of his classes and he was forced to drop out of school winter quarter.

It was at this point that his former coach, Sonmor, who by now had resigned the head coaching position at the U of M and taken the head coaching job and general manager's position in the newly formed World Hockey Association (WHA), offered him a spot on the team.

Mike, asks, "How could I turn it down? The biggest factor behind my decision was that I was having trouble in school and I didn't see any way I could be eligible to play the next season. When I received the offer from Sonmor, I figured as long as there was the strong possibility that I wouldn't play, signing the contract would be the best thing to do. For me hockey has always come first. I always had the ambition to play pro hockey and this was my chance. I knew I had the ability to make it in the pros and all I needed was the chance."

Antonovich says he was good enough to play in the NHL, but he knew that many of the NHL coaches did not treat American players as they did the Canadians and would send them down to the minor leagues "where you scratch and hope and pray that you will get back into the big leagues. I knew Sonmor and knew he'd give me a fair chance."

It was at this point in his life that Mike made the decision to join Sonmor and eventually went on to play 12 years in the pro ranks (four years with the Fighting Saints, one year with the North Stars, four years between Hartford and Edmonton, and four years with New Jersey).

Playing on the same ice with Gordy Howe and Wayne Gretzky in the 1977 WHA All-Star game is something Mike says he'll always remember. "I had some great memories from my playing days. Probably the most memorable was the unexpected win in the 1969-1970 WCHA Championship. We weren't expected to do much. We came out of nowhere. I guess I can also call playing

with and against some of the greatest names in pro hockey, people that I grew up watching and idolizing on television, as something I will always remember. Just think, there I



Mike Antonovich, 1994

was on the same ice with players like Gordy Howe, Bobby Hull, Bill Goldsworthy, Lou Nanne, Dave Keon and John McKenzie. I used to sit in front of the tv in Calumet every Friday night watching hockey coming in from Canada. It seemed that all of a sudden, there I was, playing right alongside these same people. It was hard to believe."

Antonovich retired in 1984 from pro hockey and spent the next five years as a scout for Central Scouting of the NHL. He then took a similar position with the Winnipeg Jets which he held thru the 1992 season. In 1993 Mike became the head varsity hockey coach at St. Cloud Cathedral High School while also working at the Matthew Hall Lumber Company in St. Cloud. He took his team to a fourth place finish in the State Tourney this year after winning the Central Minnesota Conference and the Region 4A title. He says, "We had a great season (23-5 overall record) but my most fun was in watching our kids perform every night. Their attitude was great. It was a lot of fun."

Mike and his wife Sandra (they were married at the Student Center on the U of M campus in 1971) are the parents of four children: Stephanie, 21, a college student; Jeffrey, 19, a junior hockey league player; Melissa, 18, a college student and Michelle, 17, a high school junior.

Antonovich says his one regret in life is that he "didn't finish my academic studies at the University. That bothers me to this day. At the time I was 17 years old, hockey was everything in my life and school was secondary. If I could do it over again, I would have stayed there, gotten my studies under control and then gone on to play hockey and all the rest. But in reality, I can't look back. The decision was the right decision at the time. I made a lot of friends, very close friends, and took with me some great memories. I decided to go back home to the Range. I feel comfortable there. It's my roots. It's one of the most unique places in the country. It's safe and has the best of everything. That's where I belong."

Len Levine earned three varsity letters as a member of the Gopher track team and established several records, one of which (the 60-yard dash) stood for 17 years. He was the silver medal winner in the 1960 Big Ten 300-yard dash championship. Levine was President of the "M" Club in 1989.



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## Eriksson Finishes 6th In The Pole Vault At NCAA Indoor

Douglas And Williams Win Big Ten Titles

Williams Runs Fastest 600 Meters Ever Recorded In U.S.

Senior Martin Eriksson (Stockholm, Sweden) finished sixth in the pole vault at the NCAA Indoor Championship held recently in Indianapolis, Indiana. Eriksson, the defending champ, claimed the third All-America certificate of his career with his sixth-place finish in which he cleared 17 feet, 8 1/2 inches. He captured the national indoor crown last year with a school record vault of 18-0 1/2.

Gopher great Keita Cline (Gainesville, Fla.), who had qualified for the triple jump competition, did not compete due to a pulled hamstring.



Norris Williams

Seniors Omar Douglas (New Orleans, La.) and Norris Williams (Milwaukee, Wis.), along with Cline, captured individual events to pace the Gophers to a fourth-place finish at the Big Ten Meet held at the end of February. It marked the third straight year that Griak's Gophers had finished fourth at the conference indoor meet.

Douglas, who was a record setter as a receiver for the football team last fall, won the 55 meters with a clocking of 6.29. He had advanced to the finals with a personal best and

NCAA provisional qualifying time of 6.28 in the prelims. Cline, who finished third in the long jump with a leap of 25-0 1/2, won the triple jump with a mark of 52-10 1/4.



Martin Eriksson

In the 600 meters, Norris Williams set a new Big Ten meet record with a winning time of 1:18.08. Early in February, at the Golden Gopher Snowshoe Open meet, Williams ran an all-time Big Ten best of 1:17.55 in the event, which is also the fastest time ever recorded by a U.S. born college athlete.

Head Varsity Track and Field Coach Roy Griak and his Gophers opened their outdoor season last week at the Alabama Relays. As we go to press we don't have the results and will report those in the next month's issue.

## 3 Seniors Have An Emotional Farewell

They Have Great Admiration And Respect For Haskins

By Anthony Kraft



Randy Carter

Ernest Nzigamasabo

Arriel McDonald

Randy Carter, Arriel McDonald and Ernest Nzigamasabo played their final home basketball game before a packed house in Williams Arena on March 5 in what turned out to be one of the most exciting thrillers in recent Gopher history.

The Gophers won the game, 107-96 in 3 overtimes. Perhaps the most touching moment of the season came during the half time ceremonies when an emotional Coach Clem Haskins thanked his players and said good-by to his three seniors.

Carter, McDonald and Nzigamasabo make up the largest graduating class since 1990 and brings to an end the second recruiting cycle for Coach Haskins at the U of M. "We've won a lot of games in the time they've been here but the important thing is watching the people who have played here go out into the community when it's over," said Haskins. The future plans of the three star basketball players are uncertain.

Haskins said, "I get emotional this time of year, and it affects our play. That last game against Iowa took just about everything out of me. It was a tough day for me and our seniors, because if you have anything inside of you when somebody leaves who's like your son or daughter, it affects you."

Nzigamasabo, who is from Burundi, leaves the Gophers as the all-time leader in games played. It was amazing that he could even keep his mind on the game since his homeland was involved in a daily civil war which left many of his relatives (aunts, uncles and cousins) dead.

Nzigamasabo said that someday, if he has grandchildren, he would tell them that Coach Haskins "was a father figure for me." He said because his father wasn't here, Coach Haskins was more than just a coach.

Carter had a tough upbringing. He was raised in poverty in Memphis, Tennessee and as a youngster he had a gun pointed at his head. Just three years ago he suffered another emotional set back when he had a knife stuck in his back. This three-year captain has been the team's inspirational leader.

He says this about Haskins: "He's as caring a man as I've ever met in my life, and I owe him a lot for helping give me direction." A look at the three Gopher seniors: Randy Carter: He is one of only six Gophers to rank among the top 20 in career scoring and top 10 in career rebounding. The only other Minnesota players to be in the top 20 in scoring and the top 10 in rebounding are Mychal Thompson, Kevin McHale, Ron Johnson, Randy Bruer and Willie Burton. Arriel McDonald: He is the career leader in assists with 525 which is 150 more than Marc Wilson who is in second place. He set the Minnesota single-game record for assists with 16 this season against Wisconsin. He's number 10 on the Big Ten career assists list. Ernest Nzigamasabo: He set the Gopher career record for games played and is ninth in the record books for career blocks. He also leads the Gopher basketball team in being able to speak seven (7) languages and college degrees earned (French and economics).

## GOPHER TENNIS TEAM HAS 30 STRAIGHT WINS

Coach Geatz Says The Streak Can Continue



Gopher Tennis Coach David Geatz couldn't be happier. His Gophers recently extended their Big Ten dual-match winning streak to 30 with a 6-1 victory over Penn State.

The Gophers' Lars Hjarrand (Freshman, Oslo, Norway) defeated Greg Gaunt of Penn State 6-1, 6-3, in the No. 2 Singles match. Hjarrand won his fifth consecutive match and improved his record to 18-6.

The Gophers are hot. The Penn State victory follows another big win over Iowa at Iowa City where the Gophers won every match in singles play and took two-of-three matches in doubles. Erik Donley won his seventh straight match at No. 5 singles and Ben Gabler, extended his win streak to five matches at No. 6 singles. Team Captain Paul Pridmore looked very impressive in this match as he has all

season with a 3-6, 6-3, 7-5 win over Iowa's Bryan Crowley.

The Gophers are 9-3 overall this season, 3-0 in the Big Ten. They have not lost a conference match for over three years. During the streak the Gophers have won two consecutive Big Ten titles under Coach Geatz. Minnesota's last conference loss was on March 5, 1991 to Ohio State in the finals of the Big Ten Championships.

Here's what Coach Geatz had to say after the Penn State match: "I was concerned going into the match since we had a lousy week of practice after four tough matches in Texas last weekend, but the guys came out aggressive and played really well. We are playing with a lot of pride right now and I feel if our players continue to focus on each match, the streak can continue."

The Gophers were off for finals but resumed play at the time this issue hit the stands with a four-day tournament at the South Alabama Invitational in Mobile, Alabama.

## Baseball Gophers from page 1

The outlook for the season was greatly improved when senior Mark Merila, the second baseman All-American candidate (Robbinsdale Armstrong), joined shortstop Bill Mobilia (Ely), catcher Darren Grass (Hill-Murray) and outfielder Charlie Nelson (Perham) in deciding to continue playing for the Gophers after they had all been drafted by major league teams last summer.

Merila was drafted by the Twins (10th round), Mobilia by the White Sox (20th round), Grass by Atlanta (25th round), and Nelson by the Dodgers (22nd round).

In addition to the four drafted players, Anderson has sound talent in third baseman Tommy Bender (Rock Island, Ill.) and a pitching staff led by Kerry Ligtenberg (Park-Cottage Grove), Andy Hammerschmidt (New Ulm), Joe Westfall (Marathon, Wis.), Jason Karmann (Platteville, Wis.), Jim Brower (Minnetonka) and Brian Mensink (Rochester, Minn.).

Anderson has seen some good performances in the outfield from Wes Denning, a junior-college transfer, in center field, Mark Vandersall (Robbinsdale Armstrong) and Troy Stein (Cold Spring) in right field. At first base, Anderson has had some strong performances from Shane Gunderson

(Fairbault), and Shane McCarthy (Billings, Mont.).

As of this date the team leaders are: Merila who has seen his batting average sky rocket toward the

.600 mark. He is hitting .568 and leads the team in hits with 21, bases on ball (13), slugging percentage (.595) and on-base percentage (.667). Nearly hit for hit with Merila has been Nelson who is second on the team in batting at .340, in hits (16) and in slugging percentage (.489). He is tied for the team lead in RBIs with Grass who has 11. Grass also has two home runs.

Hammerschmidt has taken over as the ace of the staff by equalizing his record at 2-2 during the Oscar Mayer Classic. The All-Big Ten first team player last season has lowered his ERA to 3.28 after a rough start.

Last year the Gophers won a record 43 games and played 37 games at home.



Darren Grass

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## Basketball Gophers Make It To NCAA Carter-Lenard-Nzigamasabo-McDonald Set Records Haskins Has Impressive 11-4 Post-Season Record

The basketball Gophers, seeded sixth in the West regional of the NCAA Tournament, survived a showdown with 11th seeded Southern Illinois, 74-60 before losing to the third-seeded Louisville Cardinals 60-55. The Golden Gophers of Clem Haskins and the 1992-93 NIT champs finished the 1993-94 season with an overall record of 21-12.

It was this kind of season: The Gophers defeating Wisconsin 90-53 early in January followed by a loss to Penn State 78-67, then the next month clobbering Wisconsin 109-78 but getting beaten by Michigan 72-65 and four days later by Michigan State 85-68. Then came the unbelievable "blow-out" against Indiana 106-56, and the three-overtime win against Iowa 107-96. It's been a roller coaster ride this season but in the process some remarkable performances have occurred from:

Randy Carter, the senior forward and team co-captain from Memphis, is averaging 14.1 points and 8.3 rebounds in the last 14 games while shooting a phenomenal 60.4 percent from the field. He is now ranked 19th in scoring (1,171) in ninth in rebounding (719) on the U of M's all-time career lists. Carter has certainly lived up to his billing as a high school star. A graduate of Central High School in Memphis, Tenn., he was a Hoop, Scoop, Street & Smith's and Basketball Times prep All-American and was an All-State, All-City, All-Region and All-District selection as he averaged 23 points, 15 rebounds and 4 blocks a game as a senior and 20 points, 11 rebounds and 3 blocks as a junior. In a game against Christian brothers he scored a career high 43 points and hauled down 23 rebounds in another game.

Voshon Lenard, the junior guard from Detroit, is averaging 25.9 points a game while shooting 57.9 percent overall from the field in the last nine contests. He has also eclipsed his own single-season school records for three-pointers made with 79 (58, 1992-93) and attempted with 193 (158, 1992-93). The All-America candidate has moved into fifth place on the school's all-time scoring list with 1,529 career points. Lenard was also a star in high school. He helped lead his Detroit Southwestern High School to back-to-back Michigan Class A (large schools) state titles as a junior and senior averaging 24.5 points, 7.5 rebounds, 8 assists and 2 steals to pace his school to a 26-1 overall record and the top ranking in the USA Today national poll. During his three years in high school his school racked up a tremendous 78-3 record. He was a high school teammate of Jalen Rose who now is a star at Michigan.

The "Iron Man," Ernest Nzigamasabo, has played in a school record 122 games during his career as a Golden Gopher. Gophers Randy Breuer (1979-83), Kevin Lynch (1987-91) and Bob Martin (1988-92) previously shared the record with 119 career games played. An extremely valuable frontcourt performer for the Gophers either as a starter or off the bench, he is averaging 4.3 points and 3.5 rebounds a game this season. During his career, he has scored 490 points (4.0) and hauled down 351 rebounds (2.9). He is also ranked ninth in career blocks with 53. Nzigamasabo is a truly outstanding individual. A graduate of Mound-Westonka High School in Mound, Minnesota, he transferred from Bujumbura, Burundi-Africa and came to

this country in 1987 and started to play basketball then. An All-state selection who speaks seven different languages, he was considered the top player in the state as a senior in high school when he averaged 24 points and 10 rebounds a game.

Arriel McDonald, a co-captain senior from Raleigh, N.C., has a new single-season school record with 171 assists thus far this season. Melvin Newbern (1989-90) previously held the record with 167. The all-time school record holder with 539 assists (as of press time) McDonald is tied for ninth with Antoine Joubert (Michigan, 1983-87) in the Big Ten in all-time assists. McDonald was another star in high school. At his Athens Drive High School he averaged 24 points, 6 rebounds and 9 assists a game and was named conference Player of the year following his senior season. In a game against rival Richmond County High, McDonald scored 38 points.

There's more to write about this team that finished the regular season with a superb 15-1 record at Williams Arena and now has registered an impressive 40-7 record (.851) over the past three seasons in games played at home. Watch the next issue of SPORTSNEWS for more up-to-date information on the great Golden Gopher basketball team of 1993-94.

## Don't Ever Count The Hockey Gophers Out

As we wrote in each of the last four issues of the SPORTSNEWS: DON'T EVER COUNT THE HOCKEY GOPHERS OUT!

The Gopher Hockey team extended their playoff winning streak to four games with a pair of wins at the Bradley Center in Milwaukee, Wisc. recently. The Gophers won their tournament opener over Michigan Tech 6-1 and beat St. Cloud State 3-3 in overtime of the championship game. The win marks the second consecutive year the Maroon and Gold has brought home the Broadmoor Cup and earned the conference's automatic bid to the NCAA Tournament. This will be the 10th consecutive appearance in the NCAA Tournament and the 21st in the history of the program, which ranks on top of all Division 1 schools.

After a very dismal start, Coach Doug Woog's Gophers came blasting back. Yes, there were some ups and downs this season. Who will forget the bleak weekend near the end of February when the Gophers were knocked out of first place and into third in the WCHA standings by the Alaska-Anchorage Seawolves. First they beat the Gophers 3-2 and then the following night broke the Gophers' back by answering every Minnesota goal and winning 7-4. The Gophers had not been swept at home in a WCHA series since December of 1991 when Northern Michigan took a pair of games to knock that Gopher team out of first. In fact, it's only the third time in Coach Doug Woog's career that his team has been swept at home. That was a low spot of the season.

A few weeks later, the Gophers came roaring back to sweep a best-of-three WCHA Playoff series in two straight games from the Denver Pioneers by the scores of 8-5 and 6-3. Those wins advanced the Gophers to the WCHA



## Coach Roy Griak Says...

"Improving on third place will be difficult, but we'd like to think that we will be in the hunt. It will take a superlative effort, that's for sure. For us to move up in the standings, we need to tighten our belts, stay healthy and aim high." Ed. note: Since becoming the Golden Gophers head varsity Track & Field coach in 1963, Roy Griak has amassed an impressive

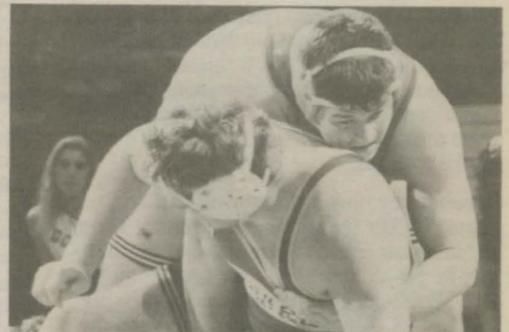
record. His 1968 team won the Big Ten title. In 1992, the Gophers placed fourth at both the Big Ten Indoor and Outdoor Championships. For the past two seasons the Gophers finished fourth at the Big Ten Indoor and last season took a third at the Outdoor conference meet with a school record 102.5 points. Griak has coached three NCAA track champions: Ron Backes (shot put, 1986 NCAA Indoor), Garry Bjorklund (six mile run, 1971 NCAA Outdoor) and Martin Eriksson (pole vault, 1993 NCAA Indoor). His athletes have also collected 53 Big Ten Conference individual titles.

## WRESTLERS from page 1

the confidence that hopefully I'll be able to do the same thing there."

Also finishing second for the Gophers were Brett Colombini (Jr., 167, Redwood Valley, Calif.) and Billy Pierce (So., Hwt., Minneapolis).

Minnesota qualified nine wrestlers for the NCAA tournament, the most of any Big Ten school and also a school record. Iowa had the next most qualifiers with eight. Other wrestlers who qualified for the nationals were Brandon Paulson (Fr., 118, Anoka), Tim Harris (Jr., 126, St. Louis, MO), Chris Berglin (Sr., 134, West Bend, Wisc.),



Billy Pierce

Zac Taylor (Fr., 158, Sandpoint, Idaho), and Darren Andy (Sr., 190, Billings, Mont.).

The second place finish for the Gophers was their highest since 1989.



Jeff Nielsen

Final Five Tournament for the seventh consecutive year. Here's the way that weekend went: After averaging 3.47 goals per game in league games during the season, the Gophers rediscovered their offense with eight and six goal performances. The 8-5 win over Denver marked the first time since February, 1993 that the Gophers had scored more than seven goals in a game. The 14 in a two-game set is the most since January, 1992.

The Gophers have counted on the great play of Justin McHugh (Minnetonka, Minn.) who in the Denver game scored his second career hat trick and then added a fourth goal which gave him (to that date) 15 for the year. Others who were instrumental in the Gophers comeback were Brian Bonin (So., White Bear Lake, Minn.) who in that same game broke a four game scoreless streak with two goals and three assists, Nick Checco (Fr., Bloomington, Minn.) who had two goals in that turn-around game with Denver and Chris McAlpine (Sr.,

Roseville, Minn.), who continued his hot streak with three goals and two assists.

Senior All-America and Hobey Baker Award candidate Jeff Nielsen (Grand Rapids, Minn.) keeps moving ahead on his hot streak. He now has 27 goals and 14 assists and has 19 goals and 11 assists in his last 22 games. He is ranked fourth in the nation in goals and has scored the first Minnesota goal in 13 of the 37 games he has played in. Nielsen leads the team in power play goals with eight and is a key player on the penalty killing unit as well.

The Gophers boast one of the top goaltending tandems in the WCHA. Jeff Moen (So., Roseville, Minn.) is 10-8-1 and has a 3.41 GAA in all games and a 3.28 GAA in league games. His partner Jeff Callinan (Jr., Mound, Minn.) has a 12-4-3 record with a .711 winning percentage, which puts him in the top eight nationally. He has a 3.46 GAA in all games and a 3.32 GAA in WCHA games. Callinan is 11-1-2 in his last 15 WCHA starts and has given up only 2.80 goals per game in that period. The steady play of these two has been a big part of the team's success this year.

Give credit to the athletes but don't overlook the coaching of Doug Woog. He's in his ninth year at the helm and has posted an impressive 274-109-23 record that includes three WCHA Championships, a WCHA Tournament Championship and eight consecutive NCAA Tournament appearances. His teams consistently perform at a championship level and this season displayed one of his finest coaching performances when he took the Gophers from last place to within a point of the league title in just nine weeks.

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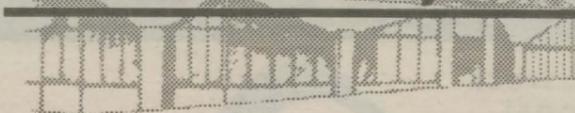
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## GOLF from page 1

Gophers won their first NCAA Tournament bid since 1972. The Gophers then placed fifth at the NCAA Central Regional Tournament in Columbus, Ohio, advancing to the finals in Lexington, Kentucky. At the NCAA Finals they finished tied for 20th as a team, their highest finish as a team since 1962.

Head Coach John Means is looking to senior captain Phil Ebner (Hudson, Ohio) to lead the way. Ebner carded a 228 for a 36th place finish at the Florida Invitational. He had a great junior season, playing in 37 rounds and recording a season stroke average of 76.27. He shot his season low round of 67 at the Northern Invitational where he finished first. He also posted an eighth place finish at the Big Ten Tournament and finished 27th at the NCAA Regional Tournament. Ebner, a pre-season All-American (Golf Week), was second on the team through the fall season posting a 75.08 stroke average.

Another key player this spring will be Aaron Barber (New London, Minn.). He sat out last year as a redshirt but over the summer he played extremely well, winning the U. S. Publinks Tournament and qualifying for the U.S. Amateur. Barber was the team leader after the fall season with a 74.83 stroke average. Barber carded a score of 226 to finish 26th at the Florida meet.

Means will also be looking to junior Mark Hanson (Cedar Rapids, Iowa), a two-year letterwinner and the number two golfer on the team last season. He is in the running for Academic All-Big Ten and Academic All-American honors. He played 36 rounds last season, compiled 75.47 stroke average and recorded his collegiate low round by shooting a 71. He led the way for the Gophers at the Florida meet with a three-round score of 224, which was good for 15th place.

Another starter back from last year and who Means expects a lot from is Jonathan Kelly (Mankato, Minn.). Kelly played 31 rounds last season and had a stroke average of 77.4 with a low round of 73 at the Big Ten

Championship. He was the runner-up in the Minnesota Publinks Tournament this past summer. Other returning squad members who should do well include sophomore Mark Halverson (Fargo, N.D.) Jerry Andrisen (Bismarck, N.D.) and Charlie Casci (Stillwater, Minn.). Halverson sat out last season as a redshirt but has tremendous talent. Andrisen has been a member of the junior varsity squad the past two seasons and should be ready to match the level of play he showed as a high schooler in New London, Minnesota where he earned five letters in golf and won the conference, district and region championships as a senior. He lists a handicap of +1 and a low score of 66. Casci is another product of the junior varsity training ground and turned in a low round of 75 last year. In high school he posted a low round of 65 on the tough Keller Golf Course (he shot a 31 on the back nine) and was named to the all-conference and all-state teams.

Means has high hopes for first year players Scott Keeping (Duncan, B.C., Canada) and Rob Keer (Pointe Claire, Quebec, Canada). Keeping was a member of the Canadian Junior National team which played in the World Junior Championships in Kobe, Japan and competed in the Provincial High School Championship four years in a row, with two top three finishes and two top 10 finishes. Keer, who lists a best score of 67, is a two time Quebec Junior and Juvenile Champion and was the 1991 and 1993 Quebec Junior Player of the Year.

Others who are showing signs of promise this year are freshmen Trent David (Marshfield, Wis.), Troy Schroeder (Medford, Wis.), Jim Turner (Edina, Minn.) and Ryan Woytassek (Breckenridge, Minn.).

Means has been working very hard in preparation for the Big Ten Championship (May 13-15 at Ann Arbor, Michigan) and the NCAA Regionals (May 19-21 at Edmond, Okla.). The Gophers haven't won a Big Ten title since 1972 and hope to qualify for the NCAA Tournament for the second year in a row.

## HUSTON'S STRENGTH IS RETURNING

### Coach Roethlisberger Hopes For A Complete Recovery

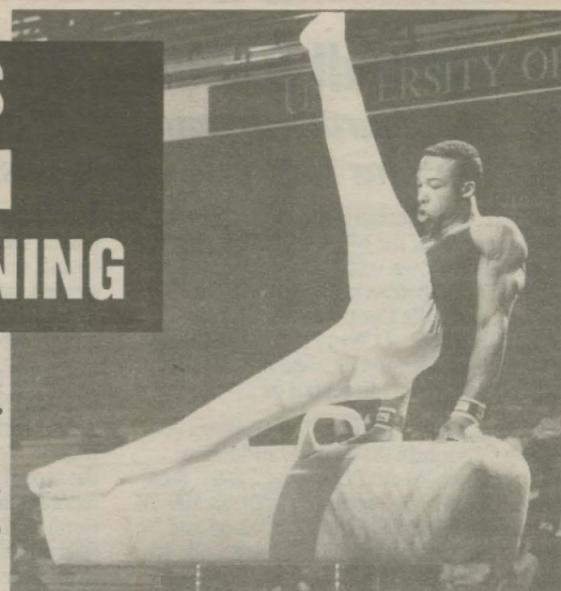
By Gary Scott

Kerry Huston, a junior gymnastics sensation from Spring, Texas, who suffered a dislocation of two spinal vertebrae when he landed on his head while doing a dismount from the parallel bars last month, is "regain[ing] his strength daily" according to veteran head gymnastics coach Fred Roethlisberger.

Huston suffered the injury while competing in the Winter Cup Challenge in Colorado Springs, Colorado early in February. The dislocation, which occurred between the fifth and sixth cervical vertebrae, has gotten much better. In fact, 96 hours after the injury, Huston was taken off the critical list and upgraded to good condition when he began to sit up, move his legs and get out of bed. He has continued to receive therapy at the Texas Institute for Rehabilitation and Research and shows steady progress. Dr. R. Edward Carter, TIRR Director of the spinal cord injury program, calls Huston's recovery "incredible." He says Kerry is making progress quicker than they can write it down. He has progressed from leaning on parallel bars to a walker to crutches to a cane to standing on his own in a few short weeks. Carter places Kerry's recovery in the upper 2 percent of spinal cord injuries.

Huston is considered one of the top collegiate gymnasts in the country and placed eighth in last summer's USA Championships. He was participating in the Winter Cup after recovering from a hand injury suffered in January. Roethlisberger said Huston had his eyes set on making the U.S. Olympic Team in 1996 and "would have had an excellent shot at it."

Roethlisberger said Huston looked fine during practice sessions before the fall and his dismount, a double backflip, was nothing out of the ordinary. It was something he had done



Kerry Huston

before on many occasions.

Huston was one of the Gophers top point scorers last season, competing in every meet. He finished the season ranked fifth nationally on the vault with an average score of 9.46 and a season high score on vault of 9.65 in a meet against Nebraska. In addition, he also finished the season ranked 24th on the horizontal bar with an average score of 9.60 and turned in a season-high 57.35 all-around score at the Big Ten Championship. As a freshman he had quite a year finishing the season ranked 13th in the nation on the floor exercise with a 9.73 average, 7th on the vault with a 9.67 average and was named Freshman of the Year in the Big Ten.

Huston, a natural athlete, was a high school standout in diving, baseball and track. He holds the Klein High School record for the triple jump with a leap of 44 feet, 8 inches and had a career high leap of 22 feet in the long jump. He also was a star sprinter clocking a 10.68 in the 100 and 23.4 in the 200 meters.

Until the injury, Huston was considered a contender for the all-around title in the Big Ten and NCAA championships later this year.

Roethlisberger says, "I don't know what happened. I doubt if we'll ever learn just exactly what caused the accident. It's something I've never seen in my 23 years of coaching and personal participation. His attitude is very good and his strength is coming back. We're all hopeful Kerry will make a complete recovery."

**Send Kerry a note. It will cheer him up.** Your letter should be sent to: Kerry Huston, Room 518, Institute of Research and Physical Therapy, 133 Mourzund, Houston, Texas, 77030.

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K M S P - T V

## Aches & Pains



Elizabeth A. Arendt, M.D.,  
Director, University of Minnesota  
Sports Medicine Institute

**Q** I am a salesman who sits in my car for long periods of time. I am experiencing pain in my lower back. I try to exercise by walking on a treadmill. Nothing seems to help. The pain is really bad when I get out of bed in the morning. What can I do to prevent this problem? What should I be doing to help the pain go away?

**A** Being in any position for a considerable length of time can easily be a source of low back discomfort. In the normal standing position, the low back assumes a position we normally refer to as "lordosis", that is, a normal curve in your lower back. Normally in the standing position, this curve is about 30 to 50 degrees. In the seated position (without a lumbar support), this area of the spine can almost be brought to a straight line. All of the ligaments and muscles about the lower spine are designed to accompany this usual curve. When that is changed, these ligaments and muscles are stretched. Additionally, in normal standing, the intervertebral disc space between the bony vertebral bodies carries 80 to 85 percent of the load. In positions of flexion, (as in sitting), that load is borne entirely by the discs themselves. Thus, in the seated position, the disc sees even more load than when in the standing position. This has actually been confirmed in the laboratory with needles placed into the discs of volunteers. When patients have an injury to their disc, they frequently complain that sitting is most uncomfortable for them.

Prevention of and treatment for low back pain resulting from prolonged flexion of the lumbar spine (such as in a seated position) would consist of maintaining the normal low back curve as much as possible. One should try to keep the normal back curve when sitting. Commercially available cushions as well as home made pillows can be placed in the seat so as to maintain the normal curve of the low back. This has been found to reduce the wear, tear, and strain on the low back. Avoid driving for more than 2 hours at a time without stopping, getting out, and walking around for a 20 minute break.

Finally, a healthy diet and adequate sleep, in combination with a proper exercise regimen maintains the cardiovascular and musculoskeletal fitness of any patient. All of these elements promote the health of the tissues of the lumbar spine.

*NOTE: This column was prepared in consultation with Kirk B. Wood, M.D. Dr. Wood is an orthopaedic surgeon in the Department of Orthopaedic Surgery, University of Minnesota, specializing in the spine.*

If you have sports medicine related questions, please send them to:  
Aches and Pains c/o Dr. Arendt,  
SPORTSNEWS, 386 N. Wabasha Street,  
Suite 1040, St. Paul, MN 55102



## GOPHER BASEBALL GREATS WINFIELD AND MOLTOR HAVE JERSEYS RETIRED

Dave Winfield and Paul Moltior, both Gopher baseball greats, had their jerseys (Winfield, 31 and Moltior, 11) retired in ceremonies at the First Annual Minnesota Baseball Banquet held on February 2 at the Radisson Metrodome Hotel.

Winfield, who competed for Dick Siebert and the Gophers from 1971-73, led the Gophers to the Big Ten Championship and the College World Series (1973). He was a first team All-Big Ten selection for three consecutive seasons (1971-73), as well as an All-American selection by the Sporting News (1973). Winfield was named the MVP of the 1973 College World Series for his hitting and pitching performance when he led the Gophers to a third place finish.

Winfield posted a .353 career batting average with nine home runs and 38 RBIs, but it was on the mound that he made his biggest contributions. He had a 19-4 career record with 229 strikeouts, including a single-season record of 109 in 1973. His career winning percentage of .826 is still fourth-best in Golden Gopher history.

Moltior, who also competed for Siebert and the Gophers (1975-77), led his team to the Big Ten Championship and the College World Series in 1977. He was a first team All-Big Ten selection in 1976 and 1977 as well as an All-America pick in 1976. During his career he broke many single-season and career records, including the season at bats record of 186, most hits with 70, most runs with 47, most triples with six and the most total bases in a season with 113. All those single-season records were set in a 49-game season. When he left the U of M for the pros he held the following career records: runs scored (112), hits (159), RBIs (99), triples (11), home bases (18), total bases (254) and stolen bases (52).

The banquet was a combined fundraising effort between the Minnesota Twins and the Golden Gopher baseball program. All proceeds from the event went to the Williams Scholarship Fund and the Twins Community Fund.

## IT'S THE PLACE TO GO BEFORE OR AFTER THE GAME

If you want to get into the spirit of the game go to Vesicio's Italian Restaurant in Dinkytown. The atmosphere there is the way you remember how campus life used to be. Look around the room and you'll see sports fans of all ages, many in their maroon and gold sweaters. If you don't look foolish, try to listen to what they're saying at the next booth and nine times out of ten you'll hear sports talk.

The room is generally sprinkled with people from all walks of life. A few months ago, former Vice President Walter Mondale had his family birthday party there and when the Gophers played Indiana in basketball, Sid Hartman entertained Bobby Knight and about 15 others back in the corner.

There's no doubt about it. It's the place to go to get you in the "campus" mood before or after a game. By the way, the food is absolutely great. The wait staff is very knowledgeable and accommodating. If you don't believe me, just ask for Kerri Kopka. She knows the menu by heart and can carry on a good sports conversation too. Try it. You'll be glad you did. I doubt if there's another Italian restaurant like it in the Twin Cities.

## TOM BARRON DIES HE RAISED MORE THAN \$15 MILLION FOR ATHLETIC SCHOLARSHIPS

Tom Barron, director of the Williams Fund from 1976-1989, died of an apparent heart attack on February 28th at his home in Shoreview.

Barron, 71, was one of the most effective fund raisers for the Men's Athletic Department. He developed golf and tennis fund-raising events throughout the state,

holding as many as 30 each summer. He was credited with raising more than \$15 million for scholarships before he retired.



Before joining the University's Athletic Department, Barron worked for Ed Phillips and Sons Co., a Minneapolis liquor distributor and manufacturer. He was a warm and friendly person who rose through the

ranks of the company eventually becoming vice president and general manager. After he retired from the University he became director of development for Camp Confidence Learning Center in Brainerd. Barron's wife, Donna, died in 1988. He is survived by a daughter, Terri Bohm, of Storms Conn., and two sons, Daniel and Michael, both of St. Paul.

## FROM A GOPHER TO A GLOBETROTTER



The Harlem Globetrotters were in town recently and as always put on an entertaining show. One of the stars of the team is Osborne Lockhart who played for the Gophers in the late 1970s.

Lockhart, 39, was a starter on the best Gophers team in history--the 24-3 team from the 1976-77 season. His teammates were Mychal Thompson and Kevin McHale up front and Lockhart, Flip Saunders and Sugar Ray Williams on the perimeter.

Lockhart's nickname at the U of M was "The Goose." Now as a Globetrotter in his 15th year, Lockhart is called "The Wizard." He is also a player-coach this season for the Red team.

When the Globetrotters played in the Target Center, Osborne took the opportunity to build a family reunion around it. His son, Osborne Jr., a freshman at North High School, joined him. Lockhart is married and lives in Pembroke Pines, Florida.

## FOOTBALL GOPHERS LAND TOP RECRUIT FOR '94

The Golden Gopher football team just announced the signing of Chataurus (Tutu) Atwell, a wide receiver out of Miami, Florida, to a national letter of intent to play football here next season. Atwell, who may also be used in kick and punt returns chores, was targeted as the Gophers top recruit for 1994. A first team all-state selection who runs the 100-meters in 10.8, he led all receivers in the talent rich Dade County area last season with 36 receptions and 11 TD's.

The signing brings the number of recruits in Coach Jim Wacker's third recruiting class to 20. The football Gophers will open spring practice on March 29, with the annual spring game to be held April 23 at 3:00 p.m. in the Metrodome.

## JACOBSON WHO WILL PLAY FOR THE GOPHERS HITS 44; LEADS HIS TEAM TO UPSET VICTORY

Sam Jacobson of Park Cottage Grove who has signed a national letter of intent to play basketball for the Gophers next year put on a dazzling display of what Gopher fans will see when he begins wearing the Maroon and Gold.

In a 74-61 upset win over the number one rated team, St. Francis, Jacobson, the 6-5 sensation, scored 44 points, including 27 in the first half and pulled down 15 rebounds in the suburban playoff game between his number 10 rated team from the St. Paul Suburban Conference against the North Suburban champs from St. Francis.

From his winning the opening tip to the slashing drive for a layup that opened the scoring to his tremendous slam dunk, Jacobson provided a thrill a second to the more than 5,500 people packed in the new Sports Pavilion on the U of M campus.

Jacobson, who averages almost 32 points per game, scored most of Park's points in the first half, scoring 21 of their 28 before intermission.

Each time Jacobson got his hands on the ball, it was anyone's guess what he might do with it. Fans were yelling for him to dunk it and slam it and shoot from the three. He scored off baseline-to-baseline drives, spinning jumpers from the lane, reverse layups and even a pair of one-handed double-pump shots while in the air.

Jacobson was 18 of 32 from the field and hit three-three pointers. He also had four assists and three blocks on defense.

It will be exciting to watch him next year. I can hardly wait.

## DANCE TEAM & CHEERLEADERS COMPETE IN NATIONAL COMPETITION FIRST TIME IN SCHOOL HISTORY

For the first time in school history, the University of Minnesota Dance Team and Football/Men's Basketball Cheerleading squad will compete at the ESPN National College Championships to be held at Sea World in San Diego, California on April 7-11.

A total of fifteen teams were selected from across the country for the dance competition, while twenty teams were chosen in the cheerleading competition.



Gopher Head Spirit Group Coach Gwen Schneider said, "This has been a goal for the program ever since I became coach in 1991. This is the equivalent to the NCAA Championships for us. Our kids have worked very hard for this honor and we look forward to the opportunity to represent the University of Minnesota at the national championships in April."

## HASKINS SIGNS 10-YEAR CONTRACT

Clem Haskins has signed a new 10-year contract as the head varsity men's basketball coach. The contract start date goes back to July 1, 1992 making this season the second year of the 10-year contract.

Under the new agreement, Haskins' annual base salary of \$115,500 has not been in-

creased. He is entitled, however, to an increase in base salary equal to the average percentage increase in compensation for the University's faculty.

The agreement includes an incentive for Haskins to remain at the U of M. He has agreed to pay the University three times his base salary if he should leave before June 30, 1995, two times his base salary if he quits between July 1, 1995 and June 30, 1996 and his base salary if he quits between July 1, 1996 and June 30, 1997. He would not be obligated to pay the University such liquidated damages if he quits after July 1, 1997.

"We are extremely pleased to reach this agreement," said Director of Men's Athletics Dr. McKinley Boston. "Rollover contracts are not in the best interest of the University or the coach. Stability is an important element of maintaining a successful program. Clem took over our program under very difficult circumstances eight years ago, and besides being successful on the court, the Golden Gophers are now a great source of pride to, not only the University of Minnesota, but the entire state of Minnesota."

"I am excited that we have been able to reach a mutually beneficial resolution," said Coach Haskins. "It was a rocky road that we overcame our first two years here, but we now have one of the better programs in the country and I'm looking forward to building upon that success in the years ahead. I am committed to this program, the University and the great state of Minnesota."

Haskins took over the basketball program on April 2, 1986 and after two rebuilding seasons, coached the Gophers to the Sweet 16 and Final Eight of the NCAA Tournament in 1989 and 1990 respectively. He led the Gophers to the 1993 NIT title and has directed the program into post-season play in four of the past five seasons.

## LOU HUDSON'S JERSEY RETIRED

Lou Hudson was one of the greatest basketball players ever to wear the Maroon and Gold of Minnesota. He was an All-American and first team All-Big Ten selection in 1965 when he led the Golden Gophers to a second-place finish in the Big Ten. Hudson was remarkable. Leading the Gophers to the Big Ten title his senior season (1965-66), Hudson played with a cast and learned how to shoot with his left hand. Although he played most of the season with the cast he still averaged 19.0 points and 7.5 rebounds per game. This followed an exceptional junior season in which he averaged 24.8 points and 10.7 rebounds per game. Hudson finished his Gopher career with 1,329 points placing him 12th on the all-time Golden Gopher scoring chart.

A 1966 NBA first round (fourth overall) draft pick of St. Louis, Hudson went on to star with the Hawks and the Lakers, becoming a six-time all-star in his seven years in the league. He amassed 17,980 points and finished 12th on the NBA's all-time scoring list upon retirement.

Hudson, who was honored during halftime of the season's finale against Iowa on March 5 at Williams Arena by having his number 14 jersey retired said, "It's a great honor for me to have the University of Minnesota think of me in this way, even now after all these years. I have always had strong ties to Minnesota, and having my jersey retired is something very special, something not many athletes can say happened to them."

Coach Clem Haskins said Hudson "exemplifies what Golden Gopher basketball is all about. His style of play, his hustle, determination and competitive nature both on and off the court are what we like to preach to our young people when they come into our program. Lou was an excellent ballplayer and very deserving of this honor."

Director of Men's Athletics at the University, Dr. McKinley Boston said, "This is an honor that we bestow on only a select few players. Lou is richly deserving of this honor. He was an outstanding player who showed great gift and character while wearing the Maroon and Gold."

Hudson becomes the fourth men's player to have his number retired, joining Mychal Thompson (43), Jim Brewer (52) and Kevin McHale (44).

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# SPORTSNEWS



MAY/JUNE, 1994 34,000 CIRCULATION VOLUME 5/NUMBER 7

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## Swimmers And Divers Place 7th At NCAA

### 1 Gophers Named All-Americans

Rudy Martinez  
ennis Dale's Gopher swimming team, rated as one of the best in the nation, racked up 193 points in the three-day CAA Swimming and Diving Championship to take a seventh place, their highest place finish since 1992.



On the final night of competition, sophomore Bernie Zeruhn (Hamburg, Germany) and senior Can Ergenekan (Beaverton, Ore.) finished eighth and ninth respectively in the 200 butterfly. Junior Paul Domer (Eau Claire, Wisc.) finished ninth and Nelsen placed 12th in the 200 breaststroke. Bogart, the defending NCAA champ on the 10-meter platform, finished ninth this year, while the 400 freestyle relay (2:55.88) team brought home a ninth-place finish.

Paul Nelsen

Senior Paul Nelsen (Lincoln, Neb.) was the Gophers' top finisher placing second in the 200 individual medley (45:33). Nelsen was just inches behind winner Greg Burgess (Florida) who is the American record holder in that event. Sophomore J. Bogart (Tucson, Ariz.) finished sixth in the 10-meter diving event with a score of 542.50. Minnesota's 800 free relay (6:29.42) team finished tied for eighth, while the 200 medley relay (1:29.17) team finished ninth.

Matt Brown

Five Gophers were named All-Americans: Nelsen (200 individual medley, 100 breaststroke, 800 free relay), Zeruhn (200 butterfly, 800 free relay) Ergenekan (800 free relay), Matt Brown (Beaverton, Ore.) 800 free relay, and Bogart (one meter diving).

Six Gophers received honorable mention All-American recognition: Eric Jorgensen (Rochester, Minn.), Matt Schlessman (Avon, Ohio), Derek Williams (Landsdale, Pa.), Scott Walker (Landsdale, Pa.), Duane Dobko (Ajax, Ontario, Canada) and Paul Domer.

## Tennis Team Is Among Nation's Most Successful

### Gophers Win 4th Big Ten Crown Since '89 Team Ranked 26th In Country With 36 Straight Wins



Erik Donley

The Golden Gopher tennis team, ranked No. 33 in the country, defeated Ohio State 6-1 to finish undefeated in the Big Ten for the third consecutive year.

The Gophers extended their Big Ten dual match streak to 36, covering a four-year period. The Gopher tennis program has been one of the most successful tennis programs at a Division 1 school anywhere in America.

Going back to the years when Jerry Noyce was at the helm, the Gophers have continually done well. Now in the era of Coach David Geatz, the

Gophers' fortunes are continuing to soar. Geatz has guided Minnesota to three Big Ten Championships, and a second and fifth place finish in the past five seasons, including an NCAA tournament berth in his first season (1989). He led the Gophers to its third-highest national ranking (1992) when the team ended the season ranked 18th. They are 18-4 overall and 9-0 in the Big Ten. Under Geatz, the Gophers have compiled a 110-35 record to this date.

Geatz says his team's philosophy is to set goals at the start of the season and achieve each of them as the season progresses. "Our goals every season are to be one of the top 20 teams in the country, to have a team GPA over 3.0, to win the Big Ten Championship and to make it to the NCAA Championships," Geatz said.

Geatz gives a lot of credit for the team's success this year to Erik Donley, Ross Loel and Paul Pridmore who all competed on the Big Ten Championship team a year ago. All-American doubles player Adam Krafft, who was redshirted last season because of an elbow injury and newcomers Matt Gabler, Tim George, Eric Morton, Ben Gabler and Lars Hjarrand.

A look at the season: Pridmore was impressive with his single's victory of 6-3, 6-0

Continued on page 5

## 22 Named Academic All-conference Swimmers And Divers Lead With 15

A total of 22 University of Minnesota men's winter sports athletes have been awarded 1993-94 academic all-Big Ten Conference honors. The total includes 15 members of the swimming and diving team, three members of the gymnastics team and two members of both the basketball and wrestling teams. To be eligible for academic all-Big Ten honors, an athlete must be in his second academic year, a letterwinner in good standing on his team and carry at least a career B average (3.00 GPA).

Name	Yr.	GPA	Major	Hometown
<b>SWIMMING and DIVING</b>				
Alan Boelk	Jr.	3.33	Kinesiology	Embarass, Minn.
Paul Domer	Jr.	3.14	Child Psychology	Eau Claire, Wisc.
Can Ergenekan	Sr.	3.07	Biochemistry	Aloha, Ore.
Chad Erpelding	Jr.	3.13	Speech	Minnetonka, Minn.
Eric Haseman	Sr.	3.27	Mechanical Eng.	Eagan, Minn.
Darren Heydaneck	Jr.	3.81	Journalism	Hawthorn Woods, Ill.
Michael Hinchcliffe	Sr.	3.30	Management	Elm Grove, Wisc.
Andrew Kurtz	Sr.	3.38	Mechanical Eng.	Coon Rapids, Minn.
Paul Lillehei	Jr.	3.55	Chemical Eng.	Apple Valley, Minn.
Brian Morrison	So.	3.19	Chemical Eng.	Eagan, Minn.
Michael Schoknecht	Jr.	3.41	Electrical Eng.	Jackson, Miss.
Michael Sime	Sr.	3.39	Pre-Vet. Med.	Roseville, Minn.
Kenji Sucloh	So.	3.25	Chemistry	Maplewood, Minn.
Scott Walker	Jr.	3.10	Management	Landsdale, Pa.
Bernad Zeruhn	So.	4.00	Pre-Business	Hamburg, Germany
<b>GYMNASTICS</b>				
Burton Haun	Sr.	3.53	Amer. Indian Studies and English	Springfield, Mo.
Chad Skidmore	So.	3.54	Undecided	Chicago, Ill.
Brian Yee	Jr.	3.08	Psychology	Houston, Texas
<b>BASKETBALL</b>				
David Grim	So.	3.07	Bus. Administration	Massillon, Ohio
Ernest Nzigamasabo	Sr.	3.00	Economics and French	Bujumbara, Burundi-Africa
<b>WRESTLING</b>				
Brandon Paulson	Fr.	3.43	Management	Anoka, Minn.
Jeffrey Thompson	So.	3.01	Kinesiology	Great Falls, Mont.

## MINNESOTA RANKS 10TH IN NATIONAL RANKING

### Big Ten Conference Leads The Way With 4 Schools In The Top 10 Dr. Boston Says Ranking Shows U Of M Has Broad Based Program

The University of Minnesota was ranked tenth in the recently released Sears Directors' Cup collegiate all-sports winter competition and the Big Ten Conference led the way with four schools in the top 10.

The Sears Directors' Cup is a multi-sport national championship designed by the National Association of Collegiate Directors of Athletics and gives men's and women's sports equal weight.

Michigan was ranked number one (of the top 25) by scoring points in seven sports followed by Penn State, North Carolina, Wisconsin, Stanford, Tennessee, Texas, UCLA, Nebraska and Minnesota. The 25th team was Brigham Young.

To determine the champion, points are awarded based on each school's finish in 22 sports--10 core sports for men (basketball, cross country, tennis, baseball, golf, indoor/outdoor track and field, softball, soccer, swimming and wrestling)--and for women (basketball, cross country, tennis, volleyball, indoor/outdoor track and field, soft-



Dr. McKinley Boston

ball, swimming, golf, soccer and field hockey), plus the school's highest finish in one men's and one women's wild-card, non-core sport. The overall all-sports winner--to be determined at the conclusion of the spring sports championships--will receive the Sears Directors' Cup Trophy, designed by Waterford Crystal.

Dr. Boston said, "One of the things that results like this demonstrate is that you have a quality program from top to bottom. I am extremely pleased and very proud of the accomplishment of our teams to this point in the school year. That's one of the goals of the University of Minnesota. We're not like some schools that only concentrate on one major sport and put all of their resources into that one sport. We at the University of Minnesota are committed to a successful broad based program and this shows it."

**SPORTSNEWS is made possible in part through the encouragement and support of Holiday Station Stores.**

# Gophers Rebound After Worst Start In 47 Years They're Now Called The Comeback Kids

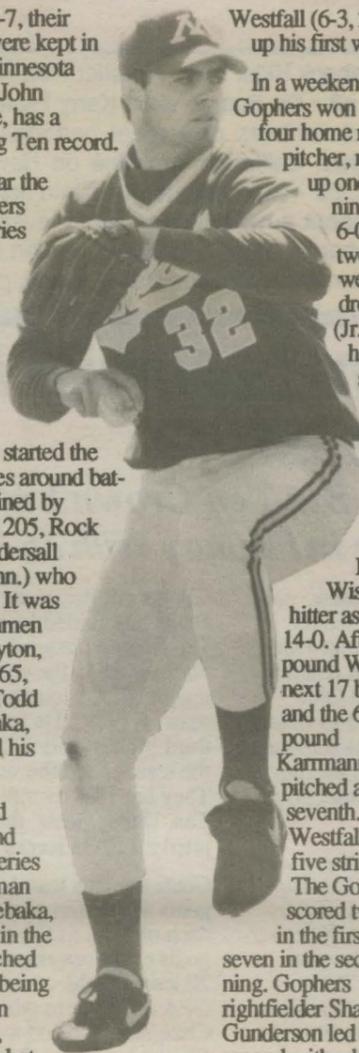
By Anthony Kraft

After starting the season 0-7, their worst start since records were kept in 1947, the University of Minnesota baseball team coached by John Anderson, as of press time, has a 25-13 overall and 11-3 Big Ten record.

The turn-around began near the end of March as the Gophers completed a two-game series with Southwest Missouri State and scored a season high 22 runs as they won 22-12. It was quite a hitting display. Junior All-America candidate Darren Grass (6-2, 210, St. Paul, Minn.) hit a three-run home run which started the Gophers off in a three times around batting cycle. He then was joined by juniors Tony Bender (6-3, 205, Rock Island, Ill.) and Mark Vandersall (5-10, 180, Plymouth, Minn.) who each hit three-run homers. It was also a good game for freshmen Ryan Beers (6-2, 215, Slayton, Minn.), Steve Huls (6-0, 165, Cold Spring, Minn.) and Todd Wirth (6-0, 175, Minnetonka, Minn.) who each collected his first collegiate hit.

The Gophers next defeated Iowa State at home, 7-3 and then swept a three-game series from Kansas State. Freshman Ryan Tuorila (6-3, 215, Sebeka, Minn.) made his first start in the Iowa State game as he pitched four no-hit innings before being relieved by Justin Pederson (6-1, 165, Chippewa Falls, Wisc.) who struck out two batters with the bases loaded in the fifth inning.

The Gophers defeated Kansas State twice with identical scores of 10-4. The star of those games was senior second baseman Mark Merila (5-9, 175, Plymouth, Minn.) who went 6-for-9 with five RBI. In that same game against KS, sophomore pitcher Joe



Joe Westfall

Westfall (6-3, 205, Marathon, Wisc.) chalked up his first win of the season.

In a weekend series against Illinois, the Gophers won their season opener 12-8 on a four home run performance. The winning pitcher, righthander Ryan Tuorila, gave up one run on three hits in 3 2/3 innings. Shane Gunderson (Soph., 6-0, 210, Fairbault, Minn.) who hit two homers in the second game went 3 for 4, scored twice and drove in six runs. Shane McCarthy (Jr., 6-2, 195, Billings, Mont.) also had three hits in four at-bats and scored three runs. Merila also hit a home run in that second game against Illinois.

In the final game of the weekend series, righthander Joe Westfall (Soph., Marathon, Wisc.) and lefthander Jason Karmann (Sr., Platteville, Wisc.) combined to pitch a one-hitter as the Gophers trounced Illinois 14-0. After a one-out walk, the 6-3, 205 pound Westfall then retired 16 of the next 17 batters and the 6-2, 195 pound Karmann pitched a perfect seventh.

Westfall had five strikeouts. The Gophers scored two runs in the first and seven in the second inning. Gophers rightfielder Shane Gunderson led off the second with a home run and first baseman Shane McCarthy added a three-run double later in the inning. McCarthy and center fielder Wes Denning (5-11, 175, Jr., St. Paul, Minn.) each had three hits.

The Gophers continued their hot play with 3 of 4 wins over Iowa in weekend doubleheaders. They won the first series 6-1, 10-1 and split a pair the next day with a 4-2 loss and a 4-1 win.



Ryan Tuorila

Joe Westfall continued to build on the strong start he had against Illinois by following it up with a 4-1 win over Iowa in which he went 5 1/3 innings, allowing only one run on three hits, while striking out six. Westfall had a string of 15 1/3 consecutive scoreless innings

snapped when Iowa scored a run in the top of the sixth inning.

Game two was an even contest with both teams going scoreless until the Gophers' Mark Vandersall doubled down the left field line in the fourth inning scoring Bob Keeney and Gunderson. The Gophers extended their lead to 4-0 in the fifth on Keeney's double to right that scored Denning. Outfielder Charlie Nelson followed with an RBI single to right that scored Keeney.

As we go to press, the Gophers defeated host Purdue 15-4 and 7-5 with Jim Brower pitching

an eight-hitter. Mark Mobilia was 2-for-4 with 3 RBI and Charlie Nelson was 3-for-5 with 2 RBI. Mark Vandersall and Bob Keeney also drove in two runs each. Mobilia and Vandersall hit home runs. In the second game of the doubleheader, the Gophers trailing 5-4, won with Shane Gunderson's three-run homer in the sixth inning. Wes Denning went 2-for-4 and Shane McCarthy hit a two-run home run.

Head Coach  
John Anderson

Shane Gunderson

Justin Pederson was the starting pitcher for Minnesota and went 4 1/3 innings. Brad Mensink got the win with his 1 2/3 innings of relief.

Brad Kearin retired three straight batters in the seventh inning to get his fourth save of the season.

The Gophers split a doubleheader against Michigan State with Minnesota winning the first game 10-0 as Jim Brower (5-1) gave up seven hits in 6 2/3 innings and shortstop Bill Mobilia went 3-for-4.

Mark Merila, Darren Grass, Bryan Guse and Tony Bender all had two hits and Wes Denning and Merila each had three RBI. Minnesota scored in every inning except the fourth.

In the second game of the doubleheader, the Gophers lost in the bottom of the seventh inning with a home run by Scott Ayotte, giving reliever Brad Kearin his first collegiate loss in nine decisions.

The season is developing into what could be the year they call the Anderson coached Gophers, "The Comeback Kids." Last year the Gophers won a record 43 games and played 37 games at home.

## Letters



### DON'T TOUCH SWIMMING

Some Division 1 schools across the country have dropped competitive swimming. I hope we never have to do that here in Minnesota, it would be devastating to a great sport. I continue to hear the reason they have dropped swimming in schools such as Illinois, UCLA, Arkansas and Clemson is because of gender equity. It just doesn't make sense to include football in the gender-equity formula and that's what's causing this problem. It's time to take a serious look at this whole issue of gender equity before more damage is done to sports such as swimming.

Gus Schliesman  
Duluth, Minn.

### OLD GOPHER WITH YOUTHFUL ENTHUSIASM SAYS THANKS

In your article about me in "An Old Gopher with Youthful Enthusiasm" you not only related the details of my life so perfectly but in addition was lavish in your praise of my personality. I am sending copies to friends in Milwaukee and Appleton, Wisconsin suggesting they may want to discount your compliments about my personality but learn more about my life. Again my thanks for a wonderful article and keep up the good work of promoting the Gophers.

Al Johnson  
Edina, Minnesota

(Ed. note: Len Levine wrote the story about Al Johnson which appeared in the March issue of SPORTSNEWS. Johnson, who turned 93 last January, was a star sprinter on the 1921, '22, '23 and '24 Gopher track teams. He established a U of M varsity school record

in the 440 yard dash and finished third twice in the 440 yard Big Ten Championships.)

### WRESTLERS ARE DESERVING OF RECOGNITION

I appreciate the space you have given to the Minnesota wrestling program. They certainly are deserving of recognition. In a period of just eight days, Minnesota defeated Iowa, the second ranked team in the nation, Nebraska, ranked sixth, and the top team, Oklahoma State. No other Minnesota team has done so well in such a short period of time. Congratulations to Coach J Robinson and his wrestlers. It's too bad the local papers don't write more than just a few lines about this sport.

Danny Segal  
St. Louis Park

### STORY ON CONNELL LEWIS WAS INSPIRING

The story by Len Levine on Connell Lewis was very inspiring. I remember the way he played and how he always conducted himself. It's no surprise that he now is preparing to be a minister. I also think it is important to point out that Lewis gives credit to God and his coach Clem Haskins for the direction his life has gone. Connell is a real leader and well suited to look after people.

Andrew Jackson  
Minneapolis

(Ed. note: The story, about basketball stand-out Connell Lewis, appeared in the March issue of SPORTSNEWS.)

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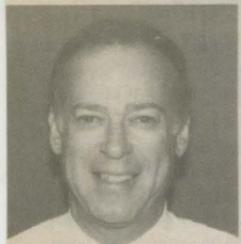
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## Where Are They Now?



By Len Levine

### Ron Ankeny Credits Wrestling For Giving Direction To His Life

*As A Gopher Captain In 1967, He Defeated 4 National Champs*

*Today His Firm (AKRW) Is Considered Among The Leading Architectural Firms In Minnesota*

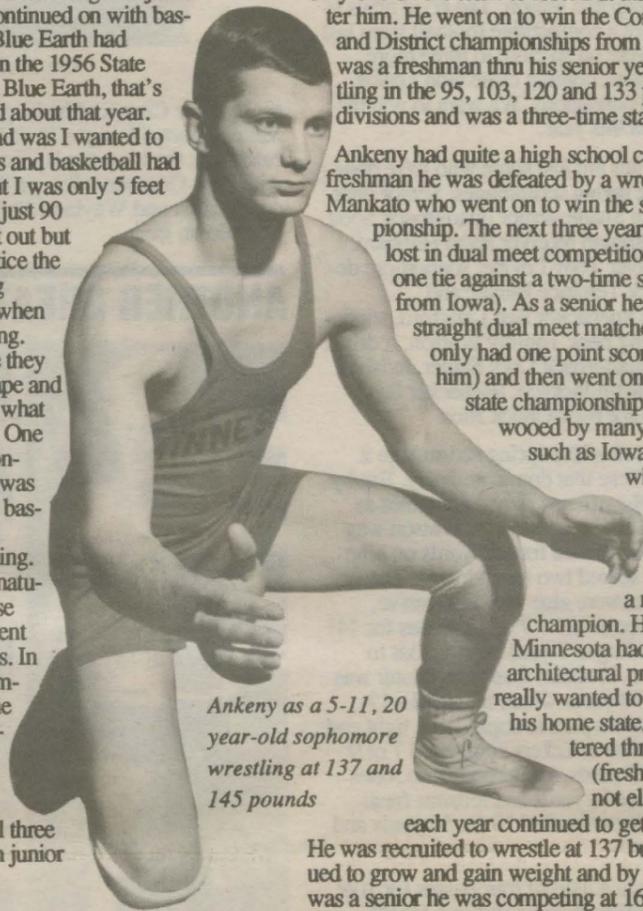
Ever wonder what motivates a young boy to become a wrestler? In Minnesota it's always been easy to figure out the reasons why kids play basketball: There's a gym on just about every block and every kid learns to bounce a ball from about the time he's old enough to walk. Hockey in Minnesota is like second nature. It gets cold, water freezes and there's a rink almost everywhere you look. And, ever since Wendy Anderson was Governor, we now have indoor hockey arenas all across the state. Football is America's big spectator sport and kids get to watch their heroes on television every week. Playing baseball is like walking, it's part of life. Every American boy has held a bat in his hand from about the time he was old enough to walk. So where does wrestling come in? I asked Ron Ankeny. You might know the name. If not from his wrestling days in Blue Earth, Minnesota and the U of M, then from his association today as a partner in one of Minnesota's fastest growing and most successful architectural firms.

Ankeny was born in Los Angeles during WW II. His parents, Robert (he died March 21 at age 80) and June, both originally from Blue Earth, (36 miles south of Mankato and 9 miles from the Iowa border), were working at Lockheed Aircraft where his father drove a truck and mother was a riveter.

When the War ended, the Ankenys moved back to Blue Earth and started a construction company. Young Ron, the second oldest of eight children, went to St. Peter and Paul Catholic Grade School and then to Blue Earth Jr./Sr. High School.

Ankeny says he did "what most kids did in Blue Earth" and that was to get involved in

sports at an early age. By the time he was in the 6th grade he was playing in the school's basketball program. When he got to junior high school he continued on with basketball because Blue Earth had finished second in the 1956 State Tournament. "In Blue Earth, that's all any one talked about that year. The problem I had was I wanted to compete in sports and basketball had a lot of appeal but I was only 5 feet tall and weighed just 90 pounds. I stuck it out but couldn't help notice the wrestlers running around the gym when we were practicing. They looked like they were in good shape and seemed to enjoy what they were doing. One day a wrestler convinced me that I was too small to play basketball and that I should try wrestling. He said it was a natural for me because there were different weight categories. In addition, I was impressed with Blue Earth's outstanding wrestling program (they won the state championship all three years Ron was in junior high school)."



Ankeny as a 5-11, 20 year-old sophomore wrestling at 137 and 145 pounds

Ankeny then went to see some high school wrestling matches and says he liked what he saw. "You had to be tough and no one but you could do it," he says. He made the right decision. His first year on the jr. high team he wrestled undefeated. The following year he was moved up to the "B" Squad and near the end of the season he got in a few matches on the "A" Squad.

In his first match on the "A" squad, (he wrestled at 95 pounds) he was pinned and was the only one on the team to lose. But that didn't deter him. He went on to win the Conference and District championships from the time he was a freshman thru his senior year, wrestling in the 95, 103, 120 and 133 pound divisions and was a three-time state champ.

Ankeny had quite a high school career. As a freshman he was defeated by a wrestler from Mankato who went on to win the state championship. The next three years he never lost in dual meet competition (he had one tie against a two-time state champ from Iowa). As a senior he won 16 straight dual meet matches (and only had one point scored against him) and then went on to win the state championship. He was wooed by many schools, such as Iowa State where his high school coach had wrestled as a national champion. He felt Minnesota had a better architectural program and really wanted to wrestle for his home state. He lettered three years (freshmen were not eligible) and each year continued to get stronger.

He was recruited to wrestle at 137 but continued to grow and gain weight and by the time he was a senior he was competing at 160 and 167. His sophomore year he was third in the Big Ten. The following year was marked by disappointment. Ron had been beating out Lee Gross, a teammate who was a 2-time Big Ten Champ, in the 152 weight division. In fact, he beat him twice in tryouts for the Big Ten Tournament. But at the end of the season, Coach Wally Johnson, could only take one person in each weight class, and Ankeny was left at home. Gross went on to take a second place. Johnson had planned to take both Ankeny and Gross to the NCAA Tournament that same year but a paralyzing snow storm caused the trip for the entire team to be cancelled.

As a senior, Ankeny was the Gophers' captain and had a 19-4 record. He was rated third in the nation and was seeded number one in the Big Ten but lost to a wrestler he had beaten two weeks earlier, finishing fourth in the Big Ten at 152. That same year he pinned Wayne Wells from Oklahoma State who was rated number one in the country and was the Big Eight Champ at 152. Wells went on to finish 2nd in the NCAA and won a Gold Medal in the Munich Olympics. Also that senior year, Ankeny wrestled in the NCAA and lost in the third round to Jim Tannehill from Winona State who went on to wrestle several years on both U.S. National and Olympic teams. Ankeny lists to his credit wins over four wrestlers who eventually went on to win national championships.

After his eligibility was over, Ankeny served as an assistant coach at the U of M and then head coach at North Hennepin Jr. College the following year. He graduated in the fall of 1969 (he was in a six-year program) and travelled to Paris, France where he worked the next two years for the internationally known architectural firm of Marcel Breuer. From 1972-1974 he worked in Minneapolis for another well known architect, Ralph Rapson. In 1975 he worked for local architect Bob Cerny and the following year he started his own firm, Ron Ankeny & Associates Architects (he was the only architect) which today has grown into one of the most respected architectural firms in Minnesota (Ankeny, Kell, Richter, Walsh) specializing in recreation, retail, educational and commercial building types. Projects they have done include the award winning \$8 million Chaska Community Center, a 100,000 square foot facility which has been noted as probably the largest community center in the Midwest, the



Ron Ankeny -1994

\$14 million, 140,000 square foot University Center in Rochester, Minnesota and the \$24 million Court International project in St. Paul.

Dan Brennan, director of facilities for the State Community College system and recognized as one of the leading facilities-planning engineers in the Midwest, says AKRW "performed miracles" by not only bringing three large institutional powers to agree on a design and construction plan for the University Center, but served as the project architect handling all of the day-to-day decisions. Brennan adds, "They were able to make decisions that really helped expedite the project while staying within the budget. It was a big and difficult project and they played a key role in it."

AKRW is also involved in many projects currently underway such as the \$10 million Maplewood Community Center, and Ronald M. Hubbs Lifelong Literacy Center for the St. Paul Public Schools, the first of its kind in the nation designed from the ground up specifically to address the needs of adults and utilizing state-of-the-art computer technology which is integrated with the concept of individualized learning.

Ankeny says the AKRW firm is unique because they not only serve as the designer but also have been the developer and owner of over ten real estate projects such as the conversion of St. Paul's 1884 Baker School into office/commercial space, Fire Station 14, a once vacant St. Paul fire station which now is an office building with a dance studio, the Old City Hall in Waconia which was originally built in 1905 and now changed into a 13-unit apartment building for the elderly, and the Johnston Hall medical-office building in Fairbault which AKRW restored to its original 1888 Romanesque and Gothic facade, while completely gutting and updating the interior.

Ankeny says, "I've had a great career thus far. It seems as if each day brings new opportunities. I really enjoy the challenge of being in on the ground floor of a project and then being involved in the creative part of its design. Add to that our development activity and you can see how exciting this career has been. It's been hard work getting to this point but I've enjoyed every day of it. I have to give a lot of credit to my participation in wrestling at the University of Minnesota. It gave me the competitive edge and discipline that has helped me in my business and professional career. It also gave me many lifelong personal relationships with my teammates."

Included in his outside activities, Ankeny lists his involvement as a member of the University of Minnesota "M" Club Board of Directors, Board Member of NuSports, Inc., and a member of the City of St. Paul's Property Code Enforcement Board of Appeals. He says, "in what ever spare time I have, I also try to squeeze in some fly fishing."

Ankeny and his wife Nancy (who were married when Ron was a senior at the University) are the parents of two children: Jeff, 26, currently employed at AKRW and Nicole, a senior at Syracuse University in New York studying international law. Nancy, a licensed psychologist in private practice, is currently in the middle of a four year course to get a doctorate degree at St. Thomas University in Psychology.

*Len Levine earned three varsity letters as a member of the Gopher track team and established several records, one of which (the 60-yard dash) stood for 17 years. He was the silver medal winner in the 1960 Big Ten 300-yard dash championship. Levine was President of the "M" Club in 1989.*

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## PREDICTION: FOOTBALL TEAM WILL PROVIDE UNFORGETTABLE SEASON



**Gophers Continue Their Climb To The Top**  
**Wacker Says, "Outlook Is Brighter Than California Sunshine On New Year's Day"**

Jim Wacker  
Head Football  
Coach

By Greg Jackson

After three spring practices which are described below, the Gopher football team looked impressive in the annual spring game played before a crowd of 10,000 fans. Mike Chalberg kicked a 52 yard field goal in the third quarter and a 39-yarder 41 seconds into the final quarter to put Big Ten teams on notice that he's ready this season. Rodney Heath, a sophomore from Cincinnati, intercepted two passes and returned a punt 31 yards, he also batted down a pass at the goal line, preventing a touchdown. He will be one of the best cover men the Gophers have had in many years. Defensive linemen Lamanzer Williams, Jerome Davis, Raymond Baylor and Kevin Holmes had big days as did linebackers Todd Wolkow and Dan LiSanti who each had 10 tackles. Quarterbacks Scott Eckers and Tim Schade each threw for more than 100 yards and looked ready for action this fall. With 40 returning letterwinners, including 24 starters, the Gophers fortunes should improve significantly over last year. Coach Jim Wacker, in a letter to football season ticket holders, said, "The outlook is brighter than California sunshine on New Year's Day." Read Wacker's complete comments in the "Tales" Column on page seven.

In Coach Wacker's first season as head coach in 1992, the Gophers finished 2-9 overall and 2-6 (10th) in the Big Ten. In 1993, Wacker's players demonstrated their new spirit and commitment as they improved to 4-7 overall and 3-5 (tied for eighth) in the league. That included a smashing win 28-21 over Rose Bowl



A part of the 10,000 fans that watched Jim Wacker's Gophers play in the annual spring game.

champ Wisconsin before a full metro dome. In fact, a 7-4 mark and a possible bowl bid just eluded the Gophers as they lost three games by five points or less last fall.

Wacker said, "This is the third year in our program and we do feel that we are making steady improvement. We feel that we'll have better overall speed and quickness throughout our lineup this season. The good news is that we were a competitive football team last year. We were oh so close to three more wins. But now, coming close won't cut it. Winning is contagious. We want to win the close games this year."

These athletes are just some who have done well during spring scrimmages: Senior quarterback Tim Shade, senior quarterback Scott Eckers, freshman receiver Ryan Hubbard, junior receiver Tony Levine, sophomore defensive back Terrance Blayne and sophomore linebacker Ben Langford, sophomore running back Tommy Watson, redshirt freshman quarterback Cory Sauter, redshirt freshman Javon Jackson, linebacker Ryan Lee and senior back Chuck Rios.

The first week of the spring scrimmage it was the defense that dominated play. But by week two, the offense turned the tables as they scored nine touchdowns. Watson was brilliant as he rushed for 55 yards on nine carries and scored two touchdowns. The quarterbacks were also very impressive, Shade connected on 7 of 12 passes for 141 yards, including a 7-yard scoring toss to Tony Levine. Redshirt freshman Sauter was 7 of 11 for 98 yards which included a 19-yard touchdown pass to sophomore tight end Paul Kratochovil. Eckers completed 7 of 9 passes for 92 yards, sophomore Rob Jones was 5 of 9 for 76 yards and redshirt freshman Dan Moore hit 5 of 10 for 50 yards and a touchdown.

Levine caught a total of four passes for 106 yards while Woodson hauled in 5 for 90 yards. Lee put the defense on the scoreboard when he intercepted a pass and rambled 75 yards for a touchdown.

The final spring scrimmage found some great performances from quarterbacks Sauter and Moore who went 25 for 37 for 322 yards and five touchdowns combined. Sauter was 15 for 20 with three TDs, while Moore was 10 for 17 with two TDs.

The first two scrimmages found the defense and offense dominating play on alternate Saturdays. The final scrimmage was marked by strong play on both sides of the ball. The defense controlled the scrimmage early, but the offense turned it up late in the day.

Adrian Crawford and Johnny Woodson led the receiving corps with six catches



Chuck Rios

each, while Crawford had a pair of TDs. Mike "Shorty" Long's 70 yard touchdown catch was the longest play from scrimmage, with Lew Garrison adding a 40 yard touchdown catch and Wayland Crowder a 34 yard touchdown grab.

Tommy Watson led all rushers with 44 yards in 14 carries, capped off by a nine yard touchdown run. Derrick Harvey and Eric Harmon each had 36 yards rushing on nine and 10 carries respectively. Javon Jackson added 33 yards rushing on nine carries. Mike Chalberg and Omar Salas were both impressive in the field goal category with Chalberg connecting on a 50 yarder (and a 44 yard kick) and Salas on a 30 yard boot.

Wacker said the offensive line has been showing terrific improvement. He was particularly happy with the offense the past few weeks, he said. "They provided tremendous protection for our quarterbacks and we also established our running game. When our running game is going well, our offense can be very explosive. As a team overall, we just need to keep improving and getting better every day." Get the inside look at the Gophers from their play in the annual spring game in the next issue of SPORTSNEWS.

## ANOTHER GREAT YEAR FOR GOPHER TRACKMEN



Mark Narveson



Curt Kotsonas



Adrian Ellis

Senior Matt Burns (Cedar Rapids, Iowa) placed third in the high jump with a leap of 6-10 3/4 and fellow senior Mark Narveson (Mankato, Minn.) finished fifth in the same meet in the 1500 with a clocking of 3:49.49.

Senior Curt Kotsonas (Chanhasen, Minn.) in the 10,000 meter run and junior Adrian Ellis (Racine, Wis.) in the triple jump led the Gophers in the first major track competition of the spring season at the Alabama Relays in Tuscaloosa, Alabama. Kotsonas took first in the 10,000 with an outstanding early season time of 30:25.53 and junior Mark Gonzales (LaHabra, Calif.) finished third in 31:07.21. Ellis placed second in the triple jump with a personal-best and NCAA provisional qualifying leap of 51-9 1/4.

In the decathlon competition, redshirt freshman Seth Mischke (Worland, Wyo.) finished fourth overall with 6,386. His 16-4 3/4 in the pole vault was a personal-best record and was the beginning of what appears to be a great track and field career.

In the Gophers next competition at the Texas Relays in Austin, Texas, the Gophers fielded ten athletes with junior Chris Brinkworth of Bloomington leading the team as he became a provisional qualifier for the NCAA outdoor championships by throwing the discus 182 feet, 5 inches, his personal best. Matt Burns also placed in the meet with a third place finish in the high jump (6-1) and Robert Hydukovich threw the shot put 57-2 for a seventh place spot. The distance-medley relay team of Jason Boon, Scott Beadle, Norris Williams and Mark Narveson placed third among 19 teams with a time of 9:51.15. The 3,200 meter relay team of Boon, Beadle, Narveson and Paul Michalek placed fourth in 7:34.28.

At the Nebraska Invitational, the rest of the Gophers that didn't compete in Texas participated. Jared Johnson of Bloomington placed second in the high jump as he soared 6-6 3/4, Tye Harvey was second in the pole vault sailing over the bar at 15-6 1/2, and Curt Kotsonas of Chanhasen had an excellent clocking of 14:55.37 in the 5000 as he placed third. Sophomore Chip Mosley of Bloomington, Illinois finished second in the triple jump (48-9), sophomore Mark Murdock of Grand Forks, N.D. was second in the shot put (52-5 1/2) and redshirt freshman Jason Schlueter, New London, Wisconsin, finished second in the discus with a toss of 168-6.

In the Veishea Invitational Track Meet in Ames, Iowa, the Gophers were led by Matt Burns and Jason Cole. Burns won the high jump with a leap of 6-11 3/4 while Cole won the javelin with a toss of 178-2.

Rod Hydukovich placed second in the shot put with an outdoor personal-best and NCAA provisional qualifying throw of 57-11 1/4. Chris Brinkworth also qualified provisionally for the NCAA Championships with an outdoor personal-best 57-3 3/4 to finish fourth, he was also second in the discus with a personal-best and NCAA provisional qualifying throw of 184-4. Jason Schlueter and Hydukovich finished 3-4 with personal-best tosses of 176-9 and 170-10.

## DR. BOSTON VISITS KERRY HUSTON AND CALLS HIM "A MEDICAL MIRACLE"

**Gymnastics Star is Walking on His Own and Improving Daily**  
By Gary Scott

Kerry Huston, the junior gymnastics star from Spring, Texas, who suffered a dislocation of two spinal vertebrae when he landed on his head while doing a dismount from the parallel bars two months ago, is being called a "medical miracle" according to Dr. McKinley Boston, Director of Athletics at the U of M, who visited Huston recently in Huston, Texas.

Boston flew to Texas to spend the day with Kerry and his parents and came away extremely pleased at what he had seen. Boston said, "I didn't know what to expect. I was emotionally relieved when I saw Kerry. I arrived at the Texas Institute for Rehabilitation and Research (TIERR) where Kerry is getting daily therapy as an outpatient, and I went to the room he had been placed in when he originally arrived there." He went on to say that the room was empty. He didn't know what to make of it. He had his back to the door when suddenly someone tapped him on the shoulder and said, "Dr. Boston, is that you?" He

quickly turned around "and there was Kerry, standing on his own doing his rehab. I told him I was in his room and very emotionally upset. In fact, I was crying," Boston said. But, when he saw Kerry walking on his own, he says he was "so emotionally relieved."

Huston suffered the injury while competing in the Winter Cup Challenge in Colorado Springs, Colorado early in February. The dislocation occurred between the fifth and sixth cervical vertebrae.

Dr. R. Edward Carter, TIRR Director of the spinal cord injury program, calls Huston's recovery "incredible." He says Kerry is making progress quicker than they can write it down. He has progressed from leaning on parallel bars to a walker to crutches to a cane to standing on his own and now walking by himself. Carter places Kerry's recovery in the upper 2 percent of spinal cord injuries.

Boston says he talked to other doctors as well, and they have all agreed that Kerry is a "medical miracle."

Huston is considered one of the top collegiate gymnasts in the country and placed eighth in last summer's USA

Championships. He was participating in the Winter Cup after recovering from a hand injury suffered in January.

Huston was one of the Gophers top point scorers last season, competing in every meet. He finished the season ranked fifth nationally on the vault with an average score of 9.46 and a season high score on vault of 9.65 in a meet against Nebraska. In addition, he also finished the season ranked 24th on the horizontal bar with an average score of 9.60 and turned in a season-high 57.35 all-around score at the Big Ten Championship. As a freshman he finished the season ranked 13th in the nation on the floor exercise with a 9.73 average, 7th on the vault with a 9.67 average and was named Freshman of the Year in the Big Ten.

Until the injury, Huston was considered a contender for the all-around title in the Big Ten and NCAA championships later this year.

Boston says Huston has complete motor functions and it was "exhilarating to see him walking without assistance. His attitude is outstanding and everyday he's getting stronger."

## Gymnasts Ottenhoff And Yee Qualify For NCAA

Gopher gymnasts Brian Ottenhoff (Kersey, Colo.) and Brian Yee (Houston, Texas) qualified for the 1994 NCAA Gymnastics Championships as individuals at the Eastern Regionals Championships held at West Point, N. Y.

Ottenhoff qualified on the high bar by finishing fourth with a score of 9.725. Yee finished third on the pommel horse with a score of 9.75 and he also finished 12th in the all-around competition with a score of 55.675. Bo Haun (Springfield, MO.), the third Gopher competing, finished 11th in the all-around competition and did not qualify for the NCAA Championships as an individual.

The NCAA Championships were held at the Bob Devaney Sports Center in Lincoln, Nebraska on April 22-23. We will report on the results in the next issue.

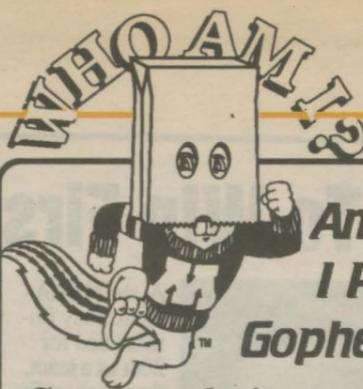


Brian Ottenhoff

### GYMNASTICS TEAM FINISHES 4TH AT BIG TEN MEET

The Golden Gopher Gymnastics team finished fourth at the Big Ten Championship held recently on the campus of Penn State University in State College, Pennsylvania. Ohio State won this year's event followed by Iowa, Penn State, Minnesota, Michigan, Illinois and Michigan State.

Minnesota's top finishers were senior Bo Haun (Springfield, Mo.) who placed tenth with a score of 35.75, senior Brian Ottenhoff (Kersey, Colo.), who placed 11th with 55.70 points and junior Brian Yee (Houston, Texas) who placed 13th with a score of 55.30. Ottenhoff also finished second on the high bar with a score of 9.80. Haun placed fourth on the high bar with a score of 9.70 and tied for fifth on the parallel bars with a mark of 9.625.



## And What Part Did I Play In The Golden Gopher Tradition?

### Congratulations to Dan Morris of Apple Valley, MN a "Who Am I?" winner!

I am from that great hockey town of Roseau, Minnesota. My freshman year as a Gopher I played center for that outstanding Gopher team that won the NCAA title. The following year I played for the 1980 United States Olympic Team (coached by another Gopher hockey player, Herb Brooks) that won the Gold Medal in Lake Placid, N.Y.

After that exciting and memorable year as an Olympian, I returned to again play for the Gophers and won the first Hobey Baker Award as the top collegiate player in the country (1981). I have two brothers who also played hockey for the U of M.

After my playing days at the University of Minnesota were finished, I became a member of the North Stars and have played for them the past 13 years. During that time I set records playing in the most games, scoring the most points and totaling the most assists (249 goals, 547 assists in 876 games).

As of this date I rank third among all-time American born scorers in the National Hockey League.

### Congratulations to Tom Mahoney of Fairmount, MN a "Who Am I?" winner!



Tom Mahoney

After graduating from South Dakota University, I began my coaching career in Fonda, Iowa at Fonda High School in 1920. From 1922-1926, I coached at Buena Vista College in Storm Lake, Iowa and then moved to DePaul University in Chicago. In 1937 I became the head Track & Field coach for the University of Minnesota.

My athletes at the U of M distinguished themselves both in the Big Ten and in national competition. In 1948 our Gophers won the NCAA title and the following year we won the Big Ten Outdoor Championship. Overall, my athletes collected 23 Big Ten and six NCAA individual titles.

In 1951 I was the head Track & Field Coach for the U.S. team in the Pan American Games. In 1956 I was the head Coach of the U.S. Olympic team which competed in Melbourne, Australia where we collected the greatest number of gold medals any team had ever won since the revival of the Games in Athens in 1896.

After returning from the Olympic Games I was honored by the Los Angeles Times with their Knute Rockne "Coach of the Year" award and later named to the Helms Foundation Hall of Fame in track.

The winners will each receive a Chalk Line "Minnesota" Jacket from Holiday Station Stores and dinner for two at Vesclio's Restaurant.

## Tennis from page 1

over Wisconsin's David Ortiz. At No. 4 singles, Donley (a sophomore) defeated Wisconsin's Aaron Dubie 6-2, 6-7, 6-2. Donley is undefeated in Big Ten singles play along with freshman Ben Gabler.

In play at Northwestern, the Gophers defeated the Wildcats 5-2 with freshman Lars Hjarrand leading the Gophers at No. 1 singles with a 6-4, 6-2 victory over Geoff Young.

In what might be the highlight of the season, the Gophers upset 15th-ranked Notre Dame 5-2 in South Bend, Indiana. It was Minnesota's first victory over the Irish since 1983. Winners for the Gophers included: Hjarrand who beat Notre Dame's Ryan Simme 6-0, 6-4 at No. 2 singles. At No. 3 singles, Ross Loel defeated Mike Sprouse 6-7, 6-2, 6-3. At No. 4 singles, Erik Donley beat Notre Dame's Todd Wilson 5-7, 6-1, 6-3. At No. 5 singles Ben Gabler defeated Jay O'Brien 7-6, 4-6, 6-3. In doubles play, Loel/Hjarrand teamed up to defeat Sprouse and Jason Pun 9-7. The doubles combination of Donley/Gabler beat Simme and Allan Lopez 8-4.

Senior Captain Paul Pridmore lost at No. 1 singles to Notre Dame's Andy Zurcher 6-7, 6-2, 6-3. Zurcher is ranked No. 23 in the country and Pridmore No. 51.

When the Gophers defeated Purdue it gave them their 34th consecutive conference dual-match victory. The Gophers won all three doubles matches to earn the doubles point and also won all six singles matches. Ben Gabler defeated Ryan Maggart 6-1, 7-6, (7-4), at No. 4 singles. The win brought Gabler to a 8-0 season record in Big Ten singles play and 21-6 overall. Pridmore got his 30th victory of the season by beating Dan Poole 6-4, 4-4 at No. 1 singles.

In exciting action at the 98th Street Racquet



Ross Loel

Club in Bloomington, Minnesota, the Gophers won their 35th straight dual-match by defeating Illinois 7-0.

It was Hjarrand, who is 27-8 this season and a leading candidate for Freshman of the Year honors, who led the way in No. 2 singles as he beat Chris Devore. The No. 1 doubles team of Pridmore and Kraft, ranked No. 1 in Region IV, defeated Jerry Turek and Jeremy Sutter 8-5.

In the match against Ohio State, the Gophers were led by Pridmore (31-11), who defeated Doug Bloom 6-4, 6-1, then teamed with freshman Eric Morton to beat Vito Mazza and Frank DiCastro 8-3 in doubles. Hjarrand (22-8) continued his charge for conference freshman of the year by defeating Jay Hoorody 7-6, 6-4 at No. 2 singles.

Geatz says the Gophers are excited about the new regional format for the NCAA Championships. You'll remember the past two seasons, they were left out of the field after excellent regular season performances. Only Notre Dame, from this region, was invited and Geatz says, "This new format makes it a little easier for our team to reach our goal of playing in the NCAA's."

## Narveson Hydukovich And Cline Win Track Titles Brinkworth And Burns Are Impressive Too

Senior Mark Narveson and juniors Rob Hydukovich and Keita Cline took individual honors to lead the Roy Griak coached Gophers in the John Jacobs Invitational hosted by the University of Oklahoma in Norman, Okla.

Cline became a provisional qualifier for the NCAA Outdoor Track and Field Championships with a winning leap of 25-7 1/2 feet in the long jump, while placing third

in the triple jump. Narveson won the 5000 meters with a season best time of 14:43.19, while Hydukovich won the shot put with a toss of 56-8 3/4 feet.

Junior Chris Brinkworth also turned in a strong performance, finishing second in both the shot put (56'8 1/2") and the discus (173-10). Senior Matt Burns placed third in the high jump with a season-best 7'0."

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# Golf Team Looks To Win First Big Ten Title Since '72

By Marty Martinez

The Gopher Golf team coached by John Means opened their spring season with a second place finish among a very strong field of 21 in the Pacific Coast Intercollegiate Golf Championship in Santa Barbara, Calif. The Gophers ran up a two-round total of 578 which was just two shots off the pace set by the winning Stanford team.

Senior captain Phil Ebner (Hudson, Ohio) fired a two-round score of 140 (67-73) to share medalist honors with Matt Gogel of Kansas. Three Gophers broke into the top ten in the rain-shortened event. Junior Aaron Barber (New London, Minn.) stroked a score of 143 (71-72) to finish sixth while junior Mark Hanson (Cedar Rapids, Iowa) notched a 144 (74-70) to place ninth.

Minnesota finished third in the 19-team Blue Flash Invitational in Ravenna, Ohio, with a 54-hole total of 885, 21 shots behind host and champion Kent State. Kent State and Miami (Ohio) tied for first at 864, with Kent State winning the title on the first sudden-death playoff hole. Kent State is ranked No. 1 in District 4. The Gophers' Jon Kelly shot a 71 for a 54-hole total of 218 to tie for eighth place.

As of press time, the Golden Gophers Golf team is ranked sixth in the latest NCAA District 4 rankings. The top six teams in each District qualify for NCAA Regional play at the end of the season. The following six teams are ranked in District 4: 1. Kent State; 2. Ohio State; 3. Wisconsin; 4. Illinois; 5. Michigan State; 6. Minnesota.

The nucleus is there for a big win at the end of the season. This comes after a sensational showing last year when the Maroon and Gold won three team titles, placed in the top five in eight of their 13 tournaments and finished third in the Big Ten Championship. Along the way, the Gophers won their first NCAA Tournament bid since 1972. The Gophers then placed fifth at the NCAA Central Regional Tournament in Columbus, Ohio, advancing to the finals in Lexington, Kentucky.



John Means  
Head Golf Coach

At the NCAA Finals they finished tied for 20th as a team, their highest finish as a team since 1962.

Head Coach John Means has had praise for the play of senior captain Phil Ebner (Hudson, Ohio). Ebner carded a 228 for a 36th place finish at the Florida

Invitational. He had a great junior season, playing in 37 rounds and recording a season stroke average of 76.27. He shot his season low round of 67 at the Northern Invitational where he finished first. He also posted an eighth place finish at the Big Ten Tournament and finished 27th at the NCAA Regional Tournament. Ebner, a pre-season All-American (Golf Week), was second on the team through the fall season posting a 75.08 stroke average.

Another key player this spring is Aaron Barber (New London, Minn.). He sat out last year as a redshirt but over the summer he played extremely well, winning the U. S. Publincs Tournament and qualifying for the U.S. Amateur. Barber was the team leader after the fall season with a 74.83 stroke average. Barber carded a score of 226 to finish 26th at the Florida meet.

Means is also looking to junior Mark Hanson (Cedar Rapids, Iowa), a two-year letterwinner and the number two golfer on the team last season. He is in the running for Academic All-Big Ten and Academic All-American honors. He played 36 rounds last season, compiled 75.47 stroke average and recorded his collegiate low round by shooting a 71. He led the way for the Gophers at the Florida meet with a three-round score of 224, which was good for 15th place.



Jonathan Kelly



Charlie Casci

Phillip Ebner

Another starter back from last year and who Means is pleased with is Jonathan Kelly (Mankato, Minn.). Kelly played 31 rounds last season and had a stroke average of 77.4 with a low round of 73 at the Big Ten Championship. He was the runner-up in the Minnesota Publincs Tournament this past summer. Other returning squad members who should do well include sophomore Mark Halverson (Fargo, N.D.), Jerry Andrisen (Bismarck, N.D.) and Charlie Casci (Stillwater, Minn.). Halverson sat out last season as a redshirt but has tremendous talent. Andrisen has been a member of the junior varsity squad the past two seasons and should be ready to match the level of play he showed as a high schooler in New London, Minnesota where he earned five letters in golf and won the conference, district and region championships as a senior. He lists a handicap of +1 and a low score of 66. Casci is another product of the junior varsity training ground and turned in a low round of 75 last year. In high school he posted a low round of 65 on the tough Keller Golf Course (he shot a 31 on the back nine) and was named to the all-conference and all-state teams.

Means has high hopes for first year players Scott Keeping (Duncan, B.C., Canada) and Rob Keer (Pointe Claire, Quebec, Canada). Keeping was a member of the Canadian Junior National team which played in the World Junior Championships in Kobe, Japan and competed in Provincial High School Championship four years in a row, with two top three finishes and two top 10 finishes. Keer, who lists a best score of 67, is a two time Quebec Junior and Juvenile Champion and was the 1991 and 1993 Quebec Junior Player of the Year.

Others who are showing signs of promise this year are freshmen Trent David (Marshfield, Wis.), Troy Schroeder (Medford, Wis.), Jim Turner (Edina, Minn.) and Ryan Woytassek (Breckenridge, Minn.).

Means has been working very hard in preparation for the Big Ten Championship (May 13-15 at Ann Arbor, Michigan) and the NCAA Regionals (May 19-21 at Edmond, Okla.). The Gophers haven't won a Big Ten title since 1972 and hope to qualify for the NCAA Tournament for the second year in a row.

## SOMETHING'S

GARY REBSTOCK

ROBYNE ROBINSON

## HAPPENING

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MINNESOTA 9 NEWS

K M S P - T V

## Aches & Pains



Elizabeth A. Arendt, M.D.,  
Director, University of Minnesota  
Sports Medicine Institute

**Q** I am an active, healthy 33 year old female. I work out on a regular basis. Lately I have been experiencing pain in my lower back. I take care of two small children and an invalid mother. Maybe all the lifting I do is causing the problem in my back. What do you think I can or should do to avoid this problem?

**A** This is a frequently asked question. The American Academy of Orthopaedic Surgeons (AAOS) has recently launched a nation-wide injury prevention program called "Lift It Safe." It is designed to stress proper ways to lift an object or another person.

Back pain is the second-most common reason that patients see a physician. Most adults will seek medical care in their lifetime for some form of low back problems. Fortunately, most people who suffer from low back pain recover within two weeks without any lasting negative effects.

The AAOS recommends patients follow these guidelines when lifting:

1. The patient should plan ahead so they are not in a hurry when lifting.
2. Feet should be spread shoulder-width apart to give a solid base of support. This provides better balance and the legs take up some of the stress.
3. The hips and knees should be bent to help take up some of the stress in the back from lifting.

4. Stomach muscles should be tightened.
5. Position the person or object close to your body before lifting. When lifting something overhead, keep it as close as you can to your body.
6. Lift your leg muscles by bending your legs and getting underneath the object that you are lifting.
7. Avoid twisting your body. Instead, point your toes in the direction you want to move and pivot in that direction.
8. Maintain the natural curve of your spine and don't bend at the waist.
9. Get help when trying to lift objects that are too heavy or awkward in shape.

If you are interested in learning more about low back pain call 1-800-824-BONES or send a self-addressed, stamped envelope (for a free copy of "Lift It Safe") to:

"Lift It Safe"  
American Academy  
of Orthopaedic Surgeons  
P.O. Box 1998  
Des Plaines, IL 60017

If you have sports medicine related questions, please send them to:

Aches and Pains c/o Dr. Arendt,  
SPORTSNEWS, 386 N. Wabasha Street,  
Suite 1040, St. Paul, MN 55102



## Gopher Tales

By Greg Jackson

### WACKER: OUTLOOK IS BRIGHTER THAN CALIFORNIA SUNSHINE ON NEW YEAR'S DAY

In a letter to Gopher football season ticket holders, Head Coach Jim Wacker talked about the results of the spring practice and the "great tradition" and "great future" at the U of M. He concluded his upbeat letter by saying, "we think the outlook for this season is brighter than California sunshine on New Year's Day. We appreciate your being with us as a season ticket holder so that we can share it with you."



### ROY GRIAK NAMED TO DRAKE RELAYS COACHES HALL OF FAME

Roy Griak, head University of Minnesota track and field and cross country coach, will be inducted into the Drake Relays Coaches Hall of

Fame (April 28th) the night before the first day's events at this year's Drake Relays held in Des Moines, Iowa.

The Coaches Hall of Fame was established in 1977 with six charter members, including the founder of the Drake Relays, John L. Griffith.

Griak is the dean of the Big Ten Conference coaches, having guided the Golden Gopher cross country and track programs for 31 seasons. During his tenure, Griak has coached 41 cross country and track and field NCAA All-Americans including NCAA champions Ron Backes (shot put, 1986 NCAA Indoor), Gary Bjorklund (six mile run, 1971 NCAA Outdoor) and Martin Eriksson (pole vault, 1993 NCAA Indoor).

Griak also led the Gophers to the 1964 Big Ten Cross-Country title and the 1968 Big Ten Outdoor Championship. On the international level, Griak served as the head coach for the U.S. track team in a dual meet with Great Britain in 1993, was the meet director for the 1990 U.S. Olympic Festival, was the head manager of the U.S. squad in the 1984 Olympic Games, assistant manager for the 1972 and 1980 Olympic teams, was in charge of the U.S. team that competed in the 1987 World Championships in Rome and was the head coach of the U.S. squad in the 1975 Pan American Games.

In 1992, Griak's Gopher track & field team placed fourth at both the Big Ten Indoor and Outdoor Championships, the program's best finishes at the league meets since 1968. The Gophers matched that with another fourth-place finish at the 1993 Big Ten Indoor Championships, before coming back with a third-place finish at last spring's outdoor conference meet with a school record 102.5 points.

Before taking over the Golden Gopher program, Griak was a winning track and cross country coach at St. Louis Park High School where his teams won state titles in 1955 and 1961, as well as five district and four regional titles. Before that, he posted an overall dual meet record of 137-26, an .841 winning percentage, as head coach at Nicollet and Mankato High Schools.

### GOPHER STAR MERILA COLLAPSES BEFORE IOWA GAME

Those who were at Siebert Field on Saturday, April 9th, before the Gophers-Iowa double header (the Gophers won 3 out of 4 games over that weekend) were shocked when they saw senior second baseman Mark Merila collapse during batting practice. Merila, 22, a returning first-team All-American who was drafted by the Minnesota Twins last summer, was leading the Big Ten in hitting with a .488 average and had 28 RBI in 26 games when he was stricken. He was immediately taken to University of Minnesota Hospital where he

underwent tests for what doctors called a seizure.

Dr. Richard Feist, the team physician, reported that Merila's condition was immediately stabilized and that a short time after being admitted he was alert and doing well. Dr. Feist put Merila through a series of tests to determine the cause of the seizure and a decision was made to perform an outpatient biopsy on a "golfball-size growth" that was found in the lower rear portion of Merila's head which was believed to be the cause of the seizure. University of Minnesota neurosurgeon Dr. Walter Hall performed the biopsy under Merila's brain membrane in an outpatient setting using local anesthesia.

After waiting three days for the results, an anxious Merila, Gopher staff, family and friends, learned that the biopsy report indicated the presence of a "low-grade tumor" (which means it is slow growing). Merila did not make the trip to Purdue where Minnesota played a doubleheader and was getting used to the medicine trying to determine if it would affect his play. He will be under observation and receive ongoing treatment, as well as medication to prevent reoccurrence of a seizure.

Head Coach John Anderson said, "The first and foremost issue is Mark's health. We want to insure that he is getting the best care possible and if things go as we anticipate, it will be a tremendous boost to our program when he rejoins us. I think that Mark has shown tremendous courage and a great positive attitude. He has faced adversity before in his life and in athletics, and has been able to deal with it and turn it into a positive. I feel that his approach to this has been the same and should serve as a model for all of us in our daily lives."

Merila couldn't be kept away from his team and showed up on the practice field after being released from the hospital. Coach Anderson said Merila was very positive and upbeat and had a big smile for everyone who came up to him. He said he was "exchanging insults" with everybody.

### U OF M SPORTS FACILITIES CAMPAIGN EXCEEDS GOAL

### BOSTON SAYS STAN HUBBARD HAD THE VISION AND DETERMINATION TO ACHIEVE SUCCESS

The fundraising campaign for new and renovated University of Minnesota sports facilities has raised \$5.9 million, more than \$400,000 over its goal.

Their campaign, launched in July 1991, was led by co-chairs Stanley S. Hubbard and Kathleen C. Ridder. It's the first successful effort by men's or women's athletics to raise money for bricks and mortar.

"That says a lot about how the community feels about these incredible new facilities," said Dr. McKinley Boston, Director of Men's Athletics. "Some people questioned the likelihood of this campaign achieving success, but people like Stan Hubbard had the vision and were determined to see it through. Because of persistent volunteers like him, we not only achieved our goal, we surpassed it by almost half a million dollars and received gifts from nearly 850 donors."

Charley Mencil, former Gopher basketball great and hockey enthusiast Bruce Telander, were singled out for their efforts. Mencil led a crew of former men's basketball players who canvassed the community to raise funds for the renovation of Williams Arena. Telander organized a group of former hockey players to raise money for the new Mariucci Arena.

Proceeds from the campaign help reduce a \$41 million debt incurred by updating the facilities. The rest of the debt will be repaid from assured seating revenues, parking and ticket surcharges, advertising, concessions and club membership fees. No state or university funds have or will be used.

The campaign will continue to raise money until June 30, the end of the university's fiscal year.

### BRENT GATES IS BIG GOPHER FAN

Brent Gates, former Gopher baseball great and currently the second baseman for the Oakland Athletics, was noticed in the stands watching the Gopher baseball team win two games from the Iowa Hawkeyes at Siebert Field.



Brent Gates

Gates, an All-American selection and four-year starter as a Gopher, was quite a ball player who made his mark in many areas. He was named the Richard "Chief" Siebert MVP in 1991, 1990 Gopher Dugout Club Player of the Year, and the 1991 Paul Molitor Batting Champion.

Gates is still ranked as the Gopher with the highest batting average (.387), fifth in .599 with the highest "slugging percentage," first in total bases with 385, eleventh on the list of most games played (179), sixth with most-at-bats (643), ninth with most runs scored (143), third with most hits (248), first with most doubles (61), sixth with most home runs (21), third with most runs batted in and tenth with most walks (97).

Gates gives a lot of credit to his former coach, John Anderson and his coaches. "They did as much for my career as anyone, probably more."

### NELSON STEALS AND RARELY GETS CAUGHT

When baseball senior outfielder Charlie Nelson (Perham, Minn.) stole his 21st base of the season. He is just six short of J. T. Bruett's all-time record of 77 in a career from 1986-88 and one short of his personal best of 21 in 1992.

### ALL AMERICAN SHORTY ALMQUIST DIES AT 90

H. V. "Shorty" Almquist, an All-American halfback at the University of Minnesota in 1927, died recently in Moline, Illinois at the age of 90.

Almquist was known as a fearless runner and was the Big Ten's leading scorer in 1927 before beginning a coaching career in the Quad Cities which spanned five decades.

The Quad-City Times, which inducted him into the Quad-City Sports Hall of Fame in 1990, called Almquist, "one of the most innovative and successful football coaches in Quad City history."

In the 1927 season the Gophers, coached by Dr. Clarence Spears, went undefeated including a 7-7 tie with Notre Dame and a 14-14 tie with Indiana. In the Notre Dame game which was played at South Bend, the Irish hadn't lost there since 1906 and Knute Rockne was in the middle of his glory years. Almquist's teammates included Gopher greats Herb Joesting and Bronko Nagurski. In all, the Gophers scored 209 points to their opponents 51 that season and Almquist went on to become an All-American.

### GOLF TEAM SIGNS MINNESOTA STATE CHAMP TO LETTER OF INTENT

Head Gold Coach John Means announced recently that the Gophers signed 1993 Class A State Champ Jeff Barney of Appleton, Minnesota, to a national letter of intent. Barney, who competes for Lac Qui Parle High School in Western Minnesota, was not only a state champ last year but was also the 1993 Minnesota Junior Player of the Year and posted a 10th place finish at the National PGA Junior Championship.

"Jeff is a tremendous athlete who possesses the ability to get the ball in the hole quickly," said Coach Means. "He can hit all the shots and will be a great player for the University of Minnesota."

### LENARD NAMED BASKETBALL MVP



Junior guard Voshon Lenard was recently honored as the "Most Valuable Player" on the men's basketball squad at the team's award's banquet which was held at the Minneapolis Hilton hotel.

Lenard paced the Gophers in scoring for the third straight season with an average of 18.9 points a game and has now moved into fifth-place on the all-time school scoring list with 1,567 career points. He eclipsed his own single-season school records for three-pointers made with 86 and attempted with 209. He holds the school career marks with 195 three-pointers and 511 attempts. Lenard also tied the single-game school record with six three-pointers in the win over Indiana.

Lenard, a second-team All-Big Ten selection and honorable mention All-America choice, scored in double figures in 28 of 33 games this season, led or tied for the team high in scoring in 24 games, including the team's final 11 contests of the season and scored 20 or more points in 14 games. The complete list of awards handed out at the team's banquet is as follows:

**MVP:** Voshon Lenard

**Senior Players:** Randy Carter, Arriel McDonald, Ernest Nzigamasabo

**1993-94 Captains:** Randy Carter, Arriel McDonald

**Best Free Throw Percentage:** Voshon Lenard (84.4%)

**Assists Leader:** Arriel McDonald (179,547 for career)

**Outstanding Academic Achievement Award:** Ernest Nzigamasabo

**Academic Award-Most Improved:** Trevor Winter

**Academic All-Big Ten Team:** David Grim, Ernest Nzigamasabo

**Most Improved Player:** David Grim

**Rebound Leader:** Randy Carter (250, 7.6 a game)

**Best Defensive Player:** Chad Kolander

**Hustle Award:** Townsend Orr

**Iron Man Award:** Ernest Nzigamasabo (124 career games)

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# SPORTSNEWS



SUMMER, 1994 **35,000 CIRCULATION** VOLUME 5/NUMBER 8

## Tennis Team Wins 3<sup>RD</sup> Straight Big Ten Title Gophers Win 14 Straight, Haven't Lost In Dual Match Play Since '91

By Rudy Martinez

Head Varsity Tennis Coach David Geatz led his Golden Gophers to a third straight Big Ten title by defeating Michigan 4-0 in the championship match held at the 4th Street Courts on the University of Minnesota campus. The Gophers became the first team in ten years to win three straight Big Ten men's tennis titles.



Hjarrand, took the honors with victory at the No. 2 singles position.

Pridmore said, "I was nervous going into the tournament since everyone was expecting us to win." He also shined before the competition began as he played the national anthem on guitar. He added, "It was great to win at home in front of our fans."

In winning its third title, the Gophers finished the Big Ten season with a perfect 13-0 record for the third straight year. The win over Michigan was Minnesota's 39th consecutive in Big Ten dual match play under

Ross Loel

Coach Geatz. The last Minnesota loss in the Big Ten was on May 5, 1991, to Ohio State in the finals of the Big Ten Championships.

The Gopher season ended with a 4-3 loss to Notre Dame at the NCAA Region IV Qualifying Tournament in South Bend, Indiana, ending a string which had grown to 14 straight dual-match victories.

It was a great year for the Gophers. Lars Hjarrand (Fr., Oslo, Norway) was named Big Ten Freshman of the Year and Geatz was selected as Big Ten Coach of the Year. In addition to Hjarrand, Ross Loel (Jr.,

Marina Del Ray, Calif.) and Paul Pridmore (Sr., North Aurora, Ill.) were named to the All-Big Ten team. Pridmore was one of three players selected as consensus All-Big Ten.

Geatz was also selected as Region IV Coach of the Year by the NCAA Division I Men's Tennis Region IV Advisory Committee and automatically became a candidate for National Coach of the Year.

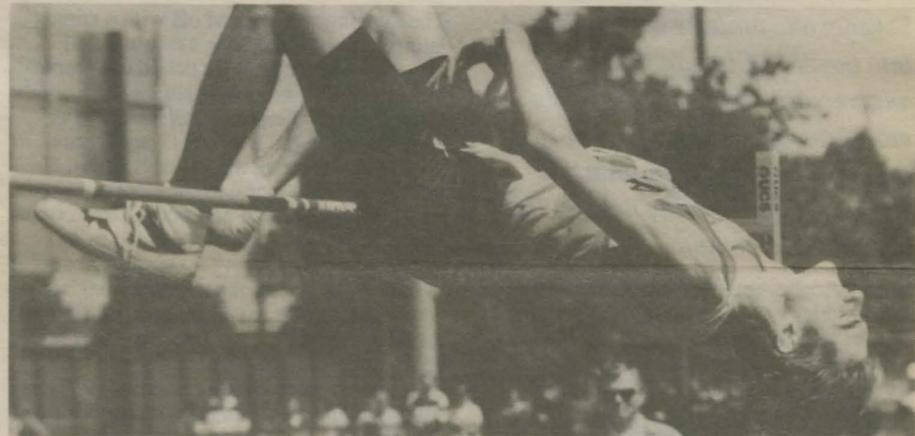
The Gophers jumped out to a 1-0 lead in the championship match by capturing two of three doubles matches in front of a lively home crowd. Erik Donley and Ben Gabler won at No. 3 doubles, Paul Pridmore and Adam Krafft, the Gophers' No. 1 twosome, won their match and the Gophers followed with three quick singles wins by Ross Loel, Pridmore and Dan Brakus. Lars



Erik Donley

## BRINKWORTH & BURNS LEAD TRACK TEAM AT BIG TEN MEET Gophers Star In Many Events 6 Qualify For NCAA Championships

Gophers Star In Many Events  
6 Qualify For NCAA Championships



Matt Burns

By Marty Martinez

Senior Matt Burns (Cedar Rapids, Iowa) won the high jump with an NCAA provisional qualifying leap of 7-2 1/2 and junior Chris Brinkworth (Bloomington, Minn.) took first place in the discus with a provisional qualifying toss of 187-4 to lead the Gopher track and field team to a fifth-place finish in the Big Ten Meet with 89 1/2 points.

The Gophers turned in several outstanding performances. After taking the discus title, Brinkworth came back to finish third in the shot put with an outdoor personal best and NCAA provisional qualifying heave of 58-11 1/2. Junior Rob Hydukovich (Bemidji, Minn.) placed sixth in both the discus and shot put with throws of 169-6 and 57-9, respectively. Freshman Jason Schlueter (New London, Wisc.) finished fifth in the discus with a throw of 174-5. Senior Martin Eriksson (Stockholm, Sweden) was the runner-up in the pole vault with an NCAA provisional qualifying mark of 17-10 1/4. Freshman Tye Harvey (Jamestown, Calif.) finished eighth with a vault of 15-10 1/2. Senior Curt Kotsonas (Chanhausen, Minn.) put the appropriate finishing touches on his collegiate career with a pair of great efforts. After placing second in the 10,000 meters with a time of 30:18.93, he doubled back to place fourth in the following day's 5,000 meters in 14:44.02. Junior Mark Gonzales (La Habra, Calif.) finished eighth in both events with times of 31:15.98 and 15:05.90.



Chris Brinkworth

(Bloomington, Ill.) was right on his heels in sixth with a jump of 49-3 3/4. After clocking a school record of 47.09 in the 400 meter prelims, freshman Scott Beadle (Moorhead, Minn.) came back the next day to place fifth in the finals with a clocking of 47.41.

In addition to Matt Burns' winning effort in the high jump, junior Jared Johnson (Bloomington, Minn.) added to the team's total with an eighth-place finish in the event with a leap of 6-9 3/4. The Gophers also took two spots in the 800 meters. Sophomore Jason Boon (Cottage Grove, Minn.) finished sixth in 1:52.19 while senior Norris Williams (Milwaukee, Wisc.) was eighth with a time of 1:53.06. In the 1500 meters, sophomore Paul Michalek (Bloomington, Minn.) placed seventh with a personal-best time of 3:49.05.

The Gophers closed the meet out with a lightning fast finish of 3:10.57 in the 4 x 400 meter relay which was good for fourth place. The Gophers brought the crowd to their feet as they turned in a season best performance. The relay team consisted of Beadle, junior Adrian Ellis (Racine, Wisc.), Cline and Williams.



Keita Cline

A total of six Gophers, Chris Brinkworth, Matt Burns, Keita Cline, Adrian Ellis, Martin Eriksson and Rob Hydukovich, met the qualifying standards to compete in the NCAA Championships which were held the first week of June.

Junior Keita Cline (Gainesville, Fla.) placed third in the long jump with a respectable jump of 24-8 1/4, and then came back to finish fifth in the triple jump with a leap of 50-4 3/4. Sophomore Chip Mosely

## 26 Athletes Named To Spring Academic All-Big Ten Team

Gophers Finish Year With New School Record

A total of 26 (27 total award winners, Jeff Nielsen in both hockey and golf) University of Minnesota men's student-athletes have been named to the Spring Academic All-Big Ten Team in their respective sports.

For the 1993-94 season, the men's athletics department finished with a new school record of 65 total Academic All-Big Ten award winners. The spring honorees are as follows:

NAME	YR.	GPA	MAJOR	HOMETOWN
<i>At-Large*</i>				
Brian Bonin	Soph	3.35	Chemistry	White Bear Lake
Andy Brink	Soph	3.06	History	Bemidji, Minn.
Jeff Callinan	Sr	3.20	Natural Resources Mgmt	Mound, Minn.
Justin McHugh	Jr	3.30	Carlson School of Mgmt	Minnetonka, Minn.
Jeff Moen	Soph	3.56	Business	Roseville, Minn.
Jeff Nielsen	Sr	3.23	International Relations	Grand Rapids, Minn.
Dan Trebil	Soph	3.73	Civil Eng.	Bloomington, Minn.
Greg Zwakman	Soph	3.35	Business	Edina, Minn.
<i>Baseball</i>				
Tony Bender	Jr	3.05	Kinesiology	Rock Island, Ill.
Jason Karmann	Sr	3.12	Individual Studies	Platteville, Wisc.
Kerry Ligtenberg	Sr	3.07	Chem. Engineering	Cottage Grove, Minn.
Shane McCarthy	Jr	3.04	Pre-Management/Pre-Med	Billings, Mont.
Brian Mensink	Soph	3.49	Pre-Management	Rochester, Minn.
Charlie Nelson	Sr	3.01	Recreation	Perham, Minn.
Mike Oster	Sr	3.01	Inter-College Program	Richfield, Minn.
Mark Vandersall	Sr	3.37	Management/Pre-Med	Plymouth, Minn.
<i>Golf</i>				
Aaron Barber	Jr	3.15	Actuarial Science	New London, Minn.
Mark Hanson	Jr	3.08	Business	Cedar Rapids, Iowa
Jeff Nielsen	Sr	3.23	International relations	Grand Rapids, Minn.
<i>Track &amp; Field</i>				
Matt Burns	Sr	3.83	Electrical Engineering	Cedar Rapids, Iowa
Jason Cole	Sr	3.75	Pharmacy	Shelby, Mont.
Omar Douglas	Sr	3.21	Individualized Studies	New Orleans, La.
Martin Eriksson	Sr	3.70	Computer Science	Stockholm, Sweden
Mark Gonzales	Jr	3.16	Kinesiology/ American Indian Studies	La Habra, Calif.
Paul Michalek	Soph	3.19	Religious Studies/Spanish	Bloomington, Minn.
Mark Narveson	Jr	3.41	Occupational Therapy	Mankato, Minn.
Jason Rathe	Jr	3.81	Kinesiology/English	Maple Grove, Minn.

\* Hockey

**SPORTSNEWS is made possible in part through the encouragement and support of Holiday Station Stores.**

## 71 Athletes Are Inducted Into "M" Club



From L to R: Head Varsity Baseball Coach John Anderson, Head Varsity Golf Coach John Means and Men's Athletic Director Dr. McKinley Boston at the "M" Club Banquet.



From L to R: Steve Carlson, Head Varsity Hockey Coach Doug Woog, Alan Rice, Ron Ankeny at the "M" Club Banquet.

Seventy one athletes were inducted into the "M" Club on the 80th anniversary of one of America's most prestigious letterman's organizations in the annual "M" Club Banquet recently held on the Minneapolis campus.

This annual event is always a highlight of the athletic season. With more than 250 former letter winners looking on, Master of Ceremonies Don Meyers, a Gopher wrestling great of the late 1950s, began the program. The invocation was given by football captain Ed Hawthorne. Tim Oliver, president of the "M" Club gave the season's highlights for all sports and Margaret Carlson, the Executive Director of the Minnesota Alumni Association, announced outstanding athlete awards. Dr. McKinley Boston then presented each "M" man from the 1944 season with their 50th "M" pin and "M" Club Vice President Hokan Almstrom announced achievement awards.

The initiation of the new members came next and is always an exciting and inspiring thing to see. Each athlete's name is called and as he walks to the front of the ballroom, he is congratulated by the president and takes his place in line for the taking of the oath into the Order of the "M".

U of M Law School Dean, Robert Stein (not related to the Bob Stein of the Timberwolves who is also an "M" man), who is also the Faculty Representative for Men's Intercollegiate Athletics, performed his annual task of presenting the Conference Medal of Honor. Stein said, "The Conference Medal, which is presented at each Big Ten school to a student-athlete who demonstrates a high degree of proficiency in both scholarship and athletics, is one of the highest honors anyone can get."

The Conference Medal of Honor began in 1915 and some of the greatest names in Gopher history have been recipients such as Bernie Bierman, Bud Wilkinson, John Kundla, Tom Lehman and John Roethlisberger. This year's winner was Martin Eriksson, a senior from Stockholm, Sweden, who is a three-time All-American in the pole vault. He captured the 1993 Big Ten and NCAA indoor titles in the event. He was also the runnerup in the pole vault at this year's Big Ten Outdoor Championships. Last summer he set the school record with an amazing vault of 18-4 3/4. Eriksson, a computer science major has an extraordinary 3.70 cumulative GPA.

The evening was capped off with a stimulating review of the year's results of all sports by Dr. Boston. He ticked off accomplishment after accomplishment with virtually every Gopher team ranked at or near the top in the Big Ten. Some teams were ranked among the nation's finest. He said, "There are many reasons for our success both on the field and in the classroom. The student-athletes are dedicated to do well in their studies and it shows. We rank as one of the best in the nation among student-athletes. We have placed a priority on excellence and it shows in every sport both on and off the field. We continue to work on it and we keep posting impressive results. We also can't forget our coaches. Collectively, we have as solid of a group of coaches as anywhere in the country."

The evening's event was concluded with everyone standing and singing the Minnesota Rouser which was led by long-time wrestling head varsity coach, Wally Johnson. It was another memorable night in the long tradition of Gopher athletics.

In addition to the Medal of Honor award that Eriksson received, the outstanding athlete in each men's varsity sport was also honored. This year's winners include (alphabetically by sport):  
Baseball: MARK MERILA  
Basketball: VOSHON LENARD  
Cross Country: CURT KOTSONAS  
Diving: P.J. BOGART  
Football: OMAR DOUGLAS  
Golf: JON KELLY  
Gymnastics: BO HAUN  
Hockey: DAN TREBIL  
Swimming: PAUL NELSEN  
Tennis: PAUL PRIDMORE  
Track & Field: MARTIN ERIKSSON  
Wrestling: BRAD GIBSON



## CHRIS McALPINE SAYS...

(In response to a question by a local sports radio announcer who asked: Whether the Gophers can win it all by playing with only Minnesota athletes?)

"Most definitely. Early on we didn't start out so hot and people were questioning if we could win. But by the end of the season we ended up in the Final Four and now peo-

ple are taking back what they were saying. Most of the people who have said those things don't know a lot about our program. All they know is that we're all Minnesota kids. That statement about playing with only Minnesota kids and not winning is a bogus statement. There's a lot of talent here and we've got the talent to win a national championship."

Chris McAlpine (Sr., Roseville, Minn.) has been the anchor of the Gopher's defense. He was a dominant player in both ends of the rink. A team captain, Coach Doug Woog said McAlpine's play this season was a big part of the team's success and called him one of the best in the WCHA. "He is a bonafide NHL candidate who has all the tools to be a player at that level," Woog said.

## Letters



### NOT THE KIND OF COACH FOR MY SON

Some sports writers around here like to boost Bob Knight of Indiana as one of the great college basketball coaches of all time and a real role model for the athletes. I just want to add my name to those who think he's not such a great role model. It isn't because he's not a top basketball strategist. I think he is. But it's his actions on the court, in front of his players and the public, that makes me take this position.

For a grown man to act the way he does on the basketball court when things don't go his way is a sign there's something wrong in his character. Who throws chairs and tantrums when things don't go right? Knight is not the kind of coach that I'd want my son to play for.

Chris Pitz  
Coon Rapids

### WOOG'S CRITICS ARE WRONG HE DESERVES A PAY RAISE AND LONG TERM CONTRACT

There was a letter in the St. Paul paper some weeks ago with the headline, "Gophers choke, again." I have wanted to write this response because I believe the Gopher Hockey program under Doug Woog is one of the best in the entire University of Minnesota sports program.

Woog is one of the best examples of what sound, professional coaching is all about. He not only does well each season, finishing at or near the top, he does his job with dignity and class. It was a terrible beginning this year with the Gophers losing so many games at the start of the season, but he didn't blame the officials or the press but just kept his focus and worked with his kids to do their best which they did. And, he accomplished all of this with Minnesota kids!

Doug Woog's policy of using only Minnesota kids is another commendable trait. It shows that we have outstanding talent here that can compete with the best of them.

As far as choking as that person wrote in the letter, I strongly disagree. As I mentioned earlier, when the team was losing at the beginning of the season, some "losers" (fans)

started to scream about not winning with Minnesota athletes, that our players would quit when they got behind. I go to a lot of games and have seen the Woog coached teams come from behind many times with a strong competitive desire to win. So to those that criticize Doug Woog, I say--stick it. He deserves a pay raise with an extended contract.

Sam Gold  
St. Louis Park

### ATHLETES SHOULD DO COMMUNITY SERVICE

I was pleased to find out that the members of the Minnesota Gopher football team are required to do 15 hours of community service in order to participate on the team. I think all college athletes should be required to do some sort of community service, for they stand out as leaders and role models in our communities. Not only should the athletes become involved in the many social services the Twin Cities have to offer, they should enthusiastically promote volunteer participation for every student on campus. Many kids often look up to players such as Tim Schade, Scott Eckers as well as the Vishon Lenards and Mark Merilas. There is no reason these high profile athletes should not give an hour of their day to benefit a worthy cause. It is time to give back to the communities that have been supporting the Gopher athletic program for years.

Joanie Wenglinsky  
Minneapolis

### THE BAND PLAYED THEIR HEARTS OUT, THEY'RE A CREDIT TO THE ATHLETIC PROGRAM

I was lucky to get tickets when I was on a business trip to California and took in the Minnesota-Louisville basketball game. The first half it was all Minnesota and they went into the halftime with a 12-point lead. I thought for sure we were going to the Sweet 16. The roof fell in on the second half and we lost the game by five points. It was close. We were only one point down with less than a minute to play. We held their leading scorer to just two points.

All through the game the Minnesota band never stopped playing. They were inspiring as they continued to play the Minnesota Rouser. They were playing, swinging their horns up and down, cheering and spreading a winning spirit. They played their hearts out and we almost won the game. Congratulations to our great band and team for an entertaining and exciting season.

Peter Garcia  
St. Paul

## University of Minnesota

# SPORTSNEWS

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## Where Are They Now?



# 2-Sport Gopher Star Put On Skates And Held A Golf Club When He Was Barely Old Enough To Walk

By Len Levine

John Harris, is in the Gopher history books as one of the all-time best golfers ever to compete for the Maroon and Gold. His coach, the legendary Les Bolstad, once referred to him as, "One of the most gifted athletes" he had ever coached. Harris was also a Gopher hockey star who played on the Herb Brooks' coached NCAA championship team.

The fact that Harris was a two-sport Gopher star is not in itself unique. There have been many through the years. What makes him special, though, is that he came from Roseau, Minnesota (one of the "true" hockey towns in America--located just a few miles from the Canadian border), where the high school golf season began the first week of May and the state tournament was held about thirty days later.

As Harris, the oldest of five children, (who was born in Minneapolis and moved to Roseau with his parents Bob, a dentist, now retired, and his mother Phyllis, a homemaker) developed into a great multi-sport athlete, people would continually ask him how he got interested in golf coming from Roseau. "People have always asked me how I got started playing golf in Roseau because the weather is usually so cold for most of the year. It's a good story. My father has always been a good golfer. Whenever he had any spare time he'd squeeze in a round. That wasn't easy, of course, in Roseau. But when he'd get out in the summer, he'd take me with him. When I was about five years old, he took me with him one day and let me swing a club. I even hit a couple of balls. I liked it and was pretty good at it right from the start. It's been a big part of my life ever since."

Harris says as a young boy growing up in Roseau, he did what "most kids did and that was to get involved in sports. I think I started to skate at about the same time that I was strong enough to walk.

All through those early years in school, participating in sports was an important part of Harris' life. In high school he was the quarterback on the football team, played center on the hockey squad and was a member of the golf team. In both his sophomore (1968) and junior years he played center on the Roseau hockey team that played in the state tournament (they finished third in 1969) and he was named to the All-State team both years. He earned five varsity letters as a golfer (beginning in the eighth grade) and won the state title as a senior.



Former Head Varsity Golf Coach Les Bolstad seen at the recent "M" Club Banquet. He said this about John Harris in an interview with SPORTSNEWS: "John Harris was one of the most coachable athletes I ever had. He was never content. He was always pushing ahead. He was the kind of athlete that made his coach look good."

Harris was sought after by many of the best hockey schools in the country but when Minnesota offered him a hockey scholarship and said he could also play golf, he jumped at the chance. He enrolled at the U of M in 1970 and began competing for both varsity teams immediately. As a freshman on Glen Sonmor's hockey team the Gophers compiled a 14-17-2 record and reached the finals of the NCAA. The following two years the Gophers were 8-24-0 and 15-16-3 respectively. From his sophomore year on Harris played with his younger brother Rob (who played wing) and the two of them put on quite a show. In John's senior season (1973-74), with new coach Herb Brooks at the helm, the Gophers were 22-12-6, finishing second in the WCHA, and beating Michigan Tech, 4-2 to win the NCAA. Harris calls that season and the NCAA victory as "the most memorable things in my sports career."

During the late 1960's and early 70's, the Gopher golf team had established a national reputation. Harris was an important part of that success. Bolstad remembers Harris as one of the "hardest workers" he ever coached. He says, "He had a great will to win, great determination. He worked so hard at it that he could just about make the ball talk." Bolstad remembers the trouble Harris had as a sophomore. He recalls that "he had trouble hooking almost every shot. But, he was determined to correct it. He kept working on it, kept hitting practice balls until he got it right." Harris admits that he was a compulsive worker. "I spent about 50-60 hours a week working on my game, I had to get it right. It certainly paid off." He finished third in the Big Ten Championship that year and second the following season.

As a senior and team captain, Harris says he had "matured on and off the course" and felt he was "ready" to win the Big Ten title which was being held on the same Iowa City course where he won the Iowa Invitational three weeks before with a pair of 73s. Two weeks before the championship meet

he placed second at the Kepler Invitational in Columbus, Ohio, and ten days before he was runner-up in the northern Invitational held in Lafayette, Indiana.

Harris says all during that year he still remembers how he was preoccupied with the goal of winning the championship. "I knew that would be my last chance. It was always on my mind" He travelled to Iowa City by car with his teammates, Bill Von Wald, Tim O'Neil, Mike Kasner, Randy Kawczynski and his brother Rob for the championship weekend and says he was tense all the way there.

"It was a weekend that I will never forget," Harris says today. He won the title with a two-day total of 285 (one stroke over par) including two rounds of 73 on the first day of play, followed by a 68 on the morning of the second day. In the final round he had five birdies and an eagle to offset four 3-putt greens on the final nine holes, and played the last 36 holes in 3-under-par, finishing with a one stroke over par 71 to capture the victory. Shortly after winning the title he was named to the All-American college golf team picked by the All-American Collegiate Golf Foundation and was named the "President's Cup" winner which went to the "outstanding student/athlete at Minnesota."

That summer, Harris played in the Minnesota State Amateur Golf tournament at Dellwood Hills in one of the tightest contests he ever had. He and Gopher teammate Jim Innot came into the 18th at 3-over. He needed to sink a 10-footer for a par 4 on the hole to remain tied with Harris, who was playing behind him. Innot missed and left the green. Harris then hit to about 15 feet from the cup and two-putted for par and the championship, finishing with a 3-over-par 219 (one stroke ahead of Innot) and the championship.

In 1974 Harris graduated from the U of M with a degree in business. He then played one year of minor league hockey for the Hartford Whalers' farm team. In 1976 he qualified for the PGA Golf tour by finishing 11th in the field of 600 (only the top 25 made the tour). In 1979 he and Gopher (golf) teammate Bill Homeyer started their own insurance business (they are still in it today) specializing in property and casualty insurance.

Harris says attending the University of Minnesota "was one of the best things I ever did in my life. I not only had the flexibility to play two sports but I got a good education and made some very close friends



John Harris -1974

who are still my friends today. It's where I also met my wife, Jenifer (they were married in 1975, a week before he began the PGA tour). He says being newly married and playing on the PGA tour, made "those four years the best honeymoon anyone could ever have."

John and Jenifer are the parents of two children: son Chris, 16, who will be a junior at Edina High School next year and is a leading golfer on the high school varsity, and daughter Katie, 14, who will be going into the ninth grade.

Both Harris and his wife are active members of their community. Jenifer spends a lot of time in church activities (Mount Olivet Lutheran) and is a volunteer at Edina Junior High School. John coaches youth sports (soccer, baseball, hockey and basketball) in the Edina recreation league.

When Dr. Bob Harris gave his young son John that golf club more than forty years ago he couldn't have known that it would be the beginning of a wonderful legacy he was passing on, and what a legacy it's been. John earned his place in Minnesota golf history and now has passed on the "golf club" to a third generation Harris, Chris, who has also become an excellent golfer. John says that "maybe the most important thing of all is that my father, my son and I all play golf together many times throughout the year."



John Harris -1994

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Len Levine earned three varsity letters as a member of the Gopher track team and established several records, one of which (the 60-yard dash) stood for 17 years. He was the silver medal winner in the 1960 Big Ten 300-yard dash championship. Levine was President of the "M" Club in 1989.

# 106 Scholar-Athletes Honored

## Conzemius, Rathe, Burns, Runzheimer, and Schmidt are Ranked Highest

A total of 106 University of Minnesota men's student-athletes were honored recently at the fifth annual Scholar-Athletes Awards reception at the Weisman Art Museum in Minneapolis.

To be honored as a scholar-athlete, one must have a cumulative GPA of 3.0 or better and be a member of one of the Golden Gopher athletic teams. The combined number of 195 award winners from the men's and women's athletic programs combined are a University of Minnesota record.

JUSTIN CONZEMIUS (Fargo, N.D.), JASON RATHE (Maple Grove, Minn.), MATT BURNS (Cedar Rapids, Iowa), KURT RUNZHEIMER (Plymouth, Minn.) and CLINT SCHMIDT (Fargo, N.D.) were honored as the men's top five scholar-athlete award recipients for 1993-94.



Justin Conzemius

Conzemius, a safety on the football team, is a business administration major in the Carlson School of Management. He intercepted three passes as a sophomore in addition to finishing third on the team in tackles last season. Conzemius, who has a cumulative GPA of 3.72, was also named a second team 1993 GTE

Academic All-America in addition to being named Academic All-Big Ten.

Rathe, one of three members honored from the cross country and track and field teams, is a junior in the College of Education completing a double major in kinesiology and English. In addition to being named to the Academic All-Big Ten team, he has compiled a 3.87 GPA, including 42 credits of 4.0 work at the U of M during his senior year in high school.



Jason Rathe

Burns, a senior majoring in electrical engineering, recently leaped a season-best 7-2 1/2 in the high jump. The 1993 Big Ten Indoor high jump winner has been named to the IT Dean's List six times, has earned five quarters of perfect work, is an Academic All-Big Ten selection, and is in the third consecutive year of being named a Top Five honoree.



Matt Burns

Runzheimer is a senior in the College of Education majoring in elementary education while earning a cumulative GPA of 3.93. An Academic All-Big Ten selection, he earned 30 credits through advance placement testing while in high school, and would like to teach at the primary grade level upon completion of his degree at the U of M.

Schmidt, a member of the football team, is a junior in the College of Biological Science

Honors Division majoring in microbiology. He has been awarded a Rotary Ambassador Scholarship to England for the 1994-95 academic year, and has earned a cumulative GPA of 4.00.

### NAME AND SPORT

#### Baseball

Beers, Ryan  
Bender, Tony  
Karrmann, Jason  
Ligtenberg, Kerry  
McCarthy, Shane  
Mensink, Brian  
Nelson, Charlie  
Oster, Michael  
Schwankl, Darren  
Vandersall, Mark  
Wolff, Bradley  
Basketball  
Thomas, John  
Winter, Trevor

#### Diving

Bjorklund, Isaac  
Erpelding, Chad

#### Football

Chalberg, Mike  
Conzemius, Justin  
Cotter, Patrick  
Douglas, Omar (football & track)  
Fowlkes, Christopher  
Glime, Luke  
Hiestand, Peter  
Jesewitz, Todd  
Kratovich, Paul  
Kurus, Michael  
Langford, Charles Benjamin  
Levine, Tony  
Lewis, Robert  
Lindgren, Eric  
LiSanti, Daniel  
Rosga, Jeffrey  
Sauer, Craig  
Sauter, Cory  
Schmidt, Clint  
Slavik, Alan  
Smith, Christopher  
Tallman, James

#### Golf

Andrisen, Perry  
Barber, Aaron  
Halverson, Mark  
Hanson, Mark  
James, Bradley  
Keeping, Scott  
McKee, Michael  
Schroeder, Troy  
Gymnastics  
Carns, Ryan  
Haun, Burton  
Johnson, Jeffrey  
Moeller, Frederick  
Roethlisberger, John  
Yee, Brian

#### Hockey

Bonin, Brian  
Brink, Lyman  
(Andy)  
Callinan, Jeffrey  
Hendrickson, Daniel  
LaFleur, Brian  
McHugh, Justin  
Moen, Jeffrey  
Nielsen, Jeffrey  
Trebil, Daniel  
Zwakman, Gregory  
Swimming  
Augustine, Brad  
Boelk, Alan  
Carlisle, Christopher  
Dobko, Duane  
Domer, Paul  
Ergenekan, Can  
Fuerstenberg, Jon  
Haseaman, Eric  
Heydanek, Darren  
Hinchcliffe, Michael  
Kurtz, Andrew  
Lillehei, Peter  
Morrison, Brian  
Schlessman, Matthew  
Schoknecht, Michael  
Sime, Michael  
Sudoh, Kenji  
Walker, Scott  
Zeruhn, Bernd

#### Tennis

Gabler, Matthew  
Track and Field  
Burns, Matthew  
Cole, Jason  
Eriksson, Martin  
Harvey, Tye  
Johnson, Jared  
Minor, Tyrone  
Van Voorhis, Tim

#### Track/ Cross Country

Dunbar, Kevin  
Gonzales, Mark  
Janquart, Neal  
Johnson, Robert  
Michalek, Paul  
Milkowski, Douglas  
Narveson, Mark  
Obleman, Richard  
Pihlstrom, Daniel  
Rathe, Jason  
Riter, Anthony  
Runzheimer, Kurt

#### Wrestling

Anderson, Scott  
Block, Joe  
Carlson, Carl  
Flaherty, Bradley  
Paulson, Brandon  
Thompson, Jeffrey

# FOOTBALL TEAM SIGNS 19 RECRUITS

## Wacker Calls Them His "Best Class Ever"

When University of Minnesota Football Coach Jim Wacker announced the signing of 19 prospective student-athletes to national letters of intent plus two other new football players, he said, "Our Gophers will have their best class ever. Our number one goal this year in recruiting was to address our areas of need. Our needs included the linebacker and wide receiver positions." Wacker said, "We are very pleased with the young men we signed from top to bottom. We will find out in two seasons how good this group is, but hopefully we will be able to put a couple on the field early."

### A LOOK AT THE NEW RECRUITS: RUNNING BACK

BYRON EVANS--5-11, 185, 4.34 in 40 Hometown: La Marque, Texas He led his team to the state 4A title game after a brilliant career rushing for 1,876 yards and 23 touchdowns. He has run a 10.5-second 100-meters.

### RECEIVERS

KEITH DIMMY--6-2, 175, 4.38 in 40 Hometown: Columbus, Ohio. Dimmy, a "Top 100" national recruit, is a three sport star (football, basketball and track) at the same school that produced the great Archie Griffith. He had 40 carries for 675 yards, 15 pass receptions for 452 yards and scored 13 touchdowns.

TROY DUERR--6-4, 235, 4.70 in 40 Hometown: Buffalo, Minn. He had 22 bona-fide Division 1-A offers making him one of the most sought after recruits in the nation. He was a member of the Star & Tribune and Pioneer Press all-area and all-state first team.

LEE HUTTON--5-11, 165, 4.40 in 40 Hometown: La Marque, Texas. He has Olympic quality speed and will be a threat every time he gets his hands on the ball. Hutton has the fastest 300-meter hurdles time in the country, the fourth best 100-meter hurdles time in the U.S. and was a member of the winning 4x400 team that won the state title last year.

GREG NELSON--6-2, 185, 4.6 in 40 Hometown: Dallas, Texas. He's best known as a return man and defensive back. He's a member of the National Honor Society and was a Dallas Morning News "Top 100" recruit. He also is a star hurdler with a best time of 13.6 in the 110 meter high hurdles.

RYAN THELWELL--6-2, 180, 4.45 in 40 Hometown: London, Ontario. Thelwell is another speedster. He's a top hurdler and sprinter. Originally from Jamaica, he had nearly 700 receiving yards in 1992. He was ranked as the sixth-best college prospect in Canada by the Toronto Globe and Mail.

JOHNNY WOODSON--6-2, 175, 4.5 in 40 Hometown: Houston, Texas. He attended the College of the Redwoods in Eureka, California and will have two years of eligibility remaining. He's already at the U of M having transferred after fall quarter. He was overlooked as a high school senior because his team didn't pass. Watch him. He has good speed and hands.

### OFFENSIVE LINEMEN

JON ALBRECHT--6-6, 310, 5.2 in 40 Hometown: Springfield, Ill. He was selected as a Tom Lemming "Top 100" recruit (Midwest) and was a member of the Chicago Sun Times all-state team. He was also the team captain of the state all-star team. The Gophers hope to have him report at a "trim" 295 pounds.

JIM GAIL--6-7, 289, 5.1 in 40 Hometown: Albany, Minn. Another Tom Lemming "Top 100" recruit (Midwest) who also lettered in track as a shot putter. He was outstanding in camp and was impressive as a punishing blocker with good instincts and agility.

TIM SOCHA--6-5, 300, 5.0 in 40 Hometown: Green Bay, Wis. He had an outstanding summer camp and the Gopher coaches have been high on him since then. He was an all-state pick who was selected to play in Wisconsin's all-star game.

JASON SMITH--6-5, 265, 5.2 in 50 Hometown: Green Bay, Wis. He should be watched but won't be officially listed as a re-

cruit because of walk-on status. The Gophers have done well with walk-ons. Most have developed into first-class performers. Smith made all-city and all-district teams. He was heavily recruited by Ivy League schools.

### DEFENSIVE LINEMAN

ANTOINE RICHARD, JR.--6-3, 260, 4.8 in 40 Hometown: Alief, Texas. Richard was heavily sought after and had a path worn to his front door by recruiters from all across the country. Richard, the team captain, made all the major lists such as Emfinger, Blue Chip, Lemming and Super Prep. He made first team all-district and had nine sacks and 92 tackles. Watch him on the rush.

### LINEBACKERS

MARK CROSS--6-3, 220, 4.5 in 40 Hometown: Milwaukee, Wis. He was all-conference, all-city and all-area three years in a row. Cross was the Milwaukee Journal Defensive Player of the Year. He's got good speed, strength and agility. As a heavyweight wrestler he recorded a 36-6 record. In track he made it to the state finals in the 100 and 200-meter runs.

RUFUS SMITH--6-3, 198, 4.7 in 40 Hometown: Miami, Fla. Rufus, an extremely talented athlete, was a first team, Division 5 all-state player at Miami Springs where he also plays center on the basketball team. He was heavily recruited but says he liked Minnesota from the beginning.

DAVID "D.J." WATSON--6-4, 210, 4.5 in 40 Hometown: Bloomington, Minn. Watson was labeled as a "can't miss prospect" by his high school coach and former Gopher star, Jon Leverenz. He was used more as a running back in high school but is projected as an outside linebacker because of his size and quickness. Last season he caught 32 passes for 502 yards and five touchdowns and was voted his team's MVP.

DEON WHITE--6-2, 209, 4.6 in 40 Hometown: Sugar Land, Texas. White is quick off the start and has excellent speed. His high school coach says White has a "nose for the game." He led his team in tackles two years in a row.

PARC WILLIAMS--6-3, 210, 4.6 in 40 Hometown: Zumbrota, Minn. Williams was a first team all-state football selection who also lettered in basketball and track. He was a top rusher at Zumbrota last fall but most likely will play at the middle linebacker position because of his ability to see the field. He impressed Gopher coaches last summer at their camp with his intensity and ability to run.

### DEFENSIVE BACKS

JOE JUSTICE--5-10, 170, 4.4 in 40 Hometown: La Marque, Texas. Justice signed with Minnesota a year ago but had scholastic problems which kept him out of play. He had an excellent fall quarter and appears to be out of the woods and on his way in the classroom. As a prep star in Texas, he was considered one of the country's top 100 and earned 11 varsity letters at La Marque.

TIM GRATE--6-0, 180, 4.6 in 40 Hometown: Miami, Fla. Another star from Miami Springs High School where he made all-city and all-district teams as a defensive back. In Dade County he was the leader in punting with a 42.9-yard average. He's a steady performer who will see a lot of playing time at Minnesota.

CRAIG SCRUGGS--5-9, 170, 4.5 in 40 Hometown: Dallas, Texas. He will be an excellent corner man and was called the top cover man at Skyline High. Scruggs was a Dallas Morning News Top 100 recruit and should be playing a lot in the next few years. He lettered three years in track and football in high school.

### KICKER

GARRISON HARMANN--6-1, 190, 4.9 in 40 Hometown: Glendale, Ariz. He signed early and is already in school. He is the first punter to sign with the Gophers since Brent Herbel of Grafton, N. D. did eight years ago. Keep an eye on Harmann since he was one of the nation's top junior college punters at Glendale Community College and is considered very reliable.

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## Gopher Star Began Wrestling In Second Grade

*Calls Wrestling An "Exciting" Sport Even Though: "Your Body Takes Such A Heavy Pounding"*

By Pat O' Regan

Wrestling just might be one of the toughest sports. To see the wrestlers leaving the floor after a major tournament is to be reminded of the walking wounded of a natural calamity. An arm taped to the side, a knee bandaged, an elbow immobilized, various knocks and contusions, it all attests to what one orthopaedic surgeon was heard to say: "Wrestling is the worst."

Chad Carlson, who was a junior this past school year and who wrestles for the Gophers at 158 pounds, sized up the rigors of wrestling this way: "It's the toughest, all right. You get bent and knocked every which way. Your body takes such a heavy pounding, you can only take so much of it."

So why do the men of the Golden Gophers wrestling team pursue a sport that exhausts the body totally and inflicts various pains, if not injuries? For Chad, the appeal is the individuality of wrestling. "You're on your own in wrestling," he said. "It's up to you to win or lose. Wrestle well and you stand to win; wrestle poorly and you lose. In other sports, you can play well and yet lose, because the team played poorly. But not in wrestling."

Chad also likes the emphasis on preparation in wrestling. "The work ethic is so important," he said. "The harder you work, the greater the payoff is likely to be. A lot of what you accomplish depends on how hard you're willing to work."

But, of course, talent has a lot to do with being a wrestler at the Big Ten level.

Growing up on a dairy farm near Pennock, Minnesota, Chad started wrestling in second grade. "My dad was a wrestler," he related, "and he got me started." By the time he was in seventh grade, he was wrestling on the varsity (Willmar High School). His high school record was an outstanding 167-25-5.

In addition to wrestling, Chad played football and caught and played infield on the baseball team. He hit .418 in his senior year.

But wrestling was paramount. Chad became a two-time Minnesota State Class AA champion and wrestled in a All-Star tournament in Wisconsin as a senior. His course was set. He headed for the U as a 142 pound wrestler.

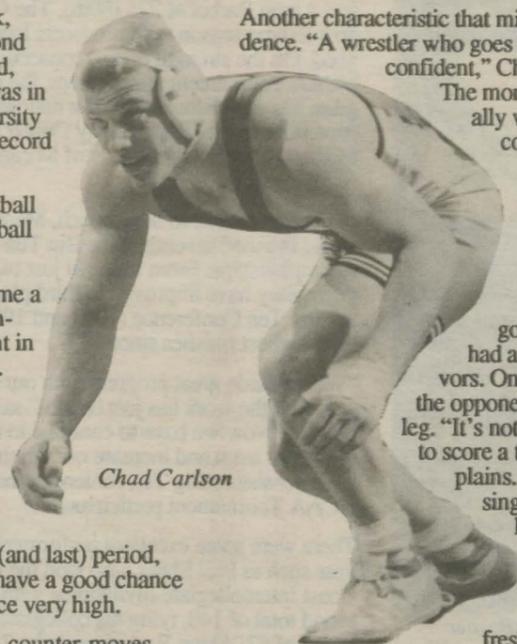
What does it take to be an outstanding wrestler? Chad listed the following characteristics in order of importance: Endurance: "I'd put this at the top," Chad said. "If you can wrestle hard in the third (and last) period, while your opponent begins to drag, you have a good chance of winning." Chad rated his own endurance very high.

Techniques: Knowing a variety of moves, counter-moves and defenses is essential. Chad pointed out, however, that some extraordinary wrestlers rely on only a few perfectly executed moves. Of John Smith, for example, the unbeatable American, multiple Olympic and World champion, Chad had this to say: "I've seen John wrestle many times. He doesn't use that many moves. But he has three or four that he can go to the bank on every time." Chad rated his techniques good.

Flexibility: Chad placed this above sheer strength. He rated his own flexibility "low, very low. But, it's something I've been working on real hard and I have improved."

Strength: Though he rated strength last, Chad owned up to being very strong. "That's where I excel," he said.

Another characteristic that might be added to the list is confidence. "A wrestler who goes into a match completely confident," Chad said, "has a big advantage." The more confident wrestler will usually win. And confidence, of course, comes from winning.



Chad Carlson

Chad's strategy in a match is to tire his opponent. "I figure if I tire the man down in the first two periods, then in the third period I can score a lot of points because I'll still be going strong. As to tactics, Chad had a number of moves that he favors. One is the high crotch, in which the opponent is grabbed high around one leg. "It's not usually a pin move, but a way to score a two-point takedown," he explains. Another move he likes is the single leg, in which he attacks a leg of the opponent, looking for a takedown.

Chad's skills and work ethic have paid off. In his freshman year of eligibility, he compiled a record of 27-21, finished fifth at the Big Ten Championships and qualified for the NCAA Championship, at which he won his first two matches, narrowly missing All-American honors. "I missed being an All-American by 10 seconds," Chad said, without the least hint of regret. In his sophomore year, he posted a strong performance as well, going 21 and 13 overall and 2 and 2 in the Big Ten. This past season, wrestling at 158 pounds, Chad was 9-5 overall, 3-2 in dual meet competition and had one pin in 43 seconds.

In conclusion, Chad spoke of the importance of fan support. "I'd like to see more fans get involved," he said. "The fans sure help, especially in the third period of a close and grueling match."

But, perhaps more important from the fans' point of view, Chad, a Plant and Animal Science major specializing in Dairy Production, added this: "Once you get to understand wrestling, you find out how exciting it can be."

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## Gophers End One Of Best Come From Behind Seasons In Collegiate Baseball

### 8 Named All-Big Ten

The Gopher baseball Big Ten season ended with a 4-2 loss to Michigan in the Big Ten Tournament capping what has been called one of the best overall season performances by a collegiate baseball team in America.

After starting the season 0-7, their worst start since records were kept in 1947, the team coached by John Anderson, began their turn-around which ended with a 40-19, 21-7 Big Ten record. The turn-around began near the end of March as the Gophers completed a two-game series with Southwest Missouri State and scored a season high 22 runs as they won 22-12. The Gophers next defeated Iowa State at home, 7-3 and then swept a three-game series from Kansas State.



James Brower

Tournament Team. In addition, Merila was selected by the Big Ten coaches as Big Ten Co-Player of the Year. He is the first Gopher to become Big Ten Player of the Year since Brent Gates won the award in 1991.

Joining Merila on the first team All-Big Ten were pitchers Jim Brower (Jr., Minnetonka, Minn.) and Brad Kearin (So., Minnetonka, Minn.) and outfielder Charlie Nelson. It marks the second year in a row that four Minnesota players were put on the team. Three other players were named to the second team All-Big Ten: Senior shortstop Bill Mobilia (Ely, Minn.), junior catcher Darren Grass (St. Paul, Minn.) and sophomore first baseman Shane Gunderson (Fairbault, Minn.). Junior outfielder Wes Denning (St. Paul, Minn.) earned third team All-Big Ten honors.



Brad Kearin

The Gophers defeated Kansas State twice with identical scores of 10-4 and in a weekend series against Illinois, the Gophers won their season opener 12-8 on a four home run performance. In the final game of the weekend series, the Gophers trounced Illinois 14-0 and continued their hot play with 3 of 4 wins over Iowa. Looking back at the Big Ten Tournament, the Gophers lost two of three games. They first defeated Michigan 8-1 and then lost 6-5 to Ohio State and 4-2 to Michigan.

It's been a great season. Gopher athletes have made quite a name for themselves. Senior second baseman Mark Merila (Plymouth, Minn.) and senior outfielder Charlie Nelson (Perham, Minn.) were named to the Big Ten All-

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For complete information, call (612) 642-2200.

## Golf Team Finishes 3rd At Big Ten Meet

*Hanson And Nielsen Lead Gophers At NCAA Central Regional*

After a third place finish at the Big Ten championship, the Gopher Golf team finished tied for 13th at the NCAA Central Regional falling just six strokes short of qualifying for the NCAA Championship finals.

Leading the way for the Gophers at the Big Ten Championship was junior Jon Kelly (Mankato, Minn.) who fired a 72-hole total of 285 to finish in a tie for second place. Mark Hanson (Cedar Rapids, Iowa) finished in a tie for ninth and junior Aaron Barber (New London, Minn.) who fired a fourth round 74, finished tied for 13th with a 295. Senior captain Phil Ebner (Hudson, Ohio) regained his composure after struggling in the second and third rounds to shoot a final round 72 to finish tied for 18th with 296. Rounding out the card for the Gophers was junior Jeff Nielsen (Grand Rapids) who, in only his fourth competition of the season, fired a four-round total of 298 to finish tied for 22nd.

The Gophers then travelled to Edmond, Oklahoma, to compete in the NCAA Central Regional Tournament where they finished tied for 13th. Mark Hanson and Jeff Nielsen led the team with three-round scores of 219 which tied them for 45th overall. Texas won the tournament and no Big Ten teams advanced to the finals. Following Hanson and Nielsen in the scoring column were: Jon



Aaron Barber

Kelly at 222 (64th), Phil Ebner at 224 (75th) and Aaron Barber at 225 (80th). The Gophers go into next season with prospects looking good. On the strength of two consecutive NCAA Tournament appearances, the program has established itself as a national contender under Head Varsity Coach John Means who arrived on the U of M campus in June, 1990.

In his first season as head coach, Means' squad finished seventh at the Big Ten Championships. From there, in just two short years, they have improved to third place in the Big Ten Conference (1993 and 1994), their highest finishes since 1977.

"We've made great progress with our program but the work has just begun," said Means. "Now we have to continue to improve our team and increase our depth, so we are a consistent Big Ten contender and NCAA Tournament participant."

There were some excellent performers this year such as Phil Ebner who won the Pacific Coast Intercollegiate Invitational with a two round total of 140, tying his collegiate low round of 67. Aaron Barber carried a 75.71 stroke average and low round of 71 at the completion of the season and the most consistent golfer all season has been Mark Hanson who recorded a low round of 70 and was the top Gopher golfer at the Legends of Indiana Invitational. Jon Kelly was another team leader finishing as the top Gopher at the Golden Flash Invitational firing a 218 three round total which put him individually in eighth place. And then there was Jeff Nielsen who had a remarkable record this season considering that he just competed near the end of the season. Nielsen was also a four-year letterwinner for the Gopher hockey team and was co-captain this year. He was credited with leading the hockey team to the NCAA finals and a third place finish as he scored 29 goals and had 16 assists during the season. He has been drafted by the New York Rangers.



## Aches & Pains

Elizabeth A. Arendt, M.D., Director,  
University of Minnesota Sports Medicine Institute

### EXERCISE IS A KEY TO A LONGER AND HAPPIER LIFE

**Q** I will be retiring next year and would like to begin planning for that with more exercise. I used to be very involved in sports but through the years I have let it slide and today do very little. Are there any concerns that I should keep in mind as I look into different ways to exercise?

**A** There is no reason for an older athlete who trains carefully and is well informed to fear that participating in sports will of itself cause age related injury or arthritis. In fact, for people of all ages the right kind of exercise is a key to a longer, happier life.

The first thing you should do is have your heart checked by your primary care physician. Once you are given the go-ahead to begin to engage in a program, the program should have the following key features:

1. You should begin with a program that regularly taxes the heart in incremental amounts faster than resting level. This should be sustained over a minimum of 15 minutes time.
2. You should involve yourself in activities that are readily available to you. You may enjoy swimming, for example, but if it is not easy for you to get to a pool, the activity program is unlikely to be done on a regular basis to be a health benefit.
3. You should enjoy what you are doing. Fitness equipment may be too expensive for home use and these devices can become boring with continued use. Health facilities have machines, but access is not always optimal. You need to try to involve yourself in activities that are fun for you. This could be a walk with your grandchildren, a water aerobics class with friends, racquetball, tennis or squash; all of which can be played with varying levels of intensity and competition.

Fitness programs should devote time towards developing upper and lower body strength. It should also address flexibility. In general, strength is easier to maintain as one ages, aerobic fitness is less easy to maintain and perhaps flexibility is the hardest of all.

The most important rule that one can use is to pay attention to your own body and try to receive guidance for discomfort as it develops. I hope this helps.

If you have sports medicine related questions, please send them to:  
Aches and Pains c/o Dr. Arendt,  
SPORTSNEWS, 386 N. Wabasha Street,  
Suite 1040, St. Paul, MN 55102

### Wrestler Willy Short Named MVP

Senior Willy Short, who posted a 38-3 record and was runner-up at 150 pounds at the Big Ten Tournament, was named the team MVP at their annual banquet. The Gophers, led by Coach of the Year J Robinson, had a phenomenal 1993-94 season, finishing with an overall record of 20-2, a second place finish in the Big Ten and a number one national ranking for the first time in school history for a two-week period late in the season (this number ranking came in the midst of a 14-match winning streak including upset victories over No. 2 Iowa and No. 1 Oklahoma State). Other awards handed out at the banquet include:

*Freshman Academic: JEREMY GOEDEN; Upper Class Academic: BRANDON PAULSON; Most Dedicated: WILLY SHORT; CHRIS BERGLIN; Most Improved: CHRIS BERGLIN; Outstanding Freshman Wrestler: ZAC TAYLOR; Fraser Dean Most Courageous Wrestler Award: BRAD GIBSON* (the Fraser Dean Award is given to the wrestler who most exemplifies devotion, unselfishness, courage and leadership)

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## HASKINS COACHES U.S. JUNIOR WORLD BASKETBALL TEAM

Gophers men's basketball coach Clem Haskins has received his second assignment from USA Basketball. His selection was announced in April and he has already taken on his duties as head coach of the men's junior world championship team that will compete in the Americas zone in Argentina from Aug. 26 to Sept. 3.

Part of Haskin's assignment was to conduct tryouts, May 6-8, at the U.S. Olympic training center in Colorado Springs, Colorado. Teams, which were comprised of players age 18 and under, attempted to qualify for the Fifth Men's Junior World Championship held next summer in Athens, Greece.

Haskins will be joined by coaches Clint Bryant, Augusta College (Georgia) and Stanford University's (Calif.) Mike Montgomery, who will serve as assistant coaches.



Clem Haskins, Men's Basketball Coach University of Minnesota

Haskins' prior USA Basketball coaching experience was at the U. S. Olympic Festival in Los Angeles in 1991. His North team led by Purdue's Glen Robinson and Randy Carter of Minnesota, won the gold medal by winning four straight games.

"It is a tremendous honor for me to be chosen head coach of the U. S. Men's Junior National Team for this very important tournament," said Haskins when informed of his selection. "I look forward to working with two fine coaches in Clint Bryant and Mike Montgomery. We will work very hard to put together a strong team that will represent our country with class and distinction."

Coach Haskins has done just an outstanding job here at Minnesota. He has taken Gopher teams to postseason play in five of the last six seasons, including NCAA Tournament appearances in 1989, 1990 and 1994. The Gophers also won the 1993 National Invitational Tournament (NIT) Championship. Haskins has a 132-112 (.541) record in eight seasons (1986-1994) at Minnesota. This past season his Gophers finished with a 21-12 record and advanced to the second round of the NCAA Tournament.

## FLEETWOOD SHOWS PROMISE IN CANADIAN PRO FOOTBALL

Marquel Fleetwood, perhaps the greatest football quarterback ever to wear the Maroon and Gold of Minnesota, is showing promise as a backup quarterback for the Ottawa Rough Riders in the Canadian Football League.

Fleetwood said he has a firm grasp of the Canadian "system" and is ready to have a great year this coming season. In his rookie year he backed up Colgate's Tom Burgess (who was traded) and Fleetwood says he will start out this year as the number two quarterback going into this year's camp with Danny Bearret being given the early starting role. Bearret was traded from British Columbia. Training camp started last week and Fleetwood says the team looks better this year than the team that made it to the playoffs last season.

From the day he was pressed into service when starting quarterback Scott Schaffner was injured, Fleetwood, a Bruce Smith Award winner from Decatur, Ga., showed consistency in his ability to fire sharp passes with precision and was always a threat because of his exceptional speed. In addition, he continually demonstrated the highest level of character and determination. Fleetwood holds many Gopher



By Greg Jackson

records: In the individual game stats, he has the longest pass completion, a 94 yarder to John Lewis in the 1992 Michigan game, the most passes attempted in a single season with 385, most passes attempted in a career, 888, most passes completed, 453, and most passes intercepted in a Gopher career, 41.

His personal stats also include a career 15 touchdowns by rushing and 18 by passing. His 453 completions on 888 attempts totaled 5,279 yards over his career with his total offensive stats (rushing and passing combined) of 6,152 yards.

## HASKINS' PLAYERS CONDUCT READING PROGRAM IN SCHOOLS

Head Basketball Coach Clem Haskins, his staff and players recently completed the second year of a special reading program in Twin Cities elementary schools.

Haskins says he and his Gophers take part in this program to stress the importance of reading and what reading has meant to each of them. He says, "The aim of the project is to improve the reading achievement of the students and to motivate them to want to read more frequently." He adds that the program also hopes to increase the appreciation of reading as a lifelong leisure time activity.

Again this year each member of the Gopher squad "adopted" a classroom and made periodic trips to the school throughout the year to meet with members of each class.

## JACOBSON NAMED MR. BASKETBALL

Gopher recruit Sam Jacobson of Park (Cottage Grove) High School was named Minnesota's Mr. Basketball for 1994. He is generally considered to be the best college basketball prospect from Minnesota in 20 years.

Jacobson scored 31 points a game in his senior season and finished his four-year high school career with 2,461 points. He is the only player from a Class AA team ever to surpass the 2,000-point threshold. Besides his scoring, Jacobson contributed 11.5 rebounds and 5.7 assists per game this season.

## McALPINE NAMED GOPHER HOCKEY MVP

Senior All-American defenseman Chris McAlpine was named winner of the John Mariucci Most Valuable Player award. McAlpine, the backbone of the hockey Gophers all season, had his finest overall season scoring 12 goals, and 18 assists as he helped lead the team to a third place finish in the NCAA Tournament. He was named to the American Hockey Coaches Association All-American second team. A 6-0, 208 pound physically punishing player, he leaves Minnesota as the all-time penalty and penalty minutes leader. As dominating on offense as he was on defense, he finished just one goal shy of tying the all-time goal scoring record for defensemen held by former Gopher Tony Kellin with 37 career goals. Other awards which were also voted on by the team and made at the annual awards banquet include: *Mike Crupi-Most Determined Player Award: JUSTIN MCHUGH* *Dr. V.G. Nagobads Unsung Hero Award: TONY BIANCHI* *Frank Pond Rookie of the Year Award: BRIAN LaFLEUR* *John Mayasich Outstanding Student Athlete Award: DAN TREBIL* *Elwin "Doc" Romnes Leadership and Sportsmanship Award: ERIC MEANS*

## DETROIT HIGH SCHOOL BASKETBALL STAR SIGNS LETTER OF INTENT

Darrell Whaley of Detroit's Mumford High School recently signed a national letter of intent to play basketball for Clem Haskin's Gophers next season.

Whaley, a fourth team all-state selection and a second team all-city pick, is an outstanding all-around athlete. As a junior, he led his football team to the state playoffs and was an all-city choice on the gridiron.

The 6-5, 190-pound guard can play either guard position and averaged 25 points per game and seven assists per game for Mumford during his senior season. He had great scoring ability and is a very versatile athlete.

"We are very excited about adding Darrell to the Golden Gopher basketball family," said Haskins. "He is a fine young man who has tremendous athletic ability and is a proven scorer. His presence on our roster will give us great depth at the guard position."

## GREG CAPELL IS NEW DIRECTOR OF PUBLICATIONS

Greg Capell has been named Director of Publications in the men's athletic department. Capell has served as sports information director at the University of St. Thomas in St. Paul the past ten years.

Capell, a member of the College Sports Information Directors of America and the National Association of Collegiate Directors of Athletics, served as the media relations coordinator for the 1993 NCAA Division III Hockey Championships in St. Paul, was on the media relations executive committee for both the NCAA Men's Basketball Division I Midwest Regional First and Second Round in 1991 and the Final Four in 1992. He also worked as a media venue coordinator for the International Special Olympics which were held in the Twin Cities in July, 1991. In addition, he has also served as the football press box public announcer and the back-up hockey public address announcer at the U of M since 1992.

Marc Ryan, Director of Media Relations at the U of M, said he was delighted to have Capell join his team. "Greg has an extensive background in athletics, especially in the areas of media relations and marketing."

## TWO WORLD CLASS TRACK ATHLETES SIGN NATIONAL LETTERS OF INTENT

The Gopher track and field program has announced the signing of Niles Dineen of Como Park High School in St. Paul and Benjamin Jensen of Mandal, Norway to national letters of intent.

Dineen captured Minnesota State Class AA titles in both the 110 meter high hurdles and the 300 meter intermediate hurdles as a junior for Como Park High in 1993. Last summer, he finished second in the 110 meter high hurdles at the National Junior Olympics in Baton Rouge, La.

Jensen is the Norwegian junior national record holder in the decathlon with a personal best score of 7,311 points. That score would have won the Big Ten title last spring by 35 points. He is the top returning European junior decathlete this season.

"I'm excited that these two outstanding student-athletes will join our program next season," said Gopher Head Coach Roy Griak. "Niles is one of the best prep hurdlers to ever come out of the state of Minnesota and Benjamin will help us not only as a decathlete, but in a number of other events as well. He will add another dimension to our team."



Mark Merila

## MERILA AMONG QUARTER FINALISTS FOR 1994 SMITH AWARD

All-American second baseman Mark Merila is among 52 players remaining in contention for the Smith Award, an award given to the College Baseball Player of the Year. This season Merila had a .452 batting average with seven home runs, 61 RBI and 15 stolen bases.

Merila joins Todd Walker (LSU), Jason Varitek (Georgia Tech), Antone Williamson (Arizona State), Doug Mientkiewicz (Florida State), Terry Harvey (North Carolina),

Thad Chaddrick (Oklahoma State) and Dante Powell (Cal State Fullerton) as repeat quarter finalists from the 1993 Super Team to be in consideration for both awards.

The Smith Award is determined by The National Collegiate Baseball Writers Association (NCBWA) members, the Smith Board as well as fans. Each party will provide one-third of the final vote weight for the Smith Award and Super Team. Fans can place their vote by calling 1-900-976-VOTE. Voting for the Smith Award will end on June 20. The Smith Award and Super Team will be presented on Thursday, June 23, live on Prime Network.

## THREE TOP WRESTLERS WILL ATTEND THE "U"

Jeff Schroeder of Inver Grove Heights, Minnesota, Pat Connors, of Longview, Washington and Mauricio Mora of Santa Ana, California, have all announced their intentions to attend the U of M next year.

Schroeder, a product of Smiley High School, was a state champ this past season in addition to third place finishes his sophomore and junior years. Schroeder expects to wrestle at either 167 or 177 pounds. Connors, a 5-4 senior from Longview, Washington, expects to begin wrestling in the 126-pound division. He is Washington's only four-time state champion, who was wooed by many Division I schools but narrowed his choices down to Minnesota, Oregon State, Arizona State and Ohio State before choosing the Gophers. Mora, who will compete at either 134 or 142 pounds, won nearly every tournament in his weight class in the state of California while compiling a 92-11 record the last two seasons. He also won the California state freestyle championship this season. Assistant coach Dave Grant called Mauricio, "The best kept secret in the nation."

## ALL-AMERICAN HIGH SCHOOL SWIMMER SIGNS WITH GOPHERS

Erik Hulseman of Edina has signed a national letter of intent to attend the U of M. He was the 1994 Minnesota state high school champ in the 100 backstroke and a junior national finalist in the same event. He will also compete in the individual medley and the butterfly events for the Gophers.

Hulseman earned All-American honors with personal best times of 50.71 in the 100 backstroke, 1:58.72 in the 200 backstroke, 53.69 in the 200 individual medley and 47.10 in the 100 freestyle.

Dennis Dale, the Gophers' great varsity coach, said, "We are excited to have signed Erik. Although he has accomplished a lot in his career already, his best swimming is yet to come and we feel he can make an immediate impact to our program."

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